

Cyndi H. Matthews, PhD, LPC-S, NCC

Curriculum Vita

Education

Doctorate of Counseling & Counselor Education (PhD) CACREP Accredited 2012
Texas A&M University-Commerce, Commerce, TX

Dissertation Topic: Counseling Second Generation Cult Survivors

Specializations/Minors:

- Marriage & Family Therapy (18 hrs.)
- Multicultural/Diversity Studies (18 hrs.)
- Psychology (18 hrs.)

Master of Science, Counseling (MS) CACREP Accredited 1996
Texas A&M University-Commerce, Commerce, TX

Specialization: Community Counseling

Master of Organizational Behavior 1989
Brigham Young University, Provo, UT

Specialty: Business Management; Gender & Cultural Diversity

Bachelor of Science Human Resource Development, Second Degree: Psychology
Brigham Young University, Provo, UT

Licensure/ & Credentialing

- Licensed Professional Counselor – Supervisor (LPC-S) Texas License #64495
- National Certified Counselor (NCC) #298169

Academic Appointments

Program Coordinator, Clinical Director, Counseling Lecturer June. 2015 – present
Counseling & Human Services Department, University of North Texas-Dallas, Dallas, TX

- Plan and Coordinate Counseling Program courses/faculty at UNT Dallas
- Oversee CACREP accreditation process for Counseling Program
- Teach Master's level Counseling courses both online and in person
- Oversee University Community Counseling Clinic

Clinical Director, Counseling Lecturer, Practicum Coordinator Aug. 2014 – Aug. 2015
Counseling & Human Services Department, University of North Texas-Dallas, Dallas, TX

- Teach Master's level Counseling courses both online and in person:
 - Basic Counseling Skills (face-to-face course)
 - Professional Orientation and Ethics in Counseling (online course)
 - Career Counseling (Hybrid: online/face to face class)
 - Counseling Developmental Processes & Strategies (face to face course)
 - Counseling Practicum – Supervise students in clinic setting

- Develop and Teach Counseling courses/program content according to CACREP and TEA standards
 - Professional Orientation and Ethics in Counseling (online course)
 - Crisis Intervention in Counseling (hybrid course)
 - Human Sexuality (hybrid course)
- Clinic Director – Oversee University Community Counseling Clinic
 - Supervise graduate counseling students who counsel community clients
 - Oversee administrative staff and other Counseling Supervisors in the clinic
 - Train all staff, faculty, and students to ensure HIPAA & FERPA compliance
 - Administer scheduling and budget for the clinic
 - Coordinate with community leaders to seek out potential clients for the clinic
- Practicum Coordinator – Direct and oversee admittance into practicum; coordinate student practicum sites both on and off campus; Oversee and coordinate with other practicum instructors
- Academic Advisor for all (80) Community Counseling (Adult) Track Students
- Clinical supervisor six or more students per semester in Counseling in practicum
- Participate in department and university and program committees (Wellness Committee, Employment Search Committees, etc.)
- Assist in CACREP accreditation process of Counseling courses, curriculum, and program at UNT Dallas

Adjunct Professor

Jan. 2013 – Aug. 2014

*Counseling & Human Services Department, University of North Texas-Dallas, Dallas, TX***Classes Taught:****Career Counseling (Hybrid online/face to face class) – Master’s Level****Counseling Developmental Processes & Strategies – Master’s Level****Counseling Practicum – Supervise students in clinic setting – Master’s Level**

- Develop course content including professional literature and other materials
- Facilitate practical application of course content
- Supervise counseling students working with real clients in a clinical setting
- Help oversee Community Counseling Clinic in terms of students, clients, HIPAA, other supervisors

Adjunct Professor

Nov. 2012 – Aug. 2014

*Counseling Department, Walden University, Online University***Classes Taught:****Crisis Counseling – Master’s Level****Multicultural Counseling – Master’s Level****Marriage and Couples Counseling – Master’s Level**

- Develop, maintain, and evaluate online course content
- Evaluate student understanding and practical development of counseling material

Adjunct Professor

Aug. 2012 – Dec. 2013

*Counseling Department, Texas A&M University-Commerce, Commerce, TX***Classes Taught:****Counseling Theories – Master’s Level****Counseling Diverse Populations – Master’s Level****Introduction to Counseling Profession – Master’s Level**

**Psychology and Sociology of Diverse Populations
Introduction to Psychology**

- Developed course content including literature and other materials
- Provided regular lecturing in graduate and undergraduate level coursework
- Evaluated student understanding and practical development of counseling theories

Graduate Assistant Researcher

2011

Texas A&M University-Commerce, Commerce, TX

- Conducted qualitative research concerning Second Generation Cult Recovery
- Interviewed former cult recovery victims
- Analyzed qualitative data into themes and categories

Professor/Lecturer

2008 – 2009

Texas A&M University-Commerce, Commerce, TX

Classes Taught:

Group Leadership

Marriage and Family Counseling

- Developed course content including literature and other materials
- Provided regular lecturing in undergraduate level coursework
- Evaluated student understanding and practical development

Group Facilitator for Master's Level Group Counseling Classes

2008 – 2009

Texas A&M University-Commerce, Commerce, TX

- Facilitated group counseling sessions for master's level counseling students
- Led discussions regarding stress, anxiety, depression, relaxation, etc.

Graduate Assistant for Master's Level Counseling Pre-Practicum Class

2009

Texas A&M University-Commerce, Commerce, TX

- Supervised, evaluated, and gave feedback to counseling trainees in Master's Counseling Program in practice laboratory setting

Teaching Experience: Courses Taught

University of North Texas-Dallas

Counseling 5100: Professional Orientation and Ethics in Counseling. This course focuses on the study of ethics, law, and professional issues including counseling history, philosophy, roles, self-care, supervision, professional organizations, credentialing, and trends for Professional School Counselors and Clinical Mental Health Counselors.

Counseling 5680: Basic Counseling Skills. This course focuses on the study of selected basic techniques of counseling and of the application of ethical standards in counseling.

Counseling 5690: Counseling Practicum. This course provides students with actual counseling experience with a variety of clients and problems in a supervised clinical setting.

Counseling 5670: Developmental Processes & Strategies. Students learn the principles and practices of human development from birth to death as they relate to counseling.

Counseling 5470: Career Development and Information Resources: Students learn career development/counseling theories regarding occupational, career, and educational services.

Walden University

Counseling 6723: Multicultural Counseling. Students explore diversity and identity issues and discuss their impact on the therapeutic relationship.

Counseling 6145: Trauma and Crisis Counseling. Students learn fundamentals of crisis management and crisis leadership in counseling. Theories and models relate to crises, disasters, and other events caused by trauma.

Counseling 6201: Marriage, Couple, and Family Counseling. Students explore the history, philosophy, and trends in marriage, couple, and family counseling and examine family systems, family development, wellness, and family life cycle.

Texas A&M University-Commerce, Commerce, TX

Counseling 522: Counseling Diverse Populations. This course emphasizes the development of knowledge, skills, and attitudes for counseling persons different from the counselor regarding culture, race, gender, sexual orientation, physical disability, and religious identity.

Counseling 510: Counseling Theory and Techniques. This course includes the study of major counseling theories, basic helping skills, and applications to diverse populations.

Counseling 409: Group Leadership. This course focuses on the literature on groups, group dynamics, and leadership. The class offers personal experiences in individual growth through group participation.

Counseling 414: Marriage and Family/Home and Family Living. This course focuses on the functional study of modern family with special attention to roles, marriage preparation and partner selection. Issues discussed include family planning, sex education, divorce, communication, and LGBT Couples.

Psychology 310: US Psychology and Sociology of Diverse Populations. Students examine group and cultural identity in the context of the diversity that exists in the US. Identity topics include ethnicity and race, class and socioeconomic status, gender and sexual orientation, language, religion, age, geography, and education.

Psychology 2301: Introduction to Psychology. This course gives a basic understanding of principles and theories of psychology, as well as application of information to everyday life.

Clinical Counseling Experience

Licensed Professional Counselor – Supervisor

2012 – present

New Horizons Center for Healing, McKinney, TX

- Counsel individuals, couples, and families regarding a variety of issues including stress, anxiety, depression, PTSD, sexual abuse, gender identity, eating disorders, and relationship issues
- Supervise Licensed Professional Counselor–Interns in becoming more effective counselors

College Counselor 2009 – 2012***Texas A&M University-Commerce Student Counseling Center, Commerce, TX***

- Counseled students and couples with personal and academic issues including stress, anxiety, gender identity, anger, depression, PTSD, sexual abuse, relationship issues, and schizophrenia
- Led counseling groups on issues such as stress management, sexual orientation, women in transition, communication skills, transgender identity, non-traditional student issues
- Conducted psychological assessments with Counseling Center clients: MMPI-II, ADHD Adult Inventory, Beck Depression Inventory, Beck Anxiety Inventory, Beck Suicidal Ideation Inventory, CCAPS 32 & 64 (Counseling Center Assessment), SASSI (Substance Abuse), Eating Disorder Inventory
- Led and coordinated assessment committee by reviewing psychological assessments and choosing psychological assessments for use by counseling staff with clients
- Chaired Safe Spaces – Ally Committee: Coordinated a campus wide initiative to bring Safe Spaces/Zone Training to faculty, staff, and students
- Led cross-departmental team consisting of faculty, staff, and students to implement Safe Spaces University wide
- Developed and evaluated training for campus-wide Safe Spaces Program
- Trained faculty, students, and staff on creating Safe Spaces for LGBT population
- Oversaw and implemented bi-weekly professional development and bi-weekly consultation meetings regarding clients with counseling staff
- Implemented outreach strategies with students and staff at the university including training for different departments, and student groups; de-stress fest; freshman success classes; health and wellness fair, etc.
- Designed and presented training classes/sessions: Time Management, Stress/Anxiety; Parenting Management, Parenting Skills, Math Anxiety, Creating LGBTQ Safe Spaces
- Coordinated and maintained staff calendar for all outreach activities

Individual, Couples, and Family Counselor 2008 – 2009***Texas A&M University-Commerce Community Counseling Clinic***

- Counseled individuals with a variety of personal problems (i.e., PTSD, rape/abuse victims, depression, schizophrenia, anxiety, dementia, borderline, stress, gender identity, and sexual orientation)
- Counseled families and couples experiencing marital problems and parenting difficulties

Individual and Group Counselor 2008***Youth First Texas, Dallas, TX***

- Counseled adolescents dealing with depression, anxiety, drug, and abuse issues
- Counseled gay, lesbian, and bisexual adolescents through the coming-out process
- Facilitated groups dealing with eating disorders and body image issues

Counseling Intern 1994 – 1996***Mesquite Community Hospital, Mesquite, TX***

- Counseled inpatients one-on-one dealing with depression, drug and alcohol abuse, suicidal ideation, and physical/sexual abuse
- Facilitated small and large counseling groups dealing with alcohol/drug abuse, physical/sexual abuse, and depression

Professional Experience

Substitute Teacher for Elementary and Middle Schools 2004 – 2008
Garland Independent School District, Garland ISD

Owner, Operator, and Distributor 1994 – 1997
Children's Delights, Dallas, TX
 • Owned and operated small business

Organizational Effectiveness Specialist 1990 – 1991
Production Employee Involvement Department

General Dynamics (now Lockheed Martin), Fort Worth, TX
 • Led project to establish adult literacy program in production department
 • Taught employee courses on Leadership, Problem-solving skills, and Job-Enrichment to management and employees
 • Designed, implemented, and taught courses on group process and total quality management to production department workers

Peer Reviewed Publications

Matthews, C. H., & Salazar, C. F. (2014) Second generation adult former cult group members' recovery experiences: Implications for counseling. *International Journal for the Advancement of Counseling*, 36(2), 188-203. doi: 10.1007/s10447-013-9201-0

Matthews, C. (2012). *Second generation adult former cult group members' recovery experiences: Implications for counseling*. (Doctoral dissertation). ProQuest, UMI Dissertations Publishing. 3544472.

Matthews, C., & Salazar, C. F. (2012). An integrative, empowerment model for helping lesbian, gay, and bisexual youth negotiate the coming-out process. *Journal of LGBT Issues in Counseling*, 6, 96-117. doi: 10.1080/15538605.2012.678176

Matthews, C. (2013). Recovery from religious abuse. *TCA Online Learning Institute*. Continuing Education Workshop/Webinar for TCA members.
http://www.txca.org/assnfe/SearchCourses.asp?MODE=FINDRESULTS&csCategory=&csSortBy=1&csFrom=&csTo=&csKeyword=&clCourseType=0&CITY_ID=-1&FORM=Search.

Book Chapters

Matthews, C. (in press). Ethics of Counseling with LGBTQ Youth. *The Ethics for Counseling Children and Adolescents*, Teri Sartor, Bill McHenry, & Jim McHenry (Eds).

Matthews, C. (2015). Gender Aware Therapy. *Encyclopedia of Theory in Counseling and Psychotherapy*, Edward Neukrug (Ed). NY: Sage Publishers.

Non-Peer Reviewed Publications, Websites, & Assessments

Matthews, C. (2015, June; 2014, October). Message from the President. *Texas Association for Marriage and Family Counseling Newsletter*.

Matthews, C., (2015, June). Working with Couples experiencing infidelity and Infertility. *Texas Association for Marriage and Family Counseling Newsletter*.

Matthews, C. (2013, June). Supporting marriage equality. *Texas Association for Marriage and Family Counseling Newsletter*.

Matthews, C. (2013). Premarital/Relationship Assessment. An 80 item premarital relationship assessment inventory to be used in marriage and couples counseling. *New Horizons Center for Healing*.

Matthews, C. (2012). Counseling with second generation cult survivors. *Merlot II: Multimedia Educational Resource for Learning and Online Teaching*.
<http://www.merlot.org/merlot/goToMaterial.htm?jsessionid=23884DE9F295E39F6DFACD49BBAF708B?url=http%3a%2f%2fcontentbuilder.merlot.org%2ftoolkit%2fusers%2fCyndi%2fculturecovery&materialid=678848&entrytype=1>

Research in Progress

Matthews, C., & Sartor, T. *Inappropriate for the Profession: Navigating Emotional Challenges of Gatekeeping*. (IRB in process).

Matthews, C., & Salazar, C. F. *A New Integrative Identity Model for Understanding Second Generation Adults Leaving a Faith-Based Cult: From Victim to Survivor*. (IRB and study completed, final write-up in process.)

Matthews, C., & Sartor, T. *Fertility Counseling Interventions for Couples*.

Matthews, C., & Salazar, C. F. *Domestic violence in conservative fundamentalist Christian homes*.

Matthews, C. *Finding spirituality after the cult*.

Matthews, C., & Quast, H. *Empowerment Model for Helping LGB Youth Negotiate the Coming-Out Process within the School Setting*.

Matthews, C. *LGB experiences in fundamentalist religious organizations: Counseling implications*.

Matthews, C. *Counseling with same sex couples for growth and empowerment*.

Aslinia, D., & Matthews, C. *Sex therapy: Implications for Counseling*

Matthews, C., Aslinia, D., & Abbassi, A. *Conjoint Couples Therapy*.

Professional Peer Reviewer

Texas Counseling Association 2015 Conference. Session Reviewer, Reviewed over 50 proposals for acceptance for 2015 TCA conference.

Texas Counseling Association 2014 Conference. Session Reviewer, Reviewed over 40 proposals for acceptance for 2014 TCA conference.

Journal of Homosexuality (2013-2014) (Published by Taylor and Francis Publishers).

Saldaña, O., Rodríguez-Carballeira, A., Almendros, C. & Torres, A. (2015). *Consequences of Group Psychological Abuse*, Invictus Investigación, University of Barcelona and Autonomous University of Madrid.

Saatci, Y. (2013). Dissertation: *Effects of Parental Suicide on the Adolescent Survivors' Lives when they are Adults*

Robinson, W. (2012). Dissertation: *Posttraumatic growth and professional quality of life: An exploration of mental health practitioners working with military personnel and their family members*

Professional Presentations

International and National

Matthews, C. & Sartor, T. (March, 2016). *Infertility: Utilizing Best Practices and Interventions in Counseling*. Presentation at the annual conference of American Counseling Association, Montreal, Canada.

Matthews, C. & Sartor, T. (March, 2016). *Inappropriate for the Profession: Navigating Emotional Challenges of Gatekeeping*. Presentation at the annual conference of American Counseling Association, Montreal, Canada.

Matthews, C. (October, 2015). *Working with Cult Survivors in Counseling*. Presentation at annual Association for Counselor Education and Supervision (ACES), Pittsburgh, PA.

Matthews, C. (2015, July). *Identity Development in Second Generation Adults Leaving a Faith-Based Cult: From Victim to Survivor*. Presentation at the annual International Cultic Studies Association. Washington, D.C

Matthews, C. (2014, July). *A New Identity Model for Understanding Second Generation Adults Leaving a Faith-Based Cult: From Victim to Survivor*. Presentation at the annual International Cultic Studies Association. Washington, D.C.

Matthews, C. (2012, October). *An integrative model for helping lesbian, gay, and bisexual college students negotiate the coming-out process: Empowerment and advocacy*. Presentation at the annual conference of the American College Counseling Association. Orlando, FL.

Matthews, C. (2012, July). *Second generation cult survivors: Implications for counselors*. Presentation at the annual International Cultic Studies Association. Montreal, Canada.

Matthews, C. (2012, July). *Second generation cult survivors: Implications for counselors*. Presentation at the International Centre for Comparative Criminology (ICCC) of the Université de Montréal, and l'Association Québécoise Plaidoyer-Victimes. Montreal, Canada.

Duncan, D., Duncan, W., Koshatka, M., & Matthews, C. (2012, July). *Spiritual manipulation in pseudo-Christian cults: A panel discussion with former members*. Presentation at the annual International Cultic Studies Association. Montreal, Canada.

Matthews, C., & Salazar, C. F. (2010, March). *An integrative model for helping lesbian, gay, and bisexual youth negotiate the coming-out process: Empowerment and advocacy*. Presentation at the annual conference of the American Counseling Association. Pittsburg, PA.

Matthews, C., & Salazar, C. F. (2010, February). *A model for helping LGB youth negotiate the coming-out process: Exploring its use in groups*. Presentation at the national conference of the Association for Specialists in Group Work. New Orleans, LA.

Even, T., Matthews, C., & Timeteo, M. (2008, March). *An objectives-based evaluation of student perceptions of effectiveness of an experiential group counseling component for training master's level counselor*. Presentation at the national conference of the Association for Assessment in Counseling and Education. Dallas, TX.

Regional and Local

Matthews, C., & Sartor T. (2015, November). *Infertility: Interventions and Best Practices in Counseling*. Presentation at annual Texas Counseling Association, Corpus Christi, TX.

Matthews, C. (2015, November). *Same Pain, different Day: Helping Clients Work through Chronic Pain*. Presentation at annual Texas Counseling Association, Corpus Christi, TX.

Matthews, C. (2015, November). *Stopping the Abuse: Domestic Violence in Fundamental Christian Homes*. Presentation at annual Texas Counseling Association, Corpus Christi, TX.

Matthews, C. & Manning, L. (2015, February). *After the Ph.D: Now What? Surviving the Interview Process*. Presentation at the annual conference of Texas Association for Counselor Education and Supervision (TACES), Austin, TX.

Matthews, C. (2014, November). *A New Identity Model for Understanding Second Generation Adults Leaving a Faith-Based Cult: From Victim to Survivor*. Presentation at the annual conference of Texas College Counseling Association, Austin, TX.

Matthews, C., Cain, D., Chapple, J. (2014, November). *After the Affair: Now What? Working with Couples After Infidelity*. Presentation at the annual conference of Texas Counseling Association, Dallas, TX.

Sartor, T., Matthews, C., Chapple, J. (2014, November). *Infertility: Utilizing Interventions and Best Practices in Counseling*. Presentation at the annual conference of Texas Counseling Association, Dallas, TX.

Matthews, C. & Chapple, J. (2014, May). *Overcoming Barriers to Creating a Safe Space/ Ally Program: Implementation at Texas Colleges and Universities*. Presentation at the annual conference of Texas College Counseling Association, Austin, TX.

Chapple, J. & Matthews, C. (2014, May). *Ageism in Higher Education: Counseling the Non-Traditional Student*. Presentation at the annual conference of Texas College Counseling Association, Austin, TX.

Matthews, C. & Quast, H. (2014, February). *Empowerment Model for Helping LGB Youth Negotiate the Coming-Out Process within the School Setting*. Presentation at the annual conference of the Texas School Counselor Association. Houston, TX.

Matthews, C. (2013, November). *Counseling former cult and high intensity faith group members*. Presentation at the annual conference of the Texas Counseling Association. Austin, TX.

Matthews, C., & Aslinia, D. (2013, November). *Counseling with same sex couples for growth and empowerment*. Presentation at the annual conference of the Texas Counseling Association. Austin, TX.

Aslinia, D., Matthews, C., & Abbassi, A. (2013, November). *Sex therapy: Implications for counseling*. Presentation at the annual conference of the Texas Counseling Association. Austin, TX.

Elder, J., & Matthews, C., (2011, November). *Stronger for longer: Promoting family resilience*. Presentation at the annual conference of the Texas Counseling Association. Fort Worth, TX.

Even, T., Matthews, C., & Timeteo, M. (2008, October). *An objectives-based evaluation of student perceptions of effectiveness of an experiential group counseling component for training master's level counselor*. Presentation at the state conference Pathways to the Doctoral Program Conference. Commerce, Texas.

Invited Presentations and Training Programs

Matthews, C. (2015, April). Keynote Speaker. (8 hr presentation). *Current Issues in Marriage and Family Counseling*. An invited 8 hour program for faculty, staff, students, and alumni. West Texas University.

Matthews, C. (2015, September). *The effects of religious cults and cult mentality on individuals after they leave*. Fellowship of Freethought Church, Dallas, TX.

Matthews, C. (2015, April). Keynote speaker. *Best Practices with couples in counseling regarding Infidelity, Infertility, Same-Sex Couples, and Communication*. An invited 6 hour program for faculty, staff, alumni, LPCs, and counseling students. West Texas A&M University, Amarillo, TX.

Matthews, C. (2015, February). Keynote speaker. *Best Practices for working with same sex couples in counseling*. An invited 3 hour program for faculty, staff, alumni, and counseling graduate students. Texas A&M University-Texarkana.

Matthews, C. (2014, February). *Working with LGBT college students in counseling*. An invited 3 hour program for faculty, staff, and counseling graduate students to help in working with LGBT individuals. Texas A&M University-Texarkana.

Matthews, C. (2012). *Safe-spaces/LGBT ally training*. An invited five hour training program designed for all Texas A&M University-Commerce faculty, staff, administrators, and students aimed at creating safe spaces for all LGBT students and staff across campus. Texas A&M University-Commerce.

Matthews, C., & Reid, R. (2012). *Why we need safe spaces and ally training in a university setting*. An invited two hour presentation to help faculty, administrators, and staff begin to understand the reasoning for a Safe Spaces program and ways they can support the program. Texas A&M University-Commerce.

Matthews, C. (2012) *Feminist family therapy*. A three hour presentation to PhD students to understand the principles and dynamics of feminist family therapy. Texas A&M University-Commerce.

Matthews, C. (2011). *Understanding sex therapy: Implications for counselors*. A three hour presentation to PhD students to understand the dynamics of sex therapy. Texas A&M University-Commerce.

Matthews, C., & Fuentes, F. (2011). *Preventing dating violence*. An invited four hour training for undergraduate college students and teens to help them prevent, recognize, and protect themselves from dating violence situations. Texas A&M University-Commerce.

Matthews, C., & Fuentes, F. (2011). *Balancing college life with being a parent*. A four hour training for college students who are parents, and to help them find ways to manage, cope, and thrive as both a parent and college student. Texas A&M University-Commerce.

Matthews, C., & Marsh-Jacobs, M. (2011). *Stress management for university honors college students*. A two hour presentation to assist honors college students cope with the pressures of college. Texas A&M University-Commerce.

Matthews, C. (2010). *Overcoming math and test anxiety*. A two hour presentation designed for non-math majors to cope with the stress and anxiety in taking university math courses and tests. Texas A&M University-Commerce.

Matthews, C. (2008). *Domestic violence: What can counselors do?* A 3 hour presentation for graduate counseling students to help them understand the dynamics and implications of domestic violence and how to work with survivors and perpetrators of domestic violence. Texas A&M University-Commerce.

Professional Leadership

Texas Association for Marriage and Family Counselors

- **President** 2014 – 2016
- **President Elect** 2012 – 2014
- **Parliamentarian** 2012 – 2013
- **Secretary, Parliamentarian** 2010 – 2012
- **By-Laws Committee** 2010 – 2012
- **Emerging leading** 2009 – 2010

Association for Specialists in Group Work • Emerging leader	2010 – 2014
Texas Counselors for Social Justice • Senator (3 year term)	2008 – 2011
Chi Sigma Iota, Texas A & M University - Commerce • Secretary	2008 – 2012

Professional Organizations

American Counseling Association (ACA)	2007 – 2015
• Association for Specialists in Group Work (ASGW)	2010 – 2015
• Association for Counselor Education and Supervision (ACES)	2011 – 2015
• American College Counseling Association (ACCA)	2012 – 2012
• Counselors for Social Justice (CSJ)	2009 – 2015
• Association for Multicultural Counseling and Development (AMCD)	2008 – 2015
• Association for Spiritual, Ethical, and Religious Values in Counseling (ASERVIC)	2007 – 2015
• Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling (ALGBTIC)	2007 – 2015
• Association for Assessment in Counseling and Education Division (AACE)	2007 – 2009
International Cultic Studies Association (ICSA)	2011 – 2015
Texas Counseling Association (TCA)	2008 – 2015
• Texas Counselors for Social Justice (TxCSJ)	2008 – 2015
• Texas Association of Marriage and Family Counselors (TAMFC)	2008 – 2014
• Texas Association for Lesbian, Gay, Bisexual, Transgender Issues in Counseling (TALGBTIC)	2008 – 2015
Chi Sigma Iota – Texas A&M University–Commerce Chapter	2007 – 2012

Awards and Recognition

• Distinguished Service Award TCA	<i>Texas Counseling Association</i>	2012
• McNair Doctoral Scholarship	<i>Texas A&M University-Commerce</i>	2012
• Emerging Leader Scholarship	<i>American College Counseling Association</i>	2012
• John Wayne Yarbrough Scholarship	<i>Texas A&M University-Commerce</i>	2011 – 2012
• Cash 4 College Scholarships	<i>Texas A&M University-Commerce</i>	2010 – 2012
• Truax Doctoral Scholarship	<i>Texas A&M University-Commerce</i>	2010 – 2011
• Barbara Gazda Scholarship	<i>Association for Specialists in Group Work</i>	2010
• Emerging Leader Scholarship	<i>Association for Specialists in Group Work</i>	2010
• McQuary Doctoral Scholarship	<i>Texas A&M University-Commerce</i>	2009 – 2010
• Chi Sigma Iota Service Award	<i>Texas A&M University-Commerce</i>	2010
• 1st Place Social Sciences Division	<i>Pathways to the Doctoral Program, Texas</i>	2009
• School of Management Scholarship	<i>Brigham Young University</i>	1988 – 1989

Certification/Training

Trauma Focused Cognitive Behavioral Therapy Training	2015
• Web based learning course available at http://tfcbt.musc.edu/	
Gottman Level 1 & 2 Training	2014 - 2015
• Bridging the Couple Chasm - Gottman Couples Therapy	
• Clinical Training: Assessment, Intervention, and Co-morbidities	
ASIST (Applied Suicide Intervention Skills Training) (14 hours of training)	2014
• University of North Texas	
IMAGO Couples Therapy Training (6 hours of training)	2013
• Texas A&M University	
Question, Persuade, and Refer (QPR) Suicide Prevention Training	2012
• Certified Gatekeeper and Instructor Training	
• QPR Institute, Waco, TX	
Psychodrama (16 Hours of training)	
• Hart Foundation – Psychodrama day of training	2014
• Dr. Katrena Hart, Texas A&M University-Commerce, Commerce, TX	2012
Biofeedback	2011 – 2014
• Healing Rhythms, Wild Divine, Wisdom, Passage Quest	
• Texas A&M Commerce Counseling Center; New Horizons Center for Healing	
Safe Spaces/Safe Zone Ally Training – Certified Instructor and Ally	2011 – 2014
• University of North Texas at Dallas	
• Texas A&M University-Commerce, Commerce, TX	
• University of Texas at Dallas, Dallas, TX	
• Texas Women’s University, Denton, TX	
• Texas A&M University, College Station, TX	
Sand Tray Therapy (48 hours of training)	2010
• Dr. Stephen Armstrong, Texas A&M University-Commerce, Commerce, TX	
Zenger Miller Certified Leadership Instructor	
• General Dynamics, Fort Worth, TX	1991