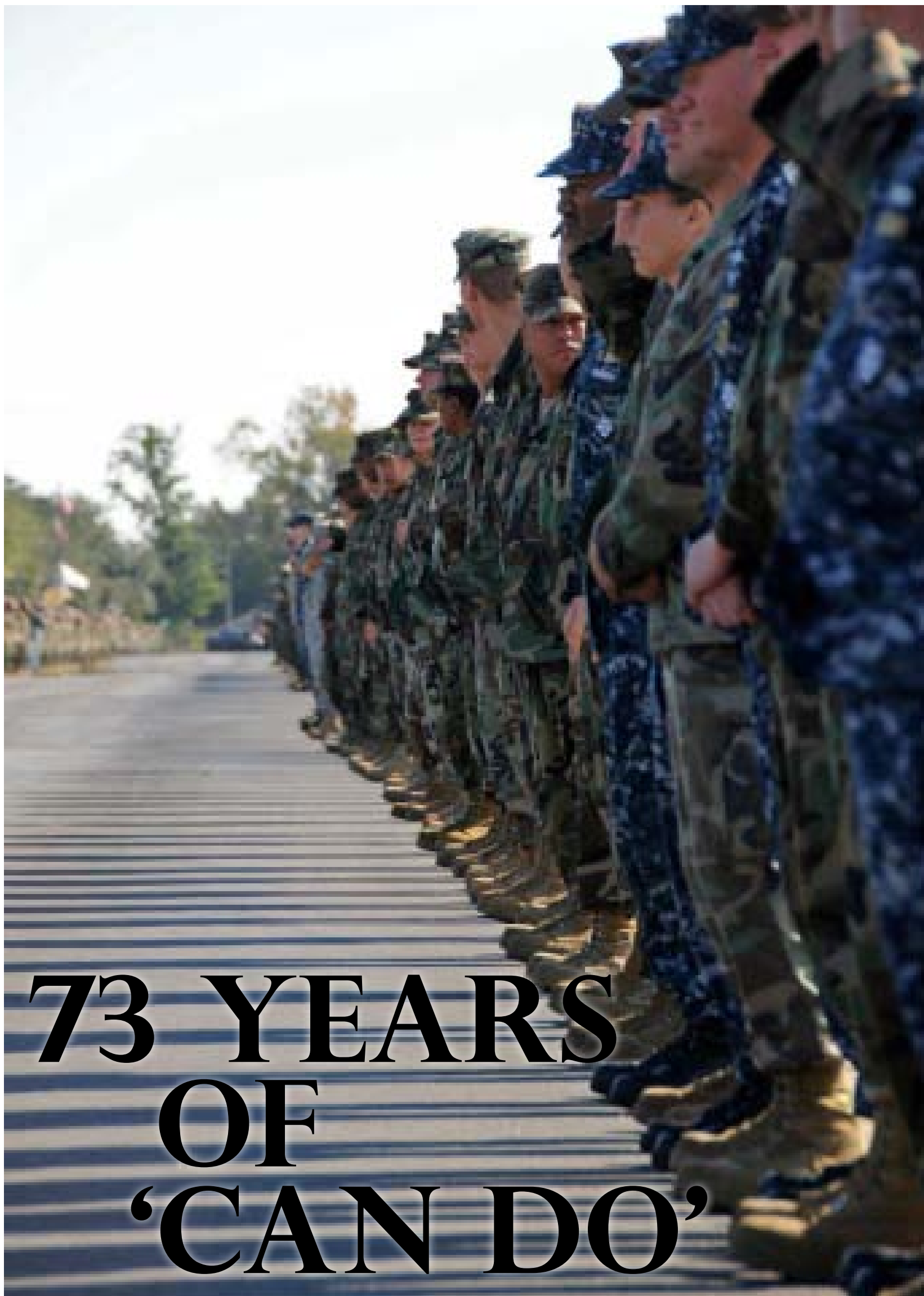


EURAFSWA

READER



**73 YEARS
OF
'CAN DO'**



EURAFSWA READER VOLUME 3 ISSUE No. 01 - MARCH 2015

“73 YEARS OF ‘CAN DO”

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Contents

04 REGION COMMANDER’S PERSPECTIVE
 Rear Adm. John Scorby

06 A HOORAH NAVY
 Morgan Over

20 YOUTH SCIENCE AND TECHNOLOGY EXPO
 MC2 John Benson

26 MANAGEMENT AND FACILITY SERVICES
 NSA Bahrain Public Affairs

40 UNITED THROUGH READING
 MC1 Julia Casper

64 STUDENTS VISIT NSA NAPLES
 NSA Naples Public Affairs

86 AN INSTRUCTION FROM THE PEOPLE
 Lt. Cmdr. Robert Johnson

92 REENLISTING AT BRAN CASTLE
 Lt. j.g. Alexander Perrien

100 SIG SEABEES GEARED UP TO CELEBRATE
 MC1 Tony Curtis

112 MMA GRAPLES IN SOUDA BAY
 MC2 Jeffrey M. Richardson

128 REGION VOICES

REGION COMMANDER'S PERSPECTIVE



I want to thank everyone for the great work you have all accomplished this past month. Your dedication and professionalism is evident in the incredible support you provide to the Fleet, Fighter and Family! There were many significant events throughout the Region last month here are just a few:

We welcomed Captain Todd “Cowpie” Watkin as the new OIC of Isa Air Base and said farewell Captain Brian “Hajji” Kiple who did an absolutely outstanding job leading the complex Air Base; we wish him all the best as he goes on to his next assignment.

Naples successfully completed exercise RELIANT PULCINELLA, a security exercise that flexed active shooter and suspicious package responses. Everyone involved performed superbly and NSA Naples decisively demonstrated their force protection readiness.

NSA Bahrain hosted a Navy Science Day, an event showcasing naval technology to military, civilian and Bahrainis, both young and old. This exhibition strengthened our relationship with the local national community and introduced many of them to an informative side of the Navy they had never before seen.

NSA Souda Bay the hosted the Deputy Assistant Secretary of State for the Bureau of European and Eurasian Affairs, Dr. Amanda Sloat, along with Commander, SIXTH Fleet, Vice Admiral Jamie Foggo. During a base tour, it became clear both the Secretary and SIXTH Fleet continue to be impressed by the outstanding performance of our sailors on the island of Crete.

On March 3rd the U.S. Navy Reserve marked 100 years of service. In our Region we have 400 reservists from 20 different units from across the United States assigned to CNREURAFSWA supporting a variety of missions. I want to wish all our Reservists a Happy Centennial Birthday!

Also this month, we wish a Happy Birthday to the Seabees! For 73 years our Navy Seabees have been protecting the nation and serving the U.S. Navy with pride and outstanding dedication. The men and women of the Seabees have been engaged globally, constructing bases, building airfields, roads, bridges and support facilities for nearly $\frac{3}{4}$ of century. Thank you, Seabees, for what you do every day.

March is Women’s history month. This affords us an opportunity to pay tribute to the many generations of women whose commitment to the cause of equality and service to others has positively impacted the Navy and our society. Please join me in extending our deep appreciation and respect to all the women in our families, our workplaces, our communities and our Navy! Also, please visit www.womenshistorymonth.gov for information on Woman’s History Month as well as a collection of excellent resources highlighting the exceptional contributions of women.

I would also like to remind everyone of our continuous focus on ethics, integrity, and trust in the work place. Everyone at EURAFSWA should feel that they have the ability to contribute to a positive and productive work environment and be free to notify your leadership of any challenges or barriers to a healthy workplace. As a team, we should work together to ensure everyone is comfortable and confident in their workplace and with their team.

Our success is tied directly to the remarkable support of our friends and families. They embody the resilience and generosity that makes our communities strong and our achievements possible. I applaud our Navy family and all they do to support our mission.

As always, take care of yourself, take care of your Shipmates and take care of your family!

RADM Jack Scorby
Commander, Navy Region Europe, Africa, Southwest Asia



A HOORAH NAVY

By Morgan Over, Contributing Writer
NAVSTA Rota

Do you remember the first day you arrived at boot camp, college, or a new duty station? That moment of sheer terror as you realize the full magnitude of what you've just signed up for. Whether it's communal bathrooms, having to clean the floors instead of a cleaning staff, learning the new area, or being denied the ability to walk on the grass, this new experience has the ability to instill fear in anyone. It's not that it's a scary process; it's that it's unknown.

Seabees return to Naval Construction Battalion Center Gulfport. Here, they don't return on white horses, but on white buses that bring with them cheer, anxious hearts, and lots of love. (U.S. Navy photo by Morgan Over/Released)

Seabees assigned to Naval Mobile Construction Battalion (NMCB) 1 Whisky Detachment walk in formation to the training hall aboard Naval Construction Battalion Center Gulfport prior to deploying to Iraq, May 2011. (U.S. Navy photo by Morgan Over/Released)



In 2010, I didn't enlist in the Navy nor did I show up for my first day of college. Instead, my husband and I arrived at Naval Construction Battalion Center Gulfport, Mississippi - home to the Atlantic Fleet Seabees. A home where "aqua-flague" stands out like a red dress in a black and white photo and where the familiar Navy jargon accumulated over the years is dismissed in favor of Marine and Army-like speak. Whether it's trying to figure out what exactly Alpha Company does, and what a det, unit, company, battalion truly consists of, the world of Seabees is one of a different language but that is deep-rooted in history and HOORAH pride.

My husband transferred into the community in 2010, leaving behind the surface warfare community where I understood what a LOA, ULTRA-E, UNREP and JTFX actually stood for. In its place became FTX, PDSS, BUs, A/B/C COMPANY, and so much more. It was like having to learn a foreign language ... in a country where everyone speaks English.

The Seabees date back to the 1940s. Any good new arrival will have seen John Wayne in the "Fighting Seabees." It's a great movie that explains the implementation of the Seabees and what exactly they do. They're not just "hammer wielders" but amazing magicians who were quickly able to repair runways after bombings, and who can create a village overnight. They're electricians, builders, equipment operators, utilitiesmen, constructionmen and steel workers. They can take a blank canvas and paint a beautiful picture. The picture may be a SWA hut, but it's still a pretty SWA hut.

Being welcomed into the community, or the beehive of spouses in my case, was an amazing experience. Learning the differences between the different rates, understanding the mission of the Seabees, and learning to truly appreciate the "dirt Navy" was something I'll treasure for years. While different from the sea fare going Sailors, Seabees have an equally important job. They can help put a

community back together and make something out of nothing. Following the 2010 Haiti earthquake, Seabees were dispatched to help support the mission Port-au-Prince. When Hurricane Katrina struck the Gulf Coast, Seabees were helping displaced families, including their own. In Iraq and Afghanistan, where Seabees have played a prominent role alongside their Marine brothers and sisters, they helped build entire bases. For Seabees, when a wall gets knocked down, Seabees build it right back up; often stronger and better than before.

There is a palpable pride in this community of Bees. It's not simply about putting on the uniform every day; it's making a difference in the lives of those around them. I have read stories of Seabees building a ramp in the home of a disabled person. I have seen the looks of excitement on the

Active duty and dependents brave muddy water in a race to be the Seabee Mud Run winner during this annual race aboard Naval Construction Battalion Center Gulfport. (U.S. Navy photo by Morgan Over/Released)



faces of school-aged children as they watch a Seabee work (doesn't everyone want to learn how to drive a backhoe?!). I have seen them practice egress measures to evacuate a MRAP in the event of a rollover. I have photographed silent Seabees as they bid farewell to their fellow Bee during memorial ceremonies. I have seen them hug their loved ones as they depart for deployment. And I have seen the faces of happiness, and sometimes tears, when they come home.

The Seabee community is one that is infrequently discussed, but they are a hardworking force of the Navy. Some would even call it a "dirty job," but for these dedicated Sailors, it's just another day on the job. One change at a time, one Seabee at a time, they're slowly making the world a better place.



Active duty and retired Seabees line a walkway during a memorial ceremony in 2011. (U.S. Navy photo by Morgan Over/Released)



CE3 Daniella Acevedo Inspects Runway Approach lighting onboard Naval Station Rota, Spain in order to ensure continued operations. (U.S Navy photo by CMC Leslie Walton)

GSE2 (SW) Michaela Bostwick, assigned to PWD Rota Spain, inspects a backflow preventer onboard NAVSTA Rota Spain as part of operational maintenance checks to maintain operation of the base water distribution system. (U.S. Navy photo by CMC Leslie Walton)

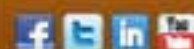


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SITUATION
WHERE THERE'S A
POTENTIAL FOR
SEXUAL
ASSAULT,
I WILL DO
SOMETHING TO
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UT
BROWNSVILLE

Bahraini Youth

SCIENCE

& TECHNOLOGY EXPO

By Mass Communication Specialist 2nd Class John Benson,
NSA Bahrain Public Affairs



More than 25 students from the Creativity Private School in Bahrain attended the first Bahraini Youth Science and Technology (BYSAT) Expo on board Naval Support Activity (NSA) Bahrain Feb. 17.

The expo displayed different types of commercial technology utilized by the U.S. armed forces in Bahrain and educated youth on potential educational paths they may choose in the future. The visit was a joint effort coordinated by the Creativity Private School, U.S. Embassy, U.S. Navy and U.S. Army.

The Bahraini youth were given the opportunity to climb aboard a coastal command boat (CCB), operate educational robots, learn about the principles of buoyancy and handle cameras used by the Navy.

"Our mission here is two-fold: inspire youth to continue their education in the sciences and show the youth of Bahrain what the Navy does here," said Capt. Kellie Watkins, Army Civil Affairs Unit with Commander Task Force (CTF) 56.

The high-tech science fair provided a rare opportunity for local youth.

"This serves as not only an educational tool but also as a motivational tool for the students," said Shoban Chakrala, biology and chemistry teacher at the Creativity Private School. "This is like a science fair displaying how technology is used by the Navy and we can't thank them enough for inviting us!"

The engineering accomplishments featured at the expo display just how far humanity has advanced in the past couple of decades.

"Technology that cost thousands of dollars 20 years ago now costs tens of dollars today," said Wayne Pavalko, science advisor to U.S. Naval Forces Central Command in Bahrain. "It's off-the-shelf technology and we hope the youth today realize how easy it is to program and consider pursuing their education in the sciences. It's nice to show the Bahraini youth that the Navy does much more than just the military stuff."

For some students their interest was peaked by the displays. "I learned many things about what the Navy does, what types of missions they do and how the ships work," said Mohammad Alemadi, student at the Creativity Private School. "I'm very interested in the robots because I'd like to pursue my education in engineering."

In addition to exhibiting high-tech gadgetry utilized onboard NSA Bahrain, the expo also provided the opportunity to help the Navy integrate with Bahraini youth.

"I don't think the Bahraini youth have much interaction with Navy Sailors," said Michele Kimpel Guzman, deputy public affairs officer for the U.S. Embassy in Bahrain. "This expo gives them the rare opportunity to speak with military service personnel and learn about what they do in Bahrain."

Great things have the humblest beginnings and event organizers hope the same holds true for the BYSAT Expo.

"We're starting out small right now but our goal is to grow bigger," said Watkins. "We'd like to invite more students and incorporate multiple schools into the program."

For many students it's safe to say that the goals of inspiring them have been accomplished.

"I'm really interested in all of these things!" said Wasan Aladwan, student at the Creativity Private School. "My favorite part was visiting the CCB and learning about how the engines operate. I'm going to tell all my friends about all the cool things they had here and if there's another trip I'll be the first one to sign up!"



At the Transportation Maintenance Shop, Equipment Operator Third Class Benjamin Primozic conducts an operational check on the Haulotte man-lift after a tire change to ensure proper mobility and safe operation of the equipment. (U.S. Navy photo by CE1 Travis Harvey)



Builder Third Class (BU3) Juan Orosco cuts a 2x6 at the Public Works Department (PWD) Bahrain Builder Shop. The lumber will be used in a project to replace a damaged staircase and railing, currently posing a safety hazard, for Morale Welfare and Recreation (MWR) Fitness Center onboard Naval Support Activity (NSA) Bahrain. (U.S. Navy photo by PWD Bahrain)



As part of a pre-start inspection procedure EOCN Justin Peters checks an air connection on a tractor trailer. After its successful completion, he was able to move the equipment from NSA 1 to NSA 2. (U.S. Navy photo by CE1 Travis Harvey)

Supporting CONTRACT MANAGEMENT and FACILITY SERVICES

Story by NSA Bahrain Public Affairs

In such a challenging operational environment, PWD Bahrain fully understands the importance of preventive maintenance to the longevity of equipment. As such, in 2012, PWD Bahrain awarded a Base Operating Support Contract (BOSC) to Government for Solutions (G4S) for day-to-day maintenance. To oversee the contract, PWD Bahrain tasks its Facilities Support Contract Management and Facility Services (FMFS) branch, comprised of Performance Assessment Representatives (PARs). The PARs are assigned as Technical Points of Contact (TPOC)/ Subject Matter Experts (SME) and asked to perform duties as on-site representatives to assess contractor performance.



EA1 Sean Barezi listens as a G4S contractor explains reverse osmosis (RO) plant operation during his scheduled performance assessment. The RO plant supplies water for all of NSA 2; it is crucial that it is run efficiently and effectively. (U.S. Navy photo by NSA Bahrain/Released)

Engineering Aide First Class (EA1) Sean Barezi is one of 5 PARs onboard PWD and is the only military member. In charge of 44 recently-built facilities at NSA 2, he thoroughly assesses contractor performance on HVAC systems, elevators, the reverse osmosis (RO) plant, and custodial services on a daily basis. In a typical month, Petty Officer Barezi conducts over 75 assessments, which is over 50% of all contractor scheduled maintenance. His efforts enable the FMFS branch to locate areas in need of further attention so action can be taken to prevent impact to the missions of tenant commands. Since most of the facilities he assesses are newly-constructed, EA1 also ensures that every item under warranty



EA1 Barezi inspects the AHU-2 panel inside the Pass & ID building during contractor scheduled maintenance. G4S conducts weekly and monthly maintenance on HVAC equipment to ensure they are fully operational. The team is instrumental in the support of the 98 tenant commands onboard NSA Bahrain. (U.S. Navy photo by NSA Bahrain/Released)



is fixed when needed by the appropriate contractor. Seabees from NAVFAC PWD Bahrain, with their “Can Do” attitude, are a key component to keep the base up-and-running. Petty Officer Barezi plays a significant role in supporting the base facilities by maintaining a thorough performance assessment program. He serves as eyes on the ground for the U.S. Government, ensuring scheduled preventive maintenance is accomplished according to the contract and operational manuals. His relentless efforts help prevent any disruption to base operations and to tenant commands’ missions, while preventing unnecessary repair costs onboard NSA Bahrain.

EA1 Barezi verifies the centrifugal chiller log sheet data during an unscheduled performance assessment inside the Combined Utility Building (CUB). The chillers keep NSA 2 facilities at pleasant temperatures, even during the brutal Bahraini summers when the mercury often pushes 110 degrees. (U.S. Navy photo by NSA Bahrain/Released)

Morale Welfare and Recreation (MWR) Bahrain in association with Navy Entertainment presents Grammy Award Winner T-Pain in concert at Naval Support Activity (NSA) Bahrain. (U.S. Navy photos by MC2 John Benson/Released)



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Morale Welfare and Recreation (MWR) Bahrain in association with Navy Entertainment presents Grammy Award Winner T-Pain in concert at Naval Support Activity (NSA) Bahrain. (U.S. Navy photos by MC2 John Benson/Released)

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UNITED *Through* READING

By Mass Communication Specialist 1st Class Julia A. Casper, Camp Lemonnier Public Affairs



Service members deployed to Camp Lemonnier-Horn of Africa, Djibouti have been staying connected with their families through the command's United Through Reading (UTR) program.

UTR is a non-profit organization established in 1989 by Betty Mohlenbrock, a military spouse. The program assists military families by helping them stay connected while separated during deployments by reading aloud on video. The videos are converted to CDs and then sent to children or family members to keep them connected with their service member while he or she is away.

According to UTR's website, their goal is to boost family morale and reinforce parental support for the spouse left at home and ease fears by children about parental absence.

"I schedule approximately 12 UTR sessions a month," said Religious Programs Specialist 1st Class Laura Aranda, Camp Lemonnier's UTR program coordinator. "Some people come back twice a month to send home videos to their families."

U.S. Air Force Major Donna Eaton reads a story to her grandchildren as a part of the United Through Reading program at Camp Lemonnier. For over seven years, the Camp Lemonnier chapel has provided service members the opportunity to participate in United Through Reading, a program initiated in 1989. (U.S. Navy photo by Mass Communication Specialist 1st Class Julia A. Casper/Released)



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Aranda admits that there are many technological ways that service members can stay connected these days, but wants individuals to recognize that there is nothing like getting something in the mail that allows a family member to see your face talking to them one on one.

“This is my 5th deployment and I take part in UTR every chance I get,” said U.S. Air Force Major Donna Eaton. “Today people get too far away from the personal connection that reading creates. It is so important for younger children to see you, so you can influence them into reading.”

Eaton has three grandchildren back in the states. There is no limit on how many times a service member can record a UTR, the program was specifically designed to maximize the facilitation of communication between families.

“It is so much more than just reading a book, this 30-40 minute session allows someone to bridge the gap of what is being missed back home, while on deployment,” said Aranda. “It strengthens the bond with family members, children have the ability to touch the screen and really feel closer to their loved ones.”

Most service members who take advantage of this program take part more than once.

“I urge everyone to take advantage of this program it is an opportunity that is not only good for the family, but the individual as well,” said Eaton. “It takes you away from your work environment for a few minutes and allows you to feel like you are back home on your nice comfy couch, talking to your family.”

UTR is available for any service member and is located at Camp Lemonnier’s chapel. There is a wide variety of books to choose from, with the ability to bring your own, or to even just record a message to send back home.

“I believe that UTR is an important program to participate in,” said Aranda. “It is a great feeling to receive positive feedback and know that you are responsible for helping family members stay connected while here in Djibouti.”

For more information on Camp Lemonnier’s United Through Reading program or to schedule a United Through Reading recording please contact RP1 Laura Aranda at 824-4800, or visit the command Chapel offices.

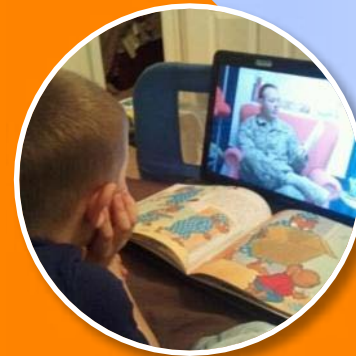


Circle of Communication

The service member reads a book while being recorded and sends the video home to the child.



The child at home watches the video and follows along with the book, if available.



The service member's morale is boosted by the feedback, and he or she is encouraged to read again.



The caregiver at home captures the child's reaction to the video in a photo or email and sends back to the service member.



www.unitedthroughreading.org

United Through Reading 2014. All rights reserved.



LTJG Jack Schenker and BUCS(SCW) Tom O'Connor inspect the Combat Armament Loading Apron project from atop a newly installed guard tower. The project installed 46 acres of 11 inch thick concrete to be used for aircraft parking. (U.S Navy photo by MC1(SW/AW) Julia A. Casper/Released)



CE1 (SCW) Fernando Marquez (right) provides oversight of a relay installation for the power generation units at Camp Lemonnier, Djibouti, Africa. The 17 megawatt power plant supplies all Camp electricity ensuring mission accomplishment for the Camp and tenant commands. (U.S Navy photo by MC1(SW/AW) Julia A. Casper/Released)



CE1 (SCW) John Hoodenpyle (left) and LTJG Erwin Rodriguez (right) perform a quality inspection on the acoustical ceiling installation at the new dry storage warehouse project at Camp Lemonnier, Djibouti, Africa. The new warehouse will provide increased covered storage, eliminating the need for CONEX box containers aboard Camp Lemonnier. (U.S Navy photo by MC1(SW/AW) Julia A. Casper/Released)



LT Nathan Chenarak (Right) and UT1 (SCW) Waverly Holland (left) spot check flow and pressure readings on the Reverse Osmosis Water Purification Unit plant at Camp Lemonnier, Djibouti, Africa. The ROWPU produces 250,000 gallons of fresh drinking water per day for the residents of Camp Lemonnier. (U.S Navy photo by MC1(SW/AW) Julia A. Casper/Released)



BU2 (SCW) Darcus Coleman inspects a load of refuse at the Camp Lemonnier trash incinerator plant. The Camp Lemonnier incinerator processes over 15 tons of debris per day producing two tons of ash waste. (U.S Navy photo by MC1(SW/AW) Julia A. Casper/Released)

Sailors assigned to the color guard parade the colors during 73rd Seabee Birthday Ball at Camp Lemonnier. The "Seabees" name was derived from the abbreviated form of construction battalion or "CB", an organizational unit of military personnel common to land forces used by Seabees. On March 5, 1942, the name also became the logo suited to the sea going "bees" since like the insect the both build and fight. (U.S. Navy photo by Mass Communication Specialist 1st Class Julia A. Casper/Released)



Chief of Civil Engineers, Rear Adm. Katherine Gregory, delivers remarks during 73rd Seabee Birthday Ball at Camp Lemonnier. Gregory visited Camp Lemonnier to tour its facilities and construction sites to assess its various engineering projects. (U.S. Navy photo by Mass Communication Specialist 1st Class Julia A. Casper/Released)

Chief of Civil Engineers, Rear Adm. Katherine Gregory, center, delivers remarks during 73rd Seabee Birthday Ball at Camp Lemonnier. Gregory visited Camp Lemonnier to tour its facilities and construction sites to assess its various engineering projects. (U.S. Navy photo by Mass Communication Specialist 1st Class Julia A. Casper/Released)



Chief of Civil Engineers, Rear Adm. Katherine Gregory, center, congratulates Builder Seaman Tanesha Tolbert, for being the youngest Seabee at the 73rd Seabee Birthday Ball at Camp Lemonnier. Gregory visited Camp Lemonnier to tour its facilities and construction sites to assess its various engineering projects. (U.S. Navy photo by Mass Communication Specialist 1st Class Julia A. Casper/Released)



Chief of Civil Engineers, Rear Adm. Katherine Gregory, center, discusses bases construction development plans with Cmdr. Kirk Lagerquist, Camp Lemonnier's public works officer. Gregory visited Camp Lemonnier to tour its facilities and construction sites to assess its various engineering projects. (U.S. Navy photo by Mass Communication Specialist 1st Class Julia A. Casper/Released)



Chief of Civil Engineers, Rear Adm. Katherine Gregory, 2nd from left, discusses a building construction development plans with Lt. Erwin Rodriguez, a Camp Lemonnier construction site manager. Gregory and Seabee Force Master Chief Christopher Levesque are conducting site visits throughout the European Region to assess various engineering support facilities and bases. (U.S. Navy photo by Mass Communication Specialist 1st Class Julia A. Casper/Released)



Chief of Civil Engineers, Rear Adm. Katherine Gregory, center, discusses a building construction development plans with Eric Ofei, a Camp Lemonnier construction site manager. Gregory and Seabee Force Master Chief Christopher Levesque are conducting site visits throughout the European Region to assess various engineering support facilities and bases. (U.S. Navy photo by Mass Communication Specialist 1st Class Julia A. Casper/Released)



Cmdr. Ron Neitzke, Camp Lemonnier command chaplain, places ashes on the forehead of Chief Hospital Corpsman Alvin Cruz during an Ash Wednesday service. Ash Wednesday marks the beginning of Lent, a Christian religious observance that covers a period of approximately six weeks before Easter Sunday. (U.S. Navy photo by Mass Communication Specialist 1st Class Julia A. Casper/Released)



Cmdr. Ron Neitzke, Camp Lemonnier command chaplain, places ashes on deployed service members during an Ash Wednesday service. Ash Wednesday marks the beginning of Lent, a Christian religious observance that covers a period of approximately six weeks before Easter Sunday. (U.S. Navy photo by Mass Communication Specialist 1st Class Julia A. Casper/Released)



Logistics Specialist 3rd Class Keiondra Howard, issues new equipment to Sailors deployed to Camp Lemonnier's security forces department. The new equipment was funded by (CNIC) to outfit base security forces on installations throughout the Navy. (U.S. Navy photo by Mass Communication Specialist 1st Class Julia A. Casper/Released)



MEDAGLIA D'ORO
CONFERITA ALLA
BANDIERA
DELL'AERONAUTICA
MILITARE

IN CINQUE ANNI DI GUERRA APER-
TA E DI LOTTA CLANDESTINA, PIU'
MA AL CIMENTO SU TUTTI I FRONTI
TUTTE LE BATTAGLIE HA
SAPUTO IMPREGNARE I PROPRI AEREE
FINO ED OLTRE L'USURA DELLA
GUERRA E DEL TEMPO. MOLTA
DO UN TERZO DEI PILOTI E SPECIA-
LISTI DI SQUADRIGLIA, QUATTRO
MEDAGLIE D'ORO AGLI STORMI,
CENTOCINQUANTUNO MEDAGLIE
D'ORO ALLA MEMORIA ED AI VI-
VENTI IN NUMEROSI MEDAGLIE
D'ARGENTO, DI BRONZO E CROCI DI
GUERRA AL VALORE ATTESTANO
L'EROISMO DELL'ARMA E LA SUA
FEDELTÀ ALLA PATRIA. IL FAT-
TORE CHELO D'ITALIA
E' E' POI CHE ANNA
E' LA NATIONE TUTTA
TO PER LE CENERI
E' TERRA

MEDAGLIA D'ORO
AL VM
UGO NIUTTA

SOTTOTENENTE
WTO SQUADRIGLIE AVIATORI

PILOTA D'AEROPILANO, DURANTE
UNA RICONFEZIONE AEREA NELLE
LINEE AVVERSARIE, INCONTRO
DUE VELIVOLI NEMICI AGGREDI-
VA RIPETUTAMENTE, COSTRIN-
DONO UNO A PRECIPITARE DISCE-
SA, ATTACCA UN CONDIZIONE
SVANTAGGIOSO, DALL'ALTO SO-
STENNE CON INCHIOTO ANDRE
LA LOTTA. ESSENDO STATO COL-
PITO A MORTE L'OGGETTIVORE
NELL'IMPOSSIBILITÀ ORMAI DI
CONTINUARE L'INFARE LOTTA,
SORVOLANDO A BASSA QUOTA
LE TRONCHE NEMICHE E SPAN-
DO CON INDIRIZZA FIEBREZZA IL
FIOCCO DELLE MITRAGLIATRICI,
TENTÒ DI GUADAGNARE LE NO-
STRE LINEE.
COLPITO A MORTE EGLI STESSO
E PERDITA CON COSCIENZA,
ANDAVA CON L'ALFA RECCO
CON UNO SPANNO ECCEZIONALE E
VELOCISSIMO GLI OROLOGIARI

STUDENTS VISIT

NSA NAPLES

Story by NSA Naples Public Affairs



Italian students watch as members of the Naval Support Activity (NSA) Naples fire department demonstrate their fire-fighting equipment during a visit to NSA Naples. Italian students are visiting the base as a part of a community relations event to build the relationships between the Navy Sailors and the host nation. (U.S. Navy photo by Mass Communication Specialist 2nd Class John Herman/Released)

For more than a decade the Naval Support Activity (NSA) Naples' community relations expert has been hosting base tours and media escorts to offer Italian students and others a better understanding of the U.S. Navy and its purpose in Italy.

"It's amazing to see how happy they are and how much they love the USA," said Teresa Merola, the organizer from the installation's Public Affairs office. "They said they would like to stay and asked me how and what are the procedures to work for the U.S. Navy."

During the Feb. 27 base tour, Merola worked with an Italian counterpart to also include a tour of the Italian air force base attached to the Capodichino International Airport.

"The students had great time visiting the NSA Capo base," said Merola. "It was interesting to work with our Italian air force counterparts so students could see that U.S. Navy works closely with Italian Air Force and how important is to have their support."

The students had the unique experience of seeing both U.S. and Italian planes during their half-day visit to Capodichino.

Students from elementary to high school visit the base throughout the school year to learn a little history of the U.S. Navy's presence in Naples, the purpose of the different bases and a little something from Merola's years of experience working with the U.S. Navy and NATO.

The tour begins in the simple, but reverent base chapel with members of the command's Religious Ministries team on hand to discuss the various services provided to the military service members, civilian employees and their families. The chaplains and their religious programs specialists offer more than 30 services and meetings each week. The 'cry room' located in the back of the chapel usually gets a few laughs from the Italian students when they realize what it is.

"The most favorable part of the tour is always the gym," said Merola.



Italian students listen as Commander Manuel Biadog explains to them the role of the U.S. Navy Chaplain corps during a visit of Naval Support Activity Naples. Italian students are visiting the base as a part of a community relations event to build the relationships between the Navy Sailors and the host nation. (U.S. Navy photo by Mass Communication Specialist 2nd Class John Herman/Released)



Italian students explore a Sikorsky SH-60 Seahawk helicopter a during a visit to Naval Support Activity Naples. Italian students are visiting the base as a part of a community relations event to build the relationships between the Navy Sailors and the host nation. (U.S. Navy photo by Mass Communication Specialist 2nd Class John Herman/Released)



Italian students pause for a photo in the plaza during a visit to Naval Support Activity Naples. Italian students are visiting the base as a part of a community relations event to build the relationships between the Navy Sailors and the host nation. (U.S. Navy photo by Mass Communication Specialist 2nd Class John Herman/Released)

The FitZone Gym houses a six-lane lap pool, a full court gymnasium and a cardio theater area. On a few occasions the Naples Tiger Sharks swim team has been in the pool practicing during the visit and the Italian students learn that the American children travel to other base schools for competitions similar to their sports programs.

Merola said the students also generally appreciate visiting the Fire Department and the Hangar Bay where they get to see a helicopter or plane, depending on the base's flight schedule. Fire fighters sometimes allow a student to get a first-hand account of breathing through a mask or wearing some of their gear and pilots are normally available to take a quick group photo.

During their visit to the U.S. base, the children also get chances to see the Air Terminal, USO Lounge, base library and food court.

Merola has been doing these tours with the students since 2003 and doesn't see any reason to stop now.



Builder 2nd Class Eric Kraninger, assigned to Public Works Department Naples, Italy uses a Miter saw to cut pieces of wood in the production shop Jan. 28, 2015. PWD Naples provides a full range of NAVFAC construction, engineering, facility maintenance, utilities, transportation and environmental services to NSA Naples and tenant commands. (U.S. Navy photo by Mass Communication Specialist 2nd Class Eva-Marie Ramsaran/Released)



Builder 2nd Class Eric Kraninger (right) and Utilitiesman Constructionman Apprentice Jacob Nelson (left) of Public Works Department (PWD) Naples, Italy move furniture into new office spaces on board U.S. Naval Support Activity Naples Feb. 4, 2015. PWD Naples provides a full range of NAVFAC construction, engineering, facility maintenance, utilities, transportation and environmental services to NSA Naples and tenant commands. (U.S. Navy photo by Mass Communication Specialist 2nd Class Eva-Marie Ramsaran/Released)



Construction Electrician Constructionman Apprentice Darien Brewton of Public Works Department (PWD) Naples, Italy replaces filters in the air handler units at Naval Support Activity Naples Feb. 4, 2015. PWD Naples provides a full range of NAVFAC construction, engineering, facility maintenance, utilities, transportation and environmental services to NSA Naples and tenant commands. (U.S. Navy photo by Mass Communication Specialist 2nd Class Eva-Marie Ramsaran/Released)



Builder 2nd Class Eric Kraninger, assigned to Public Works Department Naples, Italy refurbishes a command board in the production shop Jan. 28, 2015. PWD Naples provides a full range of NAVFAC construction, engineering, facility maintenance, utilities, transportation and environmental services to NSA Naples and tenant commands. (U.S. Navy photo by Mass Communication Specialist 2nd Class Eva-Marie Ramsaran/Released)



Fred Kuwornu, director, discusses his award-winning film "Inside Buffalo" with students at the Naples All American High School Jan. 2 during a special Black History Month assembly inside the school gymnasium. "Inside Buffalo" documents the story of the U.S. Army's 92nd Infantry Division "Buffalo Soldiers" during World War II and the segregated combat unit's struggle with civil rights upon return to post-war America. Kuwornu's international visit to Naples and his Black History Month presentation was done in cooperation with the U.S. Consulate General Naples to promote cross-cultural communication between young Italians and Americans. (U.S. Navy photo by Mass Communication Specialist 3rd Class Robert S. Price/Released)



Firefighters lift a simulated casualty as part of a Vehicle Borne Improvised Explosive Device (VBIED) scenario on Naval Support Activity Naples, Feb. 5. It was part of a training scenario in Exercise Reliant Pulcinella, a multi-day exercise involving the Capodichino, Support site and Fleet Landing Gaeta bases. (U.S. Navy Photo by Mass Communication Specialist 2nd Class Darby C. Ortega/Released)



Navy Sailors conduct a search for a suspected gunman in the Naval Support Activity Naples Capodichino Admin II building, Feb. 4. The active-shooter scenario is an aspect of Exercise Reliant Pulcinella, a multi-day, security driven training scenario to maintain base readiness. (U.S. Navy Photo by Mass Communication Specialist 2nd Class Darby C. Ortega/ Released)



Medical staff load an injured Sailor into an ambulance as part of a Vehicle Borne Improvised Explosive Device (VBIED) scenario on the Naval Support Activity (NSA) Naples Support Site, Feb. 5. It was part of a training scenario in Exercise Reliant Pulcinella, a multi-day exercise involving the Capodichino, Support site and Fleet Landing Gaeta bases. (U.S. Navy Photo by Mass Communication Specialist 2nd Class Darby C. Ortega/Released)

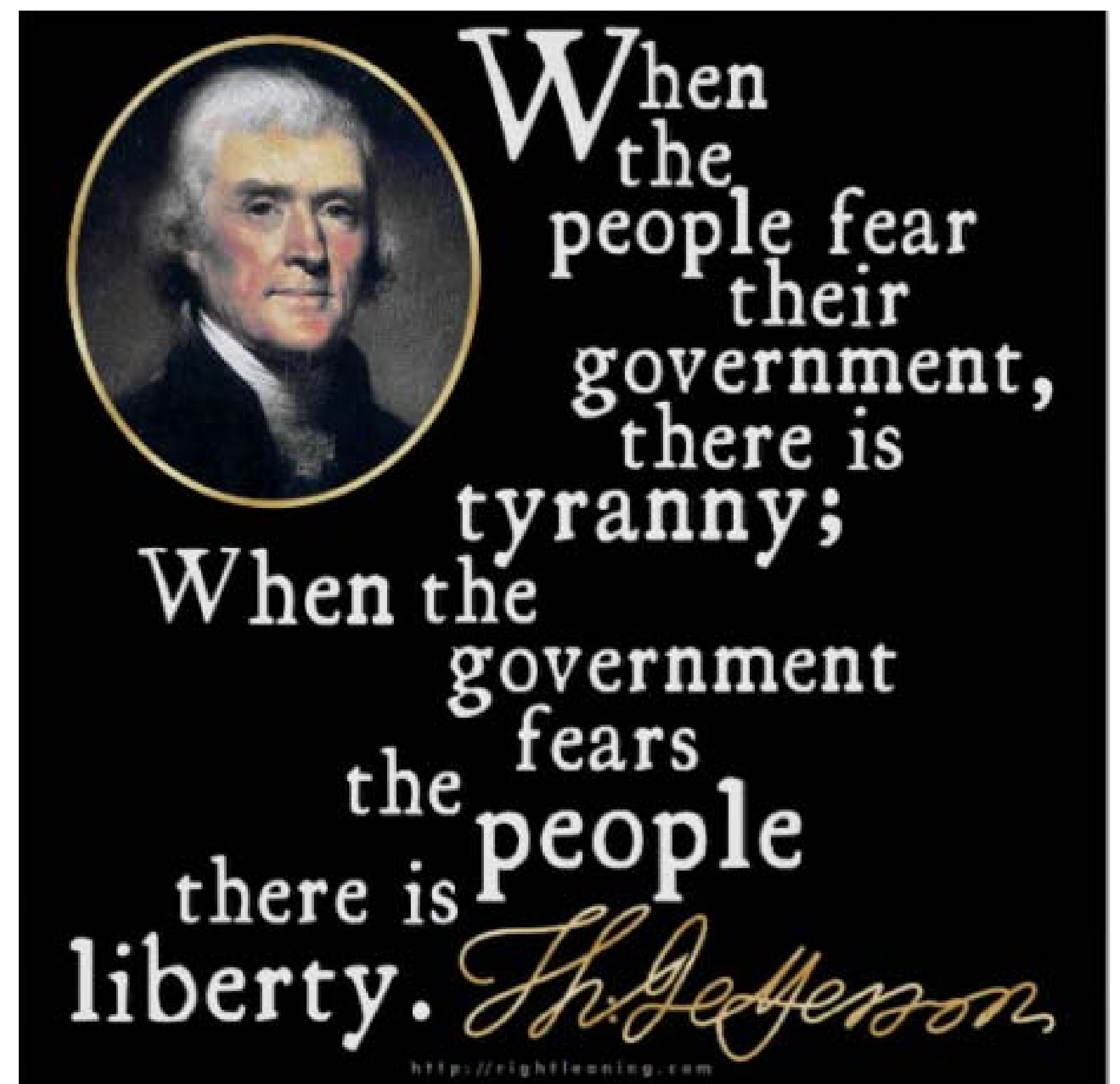
The U.S. Constitution: An Instruction From the People

By Lt. Cmdr Robert Johnson, CNREURAFSWA Public Affairs

What is the constitutional text? It is an act of communication, of instruction, from the supreme lawmaker within the American constitutional system to government officials. It conveys their intentions as to what power government officials would have, how that power would be organized, to what legitimate purposes that power could be used, and what limitations there would be on that power.

Since the government is the mere “creature” of the Constitution, its members—legislators and judges alike—are not entitled to change a word of that fundamental law except through the designated procedures of amendment laid out in Article V. It is not for them to assume the power of creator, of constitutional lawmaker, by disregarding or altering the instructions laid down by the framers and ratifiers of the constitutional text. As Alexander Hamilton pointed out in describing the duties of legislators and judges under the Constitution, it is binding on them until “the people have, by some solemn and authoritative act, annulled or changed the established form...and no presumption, or even knowledge of their sentiments can warrant their representatives in a departure from it prior to such an act.”

To disregard or alter the meaning of the words in the Constitution is tantamount to disregarding or altering the words themselves. In our everyday lives, we routinely give and follow instructions—parents to children, employers to employees, teachers to students. We make allowances when the instructions are not followed because those giving the instructions did not make their meaning clear or because those following the instructions genuinely did not understand what was asked of them. We





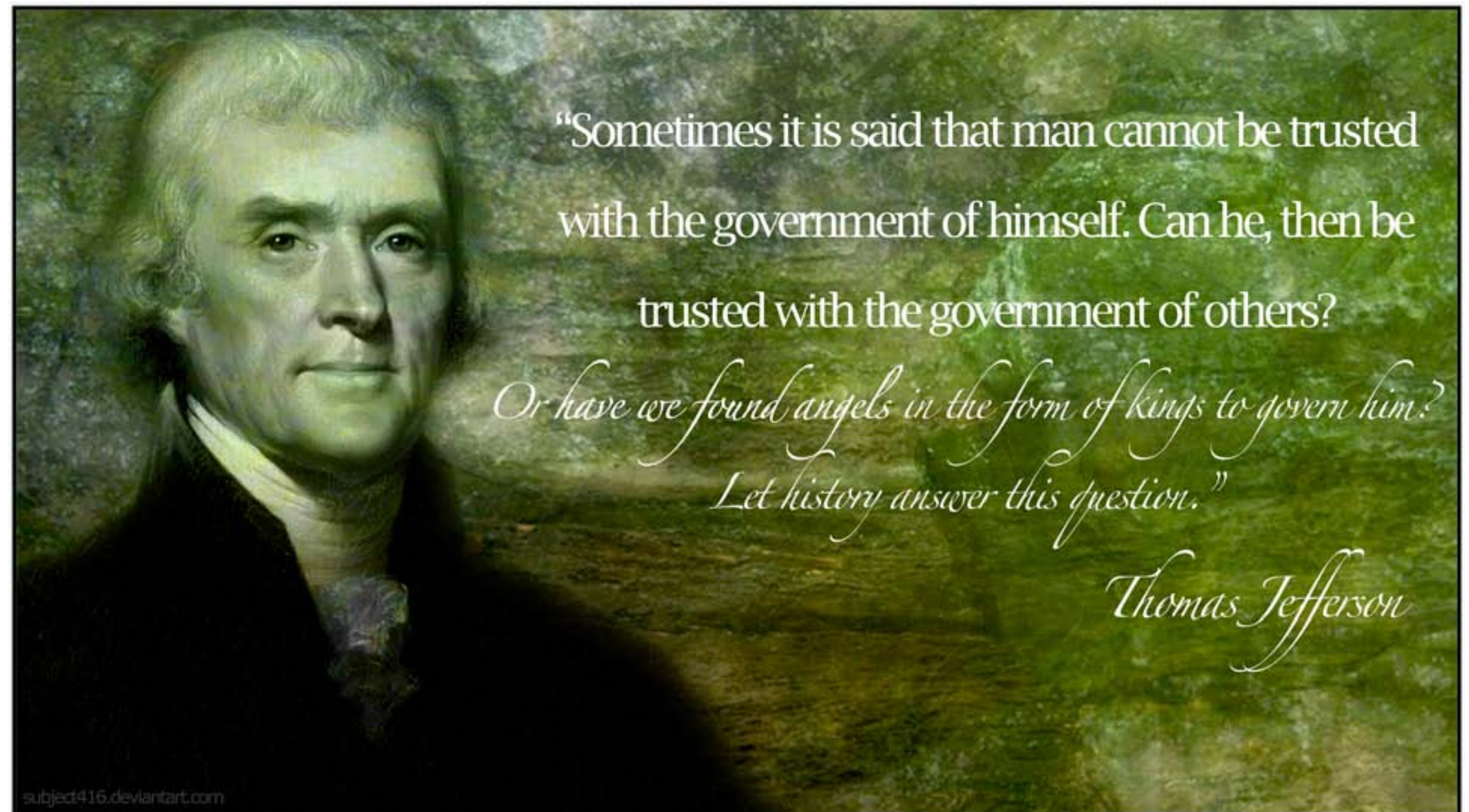
routinely forgive mere error when the mistake is made in good faith and is difficult to avoid. The point of such instruction, however, is to convey the instructor's meaning to the instructed. The child would be playing the sophist if he attempted to parse the instruction to authorize something that the parent was well understood to have meant to exclude "You said no parties, but this is just a gathering of friends and friends of friends."

The point of issuing an instruction is to convey the meaning of those who are authorized to issue them to those who are obliged to obey them. As Madison noted, the faithful interpreter must recur to "the sense in which the Constitution was accepted and ratified. In that sense alone it is the legitimate Constitution." It is only by recurring to the original meaning intended by those who created the Constitution that we can make sense of and maintain the notion that we seek to establish, in the words of the Federalist, "good government from reflection and choice." It is only by "carrying ourselves back to the time when the constitution was adopted, recollecting the spirit

manifested in the debates,” and seeking the most “probable meaning in which it was passed,” rather than by seeing what meaning “may be squeezed out of the text, or invented against it,” that we can avoid rendering the Constitution a “blank paper by construction.”

For some, this may seem to be begging the question: Must even a faithful constitutional interpreter be committed to the language and intent of the founders? The short answer is yes. The implicit link between “language” and “intent” indicates the direction of the interpretive imperative. We readily recognize that we cannot be said to be interpreting the text if we disregard its language. But the language of the text does not emerge from the sea or drop from the sky; it was intentionally written by the authors of the text in order to communicate a message, to convey their thoughts to others. At a minimum, the choice of constitutional language reflects the intentions of the framers that a faithful interpreter is bound to respect.

But language is a means, not an end in itself. We use language to convey meaning. We interpret language in order to understand that meaning. If we are free to ignore the meaning that the founders sought to convey in the text, then why are we not equally free to ignore the text itself? Why be bound by the words that they happened to write down if we are not bound by what they meant to say with those words? Why should the language of the Constitution, disassociated from any intended meaning, have any particular authority? If the authority of the Constitution lies in the fact that founders were specially authorized to give instruction, to create supreme law, then the meaning of the law that they laid down must be as authoritative as the particular words they used to convey that meaning.



Keenlisting at Bran Castle

Story by Lt. j.g. Alexander Perrien
CNREURAFSWA Public Affairs





Master at Arms 2nd Class Paul Collier, attached to Naval Support Facility Deveselu reenlisted at Romania's famous Bran Castle, Feb. 12.

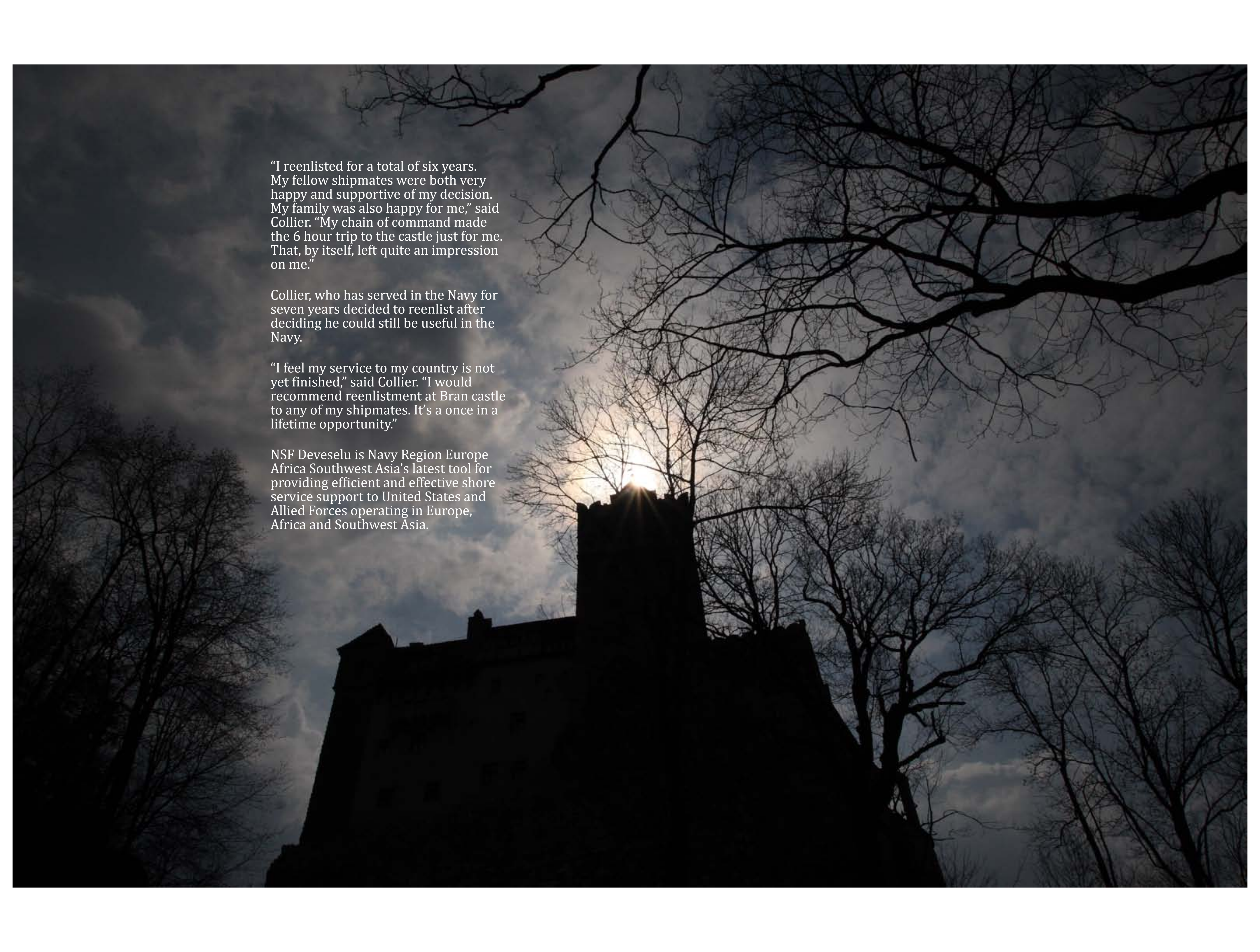
The castle, closely linked to the legend of Dracula, is a national monument and landmark in Romania, making it an extremely unique place to reenlist.

"No one has done a reenlistment at the castle before," said Collier. "I wanted it to be memorable and exciting."

Reenlisting is the process by which enlisted Sailors officially renew their contracts of service with the Navy. Reenlistments generally range from three to six years and can even include monetary bonuses.

"I was very anxious and excited for my reenlistment," said Collier. "I was tired from the long trip to the castle so I rested the night before the ceremony. The rich history of Bran castle was very impressive."

Retention of sailors through reenlistment increases region-wide efficiency reducing the amount of funding required to replace highly trained Sailors who may otherwise choose to leave the Navy.



“I reenlisted for a total of six years. My fellow shipmates were both very happy and supportive of my decision. My family was also happy for me,” said Collier. “My chain of command made the 6 hour trip to the castle just for me. That, by itself, left quite an impression on me.”

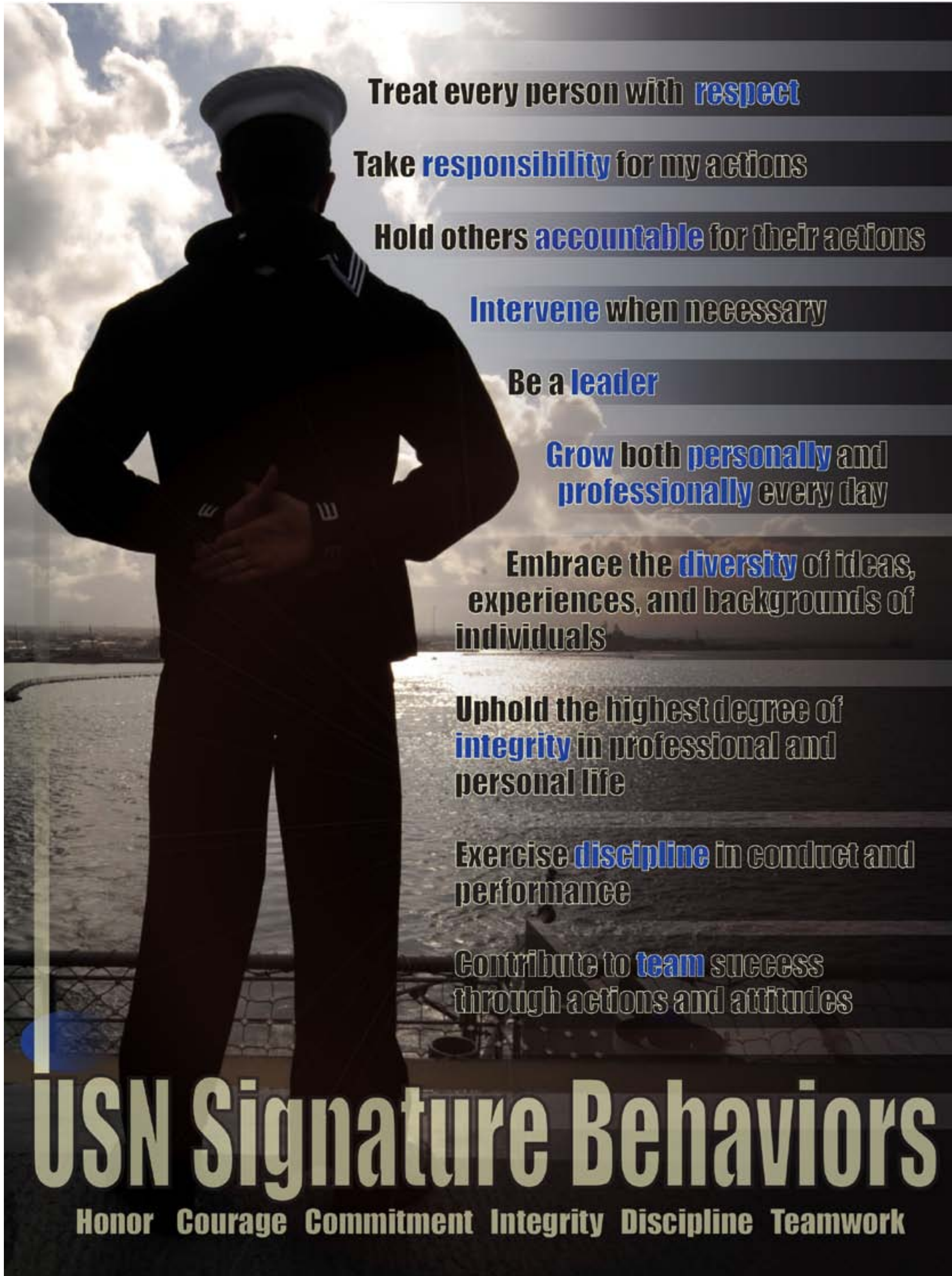
Collier, who has served in the Navy for seven years decided to reenlist after deciding he could still be useful in the Navy.

“I feel my service to my country is not yet finished,” said Collier. “I would recommend reenlistment at Bran castle to any of my shipmates. It’s a once in a lifetime opportunity.”

NSF Deveselu is Navy Region Europe Africa Southwest Asia’s latest tool for providing efficient and effective shore service support to United States and Allied Forces operating in Europe, Africa and Southwest Asia.



Vice Chairman of the Joint Chiefs of Staff Adm James A. Winnefeld, Jr. and Commander, Navy Region Europe, Africa, Southwest Asia Rear Adm. John Scorby attend a USO Tour March 3 at NSA Naples. (U.S Navy Photo by NSA Naples/Released)



Treat every person with **respect**

Take **responsibility** for my actions

Hold others **accountable** for their actions

Intervene when necessary

Be a **leader**

Grow both **personally** and **professionally** every day

Embrace the **diversity** of ideas, experiences, and backgrounds of individuals

Uphold the highest degree of **integrity** in professional and personal life

Exercise **discipline** in conduct and performance

Contribute to **team** success through actions and attitudes

USN Signature Behaviors

Honor Courage Commitment Integrity Discipline Teamwork

Sig Seabees Geared Up to Celebrate 73 Years

Story by MC1 Tony Curtis, NAS Sigonella Public Affairs

On March 8, 2014, Sigonella's Seabees put on a fantastic 72nd Bee birthday ball bash at Villa Oasis in Acireale that not only allowed Public Works lads and lassies a time to unwind; it gave them an opportunity to remember some of the incredible accomplishments the PW team made since gathering for a similar celebration the year prior. New recycling bins, installed LED lighting on NAS 2, and a multi-million dollar gym equipped with energy-efficient lighting on the brink of overhaul completion were a few of the upgrades Seabees and their civilian cohorts made in 12 months. The goal was simple, and then it was met – continue initiatives and building structures laden with conservation at their core so as new structures go up, costs plummet. Before that night was through, guest speaker and NAS Sigonella Commanding Officer, Capt. Chris Dennis, addressed the crowd with a final shout, “You’re going to keep marching forward every day!” Indeed he was correct. While the 2015 Sigonella Seabee Anniversary Ball will be held in a different location and on a different day this year, the 73rd birthday celebration allows the Bees a similar formal occasion in which to recognize just how the Seabees continued that forward march. Here are a few of the things they can celebrate: Over the past year, Sigonella's Public Works Department (PWD) maintained, restored, built, inspected, fixed, demolished, rebuilt and more. Water plants on NAS 1 and NAS 2 were renovated inside and out with new paint and water pipes as they continued providing the community with clean water. Building managers have been chasing



down trouble call chits, fixing door locks, lighting systems, and anything else that might break in the workplace.

Seabees and the rest of PWD also spent the last year making the base cleaner and healthier while saving money and resources in the process. The \$1.6 million restoration of the NAS 2 gymnasium bolstered the facility's structure while adding new equipment and amenities. It will also save the base money. "It's a smart facility," said MWR Director Paul Lopez. "For example, light sensors were installed in the basketball court whereby the lights are automatically activated when being used."

Lopez said there is also a computer system to monitor temperatures and make real-time climate adjustments to ensure optimal energy usage and ultimately, savings.

Recycling has also continued to play an important role in Sigonella PWD's energy conservation and base cleanliness goals. Environmental Director, Justin Lancaster, and the rest of his team headed up the initiative, which took off the past year with the presence of new recycling bins and promotions geared toward on-base recycling.

And perhaps most fitting to mention last, the Seabees set aside time to work hard, so later this month they can play hard, at least for one night. "Seabees have been working very hard this year to raise enough money to make this year's Seabee Ball better than last year," said Construction Mechanic 1st Class Ian White, Seabee Ball coordinator. "We've been selling burritos, baked goods, pulled pork sandwiches and ribs. We also set up booths at Autumnfest, and the Fourth of July festival."

As with everything the Seabees do, they are making the annual celebration better than before. "This year, there will be a live local band instead of a DJ," said Equipment Operator Constructionman Destiny Borden. "We've also changed the location to a larger, more elegant venue in Vizzinni."





Force Master Chief Levesque delivers brief to the Seabees of Public Works Department Sigonella. (U.S. Navy photo by Engineering Aid 2nd Class David Lawlor/Released)



UTCA Books and Fabio Calabrese of the NASSIG PWD Plumbing shop begin the replacement of a ruptured six inch PVC pipe on the NAS 2 Water Treatment Plant's permeate line. The line was replaced with Electrofusion pipe which use special fittings that have built-in electric heating elements fusing the pipe together. (U.S Navy Photo by Utilitiesman 1st Class Daniel Goodwin/Released)



A P-3 Orion flies over the water near NAS Sigonella. (U.S. Navy photo by NAS Sigonella staff/Released)





MMA GRAPPLES in *Souda Bay*

Story by Mass Communication Specialist 2nd Class Jeffrey M. Richardson



Armed Forces Entertainment (AFE) showed up at U.S. Naval Support Activity Souda bay February 25, 2015, with the MMA in the Med show to provide advanced training and mixed martial arts techniques and grappling for personnel assigned to the base.

The lineup of professional fighters teaching the seminar included Ed Herman, Nate Quarry, Erin Toughill, Tom Lawlor and Ryan Jimmo.

“We’re going around to the different bases and we’re trying to give back to the military. You know, all of us really appreciate the support that we get from the fans,” said Mixed Martial Arts Fighter Thomas Lawlor. “We will go through a small briefing, we’ll show some techniques that are applicable, both in the cage and if you are in an unfortunate situation and you have to defend yourself on the street, we’ll also cover some of that stuff. Most importantly, we are here to have fun and train with everybody that gets out there on the mat. No experience is necessary.”

Though participants may not be professional fighters, their motivation and willingness to keep coming in the face of adversity has left an impression on the MMA instructors.

“The Service members are definitely tough. One thing that happens at every base that we go to is that, obviously we’re professionals so we have more experience but it’s like the “never say die” attitude that the troops have” said Lawlor. “We’ll submit them or sweep them or do a move and those guys just keep on

coming back no matter what,” said Lawlor. “That is great to see and it makes me feel pretty safe.”

Retired mixed martial artist and former American Gladiator and professional boxer, Erin Toughill explains what brings her out on the tour.

“I’ve had a couple friends in the military, I’ve always been a huge supporter, I love my country, I’ve had family in the military so when they asked if any of the athletes wanted to do a (USO) tour, of course I said “Yes,” said Toughill. “It’s a small, a very small, thing that we can do to come out here, show techniques to the troops, work out with them a little bit and just try to give back, you know? Just try to give back because what we do isn’t the real fight, what you guys do out here is.”

After observing and coaching female service members, Toughill explains how mixed martial arts has evolved along with the military.

“I’d like to put emphasis on the women being involved in this. It’s great because when I started and was fighting in 99’, I had my first fight, there weren’t even men who were doing this, and there were barely any women,” said Toughill.

Toughill added that both organizations had shared values. “We have the common bond of loving our country and respecting each other,” she said. “Every base we’ve been to, everybody is really respectful, really nice, and really professional and that is what we try to be with them, and of course have some fun.”

It wasn’t only a boost in morale and a few smiles the fighters wanted to impart those in the armed forces but also a message of acknowledgement, which Toughill relayed: “We’re proud of you, we’re proud of what you guys do and we’d never forget about what you guys do.”





Crew Members from NSA Souda Bay's Public Works Department Builder shop Prepare Concrete surface at Building One for the placement of tile. (U.S. Navy Photo by BU2(SCW) Whittaker/Released)



CM2(SCW) Clark conducting a forklift training course with EOCN Mullen and EOCN Goggle. (U.S. Navy Photo by BU2(SCW) Whittaker/Released)



Commander, Navy Region Europe, Africa, Southwest Asia Rear Adm. John C. "Jack" Scorby, Jr. is given a tour of construction projects underway during his visit to U.S. Naval Support Activity Souda Bay. Souda Bay's mission is to provide support and security to U.S. and allied ships as well as aircraft transiting or operating in the eastern Mediterranean region. (U.S. Navy photo by Mass Communication Specialist 2nd Class Jeffrey M. Richardson/Released)



Commander, Navy Region Europe, Africa, Southwest Asia Rear Adm. John C. "Jack" Scorby, Jr. speaks with firefighters during his visit to U.S. Naval Support Activity (NSA) Souda Bay. Souda Bay's mission is to provide support and security to U.S. and allied ships as well as aircraft transiting or operating in the eastern Mediterranean region. (U.S. Navy photo by Mass Communication Specialist 2nd Class Jeffrey M. Richardson/Released)



U.S. Naval Support Activity Souda Bay Fire Chief John Bebb gives a tour of the firehouse to Commander, Navy Region Europe, Africa, Southwest Asia Rear Adm. John C. "Jack" Scorby, Jr. during his visit to Souda Bay. Souda Bay's mission is to provide support and security to U.S. and allied ships as well as aircraft transiting or operating in the eastern Mediterranean region. (U.S. Navy photo by Mass Communication Specialist 2nd Class Jeffrey M. Richardson/Released)



Commander, Navy Region Europe, Africa, Southwest Asia Rear Adm. John C. "Jack" Scorby, Jr. speaks with Sailors during his visit to U.S. Naval Support Activity (NSA) Souda Bay. Souda Bay's mission is to provide support and security to U.S. and allied ships as well as aircraft transiting or operating in the eastern Mediterranean region. (U.S. Navy photo by Mass Communication Specialist 2nd Class Jeffrey M. Richardson/Released)



Commander, Navy Region Europe, Africa, Southwest Asia Rear Adm. John C. "Jack" Scorby, Jr. speaks with U.S. Naval Support Activity (NSA) Souda Bay personnel during his visit. Souda Bay's mission is to provide support and security to U.S. and allied ships as well as aircraft transiting or operating in the eastern Mediterranean region. (U.S. Navy photo by Mass Communication Specialist 2nd Class Jeffrey M. Richardson/Released)



Commander, Navy Region Europe, Africa, Southwest Asia Rear Adm. John C. "Jack" Scorby, Jr. and U.S. Naval Support Activity (NSA) Souda Bay Commanding Officer, Capt. Mike R. Moore meet with representatives of the Hellenic Armed Services during a Host Nation Appreciation event. Souda Bay's mission is to provide support and security to U.S. and allied ships as well as aircraft transiting or operating in the eastern Mediterranean region. (U.S. Navy photo by Mass Communication Specialist 2nd Class Jeffrey M. Richardson/Released)

REGION VOICES

What is your favorite inspirational quote?



LS3 Brittani Wells
Camp Lemonnier, Djibouti

We do not quit playing because we grow old, we grow old because we quit playing.

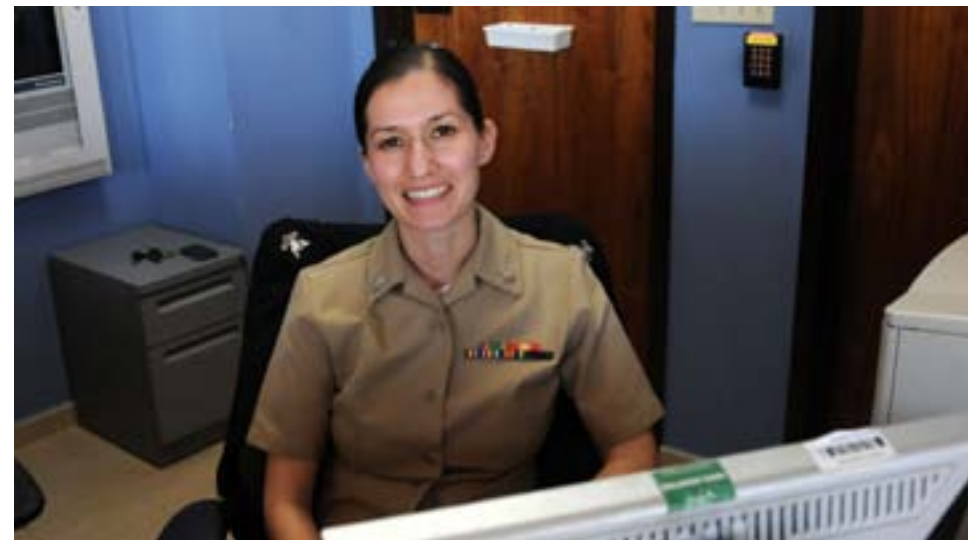
-Oliver Wendell Holmes



YN2(SW/AW) Alex J. Wesley
NSA Souda Bay

Faith is taking the step even when you don't see the whole staircase.

-Martin Luther King Jr.



AC2 Brenda Garcia
NAVSTA Rota

Do not let what you cannot do interfere with what you can do.

-John Wooden



YN1 (AW) Richard C. Oreto
NSA Naples

Be loyal and trustworthy. Do not befriend anyone who is lower than yourself in this regard. When making a mistake, do not be afraid to correct it.

-Confucius



LS3 Josh Silver
NSF Deveselu

If 99% of people tell you you are wrong, you are either gravely mistaken or about to make history.



Cpl. Dillon Emery
Special Purpose Marine Air-Ground Task Force for Crisis Response Africa
(SPMGTF-CR Africa) NAS Sigonella

You don't hurt 'em, if you don't hit 'em.

-Lt. General Lewis B. "Chesty" Puller



YN1 Demetria Rumph
NSA Bahrain

I remember something one of my senior chiefs told me long ago...

"Oftentimes in life you never ask to become the leader...it just happens. You'll end up being in a situation where people automatically look up to you...and you'll have to know what to do for them without hesitation. That's a lot of what the Navy is."