



PTSD Update

ADAF PTSD Data Sheet

May 2016

PTSD Incidence

5-Year Review

Average % of Population
(Timeframe CY11-15)

Overall	Average %
ADAF	0.6%

Rank	Average %
Enlisted	0.6%
Officer	0.3%

Gender	Average %
Female	1.0%
Male	0.4%

Prior Deployment	Average %
Yes	0.7%
No	0.3%

AFSC	Average %
Special Invest	1.6%
Medical	0.9%
Support	0.7%
Professional	0.6%
Special Duty	0.6%
Logistics	0.4%
Acquisition	0.4%
Operations	0.4%

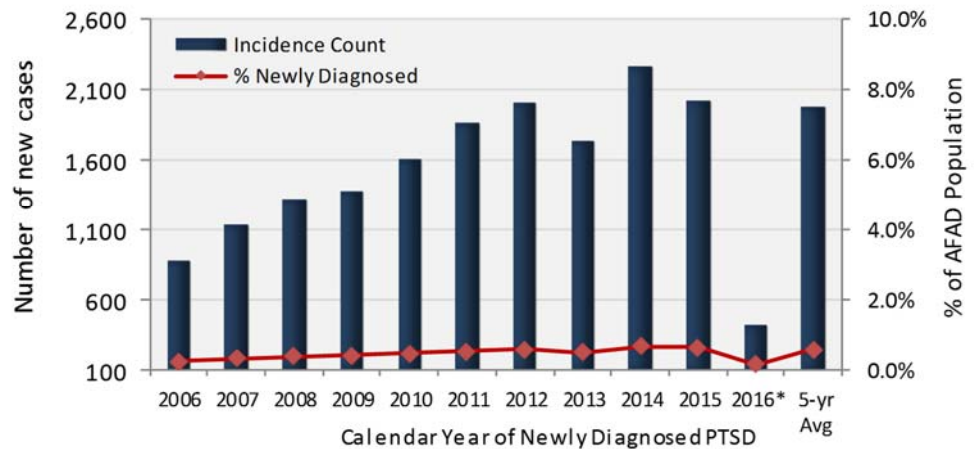
Current status (ADAF, Jan 2016 - present)

- 1.9% of ADAF have been diagnosed with PTSD at least once in military career
- 0.1% of ADAF have been newly diagnosed with PTSD this year

Demographics of Newly Diagnosed in CY2016

- 89% Enlisted; 10% Officer
- 34% Female; 66% Male
- 8% have <=2yr in service
- 75% deployed before
- 34% had combat exposure
- 98% had prior MH condition
- 34% in Support AFSC
- 20% in Logistics AFSC
- 20% in Operations AFSC

Incidence of PTSD in ADAF: CY2006-Present



Air Force PTSD Prevention Efforts

1. Pre/Post Deployment Training
2. Pre-Exposure Preparation
3. Routine medical screening
4. Disaster Mental Health (DMH) teams
5. Deployment Transition Center
6. BHOP
7. CAIB/IDS
8. Master Resilience Trainers/Assistants

Current Initiatives

- Revising deployment mental health training curriculum
- Completed DCoE Disaster Mental Health (DMH) site visit
- Developing data collection process to determine DMH effectiveness
- Standardizing DMH training materials
- Updating VA/DoD Clinical Practice Guidelines for PTSD

PTSD is defined as ICD code 30981, F4310, F4311, or F4312 diagnosed at either inpatient or outpatient visit in Direct or Purchased care. Incidence is defined as the initial diagnosis of PTSD during military career.