

## CURRICULUM VITA

August 2016

### Trigg A. Even

Counseling Lecturer/Coordinator of School Counseling  
Counseling & Human Services  
University of North Texas Dallas  
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Dallas, TX  
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### PROFESSIONAL SUMMARY

Since his first appointment in the helping profession, Dr. Even's professional pursuit has been the delivery of effective, efficient, and accessible clinical counseling services with children, youth, and families. Believing that people are purposeful, goal-directed, and in pursuit of well-being, Dr. Even's approach integrates concepts of both Adlerian Individual Psychology and post-modern Constructivist therapies. A Licensed Professional Counselor-Supervisor and a Nationally Certified Counselor, Dr. Even has practiced in residential diversion/treatment, non-profit community youth and family services, public K-12 education, and private practice settings. These varied professional experiences and training in counselor education, supervision, and teaching in higher education has prepared him for mentoring productive clinical mental health clinicians and professional school counselors. Dr. Even's research and publication interests include the application of Adlerian and Constructivist therapy concepts to practice, education, and supervision, the professional development experiences of counselors, counselor ethics, counselor professional self-efficacy, and counselor education training and program assessment best practices.

### EDUCATION

PhD	Counselor Education & Supervision (CACREP-accredited)		May 2011
	Texas A&M University-Commerce, Commerce, TX		
	<ul style="list-style-type: none"><li>Dissertation: <i>National Accreditation Standards and Graduate Ethics Training Pedagogy Among Licensed Professional Counselors Receiving Board Sanctions for Ethics Violations</i></li><li>Cognate: Counseling with Children and Adolescents</li><li>Elective Cluster: Teaching in Higher Education</li></ul>		
MS	Counseling Psychology	Texas A&M University-Commerce	May 2003
BS	Counseling Psychology	Southwestern University, Waxahachie, TX	May 1999

**LICENSURE**

Licensed Professional Counselor Supervisor (LPC-S), Texas State Board of Examiners of Professional Counselors

License # 3965

Licensed in good standing since June 2009

Licensed Professional Counselor (LPC) Texas State Board of Examiners of Professional Counselors

License # 19534

Licensed in good standing since June 2005

National Certified Counselor (NCC) National Board for Certified Counselors License # 211057

Licensed in good standing since April 2006

**PROFESSIONAL CLINICAL MENTAL HEALTH EXPERIENCE**

2010-Present	Owner/Counselor	The Rhitmus Group, PLLC, Midlothian, TX
2003-2011	Student Support Counselor	Mansfield Independent School District, TX
1999-2003	Program Director/Lead Consultant	Family Connections/STAR, Waxahachie, TX
1998-1998	Intern Residential Counselor	North Texas Teen/Life Challenge, Winnsboro, TX

**GRADUATE TEACHING EXPERIENCE**

**University of North Texas Dallas (August 2015 - Present)**

COUN 5765. Appraisal in Counseling

COUN 5461. Professional School Counseling

COUN 5680. Basic Counseling Skills

COUN 5720. Counseling Internship I

COUN 5721. Counseling Internship II

COUN 5900. Special Problems.

EPSY 5050. Foundations of Educational Research Methodology

**Texas Wesleyan University (January 2008 – December 2015)**

COU 6301. Theories of Counseling

COU 6302. Lifespan Human Development

COU 6303. Techniques of Appraisal and

Assessment COU 6306. Research and Program

Evaluation

COU 6307. Career Development

COU 6308. Advanced Counseling and Crisis Intervention Skills

COU 6313. Counseling Children and Adolescents

COU 6317. Introduction to School Counseling COU

COU 6318. School Counseling Programs

COU 6319. School Counseling Practicum

COU 6315/16. Clinical Mental Health Practicum COU

COU 6324. Marriage and Family Therapy Practicum

**Texas A&M University-Commerce** (Teaching Assistant, 2010-2011)

COUN 625. Research Applications

COUN 517. Appraisal and Assessment

COUN 512. Career Development

## **RESEARCH AND SCHOLARSHIP**

### **Miscellaneous Scholarship**

#### **Textbook Reviews**

Even, T.A. (2015). Invited Review of Erford (2015). *Transforming the School Counseling Profession* (4<sup>th</sup> ed.). Pearson Education, Inc.

Even, T.A. (2013). Invited Review of Studer (2014). *The Essential School Counselor*. Sage Publications.

Even, T.A. (2014). Invited Review of Wong, Hall, Justice, & Hernandez (2015). *Counseling: Working with Individuals Through the Lifespan*. Sage Publications.

#### **Research and Scholarship in Progress**

Crook, J.C., & Even, T.A. *Assessment in Counseling: A Companion Guide for Clinicians*. Sartor,

T.A., & Even, T.A. Encouragement in Parent Consultation with Traumatized Children.

Even, T.A. Counselor Professional Development and Ethics: Implications for Supervision, Training, the Profession, and the Individual Practitioner.

Even, T.A. Therapy-focused Solution Building (TFSb): Concepts in Theory and Practice.

Even, T.A. School Counselor Self-efficacy and Solution-focused Supervision.

Even, T.A. Voluntary Supervision Practices among Fully-licensed Counselors.

### **Publications**

#### **Chapter in an Edited Book**

Even, T.A. (2016). The ethical and legal differences and similarities of working with children and adolescents between clinical mental health counseling and professional school counseling. In Sartor, T.A., McHenry, B., & McHenry, J. (Eds.), *The ethics of counseling children and adolescents*. Routledge/Taylor & Francis Group.

### **Professional Journals**

Even, T.A., & Robinson, C.R. (2013). The impact of CACREP accreditation: A multiway frequency analysis of ethics violations and sanctions. *Journal of Counseling and Development, 91*, 26-34.

Even, T.A., & Armstrong, S.A. (2011). Using sandtray to collect early recollections in Adlerian play therapy. *The Journal of Individual Psychology, 67*, 4, 391-407.

### **Manuscripts Submitted for Peer Review**

No manuscripts currently in review

### **Other Peer Reviewed Publications**

Even, T.A. (May 2012). Making a case for CACREP curriculum standards. *Counseling Today*. American Counseling Association.

### **Professional Presentations**

#### **Refereed Presentations**

Even, T.A. (July, 2016). *Mental health prevention and intervention in K-12 education: Missing link or misappropriation?* Presented at the International Positive Education Network Conference. Dallas, TX.

Even, T.A. (February, 2015). *Parallel process in supervision: Influencing outcomes in child abuse prevention*. Accepted for presentation at the 29<sup>th</sup> Annual Conference on the Prevention of Child Abuse. Las Colinas, TX.

Even, T.A. (January, 2015). *Voluntary supervision among fully-licensed counseling professionals*. Accepted for presentation at the Texas Association for Counselor Education and Supervision Mid-winter Conference. Austin, TX.

Even, T.A. (August, 2014). *School counselors as consultants: Building solutions with stakeholders*. Presented at the first annual Teaching and Counseling Toward Solutions Conference. Irving, TX

Simpson, A., & Even, T.A. (November, 2013). *Core colors of the explosive child: Using colors to communicate with children diagnosed with Autism spectrum disorders*. Presented at the Texas Counseling Association (TCA) Professional Growth Conference. San Antonio, TX.

Even, T.A. (November, 2013). *Ethical misconduct among experienced and senior level professional counselors*. Presented at the Texas Counseling Association (TCA) Professional Growth Conference. San Antonio, TX.

Even, T.A. (September, 2013). *Preparing school counseling students for accountability and outcome assessment*. Presented at the Association for Assessment and Research in Counseling (AARC) National Assessment and Research Conference. Houston, TX.

Even, T.A., & Nolen, J. (March, 2013). *A survey of 21st Century adolescent developmental tasks: Critical reflection on Havighurst and the implications for family therapists*. Accepted for presentation at the Texas Association of Marriage and Family Therapists (TAMFT) Annual Conference. Austin, TX.

- Even, T.A. (September, 2012). *Experiential learning with an assessment course: Data-driven curriculum redesign*. Presented at the Association for Assessment in Counseling and Education (AACE) National Assessment and Research Conference. Orlando, FL.
- Even, T.A., & Crook, J.C. (September, 2012). *An evaluation of counselor education program learning objectives*. Presented at the Association for Assessment in Counseling and Education (AACE) National Assessment and Research Conference. Orlando, FL.
- Even, T.A. (November, 2011). *The scope of ethical misconduct: Assessing the impact of accreditation standards and ethics training*. Presented at the Texas Counseling Association Professional Growth Conference. Fort Worth, TX.
- Even, T.A. (September, 2011). *The impact of CACREP accreditation: A multiway frequency analysis (MFA) of ethics violation and sanction data*. Presented at the AACE National Assessment and Research Conference. Fort Worth, TX.
- Even, T.A., with Adleta, C.D., Burton, C., Cook, L., & Jackson, C. (June, 2010). *Real life interventions for challenging students*. Presented at the Mansfield ISD Curriculum Conference. Mansfield, TX.
- Even, T.A. (February, 2010). *Lifestyle solutions: A constructivist-Adlerian integration and the role of encouragement in the therapeutic process*. Presented at the Solution-Focused Institute. Fort Worth, TX.
- Even, T.A. with Adleta, C.D., Burton, C., & Cook, L. (June, 2009). *Cyberbullying: The new face of bullying*. Presented at the Mansfield ISD Curriculum Conference. Mansfield, TX.
- Even, T.A., Matthews, C., & Timoteo, M. (September, 2008). *Evaluation of an experiential group counseling component for training master's-level counselors*. Presented at the AACE National Assessment and Research Conference. Dallas, TX.
- Even, T.A., Matthews, C., & Timoteo, M. (November, 2008). *Evaluation of an experiential group counseling component for training master's-level counselors*. Presented at the Texas A&M System Pathways Research Symposium. Commerce, TX.
- Even, T.A. (May, 2006). *The language of discipline: Enlisting student cooperation*. Presented at the Mansfield ISD Curriculum Conference. Mansfield, TX.

### **Invited Presentations**

- Even, T.A. (September, 2015). *Positive Discipline Strategies in the Home*. Presented to the PREP U Symposium, Nancy Cochrane Elementary, Dallas ISD. Dallas, TX.
- Even, T.A. (August, 2013). *Sandtray solutions for school counselors*. Presented to certified elementary school counselors of Garland ISD. Garland, TX.
- Even, T.A. (August, 2013). *Experiential counseling in the school setting*. Presented to certified secondary school counselors of Garland ISD. Garland, TX.
- Even, T.A. (August, 2012). *Solutions in the sand: Strategies for school counselors*. Presented to certified elementary school counselors of Frisco ISD. Frisco, TX.
- Even, T.A., & Cook, L.J. (August, 2012). *Activity-based counseling for school counselors*. Presented to certified middle school counselors of Frisco ISD. Frisco, TX.

- Even, T.A., with Adleta, C.D., & Cook, L.J. (November, 2008). *Death at school: The school counselor's response to campus-wide loss*. Presented at the Mansfield ISD Guidance Counselor Program Update. Mansfield, TX.
- Even, T.A. (October, 2007). *Classroom response strategies for substance abusing students*. Presented to the faculty and administration of Summit High School. Arlington, TX.
- Even, T.A. (August, 2007). *Communication strategies for addressing disruptive student behavior: Solution-focused and Adlerian concepts in the classroom*. Presented to the faculty and administration of Ben Barber Career Technology Academy. Mansfield, TX.
- Even, T.A. (March, 2005). *Parenting strategies with the ADHD-diagnosed child*. Presented to Parent Teacher Association members and families. Cross Timbers Intermediate School. Arlington, TX.
- Even, T.A. (Fall 2000; Spring, 2001). *Teaching and classroom management strategies for use with at-risk students*. Presented to multiple sections of undergraduate teacher education students. Professor: Larry Goodrich, PhD. Southwestern A/G University. Waxahachie, TX.
- Even, T.A. (Spring, 2000-2003). *Working with at-risk youth: Challenges and rewards*. Presented to multiple sections of undergraduate psychology students. Professor: Amy Valigura, MS. Navarro College. Waxahachie, TX.

### **PROFESSIONAL ASSOCIATION**

- Texas Counseling Association member since 2001
- Texas Association for Counselor Education and Supervision member since 2009
- Texas School Counselor Association member since 2012
- Texas Association for Marriage and Family Counselors member since 2014
- Tarrant County Challenge Coalition participant 2005-2011
- North American Society of Adlerian Psychology member since 2008
- American Counseling Association member since 2014
- Association for Assessment and Research in Counseling member since 2014

### **PROFESSIONAL SERVICE**

#### **Service to the Department and University - University of North Texas Dallas**

- Ad hoc Assistant Counseling Center Director Search Committee, Student Services, University of North Texas Dallas, Summer 2016.
- Ad hoc Community Counseling Clinic Director Search Committee, Counseling & Human Services, University of North Texas Dallas, Summer 2016.
- Ad hoc CACREP Accreditation subcommittee, Counseling & Human Services, University of North Texas Dallas, Fall 2015 - Present.
- Coordinator of School Counseling, Counseling & Human Services, University of North Texas Dallas, Fall 2015 - Present.

Ad hoc Texas Education Agency Compliance Committee Chair, Counseling & Human Services, University of North Texas Dallas, Fall 2015 - Present.

**Service to the Department and University -Texas Wesleyan University**

Ad hoc LPC Program Self-Study Audit, Graduate Counseling Department, Texas Wesleyan University, Spring 2015.

Ad hoc Search Committee Member, Department of Kinesiology, School of Education, Texas Wesleyan University, Fall 2013- Spring 2014.

Chairperson and Member, Blue + Gold = Green Committee, Texas Wesleyan University, Fall 2012 – Fall 2014.

Chairperson, School Counseling Fifth Year Option Ad Hoc Committee, Texas Wesleyan University, Fall 2013-Present.

Graduate Counseling Curriculum Development Ad Hoc Committee, Texas Wesleyan University, Summer 2013-Present.

Graduate Counseling Clinical Comprehensive Evaluation Ad Hoc Committee, Texas Wesleyan University, Spring 2013-Present.

Distance Education Policy Committee member, Texas Wesleyan University, Spring 2013-Present.

Graduate Programs Advisory Council, Texas Wesleyan University, Fall 2012-Present.

Academic Affairs Committee, Texas Wesleyan University, Fall 2012- May 2015.

Master of Science in School Counseling (MSSC) Program Assessment Chairperson, Texas Wesleyan University, 2012-Present.

CACREP and COAMFTE Accreditation Sub-Committee Member, Texas Wesleyan University, 2012-Present.

PhD in Marriage and Family Therapy Development Committee Member, Texas Wesleyan University, 2012-Present.

Educators Network Committee Member, School of Education, Texas Wesleyan University, 2012-Present

Master of Arts in Professional Counseling (MAPC) Program Assessment and Audit Committee Member, Texas Wesleyan University, 2011

Glick House Counseling Center Program Assessment and Operations Committee Member, Texas Wesleyan University, 2012-Present

Graduate Counseling Admissions Committee Member, Texas Wesleyan University, 2011-Present

Ad hoc Academic Rigor Committee Member, Graduate Counseling Department, Texas Wesleyan University, 2011

Ad hoc Substance Abuse Counseling Training and Comprehensive Evaluation Committee Member, Graduate Counseling Department, Texas Wesleyan University, 2011

**Service to the Profession**

Program Reviewer, Texas Counseling Association Professional Growth Conference, 2016.

Program Reviewer. Texas Counseling Association Professional Growth Conference, 2015.

Treasurer, Texas Association of Marriage and Family Counselors (TAMFC), a division of Texas Counseling Association, 2014-Present.

Audio-Visual Support Committee, Texas Counseling Association 2011 Professional Growth Conference

Texas Counseling Association's Ethics Committee 2011-2012

Texas Counseling Association's School Counselor Issues, Advocacy, and Public Policy (SCIAPP) Committee 2010-2011

Public Relations Chairperson, Texas Counseling Association 2009 Professional Growth Conference Planning Committee

Ellis County Community Planning Team Participant, *FY 2005 Ellis County (TX) Criminal Justice Community Plan*

### **Service to the Community**

Certified Facilitator (*pro bono*), Fresh Hope Community Support Group for Individuals with a Mental Health Diagnosis and their Loved Ones. Waxahachie, TX. September 2014 – Present.

Executive Board and Volunteer Trail Steward, Waxahachie Mountain Bike Club, Waxahachie, TX. July 2014-Present.

### **GRANTS**

Spring 2005, Implemented Fall 2005. Estimate of Award: \$14,000  
*Texas STEP Tobacco Education and Prevention* awarded to Mansfield ISD First Step program to provide substance abuse prevention and intervention services.

August 2003, Implemented September 2003. Estimate of Award: \$250,000  
*Texas Department of Protective and Regulatory Services, S.T.A.R. Program* awarded to the Texas Baptist Home for Children to deliver counseling and psycho-educational services to youth and families in Ellis and Navarro Counties during a four-year procurement cycle.

### **AWARDS AND HONORS**

Spring 2016. *Alumni Ambassador Program* Nominee. Psychology, Special Education, and Counseling. Texas A&M University-Commerce.

November 2015. *Outstanding Division Award* given to the Executive Board. Texas Association of Marriage and Family Counselors (TAMFC). Texas Counseling Association. Austin, TX.

December 2014. *President's GEM Award* given to Counseling Faculty for the development and inception of the PhD in Marriage and Family Therapy program. Graduate Counseling Department. School of Education. Texas Wesleyan University. Fort Worth, TX.