

Hawaii Sailors run to promote positive choices

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Ho'okele Staff

Story and photo by MC2 (SW) Mark Logico

Navy Region Hawaii Public Affairs

The Coalition of Sailors Against Destructive Decisions (CSADD) hosted a free two-mile fun run for more than 20 Sailors at Aloha Aina Park on Feb. 11.

Hosted by Commander Navy Region Hawaii (CNRH) and Commander Naval Surface Group Middle Pacific (CNSG MIDPAC) CSADD chapter, the fun run was another avenue wherein CSADD members can promote positive peer-to-peer influence and networking among Sailors in the age group 18 to 25.



Joint Base Pearl Harbor-Hickam Sailors participate in the Coalition of Sailors Against Destructive Decisions (CSADD) 1.5 mile fun run. The CSADD program encourages Sailors in the age group 18 to 25 to be a positive influence among their peers.

“We decided to do this because last time we did a safety stand down and we wanted to do something different,” said Religious Program Specialist 2nd Class Lonnie McDade, the president of the CNRH/CNSG MIDPAC CSADD chapter. “This time we wanted to do a run which would promote staying healthy and keeping physically fit, which is part of being in the United States Navy.”

Electrician’s Mate 2nd Class Eli Hollis, assigned to CNSG MIDPAC, placed first in the fun run with 14 minutes.

“Physical training is important for me because I like to keep my body in shape, and it also helps with my attitude,” said Hollis, who works out at least five times a week. “You set goals for physical training just like you would in your life. It’s reciprocal and it goes hand in hand.”

CSADD’s mission is to provide military members of all branches with the best prevention and intervention tools possible to deal with the issues of drinking, reckless driving and other destructive decisions, while maintaining good order and discipline.

“CSADD is about peer to peer mentorship,” said Culinary Specialist 1st Class Michael Downey. “We are trying to promote right decisions. Don’t text and drive, don’t drink and drive, some of the same old stuff we used to hear, but maybe if it’s coming from your peers, you might think about it a little more.”

CSADD began in 2008 when Rear Adm. Mark Boensel and Fleet Master Chief (AW/SW/SCW) Scott Benning, while assigned at Navy Region Mid-Atlantic, wanted to create an organization similar to MADD (Mothers Against Drunk Driving).

The concept evolved as it addressed the basic decision-making process in many areas affecting Sailors on and off duty. With strong support from the Chief of Naval Personnel Vice Adm. Mark Ferguson, CSADD became an official Navy peer mentoring program in June 2010.

For more information about the CNRH/CNSG MIDPAC CSADD chapter, contact McDade at 473-3971.