

*****FITNESS STATEMENT TEMPLATE*****

1. Must be completed by appointed Unit Fitness Monitor or Commander
2. If your current fitness score is below 75 or you failed any component of the test, it is mandatory that your Squadron or Group Commander sign this form. Fitness test scores must be current through 31 October of the application year. Those applicants whose fitness tests expire before 31 October will be required to complete a new test.
3. Fitness statements for USUHS students will be uploaded into MODS by the USUHS MSO.

<<LETTERHEAD>>

Date _____

MEMORANDUM FOR 2016 JSGMESB

FROM: SQUADRON OR GROUP COMMANDER

SUBJECT: Fitness Statement for (Applicant Rank Name)

1. _____ is applying to the 2016 JSGMESB for consideration for Graduate Medical Education.
2. The member completed their fitness test on _____ and has a composite score of _____. The member is / is not current in the Air Force fitness program.
3. This paragraph is to be completed only if the applicant's overall fitness category is "Unsatisfactory" with a **score below 75 or if the applicant failed a component.**
 - a. The member is / is not recommended to attend GME
 - b. The member is / is not enrolled in the Fitness Improvement Program.
 - c. Additional comments, if necessary:

4. If the member's fitness status changes prior to entering GME, I will alert AFPC Physician Education and make recommendations accordingly.

SIGNATURE BLOCK
Squadron Fitness Representative or
Squadron or Group Commander