

## **M-Day or Traditional: Tricare Reserve Select**

*Enroll by the end of the month to ensure coverage of the 1<sup>st</sup> day of the following month.*

- Monthly premium: Single SM - \$54.35, Family - \$192.89
- Co-pays
- Deductable
- Can see any provider
  - In-Network providers will cost less out of pocket
  - Out-of-Network providers will cost more out of pocket

When enrolling for Tricare Reserve Select you can use your CAC card, DFAS pin number or Department of Defense Self Service Logon (DS Logon).

Mail or Fax the form to: TriWest Healthcare Alliance

PO Box 42049

Phoenix, AZ 85080

Fax: 1-866-620-2076

## **Tricare Dental**

- Monthly premium: Single SM - \$10.30 , One Family - \$25.74, More than one Family member - \$77.22, SM and Family - \$87.52

To enroll in Tricare Dental the sponsor has to enroll the family, and will need to have DS Logon.

Mail Form to: MetLife Tricare Dental Program

Enrollment and Billings Service

PO Box 14185

Lexington, KY 40512

MetLife Customer Service – 1-855-638-8371

The DS Logon is used for Tricare Prime enrollment, Ebenefits and Tricare Dental. It is important to have DS Logon.

