

REGINA Kakhnovets Ybarra, Ph.D.

EDUCATION AND LICENSURE:

Licensed Psychologist, State of Texas License # 36962	2015
Licensed Psychologist, State of Alabama License # 1670	2011 – 2015
Ph.D. The Ohio State University, Counseling Psychology <i>Internship:</i> Salem Veterans Affairs Medical Center, APA Accredited	2006
M.A. The Ohio State University, Counseling Psychology	2003
B.A. The University of Texas at Austin Majors: Psychology and Sociology Minor: Educational Psychology	2001

TEACHING EXPERIENCE:

<i>Austin Peay State University</i> Positions: Associate Professor of Counseling Psychology, Tenured Assistant Professor of Counseling Psychology, Tenure Track Courses: Introduction to Clinical Psychology Addiction Counseling (Graduate) Advanced Techniques in Counseling (Graduate) Counseling Techniques (Graduate) Advanced Abnormal Psychology (Graduate) Advanced Techniques in Counseling (Graduate) Practicum in Mental Health Counseling (Graduate) Psychological Assessment (Graduate) Theories and Counseling in Career Development (Graduate) Internship in Mental Health Counseling (Graduate) Thesis (Graduate)	08/2011 – 8/2014
<i>Auburn University at Montgomery</i> Positions: Assistant Professor of Psychology, Tenure Track Director of Clinical Training – MS in Clinical Psychology Program Courses: Introduction to Psychology Abnormal Psychology Human Sexuality Writing in Psychology Advanced Objective Assessment (Graduate) Principles of Psychotherapy (Graduate)	08/2009 – 08/2011
<i>Alfred University, Assistant Professor of Psychology, Tenure Track</i>	08/2006 – 6/2009

Courses:

Introduction to Psychology
Abnormal Psychology
Learning and Behavior Modification
Clinical Procedures
Communication and Counseling
Human Sexuality
Cross-Cultural Psychology
Writing for Psychology

Sinclair Community College, Part-Time Faculty

6/2004 – 7/2005

Courses:

Introduction to Psychology
Abnormal Psychology

The Ohio State University, Graduate Teaching Associate

1/2005 – 6/2005

Course:

Human Behavior Problems: Human Sexuality

CLINICAL AND SUPERVISION EXPERIENCE:

Psychologist, The Lakewood Group, LLC, Rockwall, TX

9/2014 – present

- Individual therapy for adults and adolescents
- Marriage and couples therapy

Psychologist, Psyche, Pllc, Nashville, TN

8/2013 – 3/2014

- Individual and group therapy for adults and adolescents
- Dialectical Behavioral therapy for Borderline Personality Disorder

Supervisor, Austin Peay State University

8/2011 – 8/2014

- Individual and group supervision for students currently completing practicum and internships.

Supervisor, Auburn University at Montgomery Clinical Program

8/2010 – 07/2011

- Group supervision for students completing practicum experiences

Psychology Intern, Salem VA Medical Center, Salem, VA

8/2005 – 7/2006

Major Rotations:

- Outpatient Psychological Services
- Substance Abuse Treatment Program
- Behavioral Medicine

Minor Rotations:

- Military Sexual Trauma Clinical and Research Rotation
- Neuropsychological Testing

Practicum Trainee, VA Clinic, Columbus, OH

9/2004 – 04/2005

- Provided group and individual therapy to veterans

- Administered assessments, wrote assessment reports, and provided feedback to clients and other medical staff
 - Conducted hypnosis smoking cessation treatment
- Practicum Trainee*, Vet Center, Columbus, OH 6/2004 – 12/2004
- Group and individual therapy with veterans presenting with PTSD
 - Conducted intake interviews
- Grief Care Support Services Assistant*, Schoedinger Funeral Home, Worthington, OH 5/2004 – 9/2004
- Phone counseling with bereaved families
 - Outreach and followup to families 6-8 weeks after funeral
- Practicum Trainee*, MEDPsych Ohio, Columbus, OH 3/2004 – 12/2004
- Administered intelligence tests to children including the WISC-III, WIAT, VMI, and House-Tree-Person test
 - Observed students in their school environment
 - Scored and interpreted the test results, and wrote comprehensive reports
- Practicum Counselor*, Health and Counseling Center, Denison University 9/2003 – 5/2004
- Provided individual and group therapy to university students

PUBLICATIONS:

Research Publications

1. Kakhnovets, R., & Wolf, L. (2011). An investigation of Jewish ethnic identity and Jewish affiliation for American Jews. *North American Journal of Psychology*, 13, 501-518.
2. Kakhnovets, R. (2011). The relationship among personality, expectations about counseling, and help seeking attitudes. *Journal of Counseling and Development*, 89, 11-19.
3. Kakhnovets, R., & Holohan, D.R. (2010). A survey of military sexual trauma treatment provided by VA medical centers. *Federal Practitioner*, 27, 20-25.
4. Kakhnovets, R., Young, H.L., Purnell, A. L., Huebner, E., & Bishop, C. (2010). Self-reported experience of self-injurious behavior in college students. *Journal of Mental Health and Counseling*, 32, 309-323.
5. Kakhnovets, R. & Holohan, D. R. (2007). Treatment of male veterans presenting with symptoms related to military sexual trauma: Education and increasing motivation for treatment. *Federal Practitioner*, 24, 16-29.
6. Kakhnovets, R. (2006). An investigation of Jewish ethnic identity and identification and their psychological correlates for American Jews. A Dissertation defended on June 1, 2005. The Ohio State University.

Academic Publications

7. Kakhnovets, R. (2007) PowerPoint Slides for Instructors for Martin & Pear (2007) *Behavior Modification: What It Is and How to Do It*. Published by Pearson/Prentice Hall.
8. Kakhnovets, R. (Ed) (2010). *AUM Journal of Psychology*. Auburn University at Montgomery, Montgomery, AL.
9. Kakhnovets, R. (Ed.)(2009). *Alfred Journal of Psychology and Sociology*. Alfred University, Alfred,

NY

10. Kakhnovets, R., Terry, M. L. (Eds). (2008). *Alfred Journal of Psychology*. Alfred University, Alfred, NY.

RESEARCH PRESENTATIONS:

1. Kakhnovets, R. & Rousseau, J.(2013). Coping and self-injury for Caucasian and African American college students. A poster presented at the Annual Convention of the Southeastern Psychological Association, March 14, 2013.
2. Kakhnovets, R & Vaughn, A. (2013). Occupation and attributions of guilt in rape. A poster presented at the Annual Convention of the Southeastern Psychological Association, March 14, 2013.
3. Bishop, J.A., Kakhnovets, R., & Langham, G. (2012). Nursing Students' perceptions of self-injurious behaviors. A poster presented at the Alabama State Nurses Association's Elizabeth A. Morris Clinical Education Sessions - FACES '12 symposium, April 17, 2012, Montgomery, AL.
4. Kakhnovets, R., & Hewitt, K.C. (2012). Gender and stereotypes of occupations. A poster presented at the Annual Convention of the Southeastern Psychological Association, February 17, 2012, New Orleans, LA.
5. Kantra, L., & Kakhnovets, R. (2012). Internet use and relationship satisfaction. A poster presented at the Annual Convention of the Southeastern Psychological Association, February 17, 2012, New Orleans, LA.
6. Kakhnovets, R., Davis, S., King, E., Novak, L., Proctor, E., Pyles, E., & Willis, J. (2012). Experiences and perceptions of self-injurious behaviors for African Americans. A poster presented at the Annual Convention of the Southeastern Psychological Association, February 16, 2012, New Orleans, LA.
7. Kakhnovets, R., Purnell, A. L., & Young, H. L. (2010). Perception of self-injurious behaviors. A poster to be presented at the Annual Convention of the American Psychological Association, August 2010, San Diego, CA.
8. Young, H. L., Purnell, A. L., & Kakhnovets, R.(2010). Experience and Perception of Self-injurious Behavior: Implications for Counseling Education and Outreach. A poster presented at the ACA 2010 Conference & Exposition, March 21, 2010, Pittsburgh, PA.
9. Kakhnovets, R., Young, H. L., Purnell, A. L. (2009). Preventative factors for self-injurious behavior in college students. A poster session presented at the Annual Convention of the American Psychological Association, August 6, 2009, Toronto, Ontario.
10. Purnell, A. L., Kakhnovets, R., Young, H. L., Huebner, E., Bishop, C. (2009). College students' experience of self-injurious behavior. A poster session presented at the Annual Convention of the American Psychological Association, August 6, 2009, Toronto, Ontario.
11. Kakhnovets, R., & Terry, M.L. (2008). The influence of providing lecture notes on student attentiveness. A poster session presented at the Annual Convention of the American Psychological Association, August, 15, 2008, Boston, MA.
12. Huebner, E., Kakhnovets, R., Purnell, A. L, & Young, H. (2008). Understanding self-harm among

AU Students. Paper presented at the Bergren Forum, Alfred University, April 10th, 2008.

13. Kakhnovets, R. (2007). Jewish ethnic identity, religiosity, and affiliation. A poster session presented at the Annual Convention of the American Psychological Association, August 19, 2007, San Francisco, CA.
14. Kakhnovets, R. (2007). Effects of the rape situation on the attributions of guilt in rape. A poster session presented at the Annual Convention of the American Psychological Association, August 19, 2007, San Francisco, CA.
15. Kakhnovets, R. (2006). Jewish ethnic identity, identification, and well-being. A poster presentation presented at the Annual Convention of the American Psychological Association, August 18, 2006, New Orleans, LA.
16. Kakhnovets, R. (2005). Jewish ethnic identity: Current research and future directions. A research presentation conducted at the Salem VA Medical Center. December, 2005.
17. Kakhnovets, R. (2004). Personality and expectations about counseling as predictors of help seeking attitudes. A poster presentation at the Annual Convention of the American Psychological Association, July 28, 2004, Honolulu, HI.
18. Eckhardt-Bromley, J., Kakhnovets, R., McCartney, H., & McCrea, L. (2004). Women's career development applied to women in counseling psychology. A symposium presented at the annual Great Lakes Counseling Psychology Conference. April 16, 2003. Ball State University, Muncie, IN.
19. Kakhnovets, R. (2003). "Counseling is just not for people like me:" Personality and expectations about counseling as predictors of help seeking attitudes. A paper presented at the 17th annual Edward F. Hayes Graduate Research Forum. April 26, 2003. The Ohio State University

OTHER PROFESSIONAL EXPERIENCE:

<i>Manuscript Reviewer</i> , North American Journal of Psychology	01/2011-08/2014
<i>Abstract Reviewer</i> , Southeastern Psychological Association	10/2012
<ul style="list-style-type: none">▪ Reviewed abstracts submitted for presentation at the Annual Convention of SEPA, February 2013, Atlanta, GA.	
<i>Abstract Reviewer</i> , Southeastern Psychological Association	10/2011
<ul style="list-style-type: none">▪ Reviewed abstracts submitted for presentation at the Annual Convention of SEPA, February 2012, New Orleans, LA.	
<i>Abstract Reviewer</i> , Division 45, American Psychological Association	1/2011
<ul style="list-style-type: none">▪ Reviewed abstracts submitted for presentation at the Annual Convention of the American Psychological Association, August 2011, Washington, D.C.	
<i>Special Project Coordinator</i> , Department of Psychology, The Ohio State University	9/2004 – 12/2004
<ul style="list-style-type: none">▪ Coordinated the alumni web design project and the alumni survey project for the Psychology Department	
<i>Academic Advisor</i> , Psychology Advising Office, The Ohio State University	9/2003 – 6/2004

Graduate Administrative Associate, Women Student Services, 9/2001 – 6/2003
Multicultural Center, The Ohio State University Student Personnel Assistantship Program

Undergraduate Advisor, Arts and Sciences Advising Office, The Ohio State University 6/2002 – 9/2002

WORKSHOPS AND OUTREACH:

- *Understanding and Treating Eating Disorders, Belmont University* 2013, 2014
- *Applying to Graduate School in Psychology, Auburn University at Montgomery* 2010
- *Careers in Psychology, Alfred University* 2007, 2008
- *Applying to Graduate School in Psychology, Alfred University* 2006
- *Depression Screening Day, Salem VA Medical Center* 2005
- *Applying to Graduate School, The Ohio State University* 2004
- *Dangerous Curves: Struggling With Body Image, The Ohio State University* 2003
- *Diversity Training, Metatech, Columbus, OH* 2002
- *Shades: Women's and Multicultural Issues Monthly Series, The Ohio State University* 2001-02
- *Women's Leadership Forum, The Ohio State University* 2001-02
- *International Women's Day Celebration, The Ohio State University* 2001-02
- *Women's Health and Beauty Fair, The Ohio State University* 2001-02
- *Stress and Coping, The Ohio State University* 2001
- *Communication and Leadership, The Ohio State University* 2001