

**CURRICULUM VITAE
SHELIA E. LUMAR**

EDUCATION

Ph.D.	Family Studies Texas Woman's University, Denton, Texas	2011
M.S.	Human Resources Management Tarleton State University, Killen, TX	2000
M.S.	Counseling Psychology University of Central Texas, Killen, TX	1998
B.S.	Social Sciences Kansas State University, Manhattan, KS	1986

PROFESSIONAL LICENSURES/ CERTIFICATIONS

Licensed Professional Counselor-Supervisor (LPC-S)
 Licensed Chemical Dependency Counselor (LCDC)
 National Certified Counselor (NCC)
 Certified Family Life Educator (CFLE)
 Certified Professional Mediator (CPM) State of Texas
 Stephen F. Austin State University Certified Online Instructor

TEACHING APPOINTMENTS

Lecturer of Substance Abuse University of North Texas at Dallas Dallas, TX	2015--Present
Assistant Professor Stephen F. Austin State University Nacogdoches, TX	2013--2015
Visiting Assistant Professor Stephen F. Austin State University Nacogdoches, TX	2012—2012
Adjunct Professor Texas Woman's' University Denton, TX	2011—2012

	Lumar 2
Adjunct Professor Richland College Dallas, TX	2009—Present
Graduate Teaching Assistant Texas Woman's University Denton, TX	2009—2012
Adjunct Professor Cedar Valley College Dallas, TX	2007—2009

UNDERGRADUATE COURSES

UNIVERSITY OF NORTH TEXAS AT DALLAS

HSML 3850 Addictions
 HSML 4100 Chemical Addictions
 HSML 4120 Theoretical Approaches to Addictions Treatment
 HSML 4400 Theory of Leadership and Nonprofit Management
 HSML 4650 Assessment of Chemical and Behavioral Addictions
 HSML 4660 Intervention Strategies for Behavioral and Chemical Addictions

STEPHEN F. AUSTIN STATE UNIVERSITY

HMS 201 Family Life Education
 HMS 241 Introduction to Early Childhood Education
 HMS 242 Family, School & Community Relations
 HMS 336 Adult Development
 HMS 340 A Family Approach to Middle/Adolescent Development
 HMS 342 Career Services Prep Early Childhood Education & Family Life
 HMS 353 Parenting Education
 HMS 420 Practicum in the Human Sciences
 HMS 443 Infant and Toddler Growth

TEXAS WOMAN'S UNIVERSITY

FS 1511 Human Development
 FS 1513 Human Development Lab
 FS 3733 Family Life and Consumer Education
 FS 4103 Trends and Issues in Family Sciences
 FS 4233 Family Communication
 FS 4385 Family Development
 FS 4583 Parenting Issues & Education
 FS 4603 Occupational Issues in Family Sciences
 FS 4713 Family Economics

FS 4733 Family Financial Planning
FS 4803 Public Policy: A Family Perspective

RICHLAND COLLEGE

SOCI 2301 Marriage & Family
PSYC 2301 Introduction to Psychology
PSYC 2314 Developmental Psychology

Cedar Valley College
PSYC 2301 Introduction to Psychology

GRADUATE COURSES

TEXAS WOMAN'S UNIVERSITY
FS 5713 Time Management for Families

Stephen F. Austin State University
HMS 551 Family Studies
HMS 552 Parent Education and Family Studies
HMS 575 Independent Study
HMS 586 Aging Over the Lifespan

HONORS AND AWARDS

Distinguish Grant Award: Honorable Mentioned (2014), Stephen F. Austin State University, Nacogdoches, TX

Senior Class Favorite Faculty Member (2012), Texas Woman's University, Denton, TX

Who's Who Among Students in American Universities & Colleges (2012), Texas Woman's University, Denton, TX

Senior Class Favorite Faculty Member (2011), Texas Woman's University, Denton, TX

College of Professional Education Outstanding Student Award for Research (2011), Texas Woman's University, Denton, TX

GRANTS

INTERNAL

Shephard, N., Lumar, S. & Terry, M. (2014). Food Insecurity Among College Students. Research Grant. Office of Research and Sponsored Programs(In Review)

Lumar, S. (2013, November). Office of Research and Sponsored Programs Mini Grant. (funded)

Lumar, S. (2013, January). James I Perkins Professional Development Fund. (funded)

EXTERNAL

Lumar, S. (2013, August). Texas School Read Project-Lead Agent. University of Houston Health Science & Child Development Institute. (funded)

RESEARCH INTERESTS

- Separations & Reunions in Military Families
- Interpersonal Relationships & Enrichment
- Family Reintegration for Ex-offenders
- Addictions and Substance abuse treatment
- Family Crisis & Conflict
- Family Life Education
- Public Policy Family
- Parenting
- Professional Development and Career Planning in the Human Sciences

PEER-REVIEWED PUBLICATIONS

Lumar, S. & Ladd, L. (In Review). Managing stress: How adult siblings cope with stress and family members incarceration and the return home. *Journal of Child and Family Studies*. 1-22.

Lumar, S. & Ladd, L. (In Review). Incarceration and ex-offender reentry and the implications on adult family members providing support. *Journal of Family Ecology and Family Sciences*. 1-28.

Lumar, S. (2011). Exploring the implications of ex-offender reentry on family members utilizing the double ABCX model of family stress, adjustment and adaptation in a mixed methods approach. Published Doctoral Dissertation, Texas Woman's University, Denton, TX

PEER-REVIEW PRESENTATIONS AT PROFESSIONAL MEETINGS

Burney, S., Hunt, M, & Lumar, S. (2014). The combined effects of deployment and post-traumatic stress disorder on families. A poster presentation presented at the Texas Council on Family Relations Annual Conference. Fort Worth, Texas

Eagleton, B. Gutierrez, E. & Lumar, S. (2014). The coming out process of homosexual adolescents: Implications on the family. A poster presentation presented at the Texas Council on Family Relations Annual Conference. Fort Worth, TX

Gutierrez, A. & Lumar, S. (2014) Reunifications challenges when the young child returns home from foster care. A poster presentation presented at the Texas Council on Family Relations Annual Conference. Fort Worth, TX

Lumar, S. & Washington, N. (2014). It's my turn: Why am I raising my grandchildren. A workshop presented at the Texas Council of Family Relations, Fort Worth Texas

Lumar, S & Ladd, L (2014). The experiences of siblings and adult children that provide physical, financial, and emotional support to their Incarcerated family member after their release from prison. A poster presentation presented at the Bright Ideas conference. Stephen F. Austin State University, Nacogdoches, TX

Thomas, S., Taylor, M. & Lumar, S. (2014) Choosing your peers before they choose you. A poster presentation presented at the Texas Council on Family Relations Annual Conference. Fort Worth, TX

Washington , N & Lumar, S. (2014). FCS Building partnerships: A framework for urban families of color. A workshop presented at the Texas Affiliate American Association of Family Sciences. Richardson, TX

Wylie, D. & Lumar, S. (2014). Alcoholic parents: Who Are They. A poster presentation presented at the Texas Council on Family Relations Annual Conference. Fort Worth, TX

Burch, E., Espinosza, J. & Lumar, S. (2013, April) The backpack Program: What is it and why do we need It? A poster presentation presented at the Texas Council on Family Relations, Austin, TX

Lumar, S. & Ladd, L. (2013, November). The experience of siblings and adult children that provide physical, financial, and emotional support to their incarcerated family member after their release from prison. A poster presentation Presented at the National Council of Family Relations Conference. San Antonio, TX.

Mattson, H., Thornton, D. & Lumar, S. (2013, April). Growing pains: Adjustment to new family additions. A poster presented at the Texas Council of Family Relations, Austin, TX

Washington, N. & Lumar, S. (2013, October). W.E.L.C.O.M.E. A Framework for Encouraging Family Engagement. A workshop presented at the National Black Child Development Institute Conference. New Orleans, LA.

- Saracino, M. & Lumar, S. (2013, August). Theories of behavior and social development: Infancy through adolescent. A workshop presented at Texas Association of Teachers Professional Development Conference, Dallas, TX.
- Lumar, S. & Ladd, L. (2013, June). Family members experiences with Ex- offender Reentry. A workshop presented at the Groves Conference on Marriage & Families, Boston, MA.
- Lumar, S., Saracino, M. & Newman, T. (2013, April). The Ex-offender and reestablishing the parental role after release from incarceration. A workshop. presented at the International Parent Education Conference, Denton, TX
- Ladd, L., Lumar, S. & J. Newquist (2013, April). The exosystem influences on the family. A workshop presented at the International Parent Education Conference, Denton, TX
- Lumar, S. & Ladd (2012, November). Exploring the implications of ex-offender reentry from a family stress perspective. A poster presentation presented at the National Council on Family Relations, Phoenix, AZ, 2012
- Lumar, S. (2012, January). Family life education. A workshop presented at the University of Texas at Arlington-Social Work Program, Arlington, TX
- Lumar, S (2011, June). Pre-employment training for ex-offenders after release from incarceration. A professional development training workshop presented at Cedar Valley College, Dallas, TX
- Lumar, S. (2008, August). When love hurts. A workshop presented at the Child Care Conference, Cedar Valley College, Dallas, TX

ACADEMIC PROFESSIONAL EXPERIENCE

National Council on Family Relations Program Approval Process for the Certified Family Life Educator Credential Co-coordinator	School of Human Sciences Stephen F. Austin State University Nacogdoches, TX	2014-2014
Internship Faculty Supervisor	School of Human Sciences Stephen F. Austin State University	2013-present
Texas School Ready Grant Manager	School of Human Sciences Stephen F. Austin State University	2013-present

Child Development and Family Living On-line Completer Program Coordinator	School of Human Sciences Stephen F. Austin State University	2013-present
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ACADEMIC SERVICE

PROGRAM SERVICE

Certified Family Life Educator Program Liaison	Child Development & Family Living Program Stephen. F. Austin State University Nacogdoches, TX	2014-present
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Jacks Council of Family Relations (National Council of Family Relations Student Affiliate Organization) Faculty Advisor	Child Development & Family Living Program Stephen F. Austin State University Nacogdoches, TX	2013-present
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CDFL Online Completer Program Coordinator	Child Development & Family Living Program Stephen F. Austin State University Nacogdoches, TX	2013-present
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SCHOOL SERVICE

Internship & Disposition Committee Committee co-chair	School of Human Sciences Stephen F. Austin State University Nacogdoches, TX	2014-present
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Showcase Saturday Committee Member	School of Human Sciences Stephen F. Austin State University Nacogdoches, TX	2012-present
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Scholarship Committee Committee Member	School of Human Sciences Stephen F. Austin State University Nacogdoches, TX	2012-present
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CTE Grant Committee Committee member	School of Human Sciences Stephen F. Austin State University Nacogdoches, TX	2012-present
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COLLEGE SERVICE

Perkins Professional Development Committee Committee Chair	Perkins College of Education Stephen F. Austin State University Nacogdoches, TX	2014-present
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PCOE College Council Committee Member	Perkins College of Education Stephen F. Austin State University Nacogdoches, TX	2013-present
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Scholarship Committee Committee Member	Perkins College of Education Stephen F. Austin State University	2012-present
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UNIVERSITY SERVICE

SFA Strategic Planning Committee Committee Member	Stephen F. Austin State University Nacogdoches	2014-Present
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Mental Health and its Effects On the Minority Students Panelist	Office of Multicultural Affairs Stephen F. Austin State University Nacogdoches, TX	2014-2014
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Sexual Relations Discussion Series Panelist	Office of Multicultural Affairs Stephen F. Austin State University Nacogdoches, TX	2014-2014
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Student Employee of the Year Award Committee Committee Member	Career Services Nacogdoches, TX	2014-2014
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Critical Thinking Assessment Rubric Development Committee Member	Stephen F. Austin State University Nacogdoches, TX	2013-present
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Graduate Faculty Committee Member	Stephen F. Austin State University Nacogdoches, TX	2012-present
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Office of Multicultural Activities Caucus Member	Stephen F. Austin State University Nacogdoches, TX	2013-present
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PROFESSIONAL DEVELOPMENT AND CONFERENCE ATTENDANCE

SPECIALIZATION TRAINING

Focus on Substance Abuse Prevention (2014) Webinar, Quantum Units [online]

Ethic for Professional Counselors and National Certified Counselors (2014), Webinar,
Quantum Units [online]

Ethic for Mental Health Professionals (2014). Webinar, Quantum Units [online]
Treatment for Mental Health Professionals (2014). Webinar, Quantum Units [online]

HIV & Drug Abuse (2014) Webinar, Quantum Units [online]

Sexually Transmitted Diseases in Special Populations (2014). Webinar, Quantum Units [online]

Alcohol and Problems in Intimate Relationships (2014). Webinar, Quantum Units [online]

Gambling Problems: An introduction for Behavioral Healthcare Providers (2014).
Webinar, Quantum Units [online]

Schedule II Controlled Substances (2014). Webinar, Quantum Units [online]

Veterans and Mental Health (2014). Webinar, Quantum Units [online]

Family Sexuality Across the Lifespan (2014), Texas Council on Family Relations Annual
Conference, Austin TX,

Parental Incarcerations Incarceration and Offspring Well-being: Implications for sibling
Relationship Quality (2013), Groves Marriage and Family Conference, Boston,
MA

Family Strengthening Interventions for Incarcerated Families and Their Families:
Adding to the Knowledge Base (2013), Grove Marriage and Family Conference,
Boston, MA.

New Faculty Orientation Training (2012), Stephen F. Austin State University,
Nacogdoches, TX

Family Processes Amongst Families with Adolescents (2012), National Council on
Family Relations Annual Conference, Phoenix, AZ

Implications of Divorce & Divorce Education (2012), National Council on Family
Relations Annual Conference, Phoenix, AZ,

Anthem Strong Families Curriculum & Facilitation Training (2012), Anthem Strong
Families, Dallas, TX

Ethic for Mental Health professionals (2012). Webinar, Quantum Units [online]

Domestic Abuse in Later Life (2012). Webinar, Quantum Units [online]

HIPPA Privacy Rules (2012). Webinar, Quantum Units [online]

Therapy Never Includes Sex (2012). Webinar, Quantum Units [online]

Grief & Depression (2012). Webinar, Quantum Units [online]

Basic Hepatitis C (2012). Webinar, Quantum Units [online]

What is HIV (2012). Webinar, Quantum Units [online]

Sexuality Transmitted Diseases (2012). Webinar, Quantum Units [online]

Child Abuse & Neglect (2012). Webinar, Quantum Units [online]

Domestic Violence and Substance Use (2012). Webinar, Quantum Units [online]

LEADERSHIP TRAINING

Council of Administrators of the Family and Consumer Sciences: New and Emerging Leaders (2014), Sponsored by the Council of Administrators of the Family & Consumer Sciences. Tulsa, Ok.

Community Engagement in Preparing Family Sciences Professionals (2013), National Council on Family Relations Annual Conference, San Antonio, TX

ASSESSMENT TRAINING

Field-base Experiential Module Training (2004) Stephen F. Austin State University, Nacogdoches, TX

TracDat Training (2013), Stephen, Austin State University, Nacogdoches, TX

LiveText Training (2013) Stephen F. Austin State University, Nacogdoches, TX
Technology Training

TECHNOLOGY TRAINING

Desire to Learn Instructional Training 10.2 (2014). Office of Informational & Technology, Stephen F. Austin State University, Nacogdoches, TX

Online Certification Instructional Course (2012), Stephen F. Austin State University, Nacogdoches, TX

Desire 2 Learn Learning Management System (2012), Stephen F. Austin State University, Nacogdoches, TX

ePortfolio Training (2011), Richland College, Dallas Community College District,
Dallas, TX

Blackboard Learning Management System Training (2009), Dallas Community
College District, Dallas, TX

PROFESSIONAL EXPERIENCE

Psychotherapist/Owner	Lumar's Family & Counseling Services, LLC McKinney, TX	2011-present
Psychotherapist	Hope's Door Plano, TX	2009—2011
Clinical Manager	Texas Woman's University Denton, Texas	2009—2010
Director of Adult Services	Community Gatepath Burlingame, CA	2005—2007
Director of Programs	MAC's Children & Family Services Daly City, CA	2003—2005
Family Relations Director	Texas A & M University Cooperative Extension Service Military Programs – Family Advocacy Fort Hood, TX	2000—2003
Site Director	Communities in Schools Killeen, TX	1995—2000
Shelter Director	Families in Crisis Killeen, TX	1990—1995

PROFESSIONAL SERVICE

LOCAL SERVICE

Vice President of Fundraising & Marketing	University Women's Club Stephen F. Austin University Nacogdoches, TX	2014-present
Advisory Board Member	GETCAP Headstart Program	2013-present

Nacogdoches, TX

STATE SERVICE

Policy Chair	Texas Council on Family Relations State Affiliate	2014-present
Board Member	Texas Council on Family Relations State Affiliate	2014-present

NATIONAL SERVICE

Editorial Board Member	Journal of Human Services	2014-present
Committee Member	Council of Administrators of Family & Consumer Sciences	2014-present
Journal Article Reviewer	Texas Association of Health Physical Education, Recreation & Dance	2014-2014
Proposal Reviewer	National Council on Family Relations Annual Conference	2013-2013
Proposal Reviewer	Texas Council on Family Relations Conference	2013-2013
Membership Committee	Grove Conference on Marriage & Family	2013-present

PROFESSIONAL MEMBERSHIPS

Member, Council of Administrators of Family & Consumer Sciences

Member, Texas Affiliate of the Family & Consumer Sciences

Member, National Council of Family Relations

Member, Texas Council of Family Relations

Member, Texas Counseling Association

Member, National Black Child Development Institute