

HEALTH ANALYSIS



We apply our health analytics expertise to help ensure your programs produce the desired results

Getting the Most from Every Doctor Visit

When you set a goal, you want results. The Bureau of Medicine and Surgery (BUMED) is no different. Their goal for the Behavioral Health Integration Program (BHIP) was to increase patient access to mental health care. They relied on our health analytics expertise to determine the effect of their program on the health of their TRICARE beneficiaries.

We examined their population, patient encounters with internal behavioral health consultants (IBHC), and the frequency of clinical outcome metrics of interest. We analyzed patient demographics, the IBHC patient case load, and the behavioral health measure questionnaire, which assesses the most frequently seen problems.

Through our analysis, BHIP program leads now have a picture of how much their IBHCs are used, the most common diagnoses they encounter, and potential metrics to use to help assess program impact. Next, we're identifying the specific metrics to track improvement in clinical outcomes and questionnaire scores over time.

To discover how we can put our program evaluation expertise to work for you, visit: www.med.navy.mil/sites/nmcphc/health-analysis



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