

**University of North Texas at Dallas**  
**Spring 2016**  
**SYLLABUS**

<b>AGER 4750D SEXUALITY IN AGING      3 Hrs</b>			
<b>Department of</b>	<b>Human Services</b>	<b>Division of</b>	<b>Education and Human Services</b>
<b>Instructor Name:</b>	<i>Iftekhar Amin, Ph.D.</i>		
<b>Office Location:</b>	<i>Dallas Building 2 #327</i>		
<b>Office Phone:</b>	972-338-1380		
<b>Email Address:</b>	iftekhar.amin@unt.edu		
<b>Office Hours:</b>	W 10:00 AM -1:00 PM or by appointment		
<b>Virtual Office Hours:</b>			
<b>Classroom Location:</b>			
<b>Class Meeting Days &amp; Times:</b>			
<b>Course Catalog Description:</b>	One of the most pervasive myths of aging is that older people are non-sexual. This course challenges popular stereotypes and examines sexual attitudes, activity and behavior as people age. In addition to common social beliefs and attitudes that may affect the opportunity for sexual expression among older adults, biological changes and sexual response are explored, as are other aspects of intimacy important to aging individuals.		
<b>Prerequisites:</b>	None		
<b>Co-requisites:</b>	None		
<b>Required Text:</b>	<p><b>TITLE:</b>                The New Love and Sex After 60</p> <p><b>AUTHOR:</b>            Robert Butler, M.D. &amp; Myrna I. Lewis, Ph D.</p> <p><b>PUBLISHER:</b>        Ballantine Publishing Group</p> <p><b>YEARS PUBLISHED:</b>        2002</p> <p><b>EDITION:</b>            Third Revised Edition: February 2002</p>		
<b>Recommended Text and References:</b>	Reading materials will be provided in class		
<b>Access to Learning Resources:</b>	<p>UNT Dallas Library:  phone: (972) 780-3625;  web: <a href="http://www.unt.edu/unt-dallas/library.htm">http://www.unt.edu/unt-dallas/library.htm</a></p> <p>UNT Dallas Bookstore:  phone: (972) 780-3652;  e-mail: <a href="mailto:1012mgr@fheg.follett.com">1012mgr@fheg.follett.com</a></p>		
<b>Course Goals or Overview:</b>	<p>This course examines sexuality, intimacy and relationships in older adults. Students will become acquainted with the common social beliefs and attitudes that may affect the opportunity for sexual expression among older adults. The student will be made aware of biological and physiological changes that take place as females/males age and how these changes relate to the expression of sexuality and sexual function.</p>		

<b>Learning Objectives/Outcomes:</b> At the end of the semester students will be able to	
1	Demonstrate understanding of human need and desire for intimacy throughout the course of life.
2	Identify existing community resources and services available to this identified target population.
3	Recognize the emotional, psychological and spiritual aspects of intimacy important to the aging individual.

## COURSE OUTLINE

This schedule is subject to change by the instructor. Any changes to this schedule will be communicated by announcements during class.

### Tentative Schedule\* CLASS READINGS & EXAM DATES

<b>Weeks</b>	<b>Topic</b>	<b>Assignments, Exams</b>
Week 1 Jan 19-24	The New Love and Sex after 60	Introduce Yourself
Week 2 Jan 25- 31	Normal Physical Changes in Sexuality That Occur as We Age	
Week 3 Feb 1-7	Common Medical Problems and How They Affect Sexuality	Quiz 1 Discussion 1 due Final project topic due for approval
Week 4 February 8-14	Sexually Transmitted Diseases and Their Impact on Older Persons	
Week 5, Feb 15-21	Erectile Dysfunction (Impotence)	Quiz 2 Discussion 2 Due
Week 6 Feb 22- 28	Erectile Dysfunction (Impotence) Article	
Week 7 Feb 29- March 6	Sexual Fitness	Quiz 3 Assignment 1 Due
Week 8 March 7-13	Sexual Fitness Article	Exam 1
Week 9 March 14-20	SPRING BREAK	
Week 10 March 21-27	Common Emotional Problems with Sex	
Week 11 March 28- April 3	The Effects of Drugs (Including Alcohol) and Surgery on Your Sexuality	Quiz 4 Discussion 3 due
Week 12 April 4-10	Article	
Week 13 April 11-17	Widowed, Separated, Divorced or Single: Finding New Relationships	Quiz 5 Discussion 4 due

Week 14 April 18-24	Learning New Patterns of. Lovemaking	<b>Exam 2</b>
Week 15 April 25-May 1	Dating, Remarriage, and Your Children	
Week 16 May 2-8	Where to Go for Help	Assignment 2 due Quiz 6 Draft & Feedback (Optional)
Week 17 May 9	<b>Final Project</b>	<b>Final Project Submission</b>

### Course Evaluation Methods

This course will utilize the following instruments to determine student grades and proficiency of the learning outcomes for the course.

#### 1. *RESEARCH PROJECT*

Students will submit a research paper on a course related issue. Your topic must be submitted in advance to the instructor for approval. The purpose of this paper is to provide an up-to-date analysis of a current issue in sexuality and aging which centers on a topic related to gerontology or aging in general. It is intended to inform those affected by a particular issue; therefore it must be balanced and should be relatively comprehensive. The paper is a research paper, intended to bring the best, most current information to bear on an important topic. It should synthesize and summarize existing information in clear and insightful ways; it will not contribute new, original data. This paper will be worth of 60 points. Detail instructions for the project will be provided in Blackboard.

#### 2. ASSIGNMENTS

Students will be required to submit 2 assignments. The 2 assignments together will be worth of 40 points (20 X2). Detail instructions on these assignments will be posted on Blackboard.

It is the student's responsibility to approach the instructor **in advance** of a due date if further explanation is necessary. **Students who miss a deadline must document an illness or family emergency to become eligible for turning in assignments without penalty.** Failure to do so will result in an assigned zero. The qualifying student will be given 7 calendar days following the missed date. Beyond the 10-day period, except under extreme circumstances, no late assignments will be allowed and a zero will be assigned.

#### 2. QUIZZES

There will be 6 quizzes (10X 6= 60 points). These quizzes will include multiple choice and true/false questions and will be based on the assigned reading materials for the particular week(s).

### 3. ONLINE CLASS DISCUSSIONS

For 4 times throughout the semester students will be asked a specific question or questions related to course materials. These questions will be posted in the Blackboard. You will have a minimum of FIVE DAYS to post your response, read statements from other students and submit comments to them. Discussion Area submissions are worth total 20 points. Here are some guidelines regarding your participation in these class discussions.

1. For each question or questions that I've designated for a particular chapter, submit your well-considered response. Then, take a look at what others have said on the topic. Respond to at least TWO of your fellow students with at least one comment/question regarding something they have said.
2. As far as evaluating your discussion responses, I will be interested in whether a response shows an understanding of the concepts/theories covered in course materials or discussed in the class. Applying these concepts accurately shows your familiarity with the reading as well as your ability to apply it. Avoid simply repeating what others have already said in their responses. Take some time to offer different examples or ways of analyzing the issue. Also, it's important to remember that this isn't a talk show where it's adequate to simply state your personal opinion. Earning an "A" on the discussions requires going beyond the minimal requirements of the assignment.
3. Remember, this isn't The Jerry Springer Show. Occasionally, it's apparent that a response is meant to be cute or funny, but not serious and thoughtful. I'm not looking for comedic talent. The discussions require more than having a conversation with your colleagues in the class.
4. I strongly recommend that you take the time to compose your discussion response (e.g., in your software program like Microsoft Word or Works), save it and then post it in the Discussion Area. Always keep a copy of your discussion responses in case of a technical problem on the course website.

### 5. EXAMS

There will be two exams, a midterm exam and a final examination.

#### Grading Matrix:

Instrument	Value (points or percentages)	Total
Research project	One Research paper	60
Assignments	2 Assignments at 20 points each	40
Quizzes	6 quizzes at 10 points each	60
Four online discussions	4 discussions at 10 points each	40
Exam 1	100 points	100
Exam 2	100 points	100
<b>Total:</b>		<b>400</b>

#### Grade Determination:

A = 360– 400 pts; i.e. 90% or better

B = 320 – 359 pts; i.e. 80 – 89 %

C = 280 – 319 pts; i.e. 70 – 79 %

D = 240 –279 pts; i.e. 60 – 69 %

F = 239 pts or below; i.e. less than 60%

## University Policies and Procedures

### **Students with Disabilities (ADA Compliance):**

Any student requesting academic accommodations based on a disability is required to register with Disability Services each semester. A letter of verification for approved accommodations can be obtained from this office. Please be sure the letter is delivered to me as early in the semester as possible. Disability Services is located in the Student Life Office in DAL2, Suite 200 and is open 8:30 a.m. – 5:00 p.m., Monday through Friday. The phone number is (972) 338-1775.

### **Student Evaluation of Teaching Effectiveness Policy:**

The Student Evaluation of Teaching Effectiveness (SETE) is a requirement for all organized classes at UNT. This short survey will be made available to you at the end of the semester, providing you a chance to comment on how this class is taught. I am very interested in the feedback I get from students, as I work to continually improve my teaching. I consider the SETE to be an important part of your participation in this class.

### **Assignment Policy:**

If you are unable to submit the assignments due to serious illness where you are physically incapacitated (e.g., hospitalized), medical documentation is required to resolve the missed assignment. *Be sure to speak with me immediately if you fail to meet the assignment submission deadline.*

### **Exam Policy:**

*Exams should be taken as scheduled. No makeup examinations will be allowed except for documented emergencies (See Student Handbook).* If you are unable to take an exam due to serious illness where you are physically incapacitated (e.g., hospitalized), medical documentation is required to resolve the missed exam. *Be sure to speak with me immediately if you miss an exam. Remember, you must submit official documentation in order for this policy to apply to you.*

### **Academic Integrity:**

Academic integrity is a hallmark of higher education. You are expected to abide by the University's code of conduct and Academic Dishonesty policy. Any person suspected of academic dishonesty (i.e., cheating or plagiarism) will be handled in accordance with the University's policies and procedures. Refer to the Student Code of Conduct at [http://www.unt.edu/csrr/student\\_conduct/index.html](http://www.unt.edu/csrr/student_conduct/index.html) for complete provisions of this code.

### **Bad Weather Policy:**

On those days that present severe weather and driving conditions, a decision may be made to close the campus. In case of inclement weather, call UNT Dallas Campuses main voicemail number (972) 780-3600 or search postings on the campus website [www.unt.edu/dallas](http://www.unt.edu/dallas). Students are encouraged to update their Eagle Alert contact information, so they will receive this information automatically.

### **Attendance and Participation Policy:**

The University attendance policy is in effect for this course. Class attendance and participation is expected because the class is designed as a shared learning experience and because essential information not in the textbook will be discussed in class. The dynamic and intensive nature of this course makes it impossible for students to make-up or to receive credit for missed classes. Attendance and participation in all class meetings is essential to the integration of course material and your ability to demonstrate proficiency. Students are responsible to notify the instructor if they are missing class and for what reason. Students are also responsible to make up any work covered in class. It is recommended that each student coordinate with a student colleague to obtain a copy of the class notes, if they are absent.

**Diversity/Tolerance Policy:**

Students are encouraged to contribute their perspectives and insights to class discussions. However, offensive & inappropriate language (swearing) and remarks offensive to others of particular nationalities, ethnic groups, sexual preferences, religious groups, genders, or other ascribed statuses will not be tolerated. Disruptions which violate the Code of Student Conduct will be referred to the Center for Student Rights and Responsibilities as the instructor deems appropriate.

**Optional Policies:**

- *Use of Blackboard Learn: Review the course website several times per week, if not daily.* Visiting the website frequently will familiarize you with the resources available on the site as well as alert you to any changes or additions to the website (e.g., possible changes to the syllabus, due date reminders posted in the calendar, instructions for discussions).
- *Grade of Incomplete:* You should discuss with me in advance if an “I” has to be assigned.
- Please allow me, the instructor, with **48 hours** to respond to e-mail messages.