DID YOU NOW!

University of North Texas – Health Science Center offers

WellConnect by Student Resource

Services—a Student Assistance Program that gives you and your family members free, confidential Access to a full range of life services.



WELLCONNECT

by Student Resource Services

Services Include:

- 24-hour telephonic access to licensed mental health professionals at 866-640-4777 for in-the-moment support.
- 6 In-person or telephonic counseling.
- Professionals help students identify key needs, problem solve, and find solutions to work through their concerns such as emotional stressors, test anxiety, or relationship issues.
- Free legal and financial consultations.
- Referrals to local valuable resources on daily living concerns such as housing, utilities, childcare, and others.
- Health and wellness consultations.
- Robust website featuring articles, assessments, webinars, financial calculators, searchable databases, skill builders and more.

Note: The WellConnect program assists students by providing information and support in meeting their needs, and links them to agencies or community-based resources to provide the help they are seeking. The program provides information and referrals only, and is not a source for students to access funds directly.

WellConnect by Student Resource Services



24 hours a day / 7 days a week
Call or log on to get started:
866-640-4777