

EURAFSWA READER



DISASTER PREPAREDNESS

SEPTEMBER 2014 VOLUME 1 ISSUE 4



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Disaster Survival Guide

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REGION COMMANDER'S PERSPECTIVE



Team EURAFSWA,
I appreciate all the hard work that went into making last month such a success and I have no doubt that that will continue as we move forward. Getting back into a working rhythm can be difficult after a vacation but because of your history of stellar performance, I know this will not be an issue, even in the face of all the challenges around our Region. Keep up the Great work!

The End of summer

The arrival of September and Labor Day has always meant the close out of the summer season, and the beginning of the school year, ushering in those cooler mornings and gentle afternoons. September also marks the end of the current Fiscal Year and ensuring we maintain financial vigilance is critical to the support our installations require as the summer winds to a close.

Keep Focused on Safety

Summer is traditionally a time of increased mishaps and injuries, but with summer coming to an end, we need to maintain a focus on safety. Please continue to take the time before attempting any task, no matter how simple it might seem at the beginning, to identify potential hazards and take steps to eliminate those hazards. For example, lifting heavy objects may require special equipment or additional manpower and working in excessive heat definitely requires additional breaks for hydration.

Labor Day

On September 5, 1882, in what is thought to be the first Labor Day event, thousands of working Americans gathered to march in a New York City parade. In the 132 years since, American workers have forged ahead in leading the world in manufacturing, medical science and the latest technological revolution. On Labor Day, we celebrate these enduring contributions and honor all the men and women who make up the workforce. Labor Day is celebrated on the first Monday in September as a dedication to the social and economic achievements of workers; a tribute to the workers who are the strength, prosperity, and well-being of our nation.

Patriots Day

Thirteen years ago this month, nearly three thousand innocent men, women, and children lost their lives in attacks on the American Homeland. We will never undo the pain and injustice borne that terrible morning, nor will we ever forget those who were lost. We remember the unbreakable bonds of unity we felt in the long days that followed. When we mark the anniversary of September 11th, on the National Day of Service and Remembrance, join with me in uniting with one another in the extraordinary way we came together after the attacks.

Equal Opportunity

As Commander, Navy Region Europe, Africa, Southwest Asia, I am the Equal Employment Opportunity Officer, and I am committed to a work environment that fosters diversity, equal opportunity and innovation. Your background, nationality, gender or religion are not determining factors in the opportunity you are provided at Navy Region EURAFSWA. Our accomplishments rise out of a diverse workforce that stimulates job satisfaction, mission accomplishment and a high level of morale. Even though we share a wide variety of differences, we are all united in the care of one another and in accomplishing the mission of this command. If you encounter any issues affecting equal opportunity, I urge you to talk with your supervisor or a member of your Equal Employment Opportunity staff.

Thank you Families

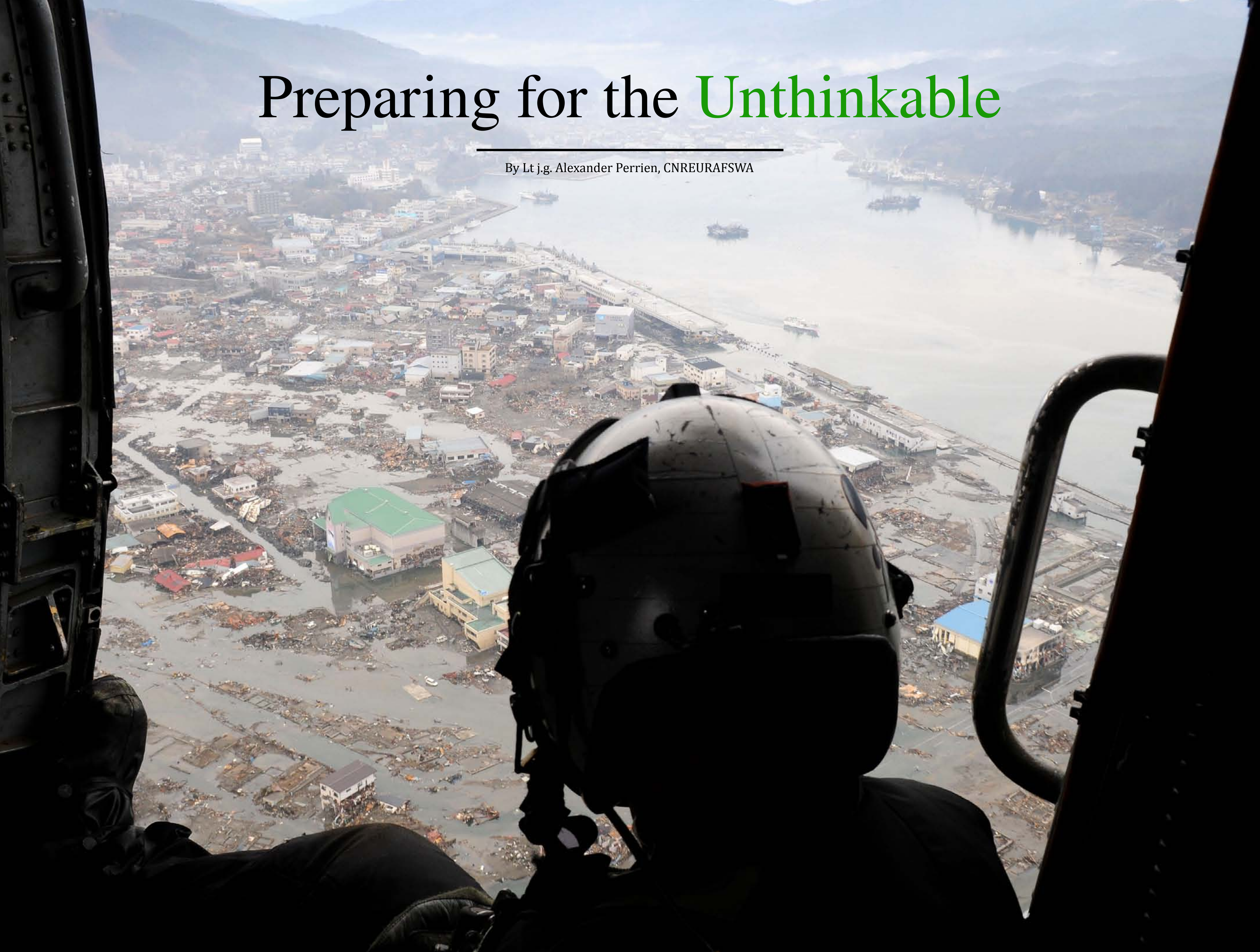
I am so pleased and proud to watch the incredible commitment, skill, and enthusiasm at work every day. EURAFSWA Sailors, Civilians, and Local Nationals are leading the charge in all our efforts, and I realize that little of our achievements are possible without the support and love from our families; I am extremely grateful to you all.

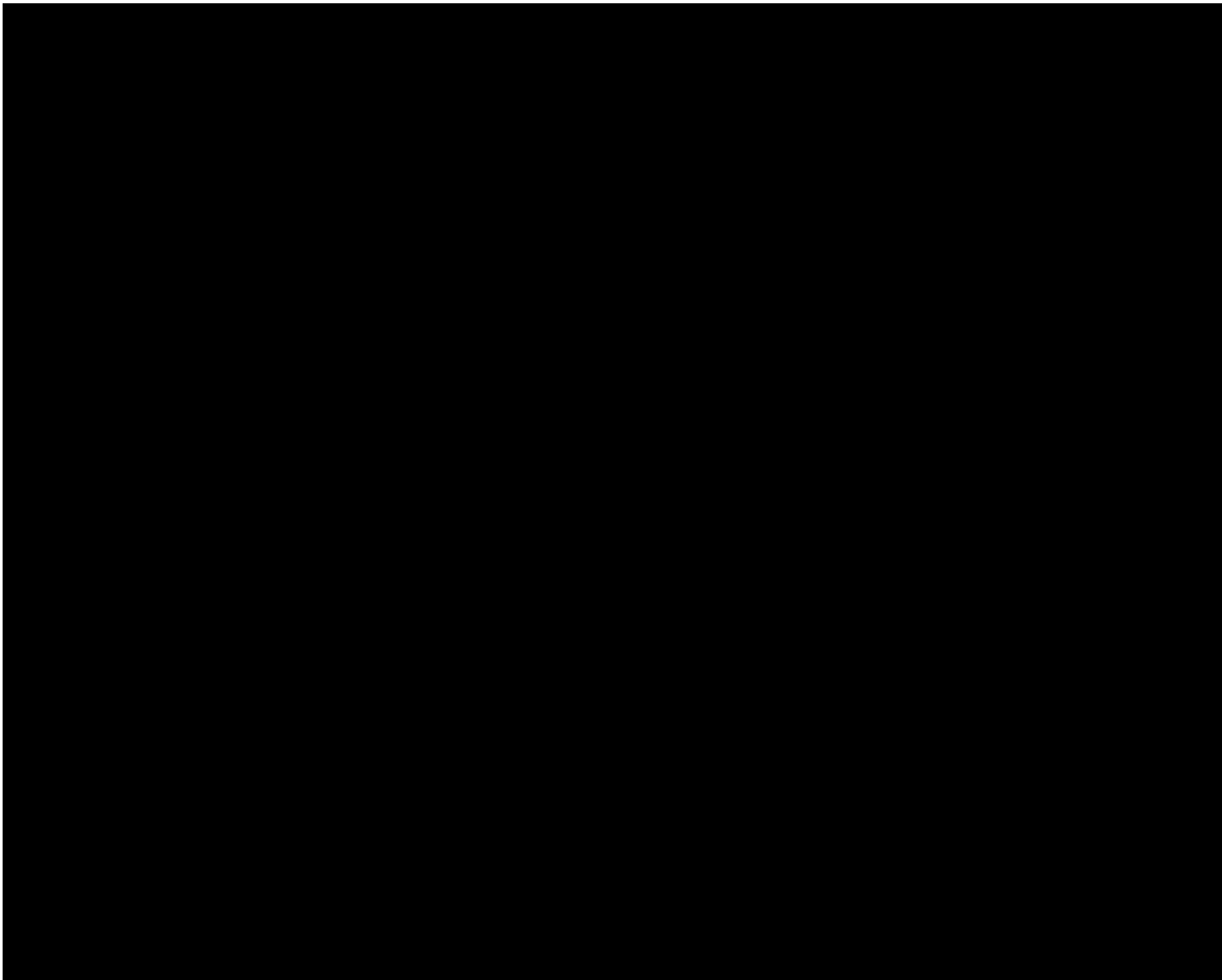
In closing, I want to wish Master Chief Richard Hatton and his wife Sherry all the best as he ends a 32 year naval career and transitions to the civilian workforce. He has made a lasting impact in our Region and I will forever be grateful for his hard work, dedication and consistent focus on the quality of life of our people! We welcome Master Chief Greg Vidaurri to our Region, as the new Command Master Chief, who has already taken up the mantle of enlisted leadership and mentorship. As always, take care of yourself, take care of your Shipmates, and take care of your family!

RDML Jack Scorby
Commander, Navy Region Europe, Africa, Southwest Asia

Preparing for the Unthinkable

By Lt j.g. Alexander Perrien, CNREURAFSWA





Disasters are usually one of the last things we think about. So much is going on between our personal and professional lives that we rarely take time to consider the unthinkable, and even when we do it is usually only to rationalize that it will never happen to us.

Fortunately most people never experience a natural disaster like a tornado, hurricane, earthquake, tsunami, or volcano eruption. But simply because the chances are slim doesn't mean that you shouldn't be prepared for at least a general emergency.

It is recommended that you have a plan in place covering who to contact, and where to stay in case things go awry. Although it is very unlikely things will ever escalate to the point where you need all these supplies and plans in place, if the possibility ever becomes a reality you will be grateful you prepared in advance and are not struggling to find the basic supplies needed for survival.

Consider making a list of items you will need to enact your plan as well. For instance during hurricanes and other natural events that have the potential to block roadways and shipping lanes, necessary supplies such as gas may run out due to the high demand for fuel in a short period of time. Do you have enough gas to get to your destination? Do you have cash to pay for things in case the ATMs run out of money?

Small children and pets also require special consideration. Do you have your pet medications? Did you pack extra diapers and baby food?

All of these things should be packed in a relatively easy to carry and pack bag or case. If you have to run around to collect these things from around your home, you could be losing precious time needed to evacuate the potential disaster area.

Despite the unlikeliness of a disaster, it is always better to be prepared than running around at the last minute trying to collect things. Preparedness allows you to focus on enacting the plan without worrying about what you may have forgotten.



Are You **READY!**

Some disasters strike without any warning. Have you thought about those supplies you'll need the most? They will usually be the hardest to come by. Enlist your children to help gather supplies for your family's emergency kit. It'll bring you a sense of relief, and your kids a feeling of empowerment.

Make sure you have enough supplies to last for at least **three days**. Think about where you live and your needs. Consider having a large kit at home, and smaller portable kit in the car or your workplace.

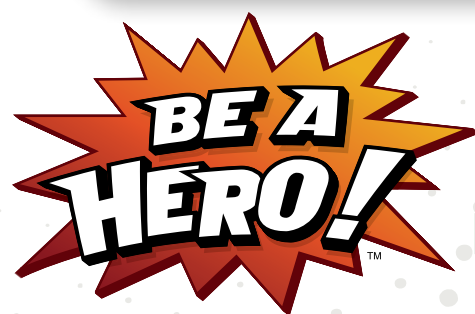
If a big storm is coming...

- ✓ Fill your car with gas
- ✓ Fill plastic bags with water and place them in the freezer
- ✓ Get extra cash out of the bank
- ✓ Fill prescriptions

Emergency Supplies List

- | | |
|--|---|
| <ul style="list-style-type: none"> <input type="checkbox"/> 3-day supply of non-perishable food (dried fruit, canned tuna fish, peanut butter, etc.) <input type="checkbox"/> Can opener <input type="checkbox"/> Paper plates, plastic cups and utensils, paper towels <input type="checkbox"/> Moist towelettes, garbage bags and plastic ties for personal sanitation <input type="checkbox"/> Water – at least a gallon per person, per day for drinking and hygiene <input type="checkbox"/> First aid kit <input type="checkbox"/> Prescription medication and glasses <input type="checkbox"/> Sleeping bag or warm blanket for everyone in your family <input type="checkbox"/> Change of clothes to last for at least 3 days, including sturdy shoes; consider the weather where you live <input type="checkbox"/> Matches in a waterproof container <input type="checkbox"/> Toothbrush, toothpaste, soap and other personal items <input type="checkbox"/> Feminine hygiene supplies <input type="checkbox"/> Fire extinguisher <input type="checkbox"/> Wrench or pliers to turn off utilities <input type="checkbox"/> Dust mask, and plastic sheeting and duct tape, to help filter contaminated air <input type="checkbox"/> Battery-powered or hand-cranked radio and extra batteries <input type="checkbox"/> Flashlights and extra batteries <input type="checkbox"/> Cell phone with charger, extra battery and solar charger | <ul style="list-style-type: none"> <input type="checkbox"/> Whistle to signal for help <input type="checkbox"/> Household chlorine bleach and medicine dropper (when diluted nine parts water to one part bleach, bleach can be used as a disinfectant. Or in an emergency, you can use it to treat water by using 16 drops of regular household liquid bleach per gallon of water. Do not use scented, color safe or bleaches with added cleaners.) <input type="checkbox"/> Local maps <input type="checkbox"/> Cash or traveler's checks <input type="checkbox"/> Emergency reference material such as first aid book or information from www.ready.gov <input type="checkbox"/> Important family documents such as copies of insurance policies, ID, and bank records in a waterproof, portable container <input type="checkbox"/> Pet supplies <input type="checkbox"/> Infant formula and diapers <input type="checkbox"/> Paper and pencil <input type="checkbox"/> Books, games or puzzles (let your kids pick these out themselves!) <input type="checkbox"/> Your child's favorite stuffed animal or security blanket <input type="checkbox"/> Pet food and extra water for your pet |
|--|---|

Don't forget to think about infants, elderly, pets, or any family members with special needs!



AMBASSADOR MOON

VISITS NSA SOUDA BAY



U.S. Naval Support Activity (NSA) Souda Bay Commanding Officer, Capt. Michael R. Moore (Center) and Executive Officer, Cmdr. Demetrios A. Grimes, speak with Ambassador Patrick S. Moon, the Civilian Deputy to the Commander and Foreign Policy Advisor, United States European Command during an office call at NSA Souda Bay. (U.S. Navy photo by Peggy Bebb/Released)

By MC2 Jeffrey M. Richardson, NSA Souda Bay

Ambassador Patrick S. Moon, the Civilian Deputy to the Commander and Foreign Policy Advisor, United States European Command, visited U.S. Naval Support Activity (NSA) Souda Bay, August 14, 2014.

During the visit, Moon was briefed on air operations, U.S. Navy and Hellenic Navy relations, tenant organization missions and upcoming Military Construction (MILCON) projects. Additionally, he was introduced to what makes NSA Souda Bay's support for air and maritime operations an important part of an "Operate Forward" and "Be Ready" mission posture.

"NSA Souda Bay is a strategically located, compact site that leverages Host Nation Agreements to provide efficient, full spectrum support for forward air and maritime operations," said Moon. "NSA Souda Bay's delivery of maximum capabilities with minimal cost and footprint ensures that our nation's forces can be where it matters, when it matters in multiple theaters of operations." Part of being where it matters, when it matters is having a partnership with the host



U.S. Naval Support Activity (NSA) Souda Bay Commanding Officer, Capt. Michael R. Moore (Right) and Executive Officer, Cmdr. Demetries A. Grimes, speak with Ambassador Patrick S. Moon, the Civilian Deputy to the Commander and Foreign Policy Advisor, United States European Command during a boat tour of the NATO Marathi Basin. (U.S. Navy photo by Peggy Bebb/Released)

nation, wherever the Navy may be operating forward. For NSA Souda Bay, the relationship between the Hellenic Armed Forces and the U.S. Navy is one which has an impact both regionally and on a global level.

"The close working relationship the crew at NSA Souda Bay has developed and maintained at multiple levels with the Host Nation makes it possible for our forward deployed forces and assets to conduct their missions with ease at these important strategic crossroads," said Moon. "Additionally, the support NSA Souda Bay

continues to provide in facilitating key bi-lateral and multi-national Exercises and Training events enables us to strengthen these important relationships."

MILCON and general improvement projects are essential for every naval installation to stay current in the ever changing world and NSA Souda Bay is no different. Remaining at the forefront of supporting the deployed warfighter is one of the primary missions of the installation.

"The Ramp Expansion MILCON and taxiway

repair work projects will sustain and enhance NSA Souda Bay's ability to support U.S., NATO, Allied and Partner air operations and will increase its capabilities as an intermodal hub by providing greater capacity to support heavy lift assets which play a key role in enabling the extension of our nation's global reach."

Throughout the visit, Ambassador Moon visited multiple places on the installation and was briefed on the ongoing operations, gaining a first-hand look at the mission capabilities of NSA Souda Bay as a strategic forward operating site.

I want to thank the crew of Naval Support Activity Souda Bay for the outstanding support they provide to our forward maritime and air operations. Your professionalism and dedication at this strategic crossroads make it possible for our forward deployed forces to conduct their important missions in support of EUCOM, AFRICOM and CENTCOM and set a standard of excellence for "Operating Forward." I am proud of you and what you do for the fleet. Keep up the great work!"

NSA Souda Bay's mission is to provide support and security to U.S. and allied ships as well as aircraft transiting or operating in the eastern Mediterranean region. ☣

Capt. Greg Pekari, Commander, U.S. Naval Activities, Spain (on left) and Admiral in Chief, Rota Naval Base, Rear Admiral Santiago Ramón González Gómez sign a Joint Statement of Understanding (JSOU) for the Bird/Animal Aircraft Strike Hazard (BASH) program. The JSOU outlined joint responsibility for the program between the American and Spanish navies. (U.S. Navy photo by Lieutenant David J. Carter/Released)



ROTA

STEPS UP EFFORTS TO PREVENT BIRD/STRIKE HAZARDS

By Morgan Over, MC2 Grant Wamack, NS Rota

Avoiding a flock of birds while taking off or landing poses challenges to not only pilots but aircrew support as well. When meeting a flock soaring above the ground, there is nothing a C-5 or C-130 can do to avoid the strike, but Naval Station Rota is taking steps to help deter birds from the flight line and partnering with its Spanish hosts to ensure the safety of all planes and crews.

According to the Federal Aviation Administration, there are more than 2,000 bird strikes a year resulting in more than \$75 million in damage. In an attempt to save money and prevent mishaps or hazards on the airfield, the air operations department aboard Naval Station Rota began the early stages of testing a 20-foot red and yellow flailing inflatable tube man, commonly seen outside of car lots or beaches for promotions.

According to Lt. Ross Barone, the Bird/Animal Aircraft Strike Hazard (BASH) coordinator, he was inspired by an article he read in The Wall Street Journal about farmers successfully using tube men as bird deterrents to protect their crops. After emailing one farmer from the article for advice, he decided it wouldn't hurt to try it on the airfield.

Within the first day of testing the tube man, nicknamed "Carlos Danger," Barone saw results.

"There's a hawk or falcon that likes to search for prey atop an antenna. As soon as we put the tube man there we did not see the hawk for the rest of the week," said Barone. "Initially it showed us areas around the airfield where birds like to perch, it keeps them from that. It's just a matter of fine-tuning the results."

Barone said it could potentially become a low-cost solution that could save the air department and the Navy a significant amount of money, especially after a recent mishap.

"What really gave us a wakeup call in Rota was last April when a C-5 took off, a flock of seagulls flew right into its path and all the aircraft do was sit there and take it," said Barone. "Pilots landed it safely, but it was \$6.84 million in damage. It trashed two engines, so it's a threat."

As a result of April's strike, NAVSTA Rota signed a Joint Statement of Understanding (JSOU) between the U.S. Navy and Spanish navy, Aug. 20. The JSOU established the control and operational responsibility governing the BASH program aboard

NAVSTA Rota. Situated on a Spanish naval base, the JSOU identified the Spanish navy as responsible for the BASH program in coordination with the U.S. Navy. Combining challenges, the JSOU also established guidelines for the type of conditions that may be present when a plane prepared to take off or land. The condition codes are Bird/Animal Hazard (BHC) severe, which is "a heavy concentration of birds/animals near the active runway . . . which represent an immediate hazard to safe flying operations." There is BHC moderate with means there is a possible hazard to safe flying, and BHC low which is normal bird/animal activity.

This new agreement will help ensure both navies are aware of potential strike hazards, and communicating effectively for the safety for all personnel. With Rota being part of the primary migration route of many birds, it makes BASH and the JSOU even more important.

"It's a major threat to aviation. In Rota we're under the primary migration route of Western Europe so birds as far away as Iceland will transit through here to either rest in Rota or cross the straits of Gibraltar and go into West Africa for their winter roosting. From September to January we get a huge influx of birds. Around that time we have all sorts of birds around the airfield. With that in mind we get a huge bird population and in a nutshell that's why we do the BASH program."

BASH is about finding a way to deter birds from entering the airfield, not to keep them away, said Barone. "We're not trying to keep them out of Rota; we're trying to keep them away from the runway so aircraft can operate safely," he said.

The plan is to test the tube man further and, after carefully analyze the results. If results are positive, then more tube men will be purchased, deployed at different points around the airfield, and turned on at random times of the day.

"Depending on the results we'll determine the best effective way to deploy these; how they're best used as a deterrent," said Barone. "We'd be using these in conjunction with our falconers. The tube men would deter the birds from some areas and the falcons would get them from the other. Ultimately, the hope is the birds go to some other part of the base."



Rota's tube man, dubbed "Carlos Danger," is seen waving away the birds from Rota's Air Terminal. (U.S. Navy photo by Lt. Ross Barone)



BATTLE

on the

HARD COURT

By MC2 Jared King, Navy Public Affairs Support Element
East - Detachment Europe





The University of San Diego (USD) men's basketball team defeated the Naval Support Activity (NSA) Naples basketball team by a final score of 118-52 in an exhibition game sponsored by Morale, Welfare and Recreation (MWR) at the Naples High School, Aug. 14. The Naples team of Sailors from various commands jumped to a four-point lead in the beginning of the first half, however, USD was relentless with their jump shots and dunks.

"I want to thank NSA Naples today for all the hospitality that we have been extended," said Bill Grier, head coach for USD. "For us this was a chance for our players to give back to the military and their families." "It was an incredible experience for us and we want to thank everyone for coming out," said Grier.

The players for USD said they were very appreciative of the opportunity to come to Italy and play basketball with the men who protect their country.

"We will never be able to repay them for what they do for our country," said Marcus Harris, a point guard for USD. "The Navy team did well and it was a good game overall."

The game gave the Naples team the opportunity to test

their skills against an NCAA Division I basketball team. “It started out competitive, but as the game continued the difference as far as the talent really showed,” said Culinary Specialist 2nd Class Shawn Payne, a forward for NSA Naples. “We were fatigued as the game went on, but we managed to keep up our spirits, and overall it was a pretty good game.” Members of the NSA Naples community were excited to see the matchup. “It appeared the teams matched up pretty well for about the first three minutes, then after that USD hit all the shots they were supposed to hit and the game speed was different,” said Operations Specialist 2nd Class Darren Pointer. “I don’t think the NSA Naples team was prepared for a game that fast.” The NSA Naples team came together through tryouts to play an exhibition basketball game against a Division I school. “I learned that trying to keep up with these college athletes was no easy task,” said Intelligence Specialist 1st Class Patrick Ingram, a player for NSA Naples. “We could have played much better, but this was overall just an amazing experience to be able to play against a Division I school.”



The Ideas Behind our Republic: Part 2

By Lt. Cmdr. Robert Johnson,
CNREURAFSWA

Custom, Tradition, and Technology

I've been talking about the Constitution with a big C. That is the document that the Framers hammered out with Washington in 1787. It was ratified in 1789, and the Bill of Rights was added in 1791. It establishes separation of powers, checks and balances, federalism. It is a formal document that lawyers argue about, that judges interpret. That is the big-C Constitution.

Constitution with a small c means the sum total of customs and traditions and mores and beliefs and historical heritage that define a people. Free speech, which is guaranteed by the Constitution, allows people to define their small-c constitution so that their country has a meaning and a purpose and a history and a destiny, and it's the small-c constitution that other people look to, that other countries look to, to see what the United States is, what it stands for.

It is not only up to public



servants and military personnel to preserve, protect and defend the Constitution of the United States. All citizens have that duty. But this requires conscious effort. We do not believe in freedom because of our birthplace. Freedom is taught, and teaching is a conscious act. All of us have the duty to preserve, protect, and defend the Constitution, but you cannot preserve what you do not comprehend. You cannot protect what you cannot transmit. You cannot defend what you do not know. This small-c constitution is what this section of the EURAFSWA Reader is geared at helping you understand.

There must be more substance to our discourse. Yet the challenge that we have is complicated by the fact that we have new media. We have blogs and the Internet, and it is this conversation that we have in our small-c constitution that must strive to become more decent, more rational, more thoughtful.

There was never a golden age of political debate. It was always somewhat raucous, and we cannot expect the political world or public discourse generally to be in the confines of a court case or a legal argument; but we must pay more attention



because all men are activated by folly and vice.”

Tolerance does not mean that I accept your views as right; it means that I can be so strong and so certain in my views that I can defend them against yours, but in a decent and respectful way. Other countries have so-called hate speech laws, laws that are not tolerant, and we have not so far chosen that direction because we think the power of speech and the power of a small-c constitution which is decent and respectful can shame people who are intolerant of other religions.

Of course, it does not mean that you tolerate evil. Hitler was evil, maniacal, murderous; Stalin, the same. We do not tolerate those acts. But when we think of freedom of speech, we

are often less resolute, it takes a strong society to make our and keep our free speech the envy of the rest of the world.

Our heritage of freedom is fragile and must be transmitted from one generation to the next. That is part of the purpose of article. The heritage of our republic is closely tied to the Constitution of the United States. We would all do well to consider the writings of founding fathers like John Adams, Thomas Jefferson, George Mason and Thomas Paine. If you have a love for the classics read Aristotle, Pericles, John Locke, Jacques Maritain, or Michael Oakeshott. Remember, each generation has a duty to conserve and to preserve and then to transmit the ideas behind our Republic.



to making our civic discourse more principled, thoughtful, and decent.

In the last 10 years there have been tremendous advancements in communications. The emergence of the Internet and Twitter and other innovations often present First Amendment challenges. It is of immense importance that we use this new connectedness, this new voice we have to forward civic discourse in the small-c constitution that is respected by the rest of the world. And make no mistake: The verdict is out on democracy, and they are looking to America, to our small-c constitution—that’s what other people see, not the big-C Constitution—to see how our republic works.

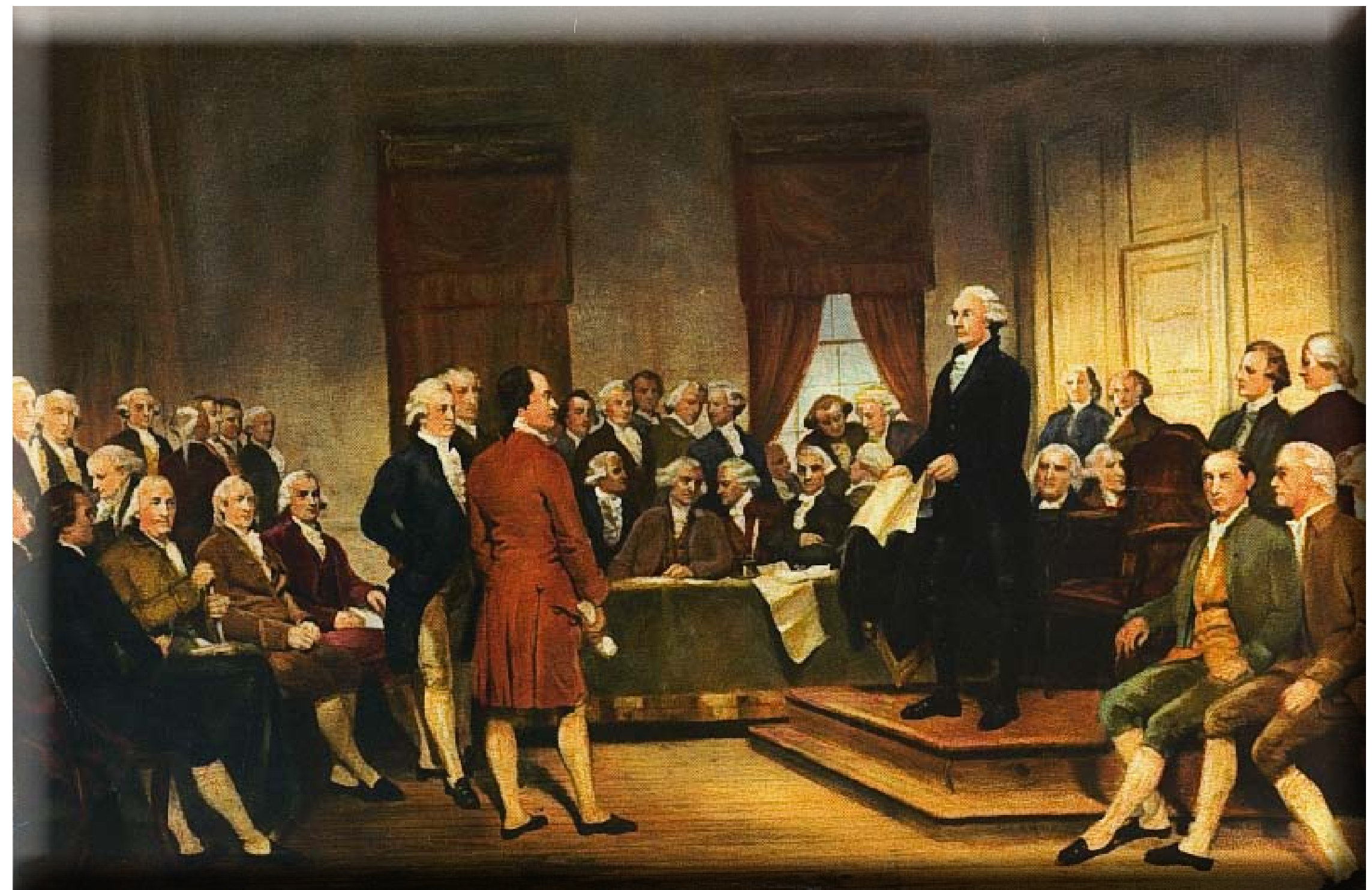
The Importance (and

Limits) of Tolerance

I will close by suggesting a concept. In the hall where the U.S. House of Representatives meet there is a five-sided credenza with five different planes and a single plane across the front. On the sides, it says “equality, justice, liberty, freedom,” and what’s the word in the middle? It is “tolerance.”

There is “equal justice under law” on the Supreme Court pediment. I’m not sure about the origin of “tolerance,” but it is an important word.

It was basically a word which found its force and its legitimacy and its power and its necessity in what Voltaire wrote. Voltaire wrote in the 1760s an essay and then his dictionary of philosophy. He said, “Tolerance is the essence of humanity,





(Above) Navy firefighters and emergency services extinguish a simulated fire on an aircraft fire trainer, inside Camp Lemonnier's firefighting training facility, August 21. This is the firefighters first training of quarter that simulate potential fire hazards.(U.S. Navy photo by Mass Communication Specialist 1st Class Julia A. Casper/ Released)



Navy firefighters and emergency services extinguish a simulated fire on a vehicle fire trainer, inside Camp Lemonnier's firefighting training facility, August 21. This is the firefighters first training of quarter that simulate potential fire hazards.(U.S. Navy photo by Mass Communication Specialist 1st Class Julia A. Casper/Released)



NAVAL STATION ROTA, Spain (August 14, 2014) - Airmen assigned to the 521st Air Mobility Operations Group (AMOG) stand at parade rest during the change of command ceremony, at the air cargo facility, here. Col. Carols H. Ortiz relinquished command of the 521st AMOG to Col. Timrek C. Heisler during the ceremony. (U.S. Navy photo by Mass Communication Specialist 2nd Grant Wamack/Released)



Master-at-Arms 2nd Class Alejandrina Rosser, center demonstrates baton strike techniques after being sprayed with oleoresin capsicum (OC) spray during a security reactionary qualification training at Camp Lemonnier, August 23. Camp Lemonnier is a joint forward operating site, run by the U.S. Navy that supports commands engaged in a range of operations across Africa, the Middle East and the Indian Ocean. (U.S. Navy photo by Mass Communication Specialist 1st Class Julia A. Casper/Released)



Master-at-Arms 1st Class Guy Manley fights off a simulated attacker during an oleoresin capsicum (OC) spray security reactionary qualification training at Camp Lemonnier, August 23. Camp Lemonnier is a joint forward operating site, run by the U.S. Navy that supports commands engaged in a range of operations across Africa, the Middle East and the Indian Ocean. (U.S. Navy photo by Mass Communication Specialist 1st Class Julia A. Casper/Released)









NSA Souda Bay's Security Department LCPO, MACS Frazier, gets hit with the mega pie by the Security Officer, ENS Bates.



DISASTER PREPARATION
IN DJIBUTI

By Lt. Seamus R. Nelson, Camp Lemonnier, Djibuti

Camp Lemonnier, Djibouti (CLDJ) has to prepare for similar disasters as other installations, however sometimes the preparation can be a little bit more of a project.

Any military installation has a unique combination of hazards that can quickly turn into a disaster without the proper preparation. CLDJ is no different. From man-made to natural disasters, preparation and prevention fundamental to avoid issues and allow them to be handled effectively. The difference at CLDJ is access to resources, making preparation more challenging. Camp Lemonnier accepts the challenges ensuring all personnel are well-prepared.

“We prepare for disasters and emergencies to prevent or minimize injury, loss of life, damage or destruction of property, and maintain security in the event of an emergency,” explains Lt. Cmdr. Jeremy Howlett, Camp Lemonnier’s safety officer.

Howlett goes on to explain that there are certain natural disasters that can directly impact CLDJ negatively. For example, Djibouti is located on a fault line. Although the last earthquake was in 2012, this is not a threat that can be ignored. Another example is the dry climate CLDJ endures. A relatively small amount of rain can lead to flooding in certain parts of the camp.

There are also opportunities for man-made disasters. The biggest man-made factor is the flight operations at Camp Lemonnier. Because CLDJ shares the Djiboutian airport’s runway, there is a mix of traffic. It is absolutely crucial to maintain high levels of communication between camp’s air traffic control, the Djiboutian air traffic control as well as the aircraft. With several military aircraft parked adjacent to the runway, one aviation mishap could have a high level of impact.

“Incidents can also come from a combination of man-made and natural components. For example, lightning striking a fuel cell could be catastrophic,” adds Howlett.

Fortunately, personnel at CLDJ are constantly preparing and training for various disasters. In the event that something were to happen, the camp will be ready to respond.

While many fire departments in the U.S. have specialized training such as structural, hazardous materials, or aircraft rescue, Camp Lemonnier’s Fire Department has to be able to respond to a wide variety of situations. These situations include, but are not limited to, structural response, aircraft rescue and firefighting, hazardous materials, confined space response, and medical treatment and transport.

Camp Lemonnier’s fire department trains to respond



Rear Adm. John Scorby, commander of Navy Region Europe/Africa/Southwest Asia, center, speaks with Capt. Michael Newman, commanding officer of Camp Lemonnier, left, while conducting a tour at Camp Lemonnier, Djibouti, August 12, 2014. Scorby is conducting a base visit of Camp Lemonnier, its tenant commands and base facilities. (U.S. Navy photo by Mass Communication Specialist 1st Class Julia A. Casper/Released)

to these scenarios, training is not always simple in the Horn of Africa.

“One challenge we face now is the ability to get excelsior or straw hay bales for the structural live fire trainer. These items are readily available at most locations but are not available here,” says Ken Sprague, fire service chief and public safety manager.

The fire department is not the only entity that trains for disaster response. Service members and civilian contractors engage in camp-wide exercises designed to simulate a wide variety of scenarios. These scenarios can depict anything from a natural disaster to an attack from outside the gates.

“During a disaster/emergency it can be difficult to react responsibly and organized when you are physically and/or mentally overwhelmed with the situation. Planning and preparing for an adversity affords you the opportunity to have a well rehearsed thought-out plan and supplies readily available,” said Jay Ulrich, Camp Lemonnier’s training officer.

Ulrich compared planning an exercise like this to making a movie. There are a lot of moving parts and a lot of people involved. The biggest difference? There is generally little to no budget for planning these exercises.

While these exercises can be an extensive project, Ulrich says, “It’s a long process with great rewards.”

These events allow for people to experience the mental and physical requirements of any disaster. They also allow the command to make mistakes and work out kinks without the actual consequence of a mass casualty or loss of an asset like an aircraft.

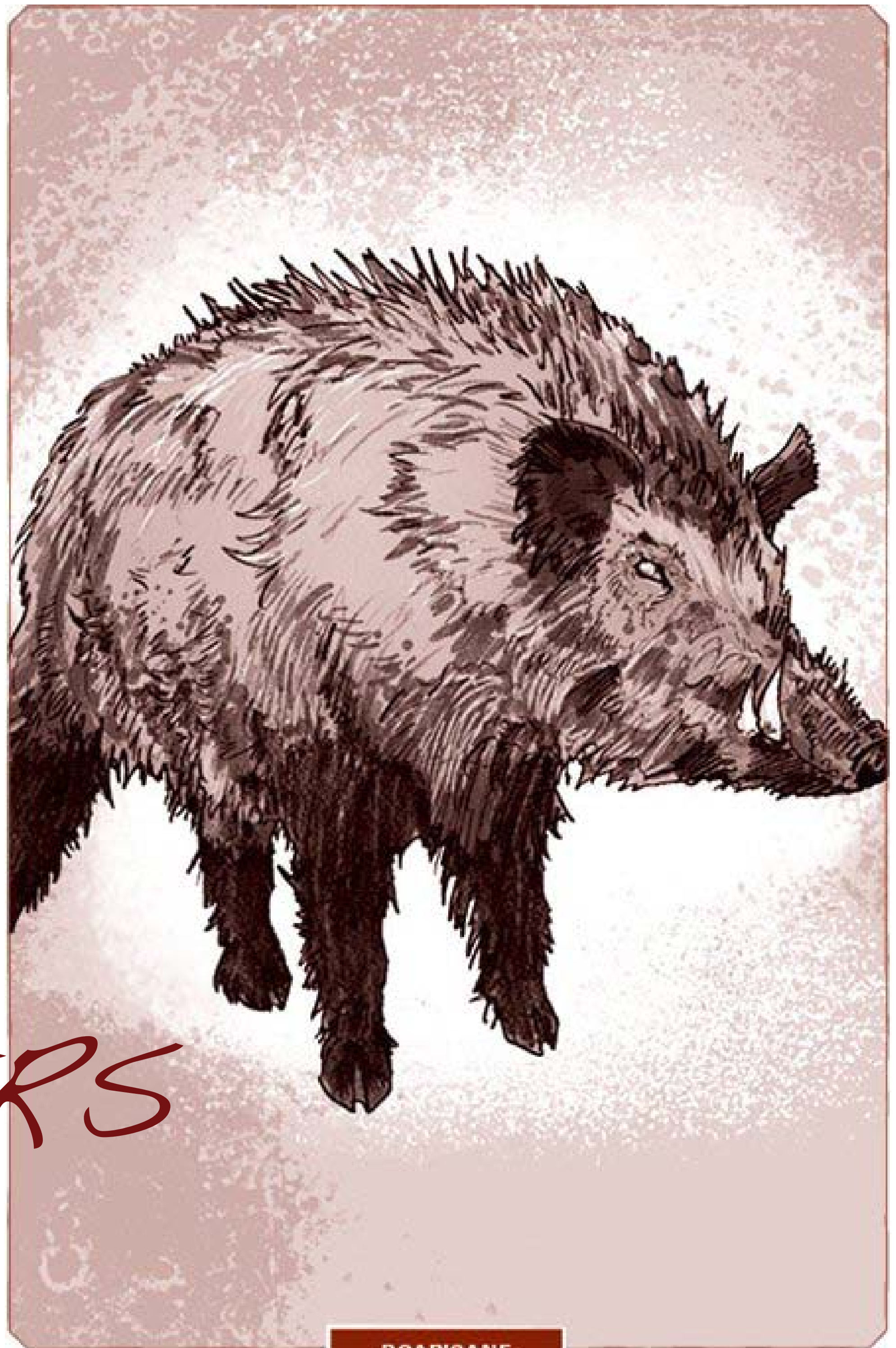
While Camp Lemonnier does not always have identical issues to deal with as other installations, the benefit of disaster preparation is universal.

For more news from Camp Lemonnier, Djibouti, Africa, visit www.navy.mil/local/CAMPL/ . 

BE READY

FOR

*UNNATURAL
DISASTERS*



BOARICANE

Be like a Coasty

If you know me you know that I am a survivor. I have survived hundreds of sticky situations, tight spots, natural and unnatural disasters. Because this month we focused on preparation, I would feel remised if I did not share a situation that I escaped like a champ. The U.S. Coast Guard motto is Semper Paratus, always ready. I want you and your family to be like a coasty, always ready. Like me even though I am a Sailor. A few years ago I was on vacation in South America and had to save a city, which will remain unnamed, in Brazil, from a "Boaricane". Yes, this scourge to humanity and nature can be bested. Just remember my words and try to do it with some style.

What is a boaricane?

To the uninitiated let me explain. Hurricanes have strong winds, high waves and torrential rainfall, throw in thousands of robotically enhanced wild boars, and a simple hurricane becomes the super deadly boaricane. "Cyboars," are double the size of regular feral hogs and have hydraulic-powered metal skeletons underneath the flesh and bone. Male cyboars have sharp, stainless steel tusks. To power these robotic swine, they have to eat constantly and they often hunt in packs.

Not a weapon

Cyboars were originally created as an augmented version of the loveable pet Pot belly pig.





The goal, according to Dr. P.G. Alexander, head developer at Pigtronics, "We wanted to improve the pot belly pig, making it as mobile and sturdy as that lovable family dog, the Rottweiler." Alexander goes on to say "They were absolutely not intended to be weaponized; as head developer I want to say my bad."

Aiming Low

Here is how you survive. First whenever there is a hurricane brewing, no matter the location, it can become a boaricane, so stay vigilant. During a confirmed boaricane hunker down in your home unless authorities tell you to evacuate. Stay inside. Draw the shades. Wait out the storm. If a cyboar breaks through your front door, put it down with your electromagnetic pulse weapon (you have one right?) or your home defense chain saw.

Some of you might be out hiking or at the spa when the boaricane hits. If you are looking to survive find shelter. If you cannot reach shelter you need to protect yourself from flying debris. Do like Dillon Francis & DJ Snake or Lil Jon say and get low (google it). Then curl into a ball. Don't worry about flood water it will just safely roll you along as if you were human tumbleweed. Do this and you will... might... there is a small chance you will survive.

Heating it up

I have more than survived a boaricane, I crushed it. Let me tell you how. As I said the cyboars, after the storm dies down, hunt in packs. The leader of the cyboar pack is typically a matriarchal sow. She will be the one hanging toward the back of the group grunting orders. So in this unnamed town in Brazil my trusty flamethrower and I went from cyboar group to cyboar group searing the leader and her half metal grandchildren. I saved the town, was made a hero, and I had yet another statue raised in my honor. Stay vigilant. We cannot stop unnatural disasters from forming but we can limit the loss of life and push back the hordes. Cowboy up!



FOR ALL SEASONS

By Jeff Kinsman
NAS Sigonella Emergency Management Officer



Preparedness Tips for All Seasons in Sicily

The Sigonella community is adjacent to an active volcano, situated atop active fault lines and is on an island in the middle of a large ocean area. Each of these truths brings its own unique environmental challenges and potential hazards. In the recent past NAS Sigonella (NASSIG) has been subject to significant ash fall from Etna's eruptions, experienced earthquakes and has been inundated by large rain storms, sometimes causing flooding in the NAS 2 and Marinai Housing areas. Each hazard may result in blocked roadways, power and water outages, uninhabitable living conditions or traffic jams on local highways. There are a number of local weather and volcano watch sites available on the web. These are not official government sites but provide a wealth of information concerning our local conditions. Before we get to those issues specific to Sigonella, here are some general tips:

Have a Plan: Another important tool you and your family need to prepare for possible emergencies is a family preparedness plan. Everyone in the family should understand what to do, where to go, and what to take in the event of an emergency. Your emergency plan should include how your family will communicate with each other, particularly if normal communication methods, such as phone lines or cell towers, are out. Have a contact person outside the area that each member of the family can notify that they are safe. Also, plan ahead for how you will evacuate the area and where your family will meet if you are evacuated separately.

Drive Safely: One of the biggest hazards we face at Sigonella is dangerous driving conditions. Two words of caution: SLOW DOWN! Most accidents are caused by excessive speed coupled with inattention and unfamiliarity with Italian roads. During fall and winter months roadways can become very slippery, particularly during the first rains of autumn when oils and ash particles may rise to the driving surface. Drive slowly through large puddles or drive around them if safe to do so. Remember, your car is not a submarine! Don't pass unless absolutely necessary. The few seconds you might gain toward your destination aren't worth the risk of injury or damage to you or your vehicle. Anticipate other drivers' actions. During any time of year you may see sheep and goats being herded on roadways. Expect the

unexpected and remember to always leave plenty of room between you and the car in front. DON'T TAILGATE. Report accidents immediately to NASSIG Emergency Dispatch at 624-1911 on-base or 095-86-1911 off-base.

Build a Kit: The best way to prepare for the unexpected is to create one or more emergency kits that include enough supplies and water for at least three days. Keep a kit prepared at home, and consider having kits in your car, at work, and a portable version in your home ready to take with you. These kits will enable you and your family to respond to an emergency more effectively. Your various emergency kits will be useful whether you have to shelter-in-place or evacuate. Be sure your kits address the needs of small children, individuals with special needs, and your pets.

Here are some tips to help mitigate the problems that might arise in dealing with seasonal hazards unique to this area.


- First and foremost, regardless of the season, all active duty and civil service personnel are required to register with both the Computer Desktop Notification System (CDNS) and Navy Family Accountability and Assessment System (NFAAS). The CDNS system will immediately notify you via your work computer, cell phone and work phone (or other phone number and email address you designate) during an emergency. Don't delay your registration. NFAAS also provides accountability for you and your family during emergencies and includes detailed address and telephone information for official use. The CDNS and NFAAS links are listed at the end of this article.

- As you are well aware by now, Sicily gets hot, especially in the lowland areas where NAS Sigonella is situated. HYDRATE! Dehydration can cause dizziness, nausea, weakness, chills, light headedness, headaches and unconsciousness. If personnel are performing strenuous activities in these temperatures, along with improper hydration practices, heat exhaustion could be a result. Exhaustion from heat can be fatal if left untreated.



- Smaller children, especially newborns and infants, are not as adaptable to temperature change. When babies are too hot or cold, their body uses more oxygen to compensate. Make sure to limit their exposure to extreme temperatures, and never leave your child in your vehicle unattended!!
- In Sicily, Fall/Winter is the rainy season and we have a history of flooding. Again, make sure to register in CDNS and NFAAS. When a flood or flash flood warning is issued, CDNS will notify Sigonella community members through your media devices so you stay plugged in for procedures pertaining to all hazard and emergency responses.
- Because of flooding and other road hazards always know at least two routes to work and where you live.
- Don't drive through large puddles. Drive around puddles if safe to do so, or choose another route to your destination.
- The holiday season is still months away, but for those with fresh-cut Christmas trees, make sure your tree stays green, that the needles are hard to pull from branches, and that the trunk bottom is sticky with resin. If your tree is bounced on the ground, a shower of falling needles means it is time to discard the tree. Above all, keep your tree away from flames!

Helpful Emergency preparation web sites:

- (NFAAS login site) <https://navyfamily.navy.mil/cas/login?service=https%3A%2F%2Fnavyfamily.navy.mil%2F>
- Ready.navy: <http://www.ready.navy.mil/> (Ready Navy is an official CNIC sponsored emergency preparedness program)
- Ready.gov: <http://www.ready.gov/> 

AFN BAHRAIN IS BIGGER, BETTER, LOUDER!

By MC1 Steve Smith NSA Bahrain





American Forces Network (AFN) Bahrain recently completed a series of renovations and upgrades to better serve the Naval Support Activity (NSA) Bahrain community.

The work began in April to replace the station's transmitters and more recently completely overhaul the aging radio studio. The changes brought increased signal strength and improved transmission quality to AFN radio listeners around Bahrain.

"The mission of AFN is to provide continuous, relevant information from base leadership and organizations," said Mass Communication Chief Frank Neely, station manager of AFN Bahrain. "These improvements to our facility allow us to continue that mission with a higher quality production for the community."

AFN primarily serves the Bahrain audience through its radio station, "The Heat" 106.3, which received \$160,000 in new studio equipment and renovations. In addition to the overhaul, AFN Bahrain has recently welcomed several new Mass Communication Specialists to its team.


"With these upgrades and additional personnel we are ready to better serve the community," said Mass Communication 1st Class Jason Winn, leading petty officer of AFN Bahrain. "We are here to provide local information, quality music and entertainment comparable to radio in the U.S."

Currently, AFN broadcasts live from its new studio from 6 to 10 a.m. weekdays and will soon begin an afternoon show at 2 to 6 p.m. Both radio shows will feature Hot Adult Contemporary (Top 40 Mix) with local command information, news and other programming.

The AFN station also has limited video production capabilities that will be used to cover base events and operations.

"AFN Bahrain is here to help put out information about what's going on around base," said Neely. "We provide creative ways to address concerns and issues, and the means inform a local audience of 8,000 in real-time."

AFN Bahrain also releases its news stories and other media products to larger audiences at AFN Pacific, AFN Europe, Navy.mil and on social media.

"We want the listener to engage us on our social media, call in during our live shows and approach us when you see us around the base," said Winn. "We need community involvement. Let us know what is going on with your organization, so we can get the word out." 

AFN Bahrain's "The Heat" radio station can be reached by calling 439-4036. The station is also on social media at [facebook.com/AFNBahrain](https://www.facebook.com/AFNBahrain).

REGION SPOTLIGHT

By Lt. j.g. Alexander Perrien, CNREURAFSWA

Mail Room

Region EURAFSWA's mission and taskings could not be effectively accomplished without the many individual sailors and civilian employees that make up our team. From Admiral to department head, to sailor, to foodcourt employee, each individual plays an essential part in the day to day operations of the command.

Our team also has members that, although may not have the most attention grabbing jobs, are essential to smooth operations, morale and supply. One of those jobs is EURAFSWA's mailroom clerk. We sat down with Sonji McKinney to find out exactly what goes on behind the scenes.

"I usually start my day with a trip to the post office located near the front gate," said McKinney. "I pick up all the packages and letters addressed to EURAFSWA offices and staff and return to my ground floor location."

The trip generally takes about thirty minutes after which McKinney sorts the mail into the various N-code boxes that store the mail until it is picked up.

McKinney's favorite part of the job is meeting new people.

"Meeting new people that come in, you find out that you have the same common goals, or have been to similar

places, or that they have been to a place that you want to go to," said McKinney. "It makes my day when they come in and we strike up a good conversation."

Originally from Brooklyn, New York, McKinney was totally prepared for the Naples lifestyle. "The driving, the crazy attitudes, I was ready for Naples," said McKinney.

McKinney also works for the badging office after her mornings in the mail room. Along with this extra duty she often goes the extra mile around the holidays.

"One of the things I love about the job is that I can always call people down to come help me if I need it," said McKinney. "When Christmas comes around I know everyone is going to be ordering a lot, so on Christmas eve, I will come in and work from the morning till one in the afternoon. That way you can still pick up your gifts that may come in on Christmas eve. I order, and you know sometimes the mail system is very spotty and they will come in the day before, and everyone wants their gifts for Christmas. People will call and ask me to call them at home, or email if their mail does come in, and I am more than happy to do that as a professional courtesy."

Next time you order items to your FPO box, essential office items, house wares, or heavy tires and weights, remember that without McKinney on the ground floor, your morning mailroom visit would be a lot more unpleasant.



REGION VOICES

What would you do in an emergency?



HN Amber M. Flemming
Camp Lemonnier Aviation Medical Technician

In the event of a mass casualty mishap, I would immediately report to the Expeditionary Medical Facility to assist medical staff in tending to injured personnel.



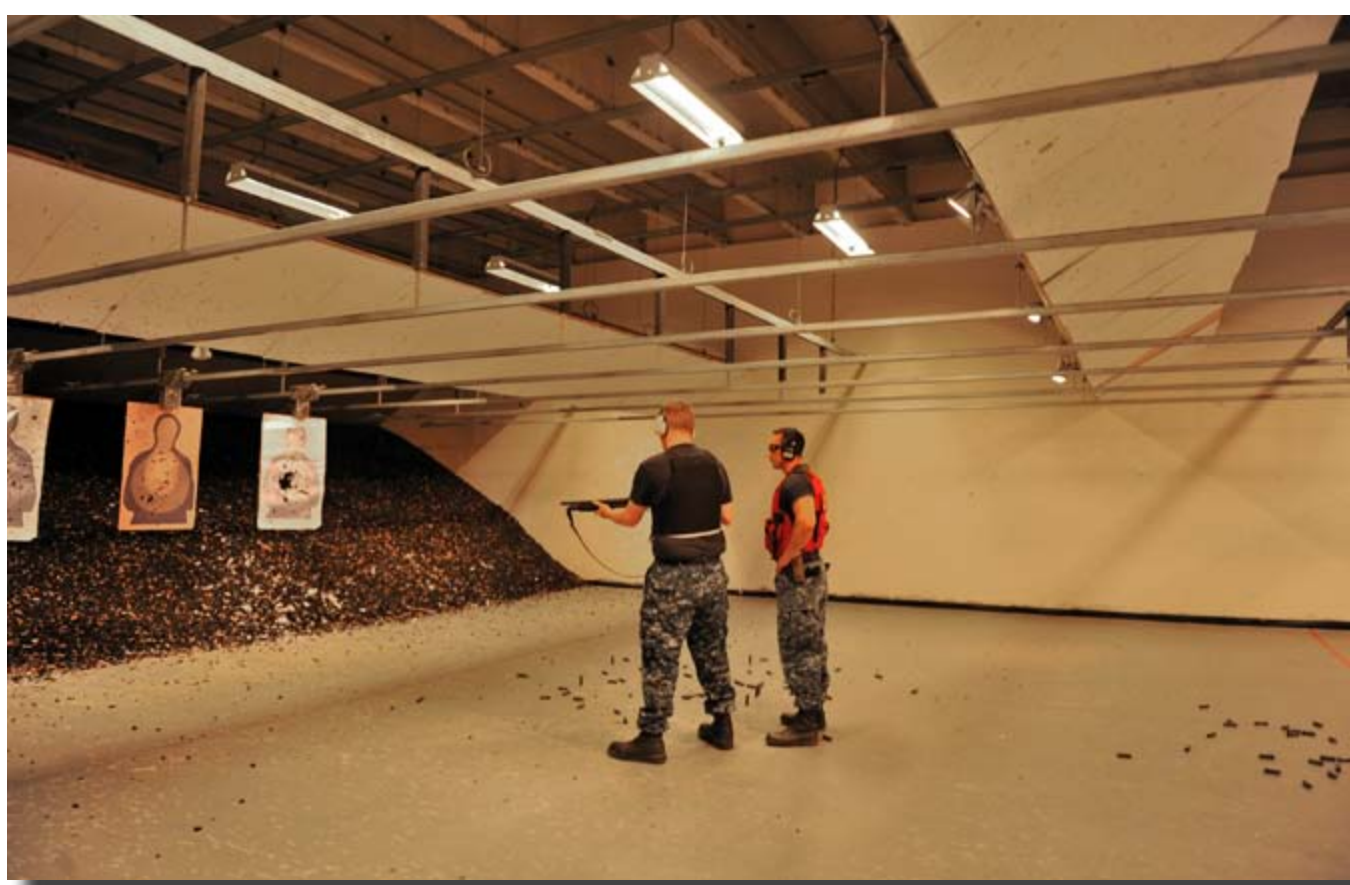
IC1 Todd Lanterman
AFN Souda Bay Chief Engineer

In the unlikely event of an earthquake I would stay indoors and shelter in place with the personnel at the station. I would drop down and get under a table or desk and wait it out. It's important to avoid windows and any structures not secured, such as bookshelves and equipment racks. After it is clear that the threat has passed, my team and I would assess the damage and/or casualties to personnel and equipment in our workspaces and inform our command.



PS3 Taisha Littles
NSA Naples Transfer Clerk

In the event of a disaster, I would muster all personnel for possible evacuation.



MA2 Robert Smith
NAS Sigonella Small Arms Instructor

In the event of an emergency, I would follow my plan and the protocols of NAS Sigonella. My evacuation kit (NEO) is safe and nearby and has all the important documents I need to ensure a safe evacuation. I also have an emergency bag with supplies like food, water and a first aid kit.



LN1 Maria A Bryant
Region Legal Service Office EURAFSWA LPO

In the event of a mass casualty mishap, i have an emergency kit prepared as well as a family communication plan. In the case of a tornado, I would take shelter in a basement or the building's losest level floor.