

ZIKA AND SEX: INFORMATION FOR PREGNANT WOMEN LIVING IN AREAS WITH ZIKA



What we know

- Zika can be passed through sex from a person who has Zika to his or her partners.
- It can be passed from a person with Zika before their symptoms start, while they have symptoms, and after their symptoms end.
- Though not well documented, the virus may also be passed by a person who carries the virus but never develops symptoms.
- Zika can remain in semen longer than in other body fluids, including vaginal fluids, urine, and blood.



What we don't know

- How long Zika virus can stay in the semen of infected men or spread through sex.

What you should know about Zika and sex

Because Zika can cause certain birth defects, **take steps to prevent infection during your pregnancy.**

Use a condom from start to finish, every time you have sex during the pregnancy.

OR

Don't have sex during your pregnancy.

If you think your partner may have or had Zika, tell your doctor or healthcare provider

- If he or she has taken steps to prevent mosquito bites.
- If you had sex without a condom.



www.cdc.gov/zika



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