



THERAPY (ME) DAY

tuesday, december 13

coffee & tea

8am-12pm @ Point Bank Lounge

therapy dogs

12pm-2pm @ Room 203

get all the cuddles and puppy love you need

chair massages

2pm-4pm @ Point Bank Lounge

15 minute complimentary massages (by sign up) and a raffle giveaway

aqua therapy class

9am, 1pm, 5pm @ Lap Pool

45 minute class

study room

8am-5pm @ Room 205

enjoy peace & quiet with plenty of power sources

relaxation room

1pm-5pm @ Room 207

free z-pad and sleeping bag rental for napping comfort

evening movie:

6pm-8pm @ Room 205/207

Reel Rock 10