

FLEET & FAMILY SUPPORT CENTERS Mid-Atlantic

NORFOLK

PHONE:

FFSC 757 - 444 - 2102 • (DSN) 564 - 2102

HOURS:

MON - FRI 8:00AM - 4:30PM

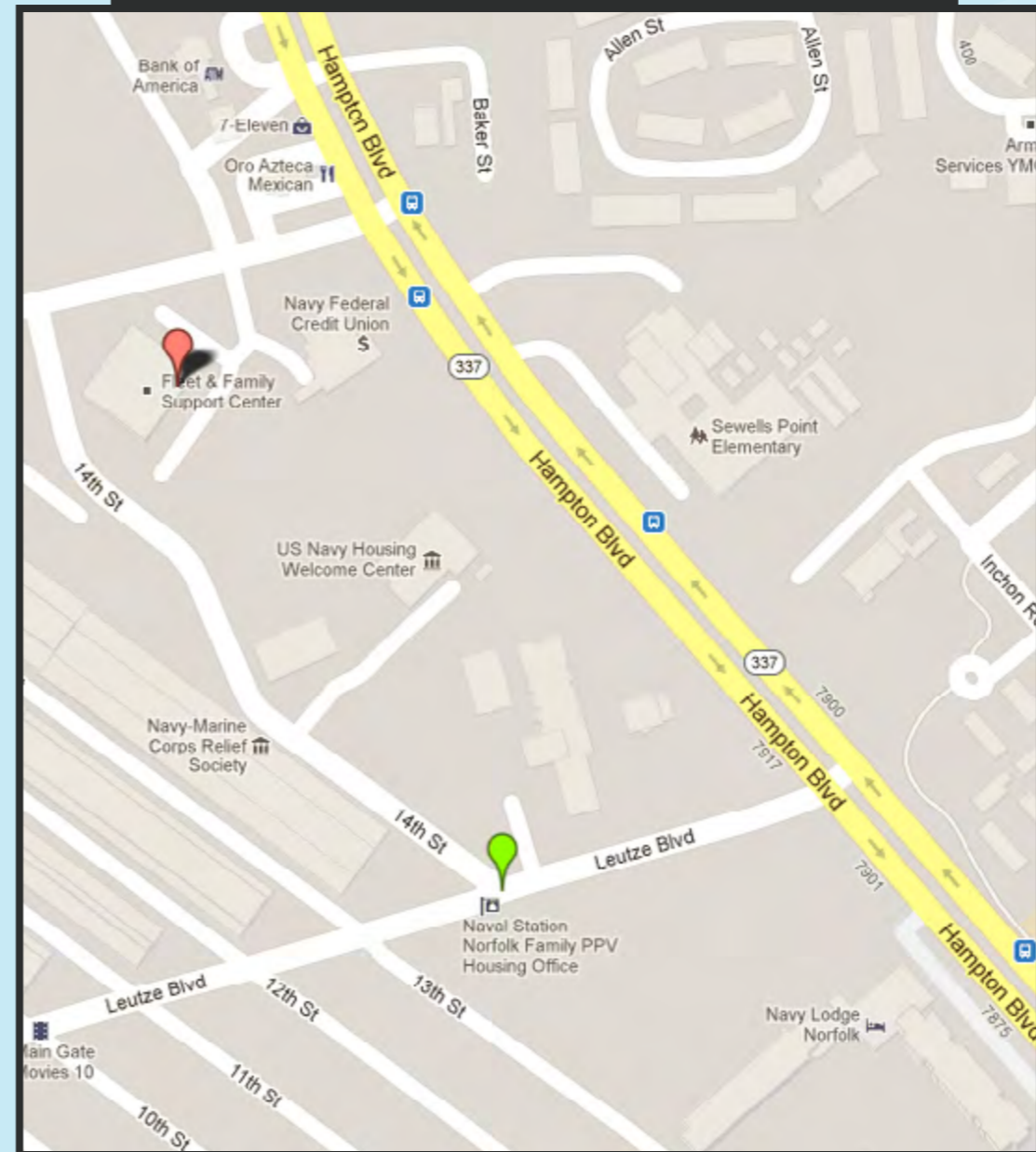
ADDRESS:

7928 14TH STREET, SUITE 102
NORFOLK, VA 23505-1219

FROM I-64

1. Take I-564 exit
2. Take the Terminal Blvd. exit
3. Turn right onto Hampton Blvd
4. Turn left onto Baker St. (Navy Federal Credit Union)
5. Take the 2nd left into the Personnel Support parking lot
6. FFSC is in building #SDA-344, on the right

Click the blue icon to Go to Google Maps



CALL TO SCHEDULE A COUNSELING APPOINTMENT **1-800-FSC-LINE (372-5473)**

IF YOU ARE UNABLE TO KEEP YOUR APPOINTMENT, PLEASE CALL TO CANCEL

FLEET & FAMILY SUPPORT CENTERS Mid-Atlantic

TRANSITION GPS (Goals, Plans, Success) T-GPS BUILDING U-93

PHONE:
FFSC 757 - 444 - 3522/6089

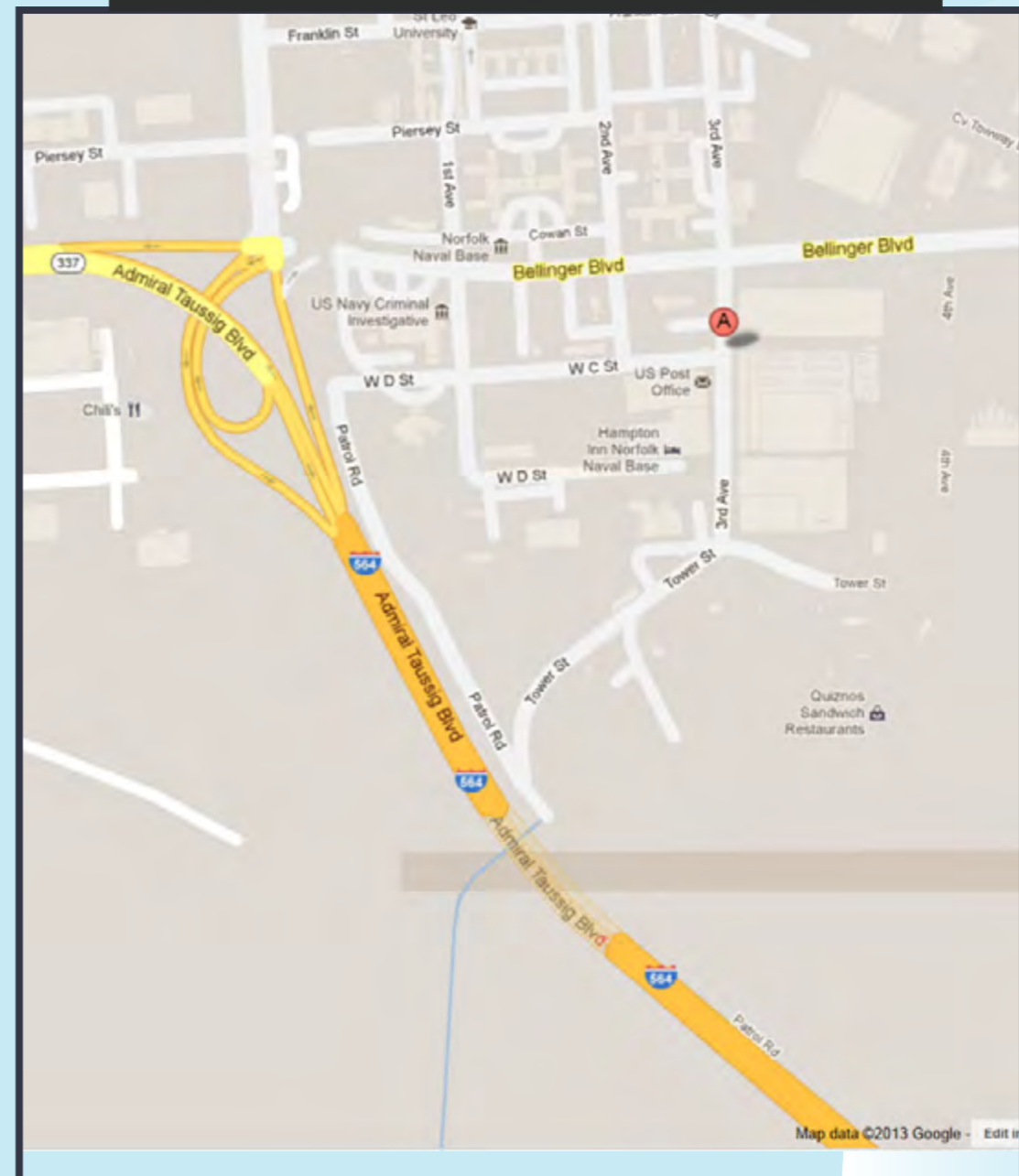
HOURS:
MON 6:30AM - 4:30PM | TUES-FRI 8:00AM - 4:30PM

ADDRESS:
FLEET AND FAMILY SUPPORT CENTER/T-GPS
1327 WEST C STREET
BLDG U-93
NORFOLK, VA 23511-2305

From I-64:

1. Take I-564 exit
2. Take the exit for Gate 3
3. Go through Gate 3
4. Take the first right on Franklin St.
5. Go to the end and take a right on Second Ave.
6. Go to stop sign and make a right on Bellinger Blvd.
7. Turn left on First Ave.
8. T-GPS Bldg U-93 is at the corner of First Ave. and West C Street with parking located on the side and behind building

Click the blue icon to Go to Google Maps



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BUILDING U-111

COUNSELING AND ADVOCACY PROGRAMS OFFERED AT U-111:

COUNSELING

FAP

SAPR

NEW PARENT SUPPORT

DOMESTIC ABUSE VICTIM ADVOCATE (DAVA)

PHONE:

FFSC 757- 444 - 2230

HOURS:

MON-FRI 7:30AM - 4:00PM

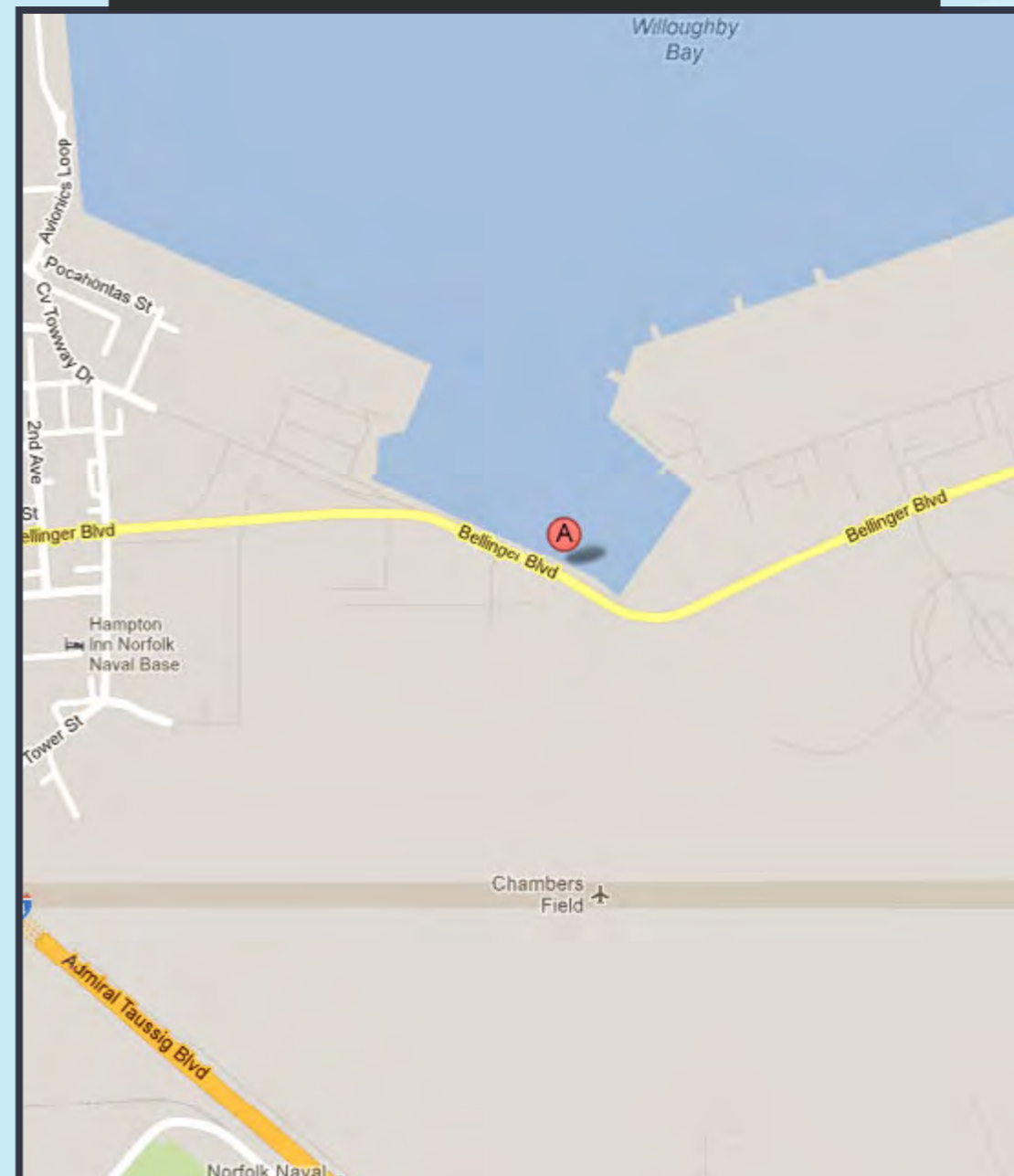
ADDRESS:

(U111) N91 FAMILY ADVOCACY
DEPT NORFOLK
1221 BELLINGER BOULEVARD
NORFOLK VA 23511

From I-64:

1. Take I-564 exit
2. Take the exit for Gate 3A
3. Go straight through the light to Gate 3A
4. Turn right onto Franklin St.
5. Turn right onto 2nd St.
6. Cross over Bellinger Blvd.
7. U-111 is on the corner of 2nd and Bellinger, with parking in the rear lot

Click the blue icon to Go to Google Maps



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JEB LITTLE CREEK - FORT STORY

PHONE:

FFSC 757 - 462 - 7563 (DSN) 253 - 7563
FAP 757 - 462 - 7563

HOURS:

MON-FRI 8:00AM - 4:30PM

ADDRESS:

LITTLE CREEK
1450 D STREET
VIRGINIA BEACH, VA 23459 - 2444
FORT STORY
517 SOLOMONS RD.
VIRGINIA BEACH, VA 23459

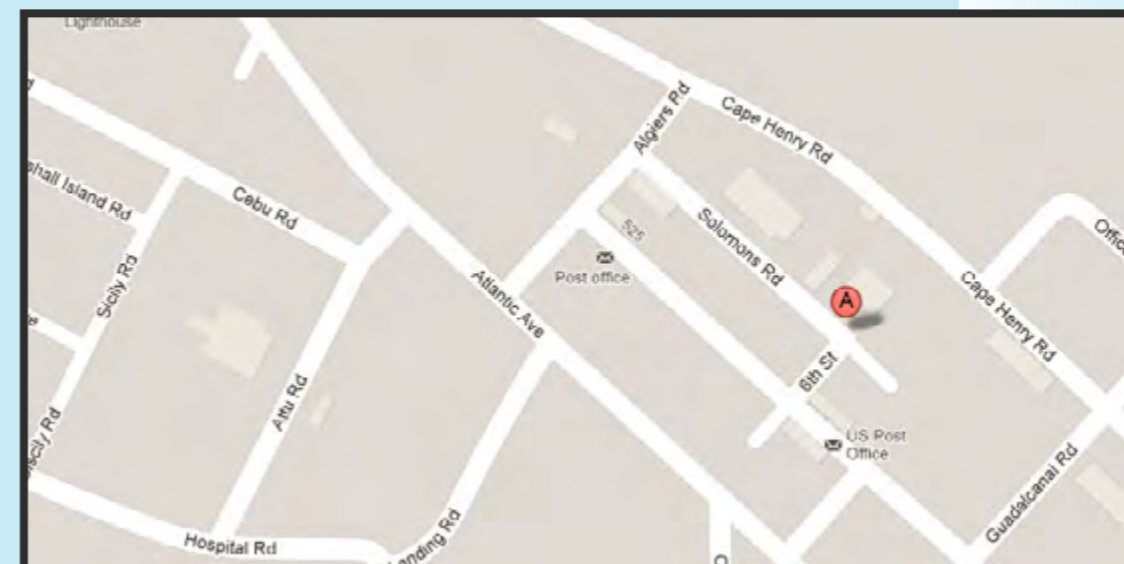
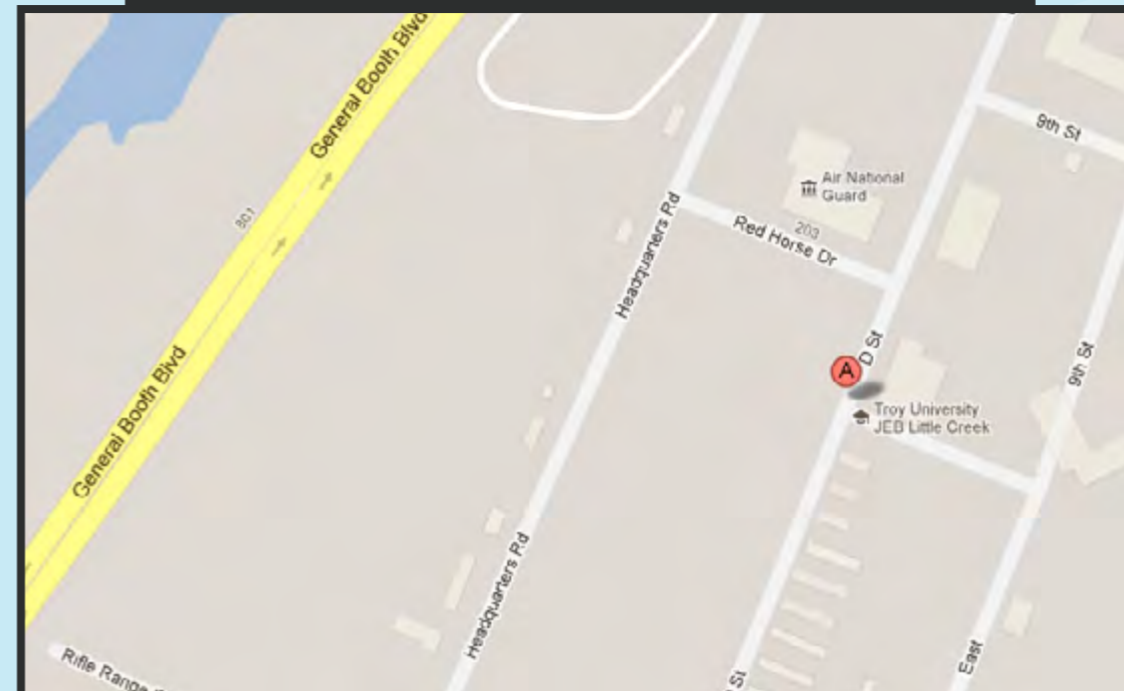
Little Creek - From I-64:

1. Take Northampton Blvd. (US 13) exit north towards Chesapeake Bay Bridge Tunnel
2. Take VA 225 ramp north onto Independence Blvd. towards the Amphibious Base
3. Go straight through light at intersection of Independence Blvd. and Shore Drive
4. Go through Gate 5. Continue on D St. through two stoplights.
5. Building #3129 is the third building on the right, just past 8th St. at 1450 D St.

Fort Story - From I-64:

1. Take Northampton Blvd. exit North towards Chesapeake Bay
2. Bridge Tunnel (CBBT)
3. Continue on Northampton Blvd. to Shore Dr. (RT 60)
4. Bear RIGHT onto the Shore Dr. exit (RT 60) just before the CBBT
5. Follow Shore Dr. (RT 60) towards the Virginia Beach Oceanfront
6. Go LEFT at Atlantic Ave. and continue onto the base at Gate 8
7. Go through the housing area to the Headquarters Bldg. (on right)
8. Turn RIGHT after the Headquarters Bldg. onto Casa Blanca Rd.
9. Go LEFT at Solomons Rd. and FFSC is co-located with
10. MILPO in Bldg. 517

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NAS OCEANA

PHONE:

FFSC 757 - 433 - 2912
(DSN) 433 - 2912

HOURS:

MON-THURS 8:00am - 5:00pm
FRI 8:00am - 2:30pm

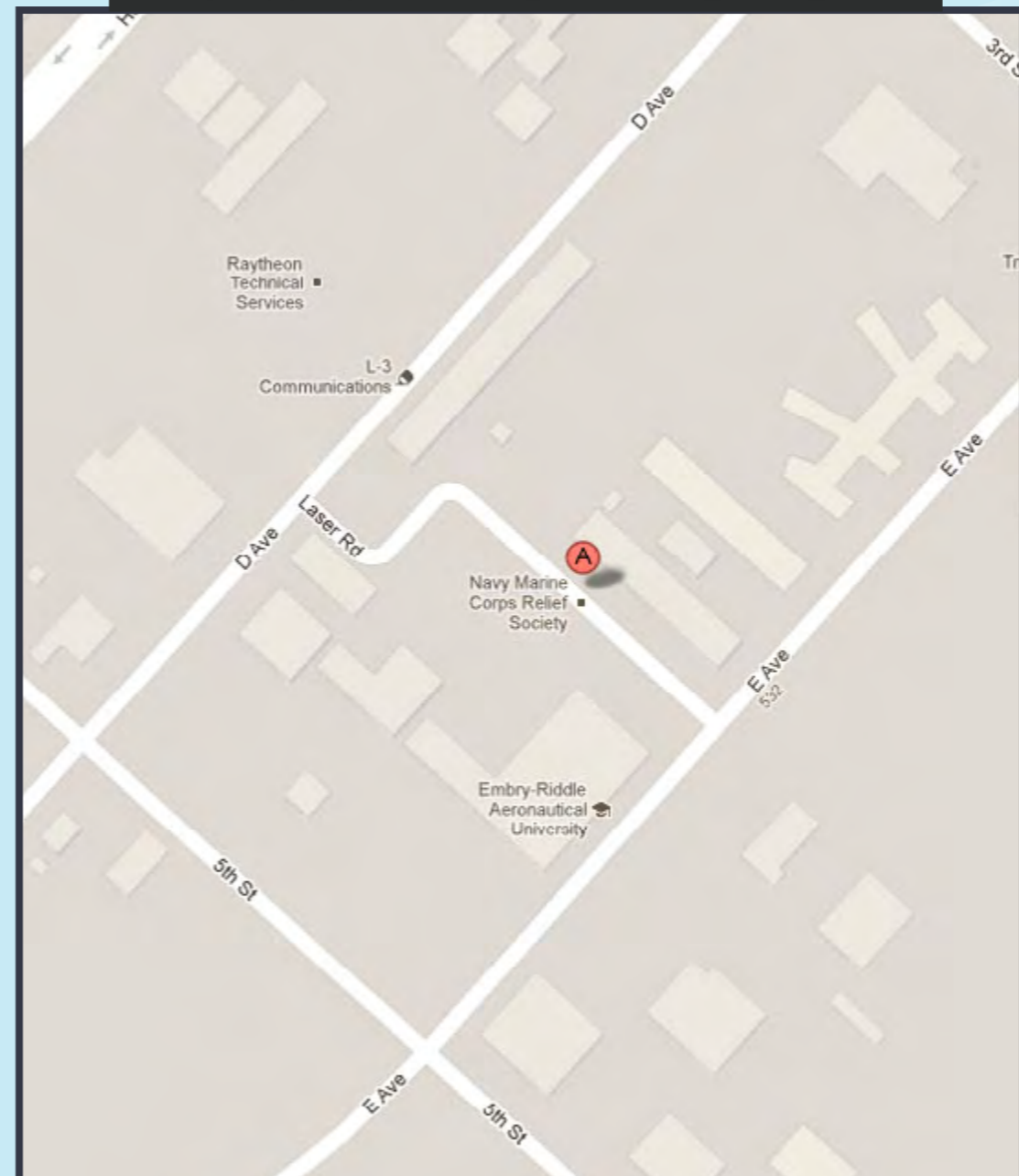
ADDRESS:

1896 LASER ROAD, SUITE 120
VIRGINIA BEACH, VA 23460-2281

From I-64:

1. Take I-264E, then take exit 21A onto First Colonial Rd. South.
2. Continue on First Colonial Rd., across Va. Beach Blvd. (First Colonial will become Oceana Blvd.)
3. Continue on Oceana Blvd. until you get to the intersection of Tomcat Drive and Oceana Blvd.
4. Make a right onto Tomcat Blvd. and proceed to the main gate
5. Turn left onto E Ave., and right onto Laser Rd.
6. FFSC is located on the right at 1896 Laser Rd.

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DAM NECK

PHONE:

FFSC 757 - 492 - 6342

HOURS:

MON-THURS 8:00am - 5:00pm
FRI 8:00am - 2:30pm

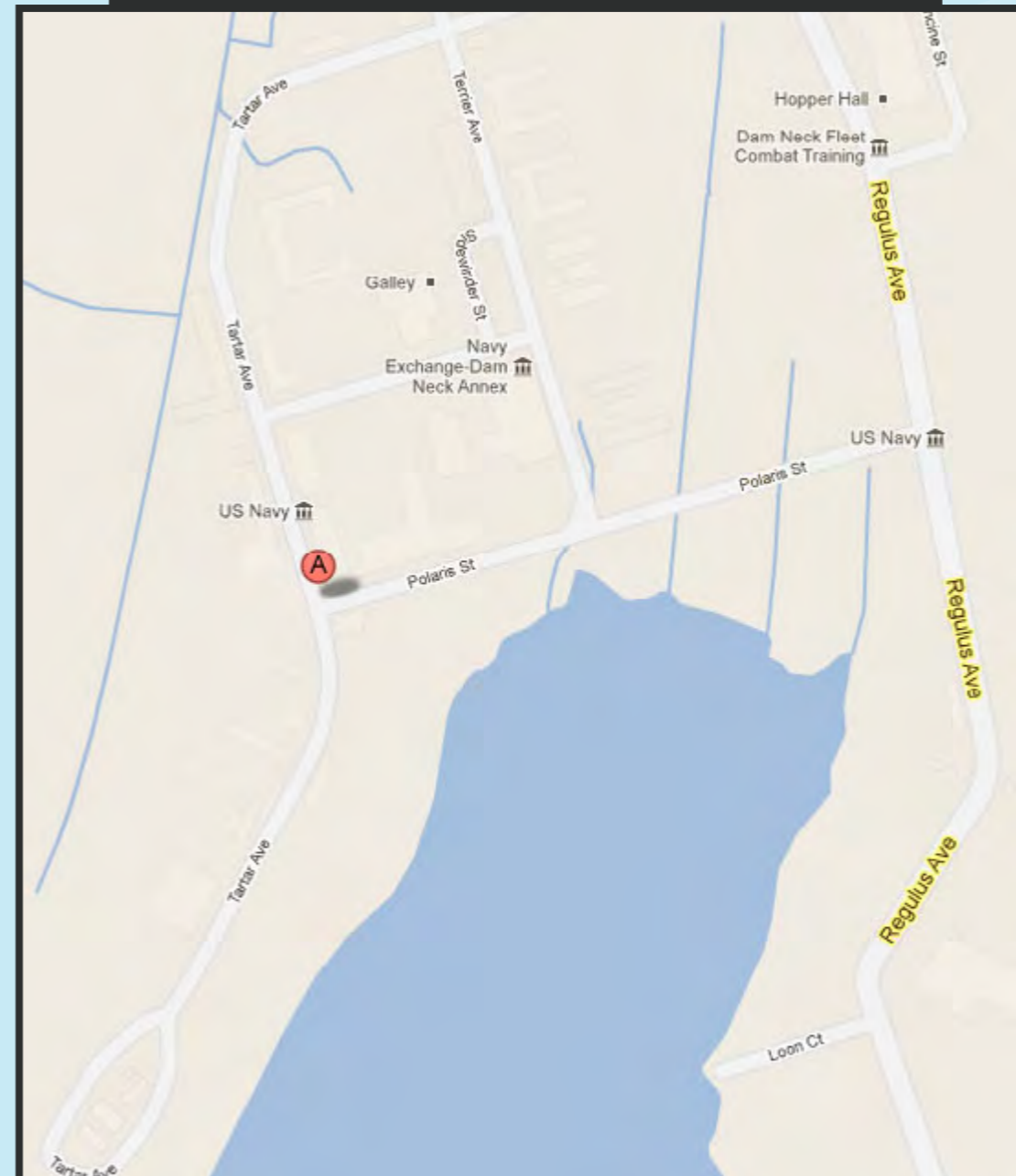
ADDRESS:

2073 TARTAR AVE
VIRGINIA BEACH, VA 23461

From I-64:

1. Take I-264E, then take the exit onto First Colonial Rd. South
2. After crossing Va. Beach Blvd., First Colonial turns into Oceana Blvd. Make a right onto General Booth Blvd.
3. At the light, turn left onto Dam Neck Rd. and follow it onto the base
4. Once on base, make an immediate right onto Terrier St., then the next right onto Tartar Ave.
5. Follow Tartar Ave. past the Fire Station, and FFSC is located at 2073 Tartar Ave., Bldg. 585, on the right, across from the water tower

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NSA HAMPTON ROADS - NORTHWEST ANNEX

PHONE:

FFSC 757 - 421 - 8770 | (DSN) 521 - 8770

HOURS:

MON-WEDS 8:00AM - 4:30PM | THURS 8:00AM - 6:30PM

FRI 8:00AM - 2:30PM

ADDRESS:

BUILDING 374 - NSA HAMPTON ROADS NORTHWEST ANNEX
4504 RELAY RD, BUILDING 374
CHESAPEAKE, VA 23322-4102

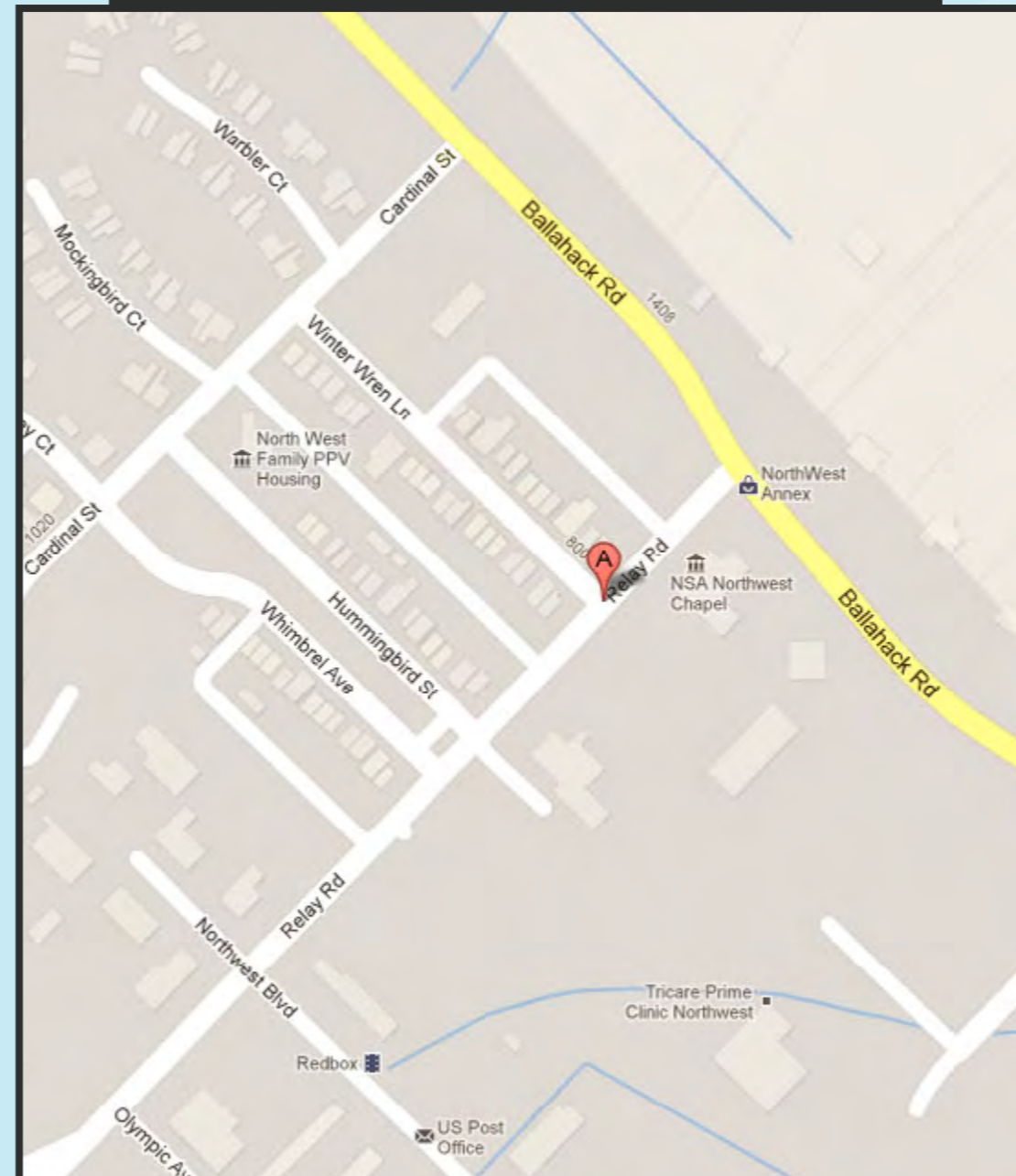
Directions around toll - From I-64 East or West:

1. Take the Elizabeth City/Nags Head Exit (291B)
2. On 168 S. bear left at split (sign will say Nags Head/Manteo)
3. On 168 S. take the Hillcrest East exit. (Last exit before toll)
4. At 2nd light turn right onto Battlefield Blvd. - Continue until Battlefield ends. (approx. 7 miles) & 168 bypass begins - turn right onto bypass
5. Turn right on Old Battlefield Blvd.
6. *Turn right at the 7-11 (Ballahack Rd.) and travel 3 miles
7. Turn left to onto Relay Rd. - Turn left into parking lot (first entrance)
8. FFSC is between the Chapel & the Child Development Ctr. (Bldg. 374)

Directions through toll - From I-64 East or West:

1. Take the Elizabeth City/Nags Head Exit (291B) &
2. Stay on 168 S. through to toll.
3. Turn right on Old Battlefield Blvd. (Second light after toll)
4. Continue from * above

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FLEET & FAMILY SUPPORT CENTERS Mid-Atlantic

NAVAL WEAPONS STATION YORKTOWN

PHONE:

FFSC 757 - 887 - 4606
(DSN) 953 - 4606

HOURS:

MON-FRI 8:00AM - 4:30PM

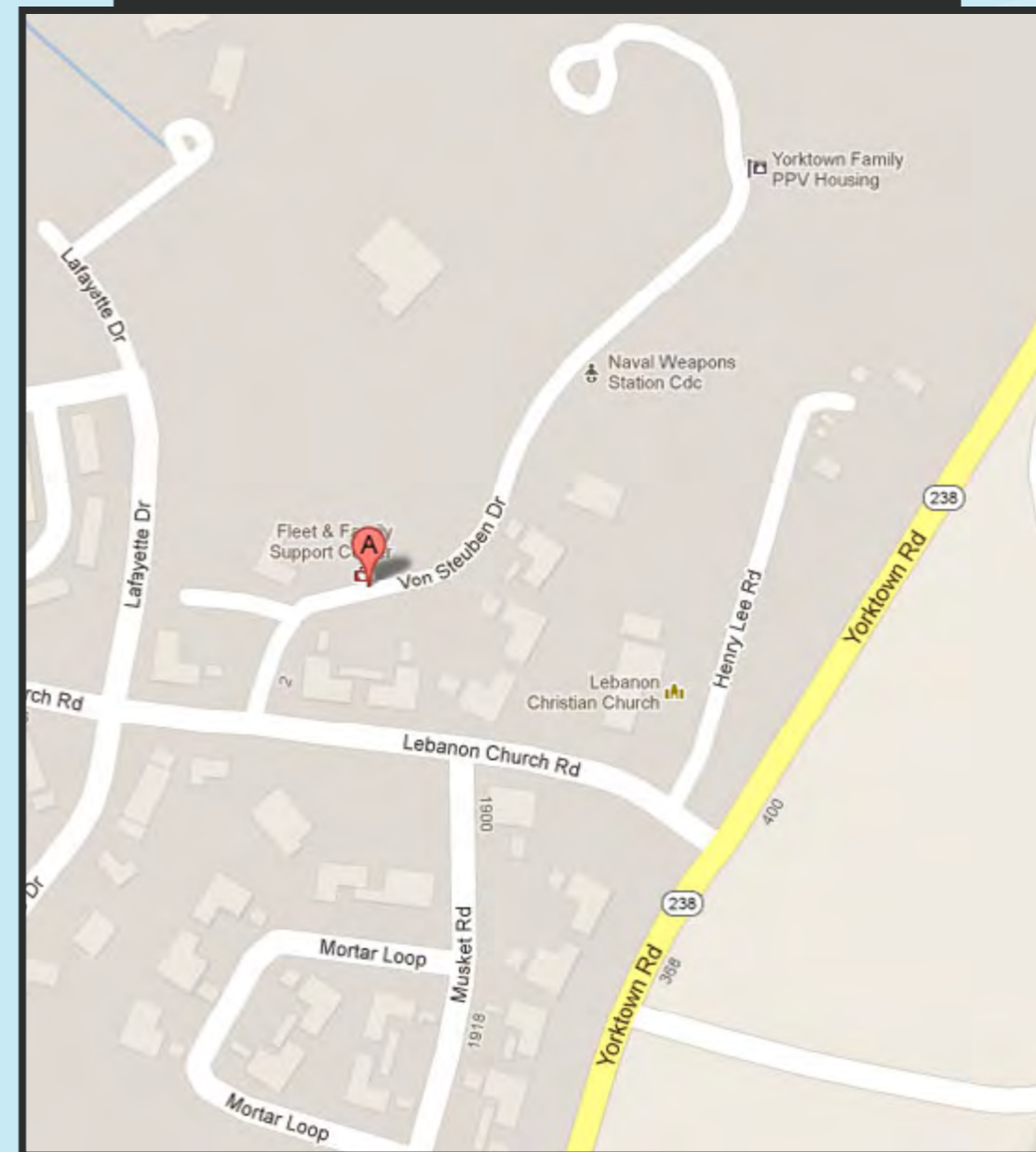
ADDRESS:

NAVAL WEAPONS STATION YORKTOWN
1949 VON STEUBEN DR.
NEWPORT NEWS, VA 23603

From I-64 West:

1. Take Exit 247 (Lee Hall) toward Yorktown/Yorktown Naval Weapons Station
2. After 0.7 mile, turn left onto Lebanon Church Rd.
3. After 0.1 mile, turn right on Von Steuben Drive

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NEWPORT NEWS SHIPYARD

PHONE:
FFSC 757- 688 - NAVY (6289)

HOURS:
MON-FRI 8:00AM - 4:30PM

ADDRESS:
2600 WASHINGTON AVENUE
NEWPORT NEWS, VA 23607

MAILING ADDRESS:
FLEET AND FAMILY SUPPORT CENTER
1949 VON STEUBEN DR.
NEWPORT NEWS, VA 23603

South West Chesapeake, Portsmouth and Suffolk – Using The Monitor Merrimac

- Using I64, 264, 464, and Routes 58, 460, or 17 to connect to Interstate 664-North to the Monitor-Merrimac Memorial Bridge-Tunnel – Heading towards Newport News/ Hampton
- Take exit #6 (26th & 27th Street Exit) take the lane that indicates 26th Street on the Left.
- Getting into the Right Lane - cross over Huntington Ave
- Turn Right onto Washington, the Maritime Square building is on the right. 2600 Washington Ave.

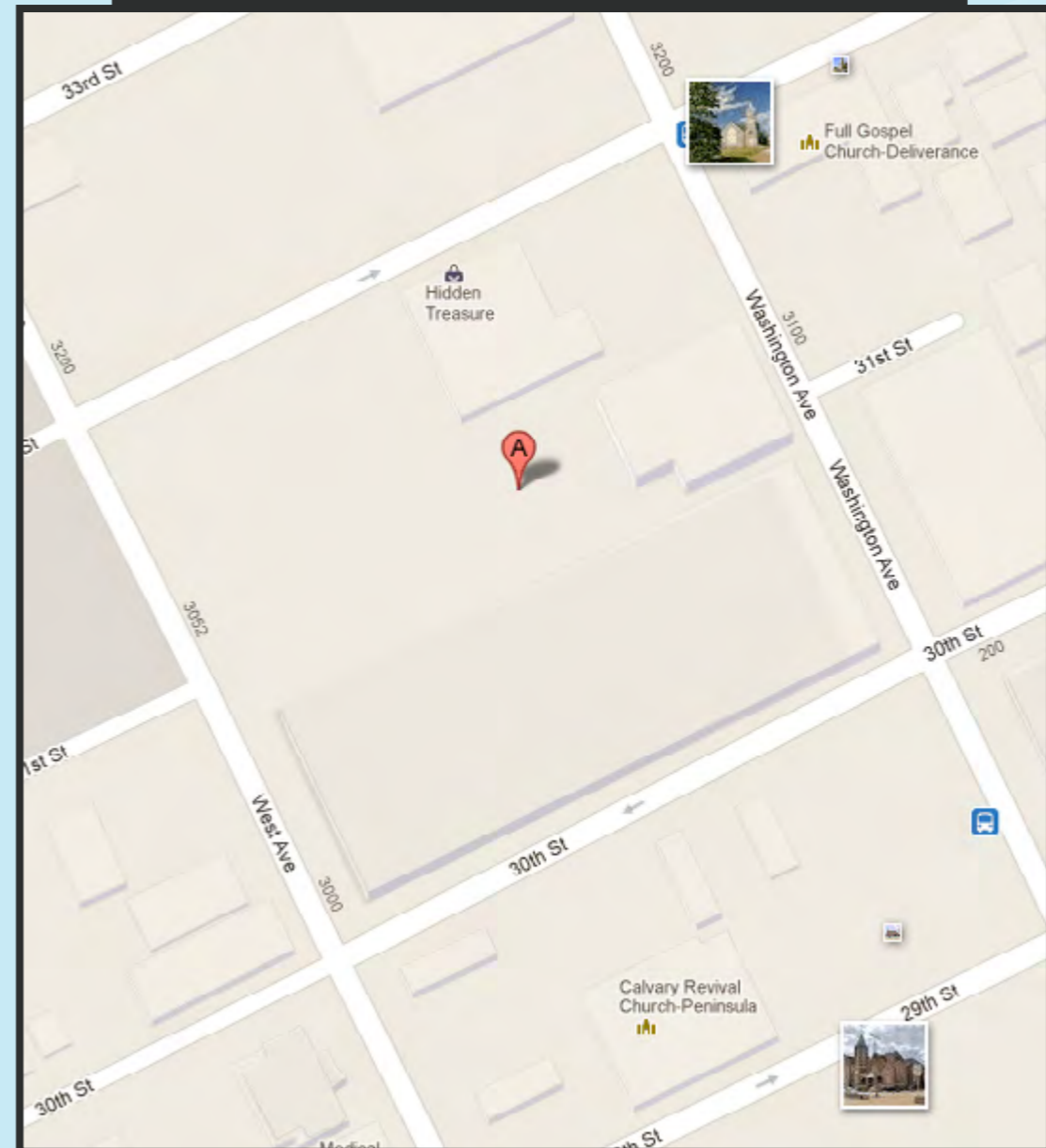
Norfolk, Virginia Beach – Using I64 West

- Using I-64 West/Hampton Roads Belt toward Hampton/Richmond.
- Merge onto I-664 South/ Hampton Roads Belt via Exit 264 toward Downtown/Newport News/Suffolk.
- Take exit #6 (26th & 27th Street Exit) take the lane that indicates 26th Street on the Right.
- Cross over Huntington Ave, the Next Street is Washington
- Turn Right onto Washington, the Maritime Square building is on the right. 2600 Washington Ave.

Williamsburg/Yorktown – Using I64 East

- Using I-64 East/Hampton Roads Belt toward - Newport News/Hampton.
- Merge onto I-664 South/ Hampton Roads Belt via Exit 264 toward Downtown/Newport News/Suffolk.
- Take exit #6 (26th & 27th Street Exit) take the lane that indicates 26th Street on the Left.
- Cross over Huntington Ave, the Next Street is Washington
- Turn Right onto Washington, the Maritime Square building is on the right. 2600 Washington Ave.

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NAVAL MEDICAL CENTER PORTSMOUTH

PHONE:
FFSC 757- 953 - 7801

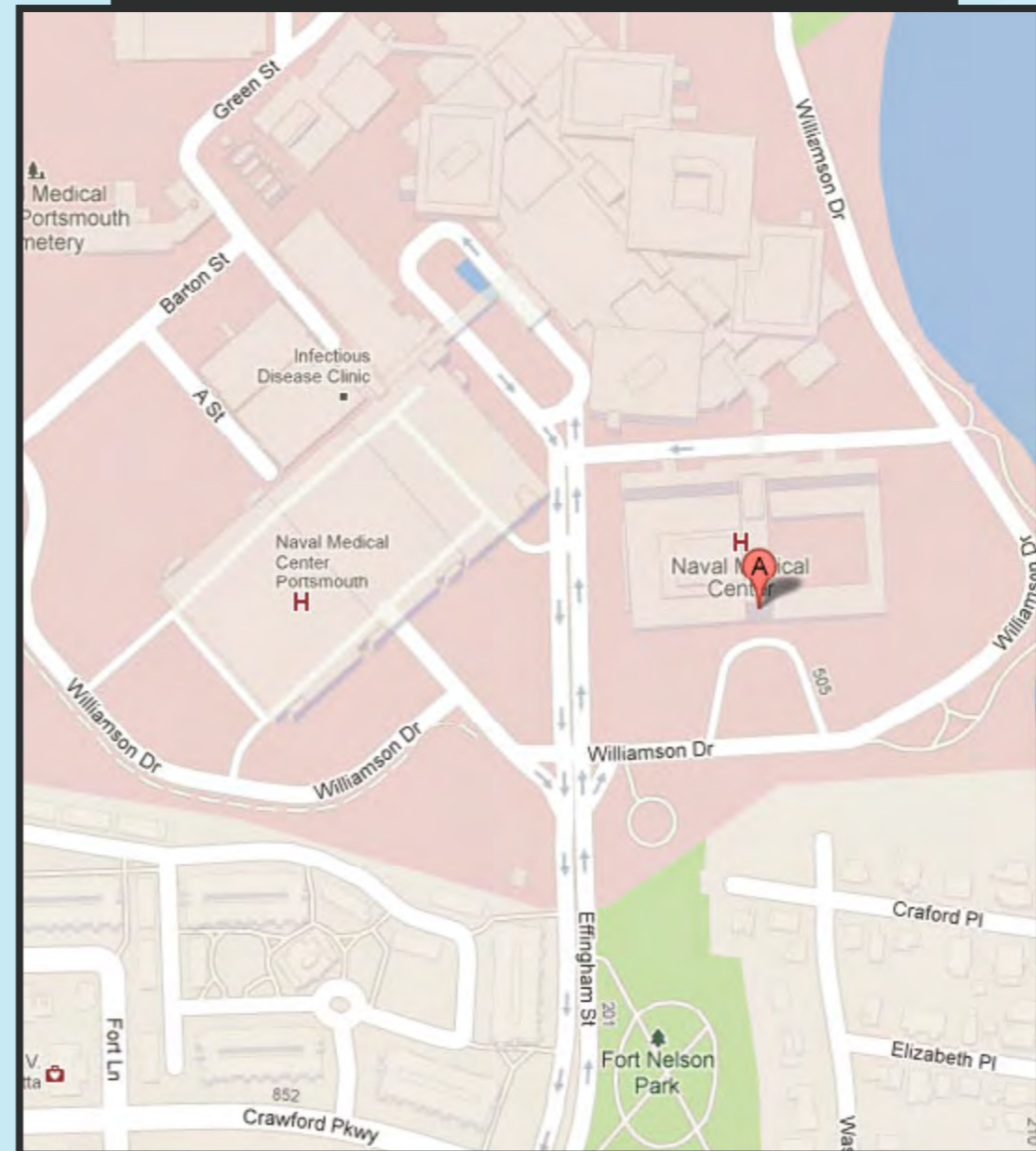
HOURS:
MON-FRI 7:30AM - 4:00PM

ADDRESS:
FLEET AND FAMILY SUPPORT CENTER
620 JOHN PAUL JONES CIRCLE
PORTSMOUTH VA 23708-2197

From I-64:

1. Take I-264W to the Downtown Tunnel to Portsmouth
2. Go through the tunnel and take exit 7, Effingham St., immediately after exiting the tunnel
3. Stay in the right lane onto Effingham St.
4. Follow Effingham to the gate at the Naval Medical Center
5. FFSC is located in bldg. 249, next to the parking garage and the day care center

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NSA SARATOGA SPRINGS

PHONE:

FFSC 518 - 886 - 0200 x146

HOURS:

MON-FRIDAY 7:30AM - 4:00PM

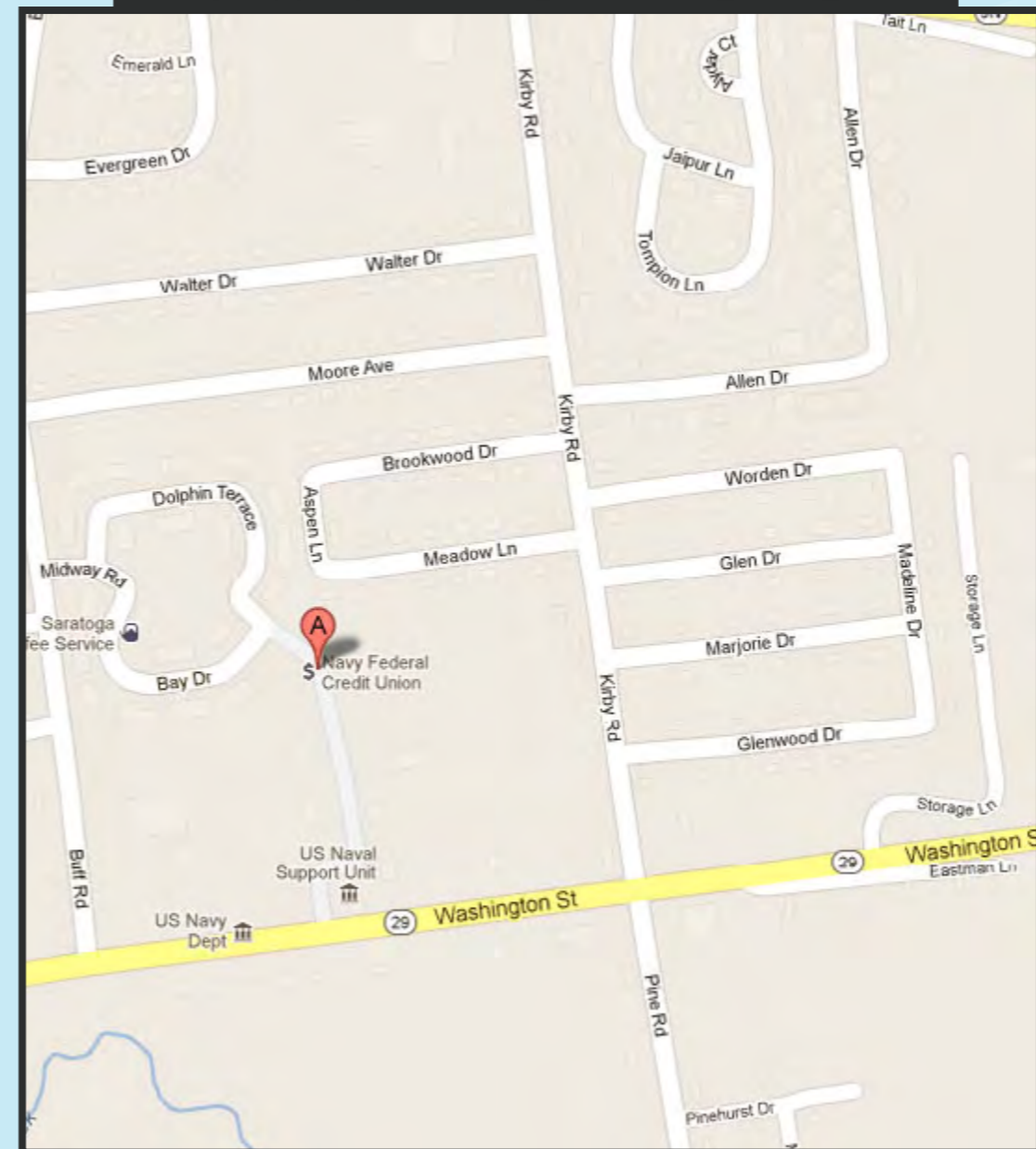
ADDRESS:

19 JF KING DRIVE, BUILDING 104,
SARATOGA SPRINGS, NY 12866

Driving Directions:

1. From I-87
2. Take Exit 13N
3. Follow Route 9 North for about 4 miles.
4. Turn left onto Route 29 (Washington Street)
5. Follow Route 29 for 1.8 miles and turn right into NSA Saratoga Springs.
6. Turn right after the gate guard and proceed to the stop sign.
7. FFSC is diagonally to the right of that intersection.

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FLEET & FAMILY SUPPORT CENTERS Mid-Atlantic

NWS EARLE, NJ

PHONE:
FFSC 732 - 866 - 2115

ADDRESS:
201 RT 34 BLDG C-59
COLTS NECK, NJ 07722

HOURS:
MON - FRI 8:00AM - 4:30PM

DIRECTIONS FROM POINTS NORTH TO NWS EARLE

1. New Jersey Turnpike South to Exit 11 - Garden State Parkway South/Shore points.
2. Garden State Parkway South, Exit 100B(RT 33 West)
3. Merge onto NJ-66W(becomes 33West)
4. Enter Roundabout and take 1st exit onto RT 34 North
5. Base will be approximately 4 miles on the right

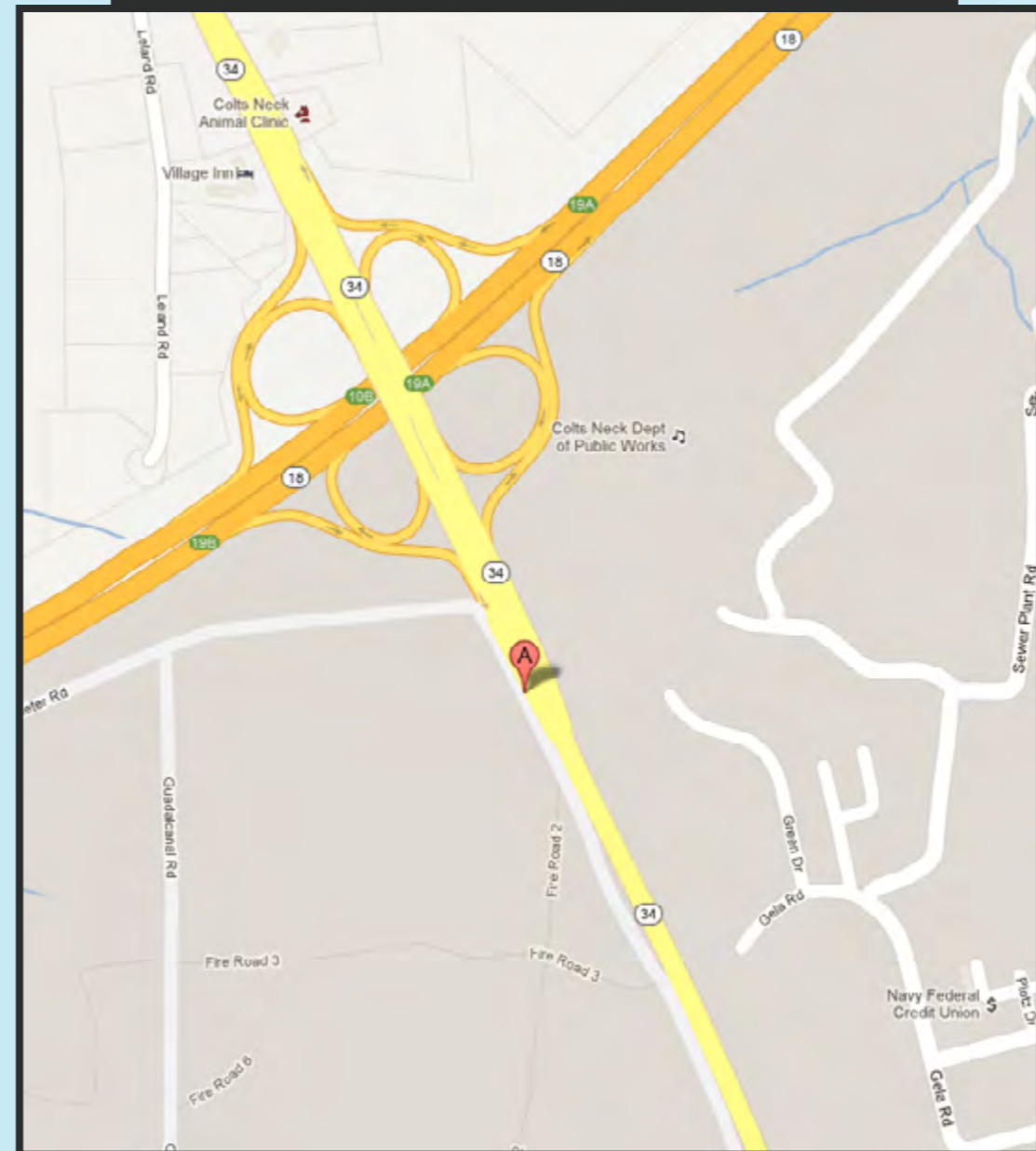
FROM POINTS WEST

1. New Jersey Turnpike North to Exit 7A
2. State Route 195 East to Exit 35B(RT 34 North) toward Matawan
3. Enter roundabout and take 2nd exit on to RT 34 North
4. Base will be approximately 4 miles on the right

FROM POINTS SOUTH

1. Garden State Parkway North to Exit 100B(RT 33 West)
2. Merge onto NJ-66W(becomes 33West)
3. Enter Roundabout and take 1st exit onto RT 34 North
4. Base will be approximately 4 miles on the right

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SUBASE NEW LONDON

PHONE:

FFSC 860 - 694 - 3383, (DSN) 694 - 3383

HOURS:

MON-FRI 7:00AM - 4:00 PM

ADDRESS:

83 GRAYLING AVE. BLDG 83
GROTON, CT 06349-5093

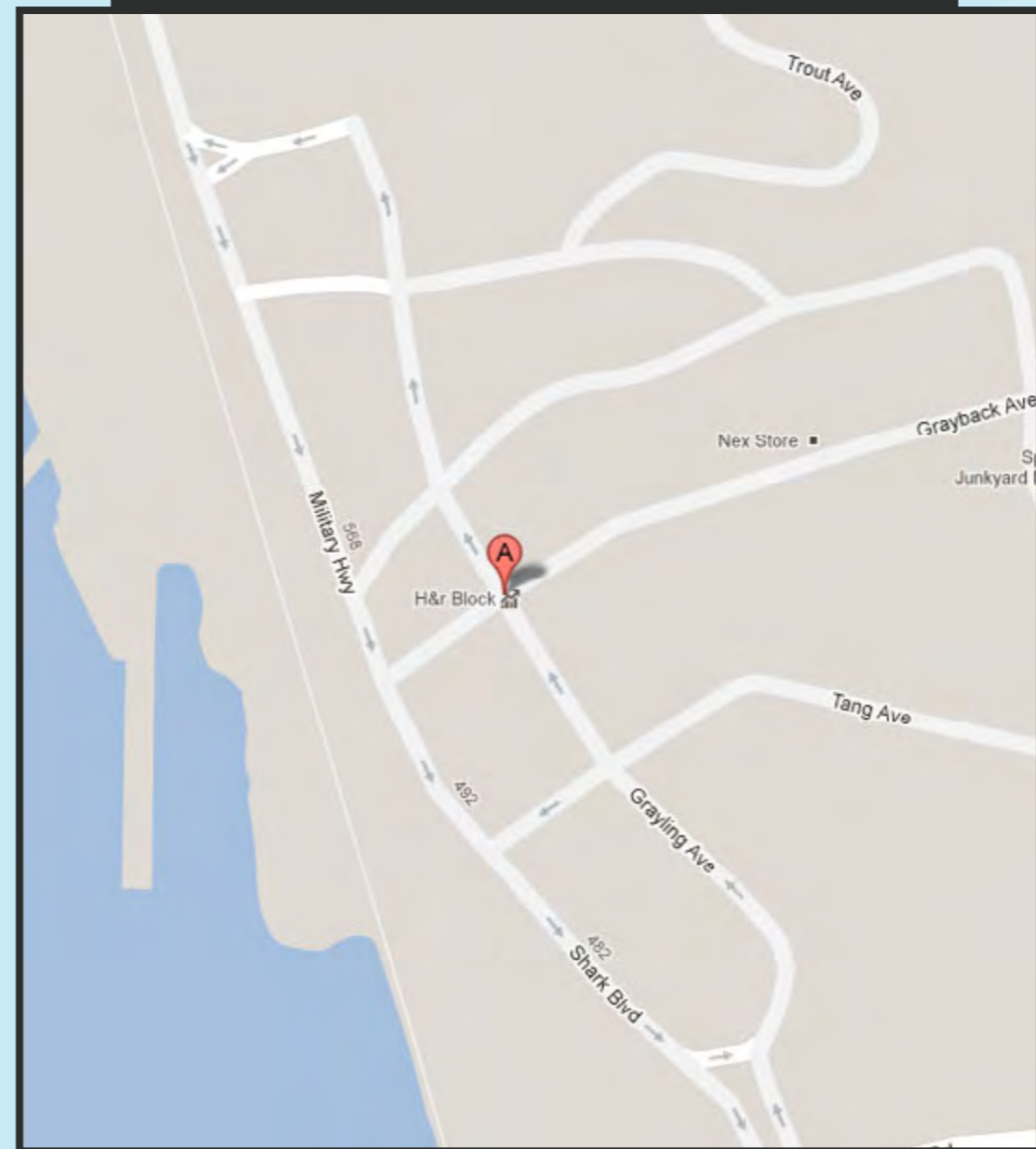
Driving Directions:

1. Directions heading South on I-95
2. Proceed South on I-95 from RI to exit 86 toward Rte 12, Gales Ferry/US Subase.
3. Turn right at the end of the ramp onto Rte 12.
4. Proceed on Rte 12 for approximately 1.5 miles.
5. Turn left onto Crystal Lake Rd. (there is a sign for the base on the left corner of this intersection.)
6. Proceed to end, turn right into the main gate.
7. Proceed to end. Bldg. 83 is straight ahead.
8. FFSC is on the first floor.

Directions heading North on I-95

1. Proceed North on I-95 from New Haven over the Gold Star Highway Bridge in New London.
2. Merge onto CT 184E/Gold Star Highway via left exit 86 toward CT-12/US Subase/Gales Ferry.
3. Move to the right lane and follow exit toward Rte 12.
4. Turn right at the end of the ramp onto Rte 12.
5. Proceed on Rte 12 for approximately 1.5 miles.
6. Turn left onto Crystal Lake Rd. (there is a sign for the base on the left corner of this intersection.)
7. Proceed to end, turn right into the main gate.
8. Proceed to end. Bldg. 83 is straight ahead.
9. FFSC is on the first floor.

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NAVSTA NEWPORT, RI

PHONE:

FFSC 401 - 841 - 2283, DSN 841 - 2283

HOURS:

MON-FRI, 7:30AM - 4:00PM

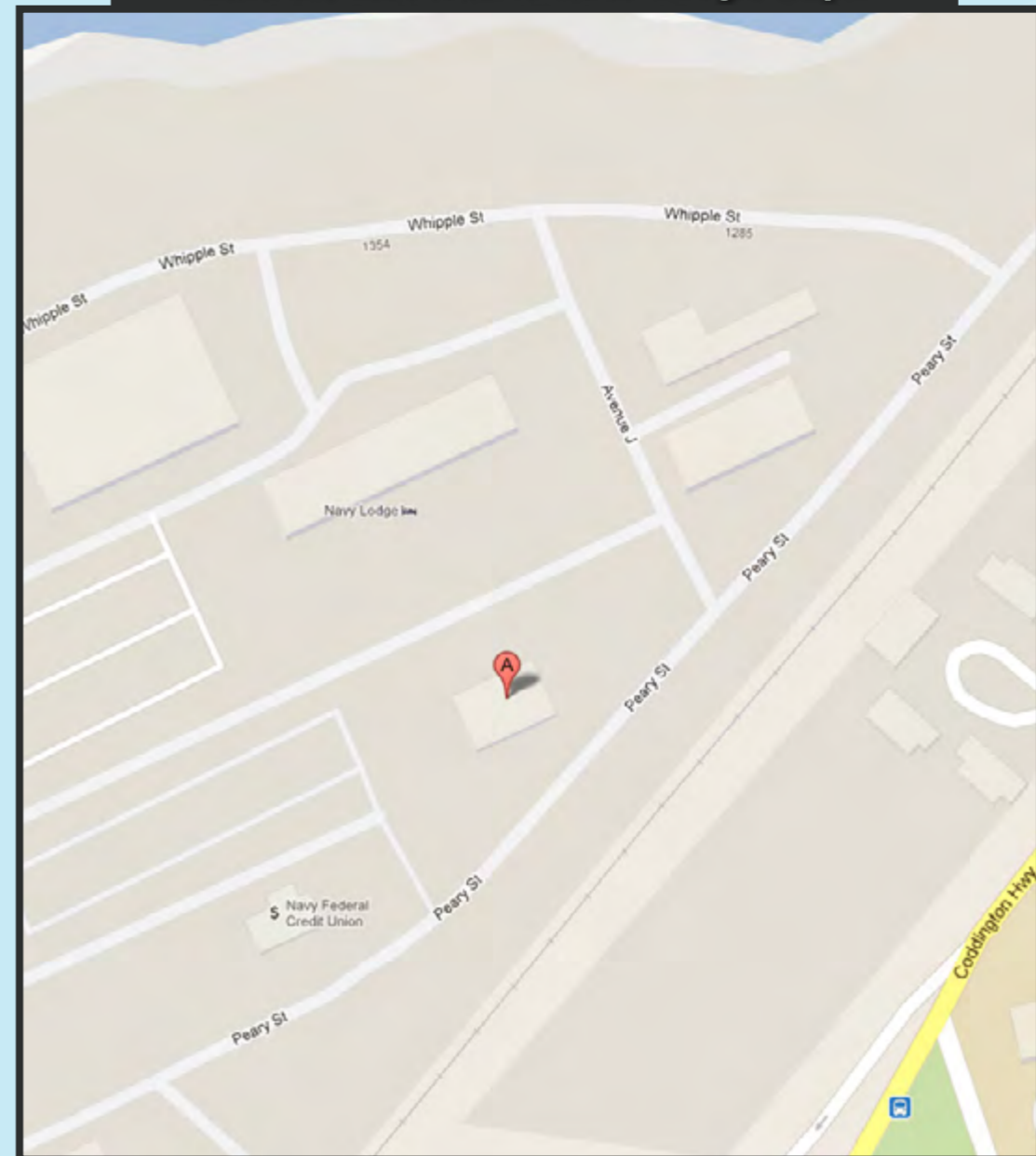
ADDRESS:

FLEET AND FAMILY SUPPORT CENTER,
NAVAL STATION NEWPORT, 1260 PEARY
STREET, NEWPORT, RI 02841

Driving Directions from T.F. Green Airport:

1. Head northeast on Airport Connector Road
2. Take the ramp onto Airport Connector Road. Keep left at the fork, follow signs for I-95 S/New York and merge onto I-95 S
3. Keep left to continue on RI-4 S/Col Rodman Hwy, follow signs for N Kingstown
4. Continue onto U.S. 1 S/Tower Hill Rd
5. Merge onto RI-138 E via the ramp to Jamestown/Newport, Partial toll road
6. Take the Rhode Island 238 Scenic S exit toward Newport, Toll road
7. Turn right onto Rhode Island 138A
8. Turn right onto Van Zandt Ave
9. Take the 1st right onto 3rd St
10. Continue onto 3rd Street Extended
11. Take a left at the traffic light, and continue through Gate One.
12. Take a right through the gate, follow over the bridge onto Peary St.
13. FFSC is on the left, adjacent to the Navy Federal Credit Union.

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PORTSMOUTH NAVAL SHIPYARD, ME

PHONE:

FFSC 207 - 438 - 1835

ADDRESS:

BUILDING 241,
PORTSMOUTH, M.E. 03904

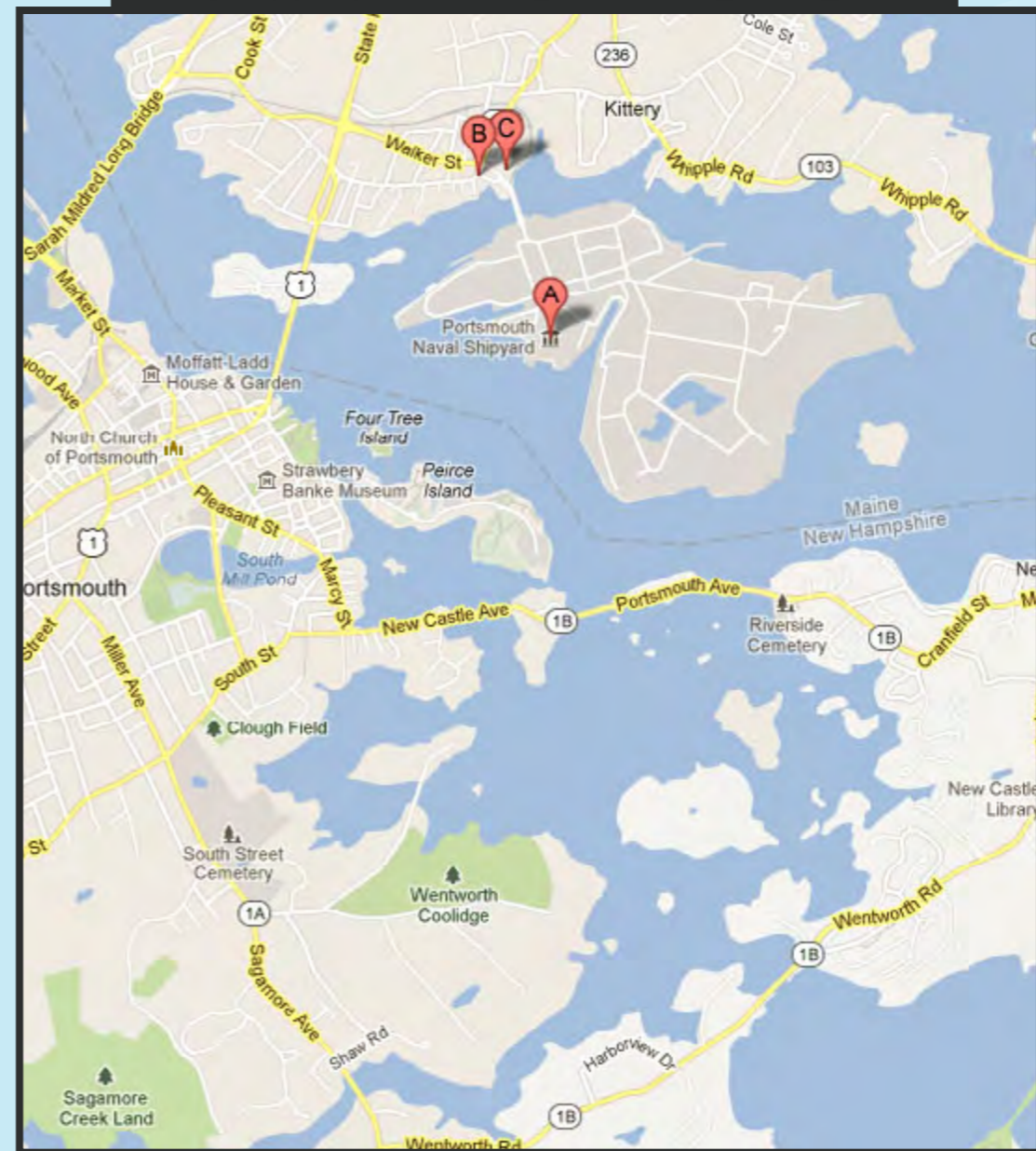
HOURS:

MON-FRI 7:30AM - 4:00PM

From the South:

1. Take I-95 North
2. You cross over the bridge into Maine
3. Take exit 2
4. Get into the left lane
5. Go under the overpass
6. After you enter the traffic circle take the 2nd right (just after the Seven-Eleven)
7. Stay straight for 0.8 miles
8. Take a left at the first traffic light
9. Go straight until you enter gate 1
10. After you cross the bridge bear right and follow the railroad tracks
11. Stay straight at the four way intersection
12. Take a right at the next intersection
13. Take a right after the SERE School
14. After you come up the entrance to the parking lot you will see the Fleet and Family Support Center, the one story white building on the right side of the parking lot

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BUILDING C-9, NAVAL STATION NORFOLK

PHONE:
FFSC 757-444-2089

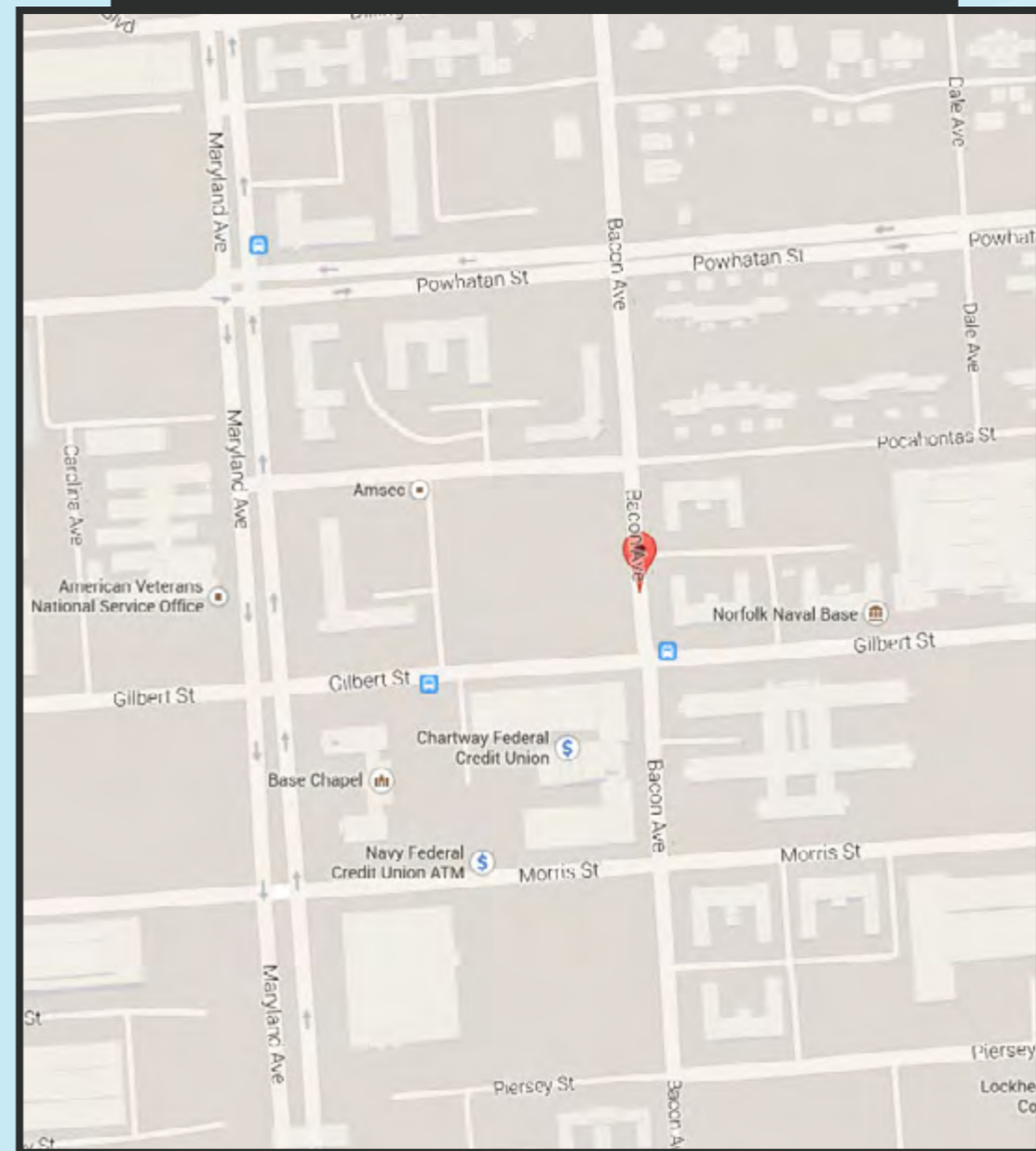
HOURS:
MON-FRI 7:30AM - 4:00PM

ADDRESS:
DEVARY HALL
'WIND & SEA' BLDG - C-9
9475 BACON AVENUE
NORFOLK, VA 23511

From I-64:

1. Take exit I-564
2. Go through Gate 2
3. Turn right on Gilbert St.
4. Turn right on Bacon
5. C-9 parking is at the corner of Bacon and Gilbert

Click the blue icon to Go to Google Maps



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GREAT LAKES, IL

PHONE:

FFSC (847)688-3603
TOLL FREE (888)231-0714
DSN 792-3603

ADDRESS:

525 FARRAGUT AVENUE, BUILDING 26,
SUITE 300, GREAT LAKES, IL 60088

HOURS:

MON-FRI 7:30AM - 4:00PM

DRIVING DIRECTIONS FROM O'HARE INT'L AIRPORT

From I-190 traveling East, take exit 294 North, Wisconsin/Milwaukee.

Stay on 294 North, (which becomes 94 at Lake Cook Road) until Exit.

Take Exit 137, Buckley Road, and turn right.

After 5 miles on Buckley, stay in right lane where the road takes a 180 degree left turn.

At the Sheridan Rd intersection, make a right turn and continue one block to the Naval Station Main Gate.

FFSC is on the left in Bldg 26, just after crossing the bridge.

DRIVING DIRECTIONS FROM MITCHELL FIELD, MILWAUKEE

Take I-94 South (East) towards Chicago. Illinois toll booth near the border (\$.75). After entering Illinois, take Exit 137, Buckley Road, exit (toll \$.40).

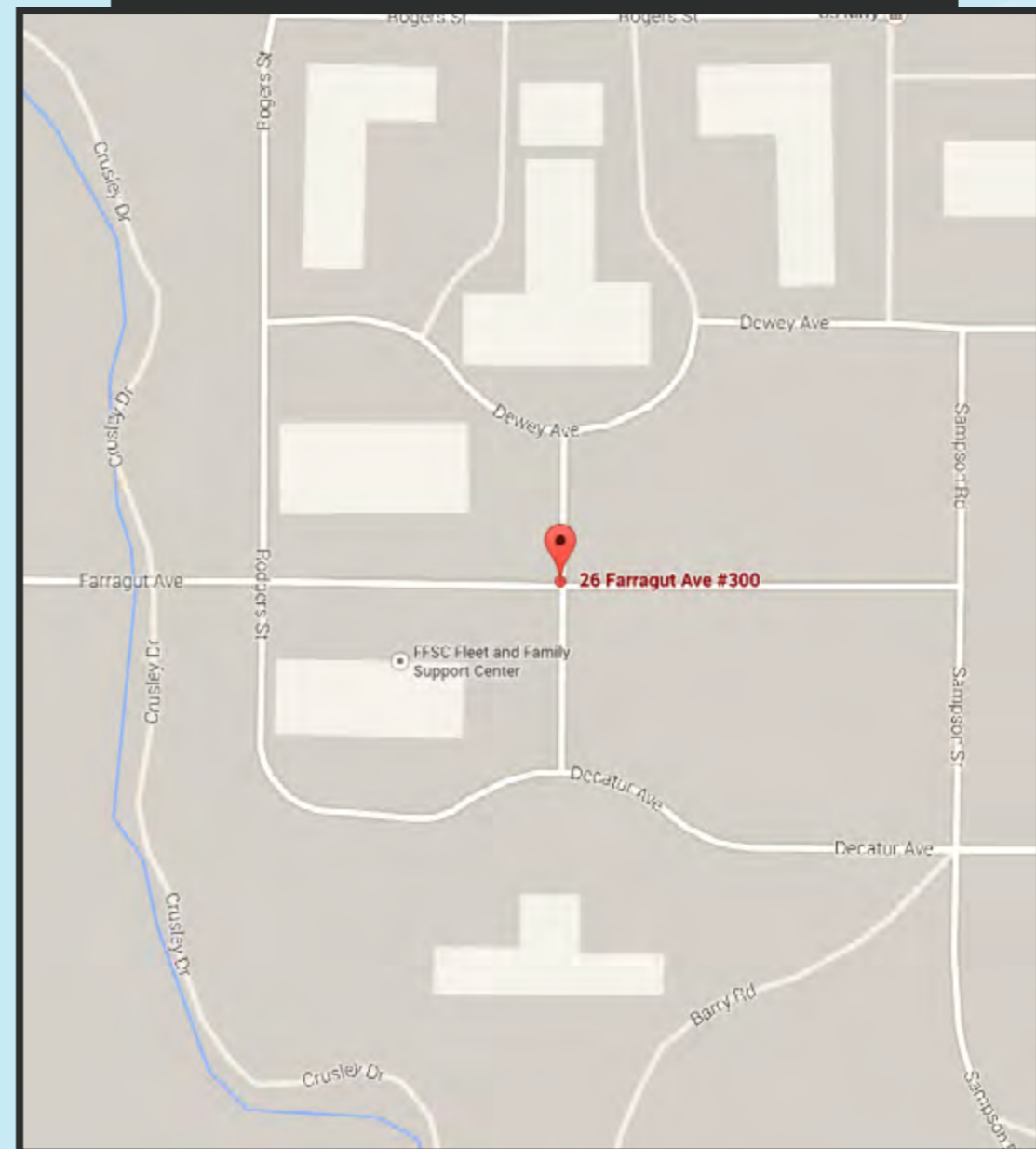
Turn left on Buckley and go about 5 miles.

At the intersection for the Amstutz Expressway, stay in the right lane and proceed straight thru this intersection, under the overpass.

At the Sheridan Road intersection, turn right and go one block to the Naval Station Main Gate.

FFSC is on the left in Bldg 26, just after crossing the bridge.

Click the blue icon to Go to Google Maps



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