

**University of North Texas at Dallas**  
**Spring 2016 Term 2 – 8 weeks**  
**SYLLABUS**

<b>COUN 5470 Career Development and Information Resources 3 Hrs</b>	
<b>Department of Counseling &amp; Human Services</b>	<b>Division of Human Services</b>
<b>Instructor Name:</b>	Dr. Greg Shirley (in person instructor) Dr. Debra Osborn (online instructor)
<b>Office Location:</b>	In class, via email, or via phone
<b>Office Phone:</b>	
<b>Email Address:</b>	<a href="mailto:GregoryShirley@my.unt.edu">GregoryShirley@my.unt.edu</a> – best way to contact me
<b>Office Hours:</b>	After class or By appointment
<b>Classroom Location:</b>	Dal 2 room 339
<b>Class Meeting Days &amp; Times:</b>	9:00a.m. – 12 noon (Saturdays) - class will meet weekly for 7 weeks. 1/19/2016 – 3/11/2016 This is a hybrid class. <b>We will meet once a week and complete the equivalent of an online class every week.</b>
<b>Course Catalog Description:</b>	Survey of career development and counseling with emphasis on the occupational, career and educational information service. 3 hours.
<b>Prerequisites:</b>	COUN 5680 and COUN 5710
<b>Co-requisites:</b>	None
<b>Required Text:</b>	Zunker, V.G. (2011). <i>Career Counseling: A Holistic Approach</i> (8th ed.). Pacific Grove, CA: Brooks/Cole
<b>Recommended Text and References:</b>	<b><u>Recommended Journals:</u></b> Career Development Quarterly Journal of Counseling & Development Journal of Counseling and Clinical Psychology Journal of Counseling Psychology Journal of Vocational Behavior <b><u>Recommended Websites:</u></b> <a href="http://www.ncda.org">National Career Development Association www.ncda.org</a> <a href="http://www.counseling.org">American Counseling Association www.counseling.org</a> <a href="http://www.schoolcounselor.org">American School Counselor Association www.schoolcounselor.org</a>
<b>Access to Learning Resources:</b>	UNT Dallas Library: phone: (972) 780-3625; web: <a href="http://www.unt.edu/unt-dallas/library.htm">http://www.unt.edu/unt-dallas/library.htm</a> UNT Dallas Bookstore: phone: (972) 780-3652; e-mail: <a href="mailto:1012mgr@fhcg.follett.com">1012mgr@fhcg.follett.com</a>
<b>Course Goals or Overview:</b>	Students will acquire, enhance and demonstrate career development knowledge and skill. This course will provide survey of career development and career

counseling, with an emphasis on information resources.

<b>Learning Objectives:</b>	<b>At the end of this course, the student will:</b>	<b>CACREP STANDARD</b>	<b>Assignment</b>
1	Identify career development theories and decision-making models	IIG4a	Quiz 1, 2, 3; Discussion Question 1, 2
2	Discuss career, vocational, educational, occupational and labor market information resources, and career information systems	IIG4b	Quiz 5 Discussion Question 4
3	Demonstrate career development program planning, organization, implementation, administration, and evaluation	IIG4c	Career Assessment Review; Career Development Program
4	Explain interrelationships among and between work, family, and other life roles and factors, including the role of multicultural issues in career development	IIG4d	Discussion Question 5 & 6; Quiz 6 & 7
5	Demonstrate career and educational planning, placement, follow-up, and evaluation	IIG4e	Quiz 4; Discussion 3; Client Assessment & Treatment Plan, Videos 1 & 2;
6	Utilize assessment instruments and techniques relevant to career planning and decision making	IIG4f	Career Assessment Review; Self Study - Career Assessment & Write-up
7	Discuss career counseling processes, techniques, and resources, including those applicable to specific populations in a global economy	IIG4g	Quiz 6 & 8; Discussion question 5

## Tentative Course Outline

This schedule is subject to change by the instructor. Any changes to this schedule will be communicated by email and Blackboard postings.

Date Format	TOPICS	Readings and Assignments	Learning Objective
3/26 Face to Face	<b>Week 1</b> Module 1: Overview of Course and Syllabus Historical Development and Basic Issues Ethics in Career counseling <u><b>GO OVER:</b></u> • <b>Career Assessment Review and Presentation DUE 4/2</b> • <b>Comprehensive Career Development Program &amp; Presentation DUE 5/7</b> - <b>choose groups</b>	Zunker Chapter 1 & 8 Counseling Today Article Intro to Blackboard; quizzes, discussion questions Finding career assessments – take asap <b>Quiz 1 at end of class over Chapters 1 &amp; 8</b>	<b>1</b>
Online	Module 2: Theories of Career Development (Note: Start working on self-assessment assignment by taking assessments yourself – see links on page 11 of syllabus)	Zunker Chapter 2 <b>Quiz 2 on Blackboard</b> <b>Discussion question 1 answered on Blackboard</b>	<b>1</b>
Online	Module 3: Career Counseling Models	Zunker Chapter 3 <b>Quiz 3 on Blackboard</b> <b>Discussion question 2 answered on Blackboard</b>	<b>1</b>
4/2 Face to Face	<b>Week 2</b> <b>In Class Skill Development:</b> Career Counseling Intake Interview Standardized Tests and Self Assessments PowerPoint Career Resources <b>Presentations Career Assessments</b>	<b>Due: Career Assessment Review and Demonstration</b>	<b>3</b>
Online	Module 4: Career Counseling Intake Interview	Zunker Chapters 4 and 5 <b>Quiz 4 on Blackboard</b> <b>Discussion question 3 answered on Blackboard</b>	<b>5</b>
Online	Module 5: Using Standardized Tests & Self Assessments Career Resources and Learning Platforms	Zunker Chapters 6 and 7 <b>Quiz 5 on Blackboard</b> <b>Discussion question 4 answered on Blackboard</b>	<b>2, 6</b>
4/9 Face to Face	<b>Week 3</b> <b>Visit from Arthur Lumzy (Career Services)</b> <b>In Class Skill Development:</b> Career Resources (LO 2 & 3) Resumes, Cover Letters, Interviews,	Bring current resume, job posting, and cover letter with you (of last job you applied for)	<b>3</b>

	Genograms Tentative Career Development Center Visit Career Self-Assessments		
4/16 <b>Face to Face</b>	<b>Week 4</b> <b>In Class Skill Development:</b> Career Counseling Intake Interview Standardized Tests and Self Assessments Career Resources	<b>Due: Personal Career Assessment (5 assessments + write-up)</b>	<b>3</b>
<b>Online</b>	Module 6: Career Counseling for Special Populations	Zunker Chapters 9-12 • <b>Quiz 6 on Blackboard</b> • <b>Discussion question 5 answered on Blackboard Zunker Chapters 9-12</b>	<b>4, 7</b>
<b>Online</b>	Module 7: Career Transitions Adult Career Development	Zunker Chapters 13-14 • <b>Quiz 7 on Blackboard</b> • <b>Discussion question 6 answered on Blackboard over Chapters 13-14</b> • <b>Due: Career Counseling Session and Self Reflection</b>	<b>4</b>
4/23 <b>Face to Face</b>	<b>Week 5</b> <b>In Class Content &amp; Skill Development:</b> Module 8: Career Counseling in Educational Settings Possible speakers – elementary, junior high, high school career development Present Comprehensive Career Development Program Present Guidance Lessons	Zunker Chapters 15-17 <b>Due: Career Genogram, Resume, LinkedIn &amp; Cover Letter</b>	<b>5, 7</b>
<b>Online</b>	Module 8: Career Counseling in Educational Settings	Zunker Chapters 15-17 • <b>Quiz 8 on Blackboard</b> • <b>Discussion question 7 answered on Blackboard</b> • <b>Due: Client Assessment and Treatment Plan</b>	<b>3, 5, 7</b>
4/30 <b>Face to Face</b>	<b>Week 6</b> Present Comprehensive Career Development Program Present Guidance Lessons	<b>Due: Comprehensive Career Development Program &amp; Presentation</b>	<b>3, 5, 7</b>
<b>Online</b>	In Clinic & Community Service Learning: Implement Career Guidance Activities		<b>5, 7</b>
5/7 <b>Face to Face</b>	<b>Week 7</b> Clinic & Community Service Learning: Final Interviews with Counseling Clients (LO 5, 7)	<b>Final SOAP and self-evaluation due (Final Exam)</b>	<b>5, 7</b>
5/14 <b>Face to Face</b>	<b>Week 8</b> <b>Final Exam</b>		

<b>Face</b>			
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## Course Evaluation Methods

This course will utilize the following instruments to determine student grades and proficiency of the learning outcomes for the course.

1. Eight online quizzes covering course content based on textbook and lecture
2. Eight online activities or discussion questions covering course content based on textbook and lecture
3. One written review of an assigned career assessment and demonstration of how to administer the assessment. (See form provided).
4. One written self reflection of your career counseling session and video clip demonstrating clinical strengths (See form provided).
5. One client assessment and treatment plan. (See form provided).
6. One Comprehensive Career Development Program & Presentation\_(See form provided).
7. One final exam.

### Grading Matrix:

<b>Instrument</b>	<b>Value (points or percentages)</b>
8 Online Quizzes	80 (6 online; 1 in person)
6 Online activities or Discussion Questions *8 points for initial post – 2 points for quality response	70 (7 online)
Career Assessment Review & Demo	100
Cover Letter, Resume, Career Genogram	50
Career Self Assessments & Write-Up (SDS, values inventory, interest inventory)	50
Career counseling session and self reflection form & video clip	100
Client Assessment and Treatment Plan	200
Career Development Program	150
Final Exam	200
Extra Credit	10 points possible
<b>TOTAL</b>	<b>1,000</b>

**Grade Determination:**

A = 90-100

B = 80-89

C = 70-79

D = 60-69

F = 59-0

## University Policies and Procedures

### **Students with Disabilities (ADA Compliance):**

*The University of North Texas Dallas faculty is committed to complying with the Americans with Disabilities Act (ADA). Students' with documented disabilities are responsible for informing faculty of their needs for reasonable accommodations and providing written authorized documentation. For more information, you may visit the Office of Disability Accommodation/Student Development Office, Suite 115 or call Laura Smith at 972-780-3632.*

### **Student Evaluation of Teaching Effectiveness Policy:**

*The Student Evaluation of Teaching Effectiveness (SETE) is a requirement for all organized classes at UNT. This short survey will be made available to you at the end of the semester, providing you a chance to comment on how this class is taught. I am very interested in the feedback I get from students, as I work to continually improve my teaching. I consider the SETE to be an important part of your participation in this class.*

### **Exam Policy:**

*Exams should be taken as scheduled. No makeup examinations will be allowed except for documented emergencies (See Student Handbook).*

### **Policy on Late Assignments:**

*Students are required to submit assignments on the date these are due, unless prior arrangements have been made with the instructor, or the student has an excused absence (documented illness or family emergency). The grade for late papers will be reduced by one letter unless prior arrangements have been made with the instructor.*

### **Academic Integrity:**

*Academic integrity is a hallmark of higher education. You are expected to abide by the University's code of conduct and Academic Dishonesty policy. Any person suspected of academic dishonesty (i.e., cheating or plagiarism) will be handled in accordance with the University's policies and procedures. Refer to the Student Code of Conduct at [http://www.unt.edu/csrr/student\\_conduct/index.html](http://www.unt.edu/csrr/student_conduct/index.html) for complete provisions of this code.*

### **Plagiarism:**

*Students should be aware of an available service called "SafeAssignment" and "Turnitin" to detect plagiarism. University of North Texas-Dallas has an account with an automated plagiarism detection service which allows instructors to submit student assignments to be checked for plagiarism. Assignments are compared automatically against a variety of items in the Internet, and previously submitted papers. Material that may not be original is flagged and a matching score is calculated. The Instructor receives the matching score and a report. I reserve the right to 1) request that assignments be submitted to me as electronic files and 2) electronically submit assignments to SafeAssignment or "turnitin. If plagiarism is found, the student will automatically receive an F in the course and will immediately be brought to the faculty's attention regarding fitness to proceed in the program.*

### **Professional Demeanor:**

*Students are expected to behave in a professional manner. Elements of professionalism include the following:*

- personal and academic integrity*
- responsibility for one's own behavior, tasks, assignments and life lessons*
- consideration, caring and sensitivity to peers/instructor and appropriate interactions*



*maturity, including the capacity to accept "no"*  
*evidence of a continuous process of self exploration, resulting in enhanced self-awareness*  
*practice of ethical and moral professional behavior*  
*openness to constructive feedback*  
*willingness to try new behaviors and to make suggested changes*  
*lack of complaining, badgering, whining, etc., especially over points or half-points*  
*positive and enthusiastic attitude and engagement in the class activities and discussions*  
*consistent meeting of deadlines*  
*use of technology in an appropriate manner (laptops are encouraged, but only for academic purposes*  
*– checking FB, email, etc., is only appropriate during breaks)*

### **Bad Weather Policy:**

*On those days that present severe weather and driving conditions, a decision may be made to close the campus. In case of inclement weather, call UNT Dallas Campuses main voicemail number (972) 780-3600 or search postings on the campus website [www.unt.edu/dallas](http://www.unt.edu/dallas). Students are encouraged to update their Eagle Alert contact information, so they will receive this information automatically.*

### **Attendance and Participation Policy:**

*The University attendance policy is in effect for this course. Class attendance and participation is expected because the class is designed as a shared learning experience and because essential information not in the textbook will be discussed in class. The dynamic and intensive nature of this course makes it impossible for students to make-up or to receive credit for missed classes. Attendance and participation in all class meetings is essential to the integration of course material and your ability to demonstrate proficiency. Students are responsible to notify the instructor if they are missing class and for what reason. Students are also responsible to make up any work covered in class. It is recommended that each student coordinate with a student colleague to obtain a copy of the class notes, if they are absent.*

### **Attendance/1-2 minute write-ups**

At the end of each class, you will be asked to complete a brief 1-2 minute write about your reactions to the content and topic of that evening, including any new learning or surprises, application to your own life, or muddiest points. These will be evidence of your attendance.

### **Diversity/Tolerance Policy:**

*Students are encouraged to contribute their perspectives and insights to class discussions. However, offensive & inappropriate language (swearing) and remarks offensive to others of particular nationalities, ethnic groups, sexual preferences, religious groups, genders, or other ascribed statuses will not be tolerated. Disruptions which violate the Code of Student Conduct will be referred to the Center for Student Rights and Responsibilities as the instructor deems appropriate.*

### **Extra Credit Opportunities:**

There will be two extra credit opportunities – you may choose both or one of these. They will add up to 10 points on your career theory exam. 1) get your resume critiqued in the career center, have the critique stamped, and submit both the critiqued resume and the updated resume; 2) write and submit a 950 word article (instructor approval required) to NCDA's professional e-zine, *Career Convergence*.

### **Syllabus Change Policy:**

Except for changes that substantially affect implementation of the evaluation (grading) statement, this syllabus is a guide for the course and is subject to change with advance notice

**Career Assessment Review**  
**Power Point Presentation + written write-up**  
**Use Mental Measurement Yearbook and other Resources in your write-up**

Instrument:
Authors/Publishers:
URL (where can I buy this inventory):
Copyright date:
Level of administrator (What level or requirements must the test administrator have):
General Purpose of Test:
Description of appropriate test taker (age, concerns, etc.) based on norm group:
Reliability & Validity Data (report the numbers/coefficients as well as how they established reliability and validity – <b>do not copy/paste – if you paraphrase, cite!</b> ):
How the Test is Administered and Scored:
Adequacy of Manual (if available):
Citation of article in APA, 5 <sup>th</sup> edition format: Note: If you cannot find an article on the inventory, you have three options: 1) choose another inventory; 2) cite a book or technical report that reviews the inventory; or 3) find an article that measures the construct and reflect on how the article findings relate to what the inventory measures/doesn't measure).
Summary of Article Findings (do not copy/paste abstract):
Summary of Mental Measurement Yearbook Critique and MMY citation(do not copy/paste):
Strengths of Instrument (not just what the reviewers said, but your opinion also):
Weaknesses of Instrument (not just what the reviewers said, but your opinion also):
How You Might Use This Instrument With Your Population

## **Self-Assessment, Write-up & Interpretation**

As a part of an experiential activity, you will be asked to complete the inventories listed below. This is also ethical practice, in that you should take any inventory (and practice interpreting the results) prior to giving it to a client.

You must complete the following inventories:

<http://www.texascaresonline.com>

- 1. Work Importance Locator (card-sort inventory)**
- 2. Interest Profiler (Self Directed Search)**

[www.myplan.com](http://www.myplan.com) (all 4 assessments)

- 3. Career Values Assessment (free)**

[UNT-Dallas career website or other Assessment](#)

- 4. To Be Decided by you**

**Table and Write up description on next page.**

**1. Your results should be compiled in this table and attached to your write-up.**

	<b>Scores</b> for total and main scales (include actual scores for main scales)	Main Interests, Personality Descriptors or results	Occupations to Consider or Pursue	Occupations to Avoid (if applicable)
Work importance (card-sort)				
Interest Profiler (Self-Directed Search)				
MyPlan: Career Values Assessment				
MyPlan: Career Personality Test: Myers Briggs Type Indicator				
MyPlan: Career Interest: Holland RIASEC				
MyPlan: Career Skills Profiler				
Other Assessment (online or paper) (your choice)				

Expert Interview (ask someone who knows you will to respond to these 3 boxes about you)				
	Include the name and relationship to you here.			

2. Write a paragraph that interprets/summarizes what your results suggest, what you have learned about yourself, what themes you see, any potential contradictions, which assessment was most helpful and why. You should complete this assignment and email to professor within Blackboard.

## Career Counseling Session Summary and Self Reflection

Client/Age: \_\_\_\_\_ Counselor: \_\_\_\_\_ Date \_\_\_\_\_

**Client Description:** Manner of dress, physical appearance, illnesses, disabilities, energy level, general self-presentation

**Subjective:** (Client comments and feelings: Presenting problem(s) or issue(s) from the client's point of view. What the client says about causes, duration, and seriousness of issue(s). If the client has more than one concern, rank them based on client's perception of their importance))

**Objective:** (Counselor's observation of the client's behavior during the session. Verbal and nonverbal, including eye contact, voice tone and volume, body posture.)

**Assessment:** (Your general impressions/clinical understanding/conceptualization based on your career theory. Identification of themes and patterns in what client says and does. Note progress client is making toward goals.)

**Plans/Recommendations:** (Short and long-term goals. How you want to interact with client; what you may plan to respond to in next session with client (follow-up on family issues discussed). Do you plan to help client focus on thoughts, feelings, or behaviors? What particular strategy or theoretical approach might you use? What do you base your plan on?)

**Plans for Counselor:** What reading or research do you need to do in preparation? Practice? What help do you need from your supervisor?

## SESSION IMPROVEMENT PLAN

Counselor Name: \_\_\_\_\_

Session Date: \_\_\_\_\_

**Strengths You Exhibited (minimum of 2) and Why They Were Effective:**

**Better Responses (minimum of 2):**

- a. Client - What the client said or did
  - b. Counselor Response - What you said or did
  - c. Better Response - What you would have like to have said or done
  - d. Reason for Change - Why this would have been a better response
- 
- a. Client - What the client said or did
  - b. Counselor Response - What you said or did
  - c. Better Response - What you would have like to have said or done
  - d. Reason for Change - Why this would have been a better response

**Areas for Growth (minimum of 2) and How this Area Interfered with the Counseling Process:**

1.

2.

**Counselor Goals and Strategies:** (List at least 2 goals that you will set for yourself to improve your approach and describe strategies for you to obtain these goals.)

1.

2.

## Career Counseling Client Assessment and Treatment Plan

- I. **Identifying Data:** Should include descriptive data for the purposes of identifying the individual. This consists of items such as name (fictitious or initials), sex, birthdate, race/ethnicity, disability, school, grade, or job position
- II. Reason for Referral: Should include a detailed description of the career concerns.
- III. Sources of Data: Should include identification of sources of data which provided the information concerning the client's situation.
- IV. Relevant Data: Only report the facts; do not provide any interpretations at this point. The list below is not all inclusive; you may add a section if it is appropriate. You do not have to address every aspect of the four main categories, but you must address every main category. Make sure every "factual" statement is accompanied by "according to..."
  - A. Physical Status: Includes general impressions/observations, obvious physical limitations and illnesses/general physical condition, medical examination results, physical defects/limitations, and medications  
\*The need for medical examination data would be contingent upon suspicion of possible physical factors relating to the behavior of concern. In this case, the client/parents would be asked to obtain this data for you.
  - B. Educational Status: Includes present level of school achievement, previous history of school achievement, impression and observation of teachers past and present, standardized test results, peer relationships in the school settings, other relevant data from counselors, teachers, administrators and other pupil personnel specialists
  - C. Personal-Social Data: Includes personality characteristics (general impressions); attitudes towards home, school, self, others, etc.; hobbies, leisure activities, work experiences; educational – vocational plans and interests; marked likes and dislikes, fears, etc.; special personal or social strengths, problems, etc.

Home and Family Data: Includes individuals living in the same home – relationships, ages, etc.; economic level, cultural resources, education of parents, etc.; home cooperation with the school; relevant developmental data; and nature of contacts with social agencies.

Work Data (optional): Includes what occupations the person has held, how often job changes occur, job satisfaction, career goals, concerns about work, etc.

  - F. Multicultural Considerations: Also discuss any effects of racism, discrimination, sexism, power, privilege, and oppression on your client's career concerns/history.

**Career Assessment Results: Report results for each individual test. Do not make any interpretations at this point. State results in terms of stanines or other descriptives. Include sentence completion statements or complete early memories.**

- V. Summarization, Interpretation, and Analysis of Data: In this section, you attempt to summarize the data reported in IV and V. You would include the client's strengths and weaknesses as they may relate to his/her problems. You may discuss how the client's past experiences contributed to the current problem, but do not ascribe cause and effect relationships to past events. Also, avoid stating your hypotheses as facts.
- VI. Recommendations:



- A. Based on the previous information and your interpretations, you will develop tentative recommendations for appropriate actions on the part of the counselors, teachers, parents and other appropriate persons, including the client.
  - B. These recommendations should be as specific as possible, e.g., do not suggest “individual counseling”, but instead suggest counseling focusing on specific objectives. Include recommendations that are desirable even if not practical at the time.
  - C. Make sure that your recommendations line up with the reason for testing and your test results and data interpretation.
  - D. Make the recommendations realistic – don’t list 20 recommendations. If you have recommendations for different groups (parents, child, teacher, etc.), then write them according to group. Indicate which recommendations are most important (and which are desirable).
  - E. Each of these recommendations (and you should have at least three) should be supported by research. Cite the author and year after each recommendation.
  - F. Also describe the career theory used. Be specific as to how you would incorporate key tenets into your sessions.
- VII. Plans for Implementation and Follow-Up: In this section, tasks should be assigned to appropriate people. Also, include how progress will be monitored. Who will follow up and when? Include a timeline which shows intervention points and who is doing what when.
- VIII. References: List your references for the recommendations made in VIII, in APA 6 style.

## **Comprehensive Career Development Program & Presentation**

Students will work in groups of five (or six) to develop a proposed comprehensive career development and counseling program within a specific setting. Students will facilitate a presentation on the current trends in their identified setting and present their proposed program.

### **Comprehensive Program**

Students will select a) elementary school/children, b) middle school, c) high school, d) higher education, or e) community or private practice. The following aspects should be included in the programs:

1.) **Identify the target population and demographics.** Select a local school, college, business, or the local community (depending on which setting you are working with) and describe the characteristics of the setting and the demographics of the population that you will serve. Create a “profile” that describes these aspects. If you are developing a community program, it might be helpful to collect information from local employment agencies.

2.) **Needs assessment.** Determine the specific needs of the population that you are serving. This may be done through questionnaires for the population, and/or for parents, teachers, and administrators if you’re working in a school. Information may also be collected through focus groups or through existing organization data. In this section, include the specific ways you will obtain this information. If you are giving questionnaires, include how and when they will be collected and include a copy. If you do focus groups include a list of questions.

3.) **Develop specific measurable objectives.** Provide clear statements about what clients will gain by participating in your program. These objectives should be connected to the needs of the population and/or standards developed by the professional counseling organizations (e.g., ASCA, NCDA). This section should include approximately 5-8 objectives for the program. Cite the appropriate ASCA or NCDA standard for each objective.

4.) **Delivery of career planning services.** Describe the modalities by which you will provide career development services to your target population. This may include workshops, career development groups, offering a career planning course in an educational setting, computer or internet based programs, and individual meetings. An ideal program will include a combination of these modalities. Outline the specific timeline that will guide when, where, and how you will deliver your services.

5.) **Content of the program.** Specifically describe how the program will meet each of the stated objectives. Develop the curriculum for each of the methods. For example, if you are conducting a workshop, provide an outline including the materials you will use. If you are facilitating a group provide an outline or “lesson plan” for at least two group sessions. If you develop a class, provide an outline for the topics to be covered each week and the required books or assessments for each student. Be sure to include the specific assessments and interventions that you will use.

6.) **Promote your program.** Develop creative ways to advertise your program. This may be through advertisements (email blasts, flyers, announcements), speaking to a group, or through a website. Be creative in this section.

7.) **Program evaluation.** Identify the specific ways that you will evaluate the effectiveness of your program. What data will you collect? How will you measure your participants' progress? What formal assessments will you use? Be specific.

### **Presentation**

Students will work in their groups to present on the current trends in career development within the setting for which they develop a comprehensive program. Students are welcome to use information from the class text, but are also encouraged to gather information from additional sources. Students are encouraged to make the presentation creative, entertaining, and interactive. This may include interviews with professionals in that setting, role play sessions, experiential activities, etc. In addition, students will present their career program to the class and engage the class in an experiential activity that is included in their curriculum. **The presentation should last approximately 30 minutes.**

## Second Career Counseling Session Summary and Self Reflection

Client/Age: \_\_\_\_\_ Counselor: \_\_\_\_\_ Date \_\_\_\_\_

**Client Description:** Manner of dress, physical appearance, illnesses, disabilities, energy level, general self-presentation

**Subjective:** (Client comments and feelings: Presenting problem(s) or issue(s) from the client's point of view. What the client says about causes, duration, and seriousness of issue(s). If the client has more than one concern, rank them based on client's perception of their importance))

**Objective:** (Counselor's observation of the client's behavior during the session. Verbal and nonverbal, including eye contact, voice tone and volume, body posture.)

**Assessment:** (Your general impressions/clinical understanding/conceptualization based on your career theory. Identification of themes and patterns in what client says and does. Note progress client is making toward goals.)

**Plans/Recommendations:** (Short and long-term goals. How you want to interact with client; what you may plan to respond to in next session with client (follow-up on family issues discussed). Do you plan to help client focus on thoughts, feelings, or behaviors? What particular strategy or theoretical approach might you use? What do you base your plan on?)

**Plans for Counselor:** What reading or research do you need to do in preparation? Practice? What help do you need from your supervisor?

## SECOND SESSION IMPROVEMENT PLAN

Counselor Name: \_\_\_\_\_

Session Date: \_\_\_\_\_

**Strengths You Exhibited (minimum of 2) and Why They Were Effective:**

**Better Responses (minimum of 2):**

- e. Client - What the client said or did
  - f. Counselor Response - What you said or did
  - g. Better Response - What you would have like to have said or done
  - h. Reason for Change - Why this would have been a better response
- 
- d. Client - What the client said or did
  - e. Counselor Response - What you said or did
  - f. Better Response - What you would have like to have said or done
  - d. Reason for Change - Why this would have been a better response

**Areas for Growth (minimum of 2) and How this Area Interfered with the Counseling Process:**

1.

2.

**Counselor Goals and Strategies:** (List at least 2 goals that you will set for yourself to improve your approach and describe strategies for you to obtain these goals.)

1.

2.