

SYLLABUS COUN 5100 FALL 2016 ONLINE

Professional Orientation and Ethics in Counseling 3 Credit Hours

Department of Counseling Division of Education and Human Services

Instructor Name: Dr. S. Dean Aslinia
Office Location: Building 1, Room 301J

Office Phone: 972-900-1397

Email Addres Dean. Aslinia @UNT Dallas.edu

Office Hours: By appointment

Virtual Office Email

Hours:

Classroom Location: ONLINE

Course Catalog Description:

COUN 5100. Professional Orientation and Ethics in Counseling. 3 hours. Study of ethics, law, and professional issues including counseling history,

philosophy, roles, self-care, supervision, professional organizations,

credentialing, and trends for Professional School Counselors and Clinical Mental

Health Counselors.

Required Text:

Herlihy, B., & Corey G. (2015). *ACA ethical standards casebook* (7th ed.). Alexandria, VA: American Counseling Association.

Remley Jr., T. P., & Herlihy B. (2016). *Ethical, legal, and professional issues in counseling* (5th ed.). Upper Saddle River, NJ: Merrill.

DOWNLOAD: American Counseling Association. (2014). *ACA 2014 code of ethics*. Alexandra, VA: Author. Avaliable: http://www.counseling.org/knowledge-center/ethics

DOWNLOAD: Texas State Board of Examiners of Professional Counselors (2013). Title 22 Texas Administrative Code Chapter Part 30 Chapter 681. Avaliable: http://www.dshs.state.tx.us/counselor/lpc rules.shtm

Access to Learning Resources:

UNT Dallas Library:

phone: (972) 780-3625;

web: http://www.unt.edu/unt-dallas/library.htm

UNT Dallas Bookstore:

phone: (972) 780-3652;

e-mail: 1012mgr@fheg.follett.com

Course Goals or Overview:

The goal of this course is to explain ethics, law, and professional issues including counseling history, philosophy, roles, self-care, supervision, professional organizations, credentialing, and trends for Professional School Counselors and Clinical Mental Health Counselors.

Student Learning Objectives/Outcomes:	Standards:	Evaluation
At the end of this course, the student will be able	CACREP (2009)	Method
to:	UNT-Dallas	
	TEXES	
1. Explain history and philosophy of the	•CACREP II.G.1.a	Quiz
counseling profession, including school and	•UNT-D: K1 (Content	Discussion Board
clinical mental health counseling	Knowledge)	
	•TExES Competency 006	
	(Counseling)	
2. Compare school counseling and clinical mental	•CACREP II.G.1.b	Quiz
health counseling professional roles, functions,	•UNT-D: K1 (Content	Discussion Board
and relationships with other human service	Knowledge)	Professional
providers, including strategies for	•TExES Competency 006	identity paper
interagency/interorganization collaboration and	(Counseling)	
communications;		
3. Discuss self-care strategies appropriate to the	•CACREP II.G.1.d	Quiz
counselor role;	•UNT-D: K1 (Content	Discussion Board
	Knowledge)	Professional
		identity paper
4. Categorize counseling supervision models,	•CACREP II.G.1.e	Quiz
practices, and processes;	•UNT-D: K1 (Content	Discussion
	Knowledge)	board
5 Di C i l i i i i l li	CA CREDIT C 1 C	0 :
5. Discuss professional organizations, including	•CACREP II.G.1.f	Quiz
membership benefits, activities, services to	•UNT-D: K1 (Content	Discussion
members, and current issues;	Knowledge)	board
6. Discuss professional credentialing, including	•CACREP II.G.1.g	Quiz
certification, licensure, and accreditation practices	•UNT-D: K1 (Content	Discussion
and standards, and the effects of public policy on	Knowledge)	board
these issues;	•TExES Competency 010	board
these issues,	(Professionalism)	
7. Describe the role and process of the	•CACREP II.G.1.h	Professional
professional counselor advocating on behalf of	•UNT-D: K1 (Content	Identity paper
the profession;	Knowledge)	, 1, 1, 1
are protession,	12110 (110450)	
8. Demonstrate advocacy processes needed to	•CACREP II.G.1.i	Group Advocacy

address institutional and social barriers that	•UNT-D: K1 (Content	Project
impede access, equity, and success for clients;	Knowledge)	
9. Apply ethical standards of professional	•CACREP II.G.1.j	Quizs
organizations and credentialing bodies, and	•K1 (Content Knowledge)	Discussion boards
applications of ethical and legal considerations in	•TExES Competency 010	Final Case Study
professional counseling, including school	(Professionalism)	Paper
counseling and clinical mental health counseling.		
10. Investigate public policies on the local, state,	•CACREP II.E.6	Quiz
and national levels that affect the quality and		Discussion Board
accessibility of school counseling and mental		Group Advocacy
health services		Project

Teaching Method and Philosophy

Informed Consent

I have been teaching in higher education for the past 8 years. During this time, I have taught at 4 different universities, including our local Universities of Texas A&M University-Commerce, and SMU. I have taught in the departments of Psychology and Counseling at Undergraduate, Masters, and PhD levels. During this time, I have developed a student-centered teaching approach that is based on the The Standards for Effective Pedagogy and Learning that were established through the Center for Research on Education, Diversity, and Excellence (CREDE).

CREDE cites "The Standards represent recommendations on which the literature is in agreement, across all cultural, racial, and linguistic groups in the United States, all age levels, and all subject matters. Thus, they express the principles of effective pedagogy for all students."

The research consensus can be expressed as five standards.

- Joint Productive Activity: Teacher and Students Producing Together (discussions, course planning, etc..)
- Language Development: Developing Language and Literacy Across the Curriculum (writings, presentations, etc...)
- Contextualization: Making Meaning: Connecting Education to Students' Lives (clinical case studies, class discussion on cases, and examples)
- Challenging Activities: Teaching Complex Thinking (discussions, critical thinking, journal article reviews)
- Instructional Conversations: Teaching Through Conversation (Open conversation/discussion forums, seating arrangement if possible)

Therefore, my teaching style utilizes a series of practices which may include, but is not limited to Lecture, PowerPoint presentations, Media (video, internet) and classroom discussions. I allow my students to take the lead in their learning, meaning, though there is a scheduled topic for the class session, we might embark on several parallel discussions on related topics which I found to be just as important for your clinical skill set and knowledge. As an experienced clinician who has owned, managed, and directed two private practice offices, and two mental health clinics; I believe in relating the classroom teaching to practical implications in

our field. These topics often include, ethical dilemmas, legal statutes, board rules, best practices for treatment, and research findings.

Students, that require or prefer to have a course structured prior to the beginning of the semester and one that follows that structure rigidly are recommended to take other sections of this class taught by other faculty.

By not dropping this class and remaining passed the 3rd class session, you hereby acknowledge that you were notified of the teaching style and course layout and indicate your wish to follow this methodology.

Statement on Professional Disposition, Attitude, and Participation Assessment

The counseling profession is made up of a multi-layer system which involves the utilization of empirical standards and protocols, interpersonal relationship skills, as well as a strong ethical compass to navigate the delicate but sometimes rough waters of human emotions.

In any credible graduate program of counseling students are challenged by learning the professional standards and procedures for the ethical diagnosis and treatment of behavioral and emotional health concerns. Additionally, students are coached through a series of self-awareness exercises which may ultimately create a more insightful, aware, and congruent individual who presents as the most authentic self to their clients in their therapeutic journey.

The profession of psychology and counseling though rooted in many theoretical orientations, and view points of the human psyche, is ultimately summarized in the powerful and therapeutic impact of the relationship between the counselor and client. It has in fact been empirically presented that the biggest agent of change in the therapeutic process is the strength of that relationship.

As such, though this course is built on the standards of the profession, the state's higher education standards, and the University's standards of rigor; our department further evaluates and holds of utmost importance the interpersonal and psychological readiness of each graduate counseling student before they enter the profession. This is an ethical obligation each professor has to our profession and our society in ensuring that students who are not emotionally, behaviorally, professionally, and or psychologically ready to serve, do not inflict more harm on members of our community.

Therefore, please note, that 10% of this courses' requirements are based on the consistent and stable demonstration of your emotional, behavioral, psychological, and professional disposition, attitude, and participation. Meaning, though you might master the content and assignment requirements of the course, you may still fall short of an exemplary grade assignment for the course, if the professor determines your participation and attitude in the course requires further evaluation, awareness, and development.

Please realize this practice is not meant to be punitive in anyway, and is simply for your benefit of further analysis of your own interpersonal processes on your path to become the best counselor practitioners or educators that you can become.

It is my personal hope that by the time you complete this course you will be one step closer to practicing and being fully aware of the core conditions of counseling as laid out by Carl Rogers; Unconditional Positive Regard for your clients, Empathy and Genuineness and to fully master the principles of our counseling profession. The American Counseling Association, has identified the principles of counseling in its 2015 version of the code of ethics' preamble as, Autonomy, Beneficence, Non-Maleficence, Veracity, Fidelity, Justice all of which can only be achieved with a stable and aware psyche.

Should you have any further questions, concerns, or comments in regards to the standards set forth, please do not hesitate to inquire for further clarity either in class, via email, or phone call.

% Points	Professional Disposition, Attitude, and Participation Assessment Rubric
0-3%	Participates rarely and/or reluctantly, makes unprofessional statements, or
	gestures, and is more often than not insensitive to the emotional needs or beliefs
	of other students. (Missed or was late for more than 1 class)
3-5 %	Participates inconsistently (abstains from participation or must be persuaded to
	participate) and exhibits inconsistent emotional regulation as exhibited by their
	attitude.
6-10 %	Participates consistently (participates with little or no coaxing), is often but not
	always engaged in course discussions, and more often than not has significant
	contributions to course discussions.
11-15 %	Participates consistently & exercises leadership/initiative (always participates
	without coaxing; takes initiative in volunteering for activities; actively
	contributes their own thoughts and ideas and/or encourages the engagement of
	peers). Their presence enhances the learning environment in the course.

Course Outline

This schedule is subject to change by the instructor. Any changes to this schedule will be communicated by Blackboard Announcements. Please check weekly. All assignments due Sunday before Midnight within the assigned week.

Timeline	TOPICS	Readings/ Assignments
Class 1	• Course Introduction (SLO 1)	UNT Dallas Masters in Counseling
Week of	 Course Overview and 	Student Handbook
Aug 22	Requirements	• 2014 ACA Code of Ethics
	 UNT Dallas Masters in 	 Listen to Podcast on New ACA Code of
	Counseling Student Handbook	Ethics
	 ACA Code of Ethics 	• Quiz 1
	 Ethical development throughout 	 Discussion Board 1
	your career	
Class 2	 Professional Orientation (SLO 1) 	• Remley & Herlihy, Chapter 1
Week of	 Morality, Ethics, Law 	• Herlihy & Corey, Chapter 12
Aug 29	 ACA Ethical Code & Texas Law 	• Quiz 2
	 Video: "Person and Professional 	 Discussion Board 2
	in Counseling"	
Class 3	• Ethical Decision Making (SLO 9)	ACA Code of Ethics
Week of		Herlihy & Corey, Chapter 1 & Section I
Sept. 5		• Forester-Miller, H., & Davis, T. (1996). A
		practitioner's guide to ethical decision
		making. American Counseling Association.
		Alexandria, VA: Author (on blackboard)
		• Quiz 3
		Discussion Board 3
Class 4	 Professional Identity of Counselors 	• Remley & Herlihy, Chapter 2
Week of	(SLO 1, 2, 5, 6, 10)	ACA Code of Ethics: Section A
Sept 12	 Philosophy underlying 	Herlihy & Corey, Section A

		1
Class 5 Week of Sept 19	counseling History of Counseling Trends in Counseling Credentialing & Professional Organizations Roles compared to other mental health professionals Public Policy & Counselors Multicultural Competence & Social Justice Advocacy (SLO 7,8,10) View Video: Becoming Social Justice Agents: If Not Us, Then Who?	 ACA Website TCA Website ASCA Website Quiz 4 Discussion Board 4 Remley & Herlihy, Chapter 3 Herlihy & Corey, Chapter 2 ACA Code of Ethics, 2014, Section C & D AMCD Multicultural counseling competencies ALGBTIC Counseling Competencies ASERVIC Competencies Herlihy, B. R., Hermann, M. A., & Greden, L. R. (2014). Legal and ethical implications of using religious beliefs as the basis for refusing to counsel certain clients. Journal of Counseling and Development, 92, 148-153.
		 Quiz 5 Discussion Board 5
Class 6 Week of Sept 26	 Client Rights & Counselor Responsibilities (SLO 9) Responsibilities, Needs, & Values Informed Consent 	 Remley & Herlihy, Chapter 4 Herlihy & Corey, Chapter 1 Quiz 6 Discussion Board 6
Class 7 Week of Oct 3	 Confidentiality & Privileged Communication (SLO 9) Records, Subpoenas, & Technology View Video: Legal and Ethical Issues for Mental Health Professionals, Vol. 1: Confidentiality, Privilege, Reporting, and Duty to Warn 	 Remley & Herlihy, Chapter 5,6 Herlihy & Corey, Section B, C, Chapter 3 Quiz 7 Discussion Board 7 Professional Identity Paper
Class 8 Week of Oct 10	Competence, Assessment, Diagnosis (SLO 9)	 Remley & Herlihy, Chapter 7 Herlihy & Corey, Chapter 4 Quiz 8 Discussion Board 8
Class 9 Week of Oct 17	Malpractice and Resolving Legal and Ethical Challenges (SLO 9)	 Remley & Herlihy, Chapter 8 Herlihy & Corey, Chapter 8 Quiz 9 Discussion Board 9
Class 10 Week of Oct 24	 Boundary Issues (SLO 9) View video: Legal and Ethical Issues for Mental Health Professionals, Vol. 2: 	Remley & Herlihy, Chapter 9Herlihy & Corey, Chapter 7Quiz 10

	Dual Relationship Boundaries, Standards of Care & Termination	Discussion Board 10
Class 11 Week of Oct 31	 Counselor Self-Care (SLO 3) View video: The Counselor as Person and Professional 	 Herlihy & Corey, Chapter 5 Stumbling Blocks to Counselor Self Care (link on Blackboard) Quiz 11 Discussion Board 11
Class 12 Week of Nov 7	 Technology in Counseling (SLO 9) Professional Relationships, Private Practice, Health Care Plans 	 Remley & Herlihy, Chapter 10, 13 Herlihy & Corey, Section D, H, Chapter 9 Quiz 12 Discussion Board 12
Class 13 Week of Nov 14	 Counseling Children and Vulnerable Adults (SLO 9) Counseling Families and Groups Online Video: A Confidential Space: Ethical Considerations When Counselling Children and Young People 	 Remley & Herlihy, Chapter 11, 12 Herlihy & Corey, Chapter 6 Quiz 13 Discussion Board 13
Class 14 Week of Nov 21	 Issues in Counselor Education (SLO 9) Supervision & Consultation 	 Remley & Herlihy, Chapter 14, 15 Herlihy & Corey, Section F, Chapter 10 Quiz 14 Discussion Board 14 Legal Case Review
Class 15 Week of Nov 28	Professional Writing, Conducting Research, & Publishing (SLO 9)	 Remley & Herlihy, Chapter 16 ACA Code of Ethics, 2014, Section G Chapter 11 Herlihy & Corey, Section F Quiz 15 Discussion Board 15
Class 16 Week of Dec 5	Submit your Final Case Study	• Final Case Study (Due Wednesday, May 11 at 11:59 pm).

Course Evaluation Methods

This course will utilize the following instruments to determine student grades and proficiency of the learning outcomes for the course.

Course Evaluation Methods

- 1. Quizzes: Each class, students will complete online quizzes based on textbook content. Quizzes will be open-book but answers may not be shared with others. I have set the course up so that you will have 3 attempts to take each quiz. After 3 attempts, your highest score will be recorded in the grade book. After each attempt you will see your submitted answers but the course will not tell you if they were right or wrong.
- 2. Discussion Boards: For each class, students will post their responses to questions, prompts, and/or case studies on the Blackboard Discussion Board. Posts will be graded on accuracy of content,

quality, and professional response to at least two other classmates. Posts should be approximately 250-500 words of clear, logical, and accurate content. Rubric will be provided on Blackboard.

- 3. Professional Identity Paper: Each student will write an APA 6 style paper approximately 4-6 pages long (double spaced) on the professional identity of a counselor. You may answer the following questions in the paper:
 - a. How do you define being a counselor? How does it differ from other helping relationships?
 - b. How does the role of advocating on behalf of the profession and for the client fit into the role of being a counselor?
 - c. What role does self-care take in maintaining the ethical standards of best practices? What does this mean for you personally?
 - d. What does it mean to develop the person of the counselor as a person and not just a counselor?
 - e. What role do ethical practices play into you being a counselor? How will you ensure that you will be an ethical counselor throughout your professional career?
- 4. Legal Case Review: Students will need to find and download the precedent setting cases of Tarasoff v. Regents of the University of California, (Supreme Court of California, 1976) and Thapar v. Zezulka (Supreme court of Texas, 1999) (both included in downloads for course). Review both cases, and write a 6-8 page double spaced paper (not including title/references) explaining and summarizing the cases, describing similarities and differences, and offering discussion on the conclusion of the cases, and how it will impact your practice of counseling in the State of Texas. Lastly, students will need to discuss their understanding of the "Duty to Warn" clause in the State of Texas as a result of this case, and how they would handle a situation where an adult client informs them of a potential threat, knowing that there very likely will be a lawsuit filed against them either way. (If they report, client will sue for breach of confidentiality, and if they don't and threat is carried through, the family of the victim will sue for not reporting). So what would you do?
- 5. Final Case Study Paper: Each student will write a 6-8 page double spaced paper on a case study of an assigned ethical violation of a professional counselor. The outline will be:
 - a. Description of the counselor's actions or inactions
 - b. Explanation of the applicable ACA ethical code, Texas Law, and morality (use codes, law, books, and journal articles to support discussion)
 - c. Application of the Ethical Decision Making Model as it should have been applied
 - d. Analysis of where the counselor "went wrong"
 - e. Recommendations and resources to prevent this ethical violation in others
 - f. References

Grading Matrix

Instrument	Measures	Value (points or percentages)	Total
	SLO		
Discussion Boards	1 - 11	15 Posts x 20 points each	20%
Quizzes	1 – 11	15 Quizzes x 10 points each	15%
Professional Identity	2, 4	100 points	15%
Paper			
Legal Case Review	9, 11	100 points	15%
Final Case Study Paper	10	100 points	25%

Participation &	1-11	100 points	10%
Professional Disposition			
Total:			100%

Grade Determination:

A = 1,000 - 900 pts; i.e. 90% or better

B = 899 - 800 pts; i.e. 80 - 89 %

C = 799 - 700 pts; i.e. 70 - 79 %

D = 699 - 600 pts; i.e. 60 - 69 %

F = 599 - 500 pts or below; i.e. less than 60%

University Policies and Procedures

Students with Disabilities (ADA Compliance):

The University of North Texas Dallas faculty is committed to complying with the Americans with Disabilities Act (ADA). Students' with documented disabilities are responsible for informing faculty of their needs for reasonable accommodations and providing written authorized documentation. Grades assigned before an accommodation is provided will not be changed as accommodations are not retroactive. For more information, you may visit the Student Life Office, Suite 200, Building 2 or call 972-780-3632.

Student Evaluation of Teaching Effectiveness Policy:

The Student Evaluation of Teaching Effectiveness (SETE) is a requirement for all organized classes at UNT. This short survey will be made available to you at the end of the semester, providing you a chance to comment on how this class is taught. I am very interested in the feedback I get from students, as I work to continually improve my teaching. I consider the SETE to be an important part of your participation in this class. Meanwhile, if you have any concerns, comments, or feedback during the process of this course, please feel free to either communicate them to me or to the director of the school of Counseling and Human Services Dr. Constance Lacy at: Constance.Lacy@UNTDallas.edu.

Academic Integrity:

Academic integrity is a hallmark of higher education. You are expected to abide by the University's code of academic integrity policy. Any person suspected of academic dishonesty (i.e., cheating or plagiarism) will be handled in accordance with the University's policies and procedures. Refer to the Code of Academic Integrity:

 $\frac{http://www.untdallas.edu/sites/default/files/page_level2/pdf/policy/7.002\%20Code\%20of\%20Academic_I_ntegrity.pdf$

Bad Weather Policy:

On those days that present severe weather and driving conditions, a decision may be made to close the campus. In case of inclement weather, call UNT Dallas Campuses main voicemail number (972) 780-3600 or search postings on the campus website www.unt.edu/dallas. Students are encouraged to update their Eagle Alert contact information, so they will receive this information automatically.

Attendance and Participation, and Professional Disposition Policy: (Also see statement above).

The University attendance policy is in effect for this course. Class attendance and participation is expected because the class is designed as a shared learning experience and because essential information not in the textbook will be discussed in class. The dynamic and intensive nature of this course makes it impossible for students to make-up or to receive credit for missed classes. Attendance and participation in all class meetings is essential to the integration of course material and your ability to demonstrate proficiency. Students are responsible to notify the instructor if they are missing class. Students are also responsible to make up any work covered in class. It is recommended that each student coordinate with a student colleague to obtain a copy of the class notes, if they are absent. Missing 2 or more classes will result in a lowering of a letter grade.

Diversity/Tolerance Policy (Professional Conduct):

Students are encouraged to contribute their perspectives and insights to class discussions. However, offensive & inappropriate language (swearing) and remarks offensive to others of particular nationalities, ethnic groups, sexual preferences, religious groups, genders, or other ascribed statuses will not be tolerated (unless material is related to the learning experience and not directed at anyone in the class). Disruptions which violate the Code of Student Conduct will be referred to the Center for Student Rights and Responsibilities as the instructor deems appropriate.

Assignment Policy:

Each assignment will be provided with its own specific set of instructions; students will be expected to follow set instructions. Professor reserves the right to use his discretion in regards to assignment due dates.

Students will forfeit 10% of the possible points each day an assignment is turned in beyond the announced deadline. For instance, there will be a 10% deduction if the assignment is one day late, 20% if it is two days beyond due date, and so on. Please speak with me if there are extenuating circumstances.

Incomplete Policy

Students who are unable to complete course requirements within the time limitations of the semester are responsible for initiating and working out an arrangement with me *prior* to the end of the term in order to receive an "incomplete." An agreed upon plan for completion must be submitted in writing, identifying a date when work will be completed. If the *incomplete* is not resolved by the end of the following term, the grade will be changed to an "F." Please refer to the Student Handbook for additional details.

Problems and Concerns

Please communicate with me regarding problems or concerns. With timely feedback, we can correct problems and misunderstandings before they grow.