

THE CONTINENTAL
MARINE

OFFICIAL MAGAZINE OF MARINE FORCES RESERVE



**Almanac
2011**

THE CONTINENTAL MARINE

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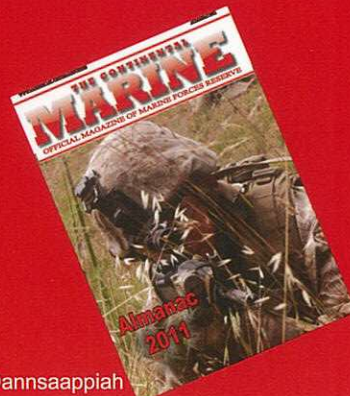
ALWAYS READY

Photo by Lance Cpl. Nana Danssaappiah



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MARINE FORCES RESERVE

Commander
Lt. Gen. John F. Kelly

Sergeant Major
Sgt. Maj. Kim E. Davis

PUBLIC AFFAIRS OFFICE

Director
Lt. Col. Francis Piccoli

Deputy Director
Adam Bashaw, APR+M

Editor
Lance Cpl. Nana Danssaappiah

Contact MarForRes about Public Affairs support for

4TH MARINE DIVISION
 2nd Lt. Dominic Pitrone
 (504) 678-0052

4TH MARINE AIRCRAFT WING
 Capt. Kate Vanden Bossche
 (504) 678-6652

4TH MARINE LOGISTICS GROUP
 Capt. Nathan Braden
 (504) 678-6539

MARINE CORPS MOBILIZATION COMMAND
 Shane Darbonne
 (504) 678-4002

COMMUNITY RELATIONS
 Gunnery Sgt. Azemar King
 (504) 678-8063

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STOP!

FRAUD, WASTE AND ABUSE



REPORT VIOLATIONS THROUGH THE HOTLINE!

What issues should you report to the hotline?

The Inspector General's office investigates matters involving:

- Abuse of title or position
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- Purchase card abuse
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DO YOU HAVE TO IDENTIFY YOURSELF?

No. You may request confidentiality or anonymity.

WHAT CAN YOU EXPECT WHEN YOU FILE A HOTLINE COMPLAINT?

An investigator will evaluate your complaint and determine if the matter warrants an investigation or if we should refer your complaint to other authorities or the command for a response.

HOW DO YOU DETERMINE THE STATUS OF YOUR COMPLAINT OR OBTAIN A COPY OF THE REPORT?

Contact the Command Inspector General office where you submitted your complaint. While the investigation is ongoing, we can only tell you whether the case is open. If you wish to obtain more information about the case, you may submit a request under the Freedom of Information Act to obtain a copy of the report.

IF YOU DO NOT AGREE WITH THE RESULTS OF THE INVESTIGATION, CAN YOU ASK FOR RECONSIDERATION?

Yes. If you have new and substantial information to support your complaint, the case may be reconsidered. If, on the other hand, you are merely unhappy because you do not agree with the outcome, the Command Inspector General will not conduct another investigation. Remember, the more information you provide the Command Inspector General, the better he can assist you. Be prepared to provide supporting evidence.

COMMANDER'S ASSESSMENT

The U.S. Marine Corps Reserve continues to be an integral element of the Total Force Marine Corps. We share the culture of deployment and expeditionary mindset that has dominated Marine Corps culture, ethos and thinking since our beginning more than two centuries ago. My Marines stand eternally ready to answer our Nation's call to arms and as our charter requires, "be most ready when the Nation is least ready."

AN OPERATIONAL RESERVE

Since September 11, 2001, 100 percent of Marine Corps Reserve units at the battalion and squadron level have either been activated in their entirety or activated task-organized detachments. The vast majority of these units and detachments deployed to the U.S. Central Command's area of responsibility, which includes Iraq and Afghanistan. Thousands of other Marine Reservists deployed in support of combatant commanders' Theater Security Cooperation initiatives throughout the world. This operational tempo has built a momentum among our war fighters and a depth of experience throughout the ranks that is unprecedented in generations of Marine Corps Reservists. In fact, today's Marine Corps Reserve is more highly trained, capable and battle-tested than at any time since the Korean War.

Our Force Generation Model is one of the important planning mechanisms for an operational Reserve. The Model continues to provide long-term and essential predictability of future activations and deployments for our Reservists. It provides my Marines, their families, and just as importantly, their employers, the capability to plan their lives five or more years out. The Force Generation Model also assists Service and joint force planners in maintaining a consistent and predictable flow of fully capable Marine Corps Reserve units.

The Force Generation Model is a relatively simple management tool based on one-year activations, to four-plus years in a non-activated status, which makes continued programmed utilization of the Marine Corps Reserve sustainable at 1:5 deployment-to-dwell over the long term. Projecting predictable activation dates, mission assignments and geographical destination years in advance enables me to direct the orientation of training on core mission requirements early in the dwell period, then transition the training focus to specific mission tasks as soon as the unit is 12-18 months from activation.

Marine Forces Reserve supported all of the geographical combatant commanders during 2010. Our Force units and major subordinate commands – the 4th Marine Division, 4th Marine Aircraft Wing, and 4th Marine Logistics Group — were called upon to support Operation Enduring Freedom in Afghanistan and are in the final stages of preparing more Marines to deploy there this year. Marine Forces Reserve also deployed Marines to a plethora of theater specific exercises and cooperative security efforts in countries such as Morocco, Mozambique, Romania, Georgia, the Black Sea region and partners throughout the Pacific Rim. Marine Forces Reserve's operational focus will certainly continue in 2011.

For the third year in a row, Marine Forces Reserve will sponsor exercise Javelin Thrust stateside this July, which will focus on Marine Air-Ground Task Force core competency training. Javelin Thrust 2011 will be conducted aboard installations throughout the Western United States with both virtual and real world aspects to the exercise. The scenario of this year's event is tailored to the current operating environment and the criteria for participating units were based on their future deployment schedule according to the Force Generation Model. Javelin Thrust will provide all elements of the Marine Air-Ground Task Force with the opportunity to complete some of the training necessary to expeditiously forward-deploy competently in any operational



Lt. Gen. John F. Kelly
Commander, Marine Forces Reserve

environment. Additionally, individuals serving on the exercise's Marine Air-Ground Task Force staffs will receive training that will enable them to competently perform as individual augments on a Marine Air-Ground Task Force staff or joint staff overseas.

PERSONNEL

We continue to enjoy strong volunteerism, which greatly enhanced our ability to maintain our authorized end strength of 39,600 for the Selected Marine Corps Reserve. Our Selected Marine Corps Reserve end strength was 99.05 percent of authorized end strength during Fiscal Year 2010. In addition to enjoying strong volunteerism, the bonus and incentive programs for Reserve affiliation remain essential tools to continue achieving the mandated three percent of authorized end strength. Our authorized end strength of 39,600 is appropriate for providing us with the Marines we require to support the Total Force while achieving the Commandant's goal of a 1:5 deployment-to-dwell for Selected Marine Corps Reserve units.

Manning to authorized end strength requires an institutional approach. That is, the Marine Corps is unique in that all recruiting efforts fall under the direction of the commanding general, Marine Corps Recruiting Command. This approach provides tremendous flexibility and unity of command in annually achieving Total Force recruiting objectives. Like the Active Component Marine Corps, Marine Corps Reserve units rely primarily upon a first-term enlisted force. Marine Corps Recruiting Command achieved 100 percent of its recruiting goal for non-prior service recruiting (5,868) and prior service recruiting (4,209) for Fiscal Year 2010.

Officer recruiting remains our most challenging area. Historically, the Active Component Marine Corps has been the exclusive source of senior lieutenants and captains for the Marine Corps Reserve. To compliment the Active-to-Reserve Component company grade accessions, we continue to offer three recently implemented Reserve commissioning initiatives that focus exclusively on officer accessions for the Reserve Component that attend to the most crucial challenge of manning the Marine Corps Reserve with quality company grade officers. These Reserve commissioning initiatives are the Reserve Enlisted Commissioning Program, which was expanded to qualified active duty enlisted Marines in addition to qualified Reserve enlisted Marines; Meritorious Commissioning Program – Reserve, which is open to individuals of the Active and

Reserve Components who have earned an Associate's Degree or equivalent in semester hours; and Officer Candidate Course – Reserve. The priority to man units with these officers is tied to the Force Generation Model.

A tool we continue to employ to enhance recruiting and retention of Marine Corps Reservists is the Selected Marine Corps Reserve Affiliation Involuntary Activation Deferment Policy. This policy allows a Marine who has recently completed a deployment with an active duty unit an option for a two-year deferment from involuntary activation if he or she joins a Selected Marine Corps Reserve unit when they transition from active duty. The intent of the two-year involuntary deferment is to allow transitioning Marines the opportunity to bring their well developed leadership skills and combat experience to the Selected Marine Corps Reserve, while at the same time giving them a break and an opportunity to start the process of re-connecting with their family and community as well as building their new civilian career.

EQUIPMENT

Marine Forces Reserve has two primary equipping priorities—equipping individuals who are preparing to deploy and sufficiently equipping units to conduct home station training. I directed my staff to dedicate our efforts to ensure that every member of Marine Forces Reserve deploys fully equipped with the most current authorized Individual Combat Equipment and Personal Protective Equipment. Additionally, we continue to equip individuals and units during their dwell periods with the best available equipment, which is tailored specifically to their next mission in accordance with the Force Generation Model.

Marine Forces Reserve units are equipped to a level identified as the training allowance, which is the amount of equipment required by each unit to effectively conduct home station training. My goal is to ensure the Reserve training allowance contains the same equipment utilized by the Active Component Marine Corps, but in quantities tailored to Marine Corps Reserve requirements. It is imperative that our units train with the same equipment they will utilize while deployed. I'm happy to report, as a whole, we are adequately equipped to effectively conduct home station training.

Several resources and programs combine to form the basis to the Marine Corps Reserve approach to maintenance. Routine preventive and corrective maintenance are performed locally by both operator and organic maintenance personnel. We have expanded this traditional approach to ground equipment maintenance efforts with augmented contracted services and depot-level capabilities provided by the Marine Corps Logistics Command. Most notably, the Marine Corps Logistics Command's mobile maintenance teams provide preventive and corrective maintenance support to all of our 183 Reserve sites across the United States. Additionally, the Marine Corps Logistics Command's Enterprise Lifecycle Maintenance Program provides for the rebuilding and modifying of an array of principal end items. Finally, we continue to reap significant benefits from the Marine Corps Corrosion Prevention and Control Program. Dollar for dollar, this program has proven highly effective in the abatement and prevention of corrosion throughout the Force. Collectively, all of these initiatives along with all the dedicated efforts of Marines across the Force were instrumental in attaining Marine Forces Reserve's 97 percent ground equipment readiness rate.

National Guard and Reserve Equipment Appropriations continue to be an important element of the Marine Corps Total Force ability to modernize the Reserve Component and ensure there is maximum compatibility between the Reserve and Active Components. During Fiscal Year 2010, Marine Forces Reserve received \$45 million through National Guard and Reserve Equipment Appropriations. We've been able to use these funds to augment regular procurement dollars and accelerate the fielding of various programs that touch every element of the Marine Air-Ground Task Force. During Fiscal Year 2010, we increased our investment in Light Armored Vehicle purchases by

ordering nine additional 25mm canon variants and five command and control variants. We also purchased an Air Traffic Control simulation package, which will greatly improve the training capability for our Air Traffic Control Marines.

TRAINING

One of the most exciting areas where we continue to transform the depth and scope of our training remains the cutting-edge arena of Training Simulation. Marine Forces Reserve continues to field several immersive complex digital video-based training systems, complete with the sights, sounds and chaos of today's battlefield environments. These systems are particularly important, considering the limited training time and facilities available to our commanders. Last year, we completed the fielding and upgrading of the Indoor Simulated Marksmanship Trainer-XP. These simulators make it possible for the Marines to "employ" a variety of infantry weapons — pistol through heavy machinegun -- in rifle squad scenarios.

Another simulator, the Virtual Combat Convoy Trainer-Reconfigurable Vehicle System, provides invaluable pre-deployment training for the drivers of all makes and models of tactical vehicles. This trainer provides various conditions of terrain, road, weather, visibility and vehicle condition as well as various combat scenarios, which includes routine movement, ambush and IED, among others. The Virtual Combat Convoy Trainer-Reconfigurable Vehicle System is a mobile, trailer-configured platform that utilizes a HMMWV mock-up, small arms, crew-served weapons, 360-degree visual display with after-action review/instant replay capability. We are now preparing to accept the fourth generation of this system and have doubled student throughput.

Another training simulation technology that has been fielded is the Deployable Virtual Training Environment, which provides small-unit echelons with the opportunity to continuously review and rehearse command and control procedures and battlefield concepts in a virtual environment. The Deployable Virtual Training Environment provides individual, fire team, squad and platoon-level training associated with patrolling, ambushes and convoy operations. Additional features of the Deployable Virtual Training Environment include supporting arms upgrades for virtual combined arms indirect fire and forward air control training, combat engineer training, small-unit tactics training, tactical foreign language training and event-driven, ethics-based, decision-making training.

Finally, The HMMWV Egress Assistance Trainer and the Mine-Resistant Armor Protected Egress Trainer are mechanical simulation trainers that familiarize Marines with the techniques and procedures to egress a HMMWV or an MRAP vehicle that has overturned. Both Trainers are training tools that provide Marines with the opportunity to experience vehicle roll-over conditions to enable them to rehearse actions and physically execute the steps necessary to survive a vehicle rollover. These systems support the U.S. Central Command requirement for all Marines to complete vehicle roll-over training prior to deploying to designated combat zones.

CONCLUSION

The U.S. Marine Corps Reserve continues to be operational in mindset and action and is fully committed to train and execute the Commandant's vision for the Total Force. In everything we do, we remain focused on the individual Marine and Sailor in combat. Supporting that individual requires realistic training, proper equipment, the full range of support services and professional opportunities for education, advancement and retention. That is our charge. You should know the patriots who fill our ranks do so for the myriad reasons familiar to those who wear this uniform and those who sustain us.

This article was previously published in the January 2011 edition of The Officer, the official magazine of the Reserve Officers Association of the United States.



UNDERSTANDING RESERVE DUTY

Sgt. John Lawson III
Headquarters Marine Corps

Most people think being a Reservist means serving one weekend a month and two weeks a year. In many instances, that's the right idea, but there are a variety of other ways to be a Marine without being part of the active-duty Corps.

To name just a few options, a Reserve Marine can serve part time with an active-duty unit, serve full time in a unit while remaining close to home, or serve on a special task for 179 days or less. Service, of course, must satisfy Corps needs, and the possibility of mobilization to active duty always exists. Still, there is much more flexibility in reserve duty than most people realize.

Generally, Reserve duty entails drills and annual training – a drill being a general period of service. Each year, a typical Reserve Marine performs about 24 drill days, plus two weeks of annual training. However, as an examination of the various reserve programs shows, Marines can perform the requisite number of drills and the two-week annual training in many ways.

What's more, there are some arrangements that don't involve the usual drills and annual training.

Active Reserve (AR)

The Active Reserve program, which may sound like an oxymoron, allows a Reserve Marine to serve on a full-time basis in billets such as recruiter, administrator, or even drill instructor. This is a good option for Marines coming off active duty who want to stay closer to home, but still want to be part of the Corps.

For example, as a member of the Active Reserve, Staff Sgt. Douglas Levesque is a transitional recruiter at Marine Corps Base Quantico, Va. He has been an active-duty Marine, and he has experienced life outside the Marine Corps as a civilian. Now he works as a full-time Marine Reservist, drawing on his background to counsel Marines who are contemplating a life beyond active duty.

Individual Mobilization Augmentees (IMA)

Another option is the Individual Mobilization Augmentees program. In this program, a Reservist who can fill a particular need with an active-duty unit performs Reserve duty with that unit. The ability of the Reservist to fill the need is the deciding factor, and it doesn't matter whether that ability is the result of military training, civilian education, work experience, or something else.

Dale McNeil, a civilian who oversees roughly 250 IMA Reservists at Marine Corps Base Quantico and Marine Corps Combat Development Command in Virginia, said that flexibility is usually a hallmark of an IMA tour of duty.

While everything hinges on what works for the sponsoring unit, McNeil said IMA Reservists commonly perform their drills and annual training on schedules that create minimal friction with civilian-world obligations.

For example, there are IMA Marines who do all of their drills and their two-week annual training consecutively, McNeil said.

As long as the sponsoring unit is getting what it needs and the Reserve Marine is meeting annual drill and training requirements, it doesn't matter whether the work is done on particular days, weeks, or months.

Selected Marine Corps Reserve (SMCR)

The Selected Marine Corps Reserve offers the most traditional form of Reserve duty.

A typical unit in the Selected Marine Corps Reserve has a designated drill weekend each month. Also, the unit typically performs its two weeks of annual training as a group, very little is done on an individual basis.

McNeil said a Selected Marine Corps Reserve unit offers a good way for a Reservist to experience that "band of brothers" camaraderie without being on active duty. Also, Selected Marine Corps Reserve units offer the most opportunities to train in traditional Marine Corps specialties (i.e. infantry, artillery, tanks, etc.)

Active Duty Operational Support

Sometimes the Corps needs Reserve Marines to perform active-duty tours of less than six months. Reservists seeking orders for one of these tours can contact a Reserve Support Unit and request information on Active Duty Operational Support. The work can support a variety of activities, ranging from military operations to administration to training.

In addition to providing information on Active Duty Operational Support, a Reserve Support Unit has a staff that can answer almost any conceivable question about reserve opportunities. A Reserve Support Unit can be found at most major Marine installations.

Individual Ready Reserve

The Individual Ready Reserve is a pool of Reservists who can be called to active duty in a time of crisis.

Marines in the Individual Ready Reserve typically report one day a year to demonstrate that they meet all requirements for physical appearance and uniforms. Most of these Marines have some time remaining on their contracts, but have fulfilled their obligations as active-duty Marines or as members of Reserve entities such as the Selected Marine Corps Reserve.

Associate Duty

Some Marines leaving active duty are so focused on adjusting to civilian life that they aren't prepared to set aside time for Reserve obligations, even though Reserve duty might be something they would like once they settled into civilian life.

Associate Duty offers a way to keep an iron in the fire. A Marine on Associate Duty drills with a Reserve unit without formally joining the unit or getting paid. Associate Duty offers a means

of preserving status and readiness without incurring obligations. Should the Marine choose to become more formally involved in the Reserve, Associate Duty allows for an easy transition.

Knowing Your Options

There are several ways to find out what opportunities are available in the Reserve.

Civilians can enlist in the Marine Corps, go to boot camp, receive all necessary additional training and move over to the Reserves in less than a year. Anyone interested can contact a Marine recruiter.

Civilians also can seek an officer commission in the Marine Corps Reserve, though about two years on active duty are necessary before making the switch to Reserve duty. An Officer Selection recruiter can provide details.

Marines leaving active duty typically have many options in the Reserves.

A transitional recruiter can answer questions and help find the right fit.

Staff Sgt. Levesque, a transitional recruiter, says any Marine who is mentally, morally, and physically qualified can find a place in the Reserve.

"There's always something," he said. "We always find something for Marines." If necessary, Levesque said, the Marine Corps can even train a Marine in a new occupational specialty if doing so is necessary to find a Reserve billet.

If a Marine gets out of the Corps but then wants to get back in as a Reservist, a prior-service recruiter can help.

The Rewards

No one joins the Marine Corps to get rich, and the same holds true for the Reserve.

Depending on pay grade, the money is about "a car payment" a month, as Charmale Gallagher said. Gallagher retired as a gunnery sergeant in March 2006 after serving three years of active duty and 20 years in the Reserve. She currently works as a civilian administrator at Quantico.

Reservists can also make themselves eligible for college money through the G.I. Bill and for retirement benefits that kick in at age 60.

Ask Reservists why they carve time from civilian life for the sake of the Marine Corps, and the answer is typically like the one from Chief Warrant Officer 4 Helen Holman: "The camaraderie in the Marine Corps – the sense of family – is incredible."

Holman joined the Corps in 1967 as an active-duty Marine and became a Reservist in 1974. She is currently on active duty as an administrative chief at Quantico, but her home is Sacramento, Calif.

Master Sgt. Ted Bogosh, who became an active-duty Marine in 1974, joined the Reserve in 1978. He said it hasn't been easy to juggle his landscaping business with Reserve duty.

Regardless, he said, it has been worth all the time and trouble. From May 2004 through January 2006, Bogosh deployed, spending most of his time in Iraq and some in Afghanistan.

His job was repairing the robots that search for or dispose of improvised explosive devices. Given all the dangers posed by IEDs, any opportunity to take a Marine out of the equation and substitute a robot is a welcome opportunity. "We save a lot of people having those robots there," Bogosh noted.

Helping the Corps is the reward that makes being a Reserve Marine worthwhile, Bogosh said. "As for somebody wanting to make a difference, I can't think of a better way to make a difference."

This article was previously published in the April-June 2006 MARINES Magazine. All information is still current.

UNCLE SAM WANTS YOU TO



GO RESERVE

CONTACT A RECRUITER

Prior Service Recruiter
1-800-234-3940

www.marines.com

BONUSES AND PROGRAMS

OFFICER AFFILIATION BONUS

- » Get \$10,000 to affiliate with a Selected Marine Corps Reserve unit
- » Open to certain military occupational specialties and units
- » Available to captains and below
- » Requires a three-year commitment
- » Guidance available in MARADMIN 624/10

ENLISTED AFFILIATION BONUS

- » Get \$10,000 or \$15,000 to affiliate with a SMCR unit
- » Available to certain military occupational specialties and units
- » Requires a three-year commitment
- » Guidance available in MARADMIN 626/10

SELECTED RESERVES RE-ENLISTMENT BONUS

- » Re-enlist in the Reserve and get a \$10,000 or \$15,000 bonus
- » Open to certain military occupational specialties and units
- » Requires a three-year commitment
- » Guidance available in MARADMIN 625/10

PRIOR SERVICE RETRAIN PROGRAM

- » Available to lance corporals through sergeants
- » Retrain to a military occupational specialties available at your local station
- » Requires a three-year commitment

OFFICER COMMISSIONING PROGRAMS

OFFICER CANDIDATE SCHOOL - RESERVE

- » Civilians may apply for a commissioning in the Reserve
- » Available to college seniors or graduates
- » Pays up to \$30,000 of federal college loans

RESERVE ENLISTED COMMISSIONING PROGRAM

- » Allows enlisted Marines in the SMCR to apply for Officer Candidate School and subsequent appointment to an unrestricted commissioned officer grade in the Marine Corps Reserve
- » Must possess a four-year baccalaureate degree
- » Guidance available in MCO 1040R.10K

MERITORIOUS COMMISSIONING PROGRAM - RESERVE

- » Allows commanding officers to nominate qualified enlisted Marines, active and Reserve component, with an associates degree or requisite number of semester hours, to apply for a commission in the SMCR
- » Guidance available in MCO 1040.43A

RESERVE BENEFITS

HEALTH CARE

Reserve Marines health care benefits change when they are ordered to active duty for more than 30 days. Selected Reserve members can buy Tricare coverage while drilling, if they meet the requirements for the Tricare Reserve Select program. Their families are also eligible for benefits in most cases. Visit at www.tricare.mil.

DENTAL

Selected Reserve members and their families are eligible for Tricare Dental Program. Contact 1-800-866-8499 or visit www.tricaredentalprogram.com.

EDUCATION

All Service members have access to several education benefits such as tuition assistance, the GI Bill and other programs. To see what benefits you might be eligible for, contact the MarForRes education office at 504-678-4396.

BASIC ALLOWANCE FOR HOUSING

BAH is military housing or a tax-free cash allowance provided to servicemembers. The amount received varies by rank, location and number of dependents. Reservists are eligible for BAH based on length of active-duty service in one location, the type of duty and whether the member lives in military housing. Calculate your local BAH rate at www.defensetravel.dod.mil/site/bah.cfm

BASIC ALLOWANCE FOR SUBSISTENCE

BAS is a tax-free allowance provided for meals. Reservists qualify for BAS during periods of active duty. Their payments prorated for the actual number of days served.

FAMILY SEPARATION ALLOWANCE

Reservists deployed for more than 30 days qualify for Family Separation Allowance at the rate of \$250 per month. Payments are tax-free and prorated for any partial months deployed.

COST OF LIVING ALLOWANCE

COLA is paid to personnel assigned to high-cost locations. Reservists ordered to active duty may qualify for COLA, depending on where they live. For a list of eligible locations and allowance rates visit www.defensetravel.dod.mil/site/conus.cfm

PER DIEM

Per diem is a daily tax-free cash allowance provided for meal, incidental and lodging expenses while service members are on temporary duty away from their home stations or on government business.

SPECIAL PAY

Special pays are provided for performing special duties such as diving duty, flight duty, foreign language proficiency, sea duty and hazardous duty. Pay is prorated for Reservists based on the number of days served on active duty.

INCOME REPLACEMENT

Involuntarily mobilized Reserve members who experience a monthly income differential of more than \$50 receive this pay.

TRAVEL

The government pays for official travel. Unused seats aboard a military aircraft are made available to service members on a space-available basis. Find out more about Space-A travel at www.amc.af.mil/amctravel/index.asp

SERVICEMEMBERS' GROUP LIFE INSURANCE

Reservists assigned to units in which they are scheduled to perform at least 12 periods of inactive duty that is creditable for retirement purposes are covered 365 days a year. For more information, call 1-800-419-1473 or visit www.insurance.va.gov.

DEATH BENEFITS

Survivors of service members who die on active duty may qualify to receive a \$100,000 death gratuity, regardless of whether the death occurred while performing duty. The Pentagon also reimburses families for the money spent to transport dead service members to their final destination. The Death benefits generally are tax free.

THE FOLLOWING BENEFITS CAN BE FOUND ON MILITARY INSTALLATIONS

COMMISSARIES

Commissaries are military supermarkets, with products sold tax free and at reduced prices. Reservists and their families have unlimited shopping privileges in commissaries.

EXCHANGES

Exchanges are military department stores that sell brand-name goods as well as their own label products. Items are sold tax free.

RECREATION CENTERS

Military bases offer indoor sports and classes. Lodging may also be reserved on a space-available basis at official travel lodging facilities.

TRICARE Reserve Select

Tricare Reserve Select is a premium-based health plan available for purchase by Selected Reservists, excluding Individual Ready Reserve and Voluntary Training Units, who are not eligible for or enrolled in Federal Employee Health Benefit plans. The current plan, which became effective Jan. 1, 2010, replaces a complex tier system with varying premiums. The premiums are \$49.62 a month for individual coverage and \$190.65 a month for family coverage.

Under TRS, members receive comprehensive coverage with access to TRICARE-authorized providers and military treatment facilities on a space-available basis. Members pay fewer out-of-pocket costs when choosing a provider in the TRICARE network. TRS offers extremely low annual deductibles and cost-share along with a catastrophic cap of \$1,000 deductible maximum for each family. A variety of inpatient, outpatient and clinical preventative services are covered as well as emergency services.

TRS also offers family survivor coverage for up to six months after the death of a service member. The TRICARE network consists of three regional domestic contractors and one overseas contractor: Health Net Federal Services, LLC (North Region); TriWest Healthcare Alliance Corp (West Region); and Humana Military Healthcare Services, Inc. (South Region and Overseas).

Many Selected Reserve members do have other healthcare options offered by private-sector employers. The coverage offered under TRS is similar to TRICARE Standard or Extra. Costs to consider are family coverage versus single coverage, co-payments, prescription drug programs, catastrophic caps and which health care plans are accepted by the member's (and family's) preferred doctors and hospitals.

Purchasing TRS is a three-step process that is done through the Guard and Reserve Web portal.

Step One: Service member logs onto <https://www.dmdc.osd.mil/appj/trs/index.jsp> and completes the TRS request form DD Form 2896-1.

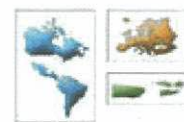
Step Two: Print and sign the form.

Step Three: Submit the completed form along with premium payment to the regional contractor.

The mailing information for the appropriate regional contractor will auto populate once your form is complete and you request it to print. Coverage begins on the first day of the first or second month, which ever the member chooses, after the postmark date of the DD Form 2896-1. Members should contact the regional contractor for information or assistance on purchasing TRS coverage, premium billing questions, obtaining healthcare services, claims or coverage benefits. The information about coverage under these plans can be found at www.tricare.mil



TRICARE policies and benefits are governed by public law and change are made as public law is amended. Contact your regional contractor or local TRICARE Service Center for current updates. For more information on TRICARE or the Health Insurance Portability and Accountability Act Notice of Privacy Practices, go to www.tricare.mil



Tricare South

Regional Contractor:

Humana Military Healthcare Services, Inc.

(Humana Military)

877-298-3408 or 800-444-5445

www.humana-military.com

Alabama, Arkansas, Florida, Georgia, Louisiana, Mississippi, Oklahoma, South Carolina, Tennessee (excluding the Ft. Campbell area) and Texas (excluding the El Paso area)

Tricare Overseas

Regional Contractor:

Humana Military Healthcare Services, Inc.

(Humana Military)

877-298-3408 or 888-777-8343

www.humana-military.com

www.tricare.mil/overseas

The TRICARE overseas areas include TRICARE Europe, TRICARE Latin America and Canada (TLAC), and TRICARE Pacific. The TRICARE South Region contractor, Humana Military, handles enrollment, billing and customer support services for these overseas areas.

Reserve Affairs:

<http://ra.defense.gov>

Guard/Reserve Portal Address:

<http://www.dmdc.osd.mil/appj/trs/index.jsp>

TRICARE:

www.tricare.mil

TRICARE Mail Order Pharmacy:

877-363-1303

TRICARE Retail Network Pharmacy:

877-363-1303

<http://www.express-scripts.com/TRICARE>

Tricare West

REGIONAL CONTRACTOR:

TriWest Healthcare Alliance Corp.

(TriWest)

888-TRIWEST (888-874-9378)

www.triwest.com

Alaska, Arizona, California, Colorado, Hawaii, Idaho, Iowa (excluding Rock Island Arsenal area), Kansas, Minnesota, Missouri (excluding the St. Louis area), Montana, Nebraska, Nevada, New Mexico, North Dakota, Oregon, South Dakota, Texas (the southwestern corner, including El Paso), Utah, Washington, and Wyoming

Tricare North

Regional Contractor

Health Net Federal Services, LLC

(Health Net)

877-TRICARE (874-2273)

www.healthnetfederalservices.com

Connecticut, Delaware, the District of Columbia, Illinois, Indiana, Kentucky, Maine, Maryland, Massachusetts, Michigan, New Hampshire, New Jersey, New York, North Carolina, Ohio, Pennsylvania, Rhode Island, Vermont, Virginia, West Virginia, Wisconsin and portions of Iowa (Rock Island Arsenal area), Missouri (St. Louis area) and Tennessee (Ft. Campbell area).



GETTING READY TO DEPLOY?

THE YELLOW RIBBON PROGRAM IS THERE TO GUIDE YOU AND YOUR FAMILY THROUGH DEPLOYMENTS

What is the DoD Yellow Ribbon Program?

The Yellow Ribbon Program is a DoD-wide effort to help National Guard and Reserve service members and their families connect with local resources before, during and after deployments, especially during the reintegration phase that occurs months after service members return home. It provides National Guard and Reserve members and their families with information, services, referrals and proactive outreach opportunities throughout the deployment cycle. Commanders and leaders play a critical role in assuring that Reserve service members and their families attend Yellow Ribbon Events where they can access information on health care, education/training opportunities, financial and legal benefits. The DoD works in conjunction with Federal partners, including the Small Business Administration and Departments of Labor and Veterans Affairs, to provide up-to-date and relevant information to the members of the all-volunteer force and their families.

Is Yellow Ribbon specifically intended for National Guard and Reserve members?

Yes, the Yellow Ribbon Program is dedicated to addressing the unique needs of National Guard and Reserve members during the deployment cycle. The National Guard and Reserve differ from the Active Duty component in the way they prepare for deployments and reintegrate after returning. Many service members are geographically separated from other members of their units. Recognizing that the National Guard, the Reserve and their families face unique challenges, Congress mandated the Yellow Ribbon Program be established to respond to those challenges.

Can family members attend Yellow Ribbon events?

Family members are strongly encouraged to attend Yellow Ribbon Events. In fact, the Deployment phase, or "during" events are designed just for families. Yellow Ribbon events provide valuable information for family members about the challenges that may arise during the deployment process. Family members can also benefit from the variety of resources and services available at the events. Children are also allowed to attend certain events where child care and/or child and youth programs are provided. Please contact the event point of contact listed in the Event Planning Tool to see if child care is available prior to attending.

For more information, contact your chain of command, Yellow Ribbon Program Manager or visit www.yellowribbon.mil



DEPLOYMENT READINESS CHECKLIST

THE FOLLOWING SHOULD BE COMPLETED PRIOR TO DEPLOYMENT

PRACTICAL PREPARATION

- Dependent ID cards (DEERS verification 1-800-538-9552)
- Updated Record of Emergency Data
- Powers of attorney
- Valid will
- Updated SGLI with correct beneficiary
- Family knows your complete official mailing address, command name, and social security number
- Family has command contact information including family readiness officer
- Renter's or homeowner's insurance current
- Home or apartment in good repair

SERVICE MEMBER PERSONAL PREPARATION

- Storage for uniforms, civilian clothes and personal items while deployed
- Phone numbers/ addresses/ e-mail addresses
- Arrangements for birthdays and special occasions
- Discussed "keeping in touch" with friends and family
- Plans for education and courses while deployed
- Pre-deployment training
- Professional gear accounted for
- Homecoming plans

VEHICLES

- Storage, if necessary, or someone assigned to take care of it for you
- Current insurance, tags, registration/title, base inspection stickers, routine maintenance
- Name of a trusted mechanic left with family

FINANCIAL PREPARATION

- Written monthly spending plan for the deployment including any pay changes and additional deployment-related expenses
- Pay set up the way you want
- If married, separate checking accounts and/or split pay
- Arrangements to pay bills including payments to creditors
- Allotments set up
- Phone bills (long-distance, cell phone plan)
- Taxes due while deployed? Plan for payment or plan to file an extension
- Credit card limits. (establish clear guidelines for credit card use)
- Emergency funds
- Savings plan
- Thrift Savings Plan (TSP)

EMERGENCY PLANS

- Location of important papers
- Ensure spouse knows how to access the TRICARE system for medical care, particularly outside the local area
- Ensure family knows how to initiate a Red Cross message in case of an emergency
- Family care plans in place and on file with family readiness office

FAMILY DEPLOYMENT CHECKLIST

Although extended deployments are never easy on the family, the hardships need not be increased by failure to plan ahead. A carefully prepared and executed pre-deployment checklist can save you and your family from giant headaches in the future. It is very important for you, as a military family, to have certain documents in your possession. Military spouses are often required to take over the family during the Marine's absence; therefore, it is important that both of you sit down together to gather information and documents named in this checklist. You are encouraged to keep originals or copies of all listed documents in a special container (safety deposit box) in a location you can find immediately that is known to both you and your Marine.

- Marriage Certificate
- Birth Certificates of all family members:
 - Wife
 - Husband
 - Children
- Divorce Papers
- Death Certificates
- Medical (Shot) and Dental Records of all family members (including pets)
- Citizenship/ Naturalization papers
- Adoption Papers
- Passports, Visas (remove only when needed for international travel)
- Insurance policies (Note: company, policy number and amount of payment)
- Real Estate Documents (leases, mortgages, deeds, or promissory notes)
- Copies of installment contracts and loan papers
- Current list of immediate next of kin, personal lawyer, trusted friend (include phone # and address)
- Car title (registration should be in car)
- Last LES (Leave and Earnings Statement)
- Discharge papers (DD Form 214) (if applicable)
- Allotments (updated with correct amount, name, address, account number)
- Social Security Number of each family member
- Current address and telephone numbers of immediate family members of both spouses.
- Next of kin informed of rights, benefits and assistance available
- Family budget and business arranged
- Emergency Data Card updated in Military Personnel Record
- Joint checking/ savings account arranged (List all account numbers)
- Your parents informed of how to make contact in case of emergency
- Armed Forces ID Cards (Renew if ID Card expires within next three months. Rear Detachment Commander can sign for ID Replacement after Marine deploys)
- Emergency services explained and located:
 - Red Cross
 - Medical facilities/Tricare
 - Navy Relief Society
 - Legal Assistance Office
- Security check on house
- Problems with cars, household, and appliances identified and resolved
- Power of attorney
 - GENERAL: Allows holder to act in all matters on sponsor's behalf
 - SPECIAL: Allows holder to act on sponsor's behalf in special transactions.
 - MEDICAL: Authorizes holder to obtain medical care for family members under 18 years of age
- Wills for both spouses
- Copy of Sponsor's original orders
- Copy of Emergency Data Card
- List of all credit cards and account numbers
- AAFES Deferred Payment Plan, (to use, spouse must be listed as an authorized user or hold sponsor's General Power of Attorney)
- Federal and State Income Tax Returns (last five years)

RESERVE DRILL PAY CHART

Enlisted

Years	Less than 2	Over 2	Over 3	Over 4	Over 6	Over 8	Over 10	Over 12	Over 14	Over 16	Over 18	Over 20	Over 22	Over 24
E-9							618	632	650	670	691	724	753	783
E-8						505	528	542	559	576	609	626	653	669
E-7	351	383	398	418	433	459	474	500	522	537	553	559	579	590
E-6	304	334	349	364	378	412	426	451	459	464	471	471	471	471
E-5	279	298	311	326	349	373	393	395	395	395	395	395	395	395
E-4	256	268	283	298	310	310	310	310	310	310	310	310	310	310
E-3	231	245	260	260	260	260	260	260	260	260	260	260	260	260
E-2	219	219	219	219	219	219	219	219	219	219	219	219	219	219
E-1	196	196	196	196	196	196	196	196	196	196	196	196	196	196

Officers

Years	Under 2	Over 2	Over 3	Over 4	Over 6	Over 8	Over 10	Over 12	Over 14	Over 16	Over 18	Over 20	Over 22	Over 24
O-7	1056	1105	1128	1146	1179	1211	1247	1285	1322	1439	1539	1539	1539	1539
O-6	782	860	916	916	919	959	965	965	1019	1116	1173	1230	1262	1295
O-5	652	735	786	796	827	846	888	918	958	1019	1047	1076	1108	1108
O-4	563	652	695	705	745	788	842	884	913	931	939	939	939	939
O-3	495	561	606	661	692	727	748	786	805	805	805	805	805	805
O-2	428	488	561	580	592	592	592	592	592	592	592	592	592	592
O-1	371	386	467	467	467	467	467	467	467	467	467	467	467	467

Officers with prior enlisted experience

Years	Under 2	Over 2	Over 3	Over 4	Over 6	Over 8	Over 10	Over 12	Over 14	Over 16	Over 18	Over 20	Over 22	Over 24
O-3E				661	692	727	748	786	817	834	860	860	860	860
O-2E				580	592	610	643	667	685	685	685	685	685	685
O-1E				467	499	517	536	555	580	580	580	580	580	580

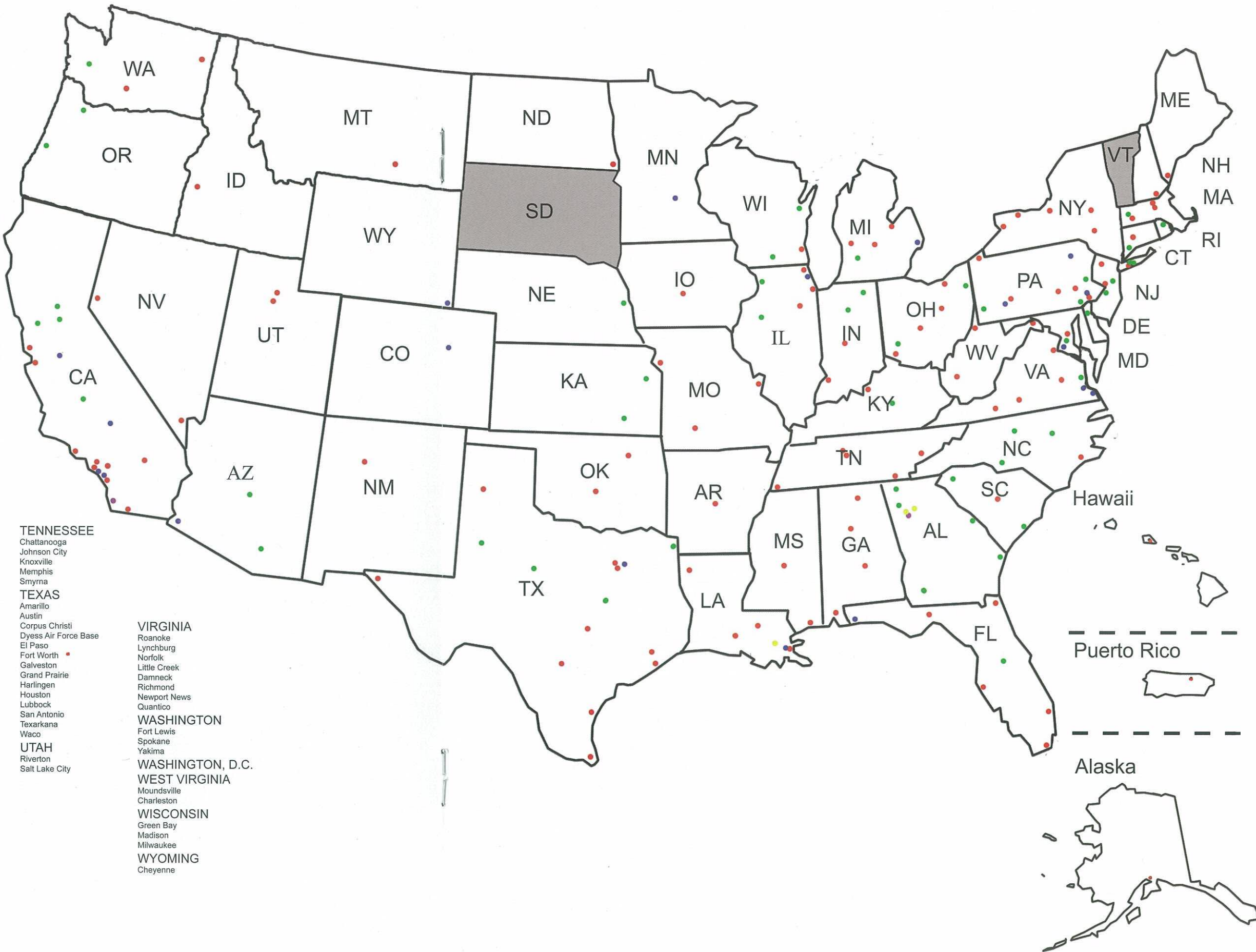
Warrant Officers

Years	Under 2	Over 2	Over 3	Over 4	Over 6	Over 8	Over 10	Over 12	Over 14	Over 16	Over 18	Over 20	Over 22	Over 24
W-5												909	955	990
W-4	512	550	566	582	608	634	661	701	737	771	799	825	865	897
W-3	467	486	507	513	534	576	618	639	662	686	730	758	776	794
W-2	413	452	464	473	499	541	562	582	607	626	644	665	679	690
W-1	363	402	412	434	460	499	518	543	567	587	605	627	627	627

Projected 2011 Pay Chart with 1.4 percent increase

MARINE FORCES RESERVE UNIT LOCATIONS

- ALABAMA**
Bessemer
Huntsville
Mobile
Montgomery
- ALASKA**
Anchorage
- ARKANSAS**
Little Rock
- ARIZONA**
Phoenix
Tucson
Yuma
- CALIFORNIA**
Alameda
Bakersfield
Camp Pendleton
Concord
Dublin
Edwards Air Force Base
Lathrop
Long Beach
Los Alamitos
Pasadena
Pico Rivera
Port Hueneme
Sacramento
San Bruno
San Diego
San Jose
Seal Beach
Twentynine Palms
- COLORADO**
Aurora
- CONNECTICUT**
New Haven
Plainville
- DELAWARE**
Tampa
West Palm Beach
- GEORGIA**
Albany
Augusta
Forest Park
Marietta
Savannah
Smyrna
- HAWAII**
Kaneohe Bay
- IDAHO**
Boise
- ILLINOIS**
Chicago
Fort Sheridan
Great Lakes
Highwood
Joliet
Peoria
Rock Island
Waukegan
- INDIANA**
Indianapolis
Peru
South Bend
Terre Haute
- IOWA**
Des Moines
- KANSAS**
Topeka
Wichita
- KENTUCKY**
Fort Knox
Lexington
- LOUISIANA**
Baton Rouge
Belle Chasse
Bossier City
Lafayette
New Orleans
- MAINE**
Topsham
- MARYLAND**
Andrews Air Force Base
Anacostia
Baltimore
Fort Detrick
- MASSACHUSETTS**
Chickopee
Fort Devens
Saginaw
- MICHIGAN**
Battle Creek
Grand Rapids
Lansing
Mount Clemens
Saginaw
- MINNESOTA**
Minneapolis
Twin Cities
- MISSISSIPPI**
Jackson
Gulfport
- MISSOURI**
Bridgeton
Kansas City
Springfield
- MONTANA**
Billings
- NEBRASKA**
Omaha
- NEVADA**
Las Vegas
Reno
- NEW HAMPSHIRE**
Londonderry
- NEW JERSEY**
Fort Dix
Picatinny
Red Bank
Trenton
- NEW MEXICO**
Albuquerque
- NEW YORK**
Amityville
Brooklyn
Buffalo
Glenville
Garden City
Newburgh
Rochester
Syracuse
- NORTH CAROLINA**
Camp Lejeune
Charlotte
Greensboro
Raleigh
- NORTH DAKOTA**
Wahpeton
- OHIO**
Akron
Brookpark
Cincinnati
Columbus
Dayton
Perrysburg
Vienna
- OKLAHOMA**
Broken Arrow
Oklahoma City
- OREGON**
Eugene
Portland
- PENNSYLVANIA**
Allentown
Edensburg
Erie
Folsom
Harrisburg
Johnstown
North Versailles
Philadelphia
Reading
Willow Grove
Wyoming
- PUERTO RICO**
Fort Buchanan
- RHODE ISLAND**
Providence
- SOUTH CAROLINA**
Charleston
Eastover
Greenville
- TENNESSEE**
Chattanooga
Johnson City
Knoxville
Memphis
Smyrna
- TEXAS**
Amarillo
Austin
Corpus Christi
Dyess Air Force Base
El Paso
Fort Worth
Galveston
Grand Prairie
Harlingen
Houston
Lubbock
San Antonio
Texarkana
Waco
- UTAH**
Riverton
Salt Lake City
- VIRGINIA**
Roanoke
Lynchburg
Norfolk
Little Creek
Damneck
Richmond
Newport News
Quantico
- WASHINGTON**
Fort Lewis
Spokane
Yakima
- WASHINGTON, D.C.**
- WEST VIRGINIA**
Moundsville
Charleston
- WISCONSIN**
Green Bay
Madison
Milwaukee
- WYOMING**
Cheyenne



KEY

- GOLD = Command Element Units
- RED = Division Units
- BLUE = MAW Units
- GREEN = MLG Units
- PURPLE = More than one type of unit at that location

ACTIVE-DUTY PAY CHART

Enlisted

Years	Less than 2	Over 2	Over 3	Over 4	Over 6	Over 8	Over 10	Over 12	Over 14	Over 16	Over 18	Over 20	Over 22	Over 24
E-9							4635	4740	4872	5029	5185	5436	5649	5874
E-8						3794	3962	4066	4191	4325	4568	4692	4902	5018
E-7	2638	2879	2989	3135	3249	3444	3554	3751	3914	4025	4143	4189	4343	4426
E-6	2281	2510	2621	2728	2840	3094	3193	3382	3441	3484	3533	3533	3533	3533
E-5	2091	2230	2338	2448	2620	2800	2947	2965	2965	2965	2965	2965	2965	2965
E-4	1915	2014	2123	2231	2327	2327	2327	2327	2327	2327	2327	2327	2327	2327
E-3	1730	1839	1950	1950	1950	1950	1950	1950	1950	1950	1950	1950	1950	1950
E-2	1645	1645	1645	1645	1645	1645	1645	1645	1645	1645	1645	1645	1645	1645
E-1	1467	1467	1467	1467	1467	1467	1467	1467	1467	1467	1467	1467	1467	1467

Officers

Years	Under 2	Over 2	Over 3	Over 4	Over 6	Over 8	Over 10	Over 12	Over 14	Over 16	Over 18	Over 20	Over 22	Over 24
O-10												15401	15476	15797
O-9												13470	13664	13944
O-8	9531	9843	10050	10108	10366	10798	10898	11308	11426	11779	12291	12762	13078	13078
O-7	7919	8287	8457	8592	8838	9079	9360	9639	9919	10798	11541	11541	11541	11541
O-6	5870	6448	6872	6872	6898	7193	7233	7233	7643	8370	8797	9223	9466	9711
O-5	4893	5512	5893	5966	6204	6346	6659	6889	7185	7639	7856	8070	8313	8313
O-4	4222	4887	5213	5286	5588	5913	6316	6632	6850	6976	7049	7049	7049	7049
O-3	3712	4208	4542	4952	5189	5449	5617	5895	6038	6038	6039	6039	6039	6039
O-2	3207	3653	4207	4349	4438	4438	4438	4438	4438	4438	4438	4438	4438	4438
O-1	2783	2898	3503	3503	3503	3503	3503	3503	3503	3503	3503	3503	3503	3503

Officers with prior enlisted experience

Years	Under 2	Over 2	Over 3	Over 4	Over 6	Over 8	Over 10	Over 12	Over 14	Over 16	Over 18	Over 20	Over 22	Over 24
O-3E				4951	5189	5449	5618	5895	6128	6263	6445	6445	6445	6445
O-2E				4349	4438	4580	4819	5003	5140	5140	5140	5140	5140	5140
O-1E				3501	3740	3878	4020	4159	4349	4349	4349	4349	4349	4349

Warrant Officers

Years	Under 2	Over 2	Over 3	Over 4	Over 6	Over 8	Over 10	Over 12	Over 14	Over 16	Over 18	Over 20	Over 22	Over 24
W-5												6821	7167	7424
W-4	3836	4125	4245	4361	4562	4761	4961	5264	5530	5782	5988	6189	6486	6728
W-3	3502	3648	3799	3847	4005	4313	4635	4786	4961	5142	5466	5684	5816	5956
W-2	3081	3257	3411	3522	3619	4059	4214	4366	4552	4698	4830	4988	5091	5174
W-1	2719	2943	3093	3189	3445	3746	3881	4070	4257	4403	4538	4701	4701	4701

Projected 2011 Pay Chart with 1.4 percent increase

EMPLOYER SUPPORT OF THE GUARD AND RESERVE AND USERRA

The Uniformed Services Employment and Reemployment Rights Act (USERRA) of 1994 is the Federal law that establishes rights and responsibilities for members of the National Guard and Reserve and their civilian employers. USERRA affects employment, reemployment, employment benefits and retention in employment when employees serve or have served in the uniformed services.

Employer Support of the Guard and Reserve and USERRA: ESGR informs and educates service members and their civilian employers regarding their rights and responsibilities governed by USERRA. ESGR does not have statutory authority to enforce, but serves as a neutral, free resource to employers and service members. ESGR's trained ombudsmen provide mediation of issues relating to compliance with USERRA.

Statutory Authority: Congress provided the statutory authority for investigating alleged violations of USERRA to the U.S. Department of Labor. If the DOL finds an employer has likely violated USERRA and is unable to secure voluntary compliance, the DOL may refer the case to the U.S. Department of Justice for legal action against the employer.

Employers: The law applies to all public and private employers in the United States regardless of size. Providing the service member meets all criteria, USERRA requires employers to provide the following:

- Allow employees to participate in military service
- Reinstatement of health insurance
- Prompt reinstatement into job following military service
- Training or retraining of job skills
- Accumulation of seniority, including pension benefits
- Protection against discrimination

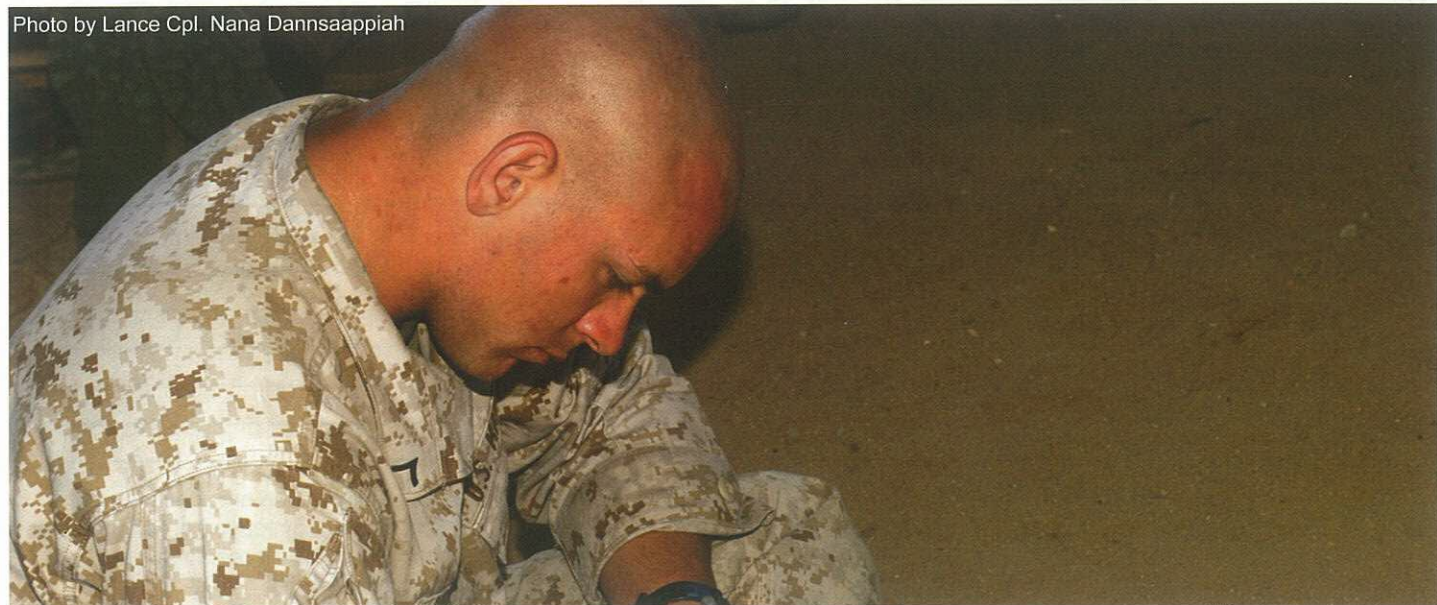
Service Members: In general, if the employee is absent from a position of civilian employment by reason of service in the uniformed services, he or she is eligible for reemployment under USERRA by meeting the following criteria:
The employer had advance notice of the employee's service;
The employee returns to work in accordance with USERRA guidelines;
The employee has not been separated from service with a disqualifying discharge or under other than honorable conditions.

Reemployment Timetable: To be eligible for protection under USERRA, the service member must report back to work or apply for reemployment within the following guidelines:
1-30 days of service.....Report next scheduled work day. *
31-180 days of service.....Apply within 14 days following completion of service.
181+ days of service.....Apply within 90 days following completion of service.
*After 8 hours rest plus normal travel time from the military training site to the place of civilian employment.

Ombudsman Services: The ESGR Ombudsman Services Program provides information, counseling and mediation of issues relating to compliance with USERRA. ESGR ombudsmen are neutral parties in resolving disputes between civilian employers and their employees serving in the Guard and Reserve. They work to resolve issues in compliance with USERRA, and when successful, both parties are satisfied. If unable to facilitate a resolution, parties are notified of the option to seek assistance through the DOL/Veteran's Employment and Training Service for formal investigation and the option to seek private legal counsel.

USERRA Questions: ESGR's national customer service center is operational from 8 a.m. to 8 p.m. eastern standard time, Monday through Friday by calling 800-336-4590, option 1. Access an ESGR USERRA Assistance Request Form located at www.esgr.org or send questions via e-mail to USERRA@osd.mil.

Photo by Lance Cpl. Nana Dannsaappiah



PSYCHOLOGICAL HEALTH OUTREACH PROGRAM

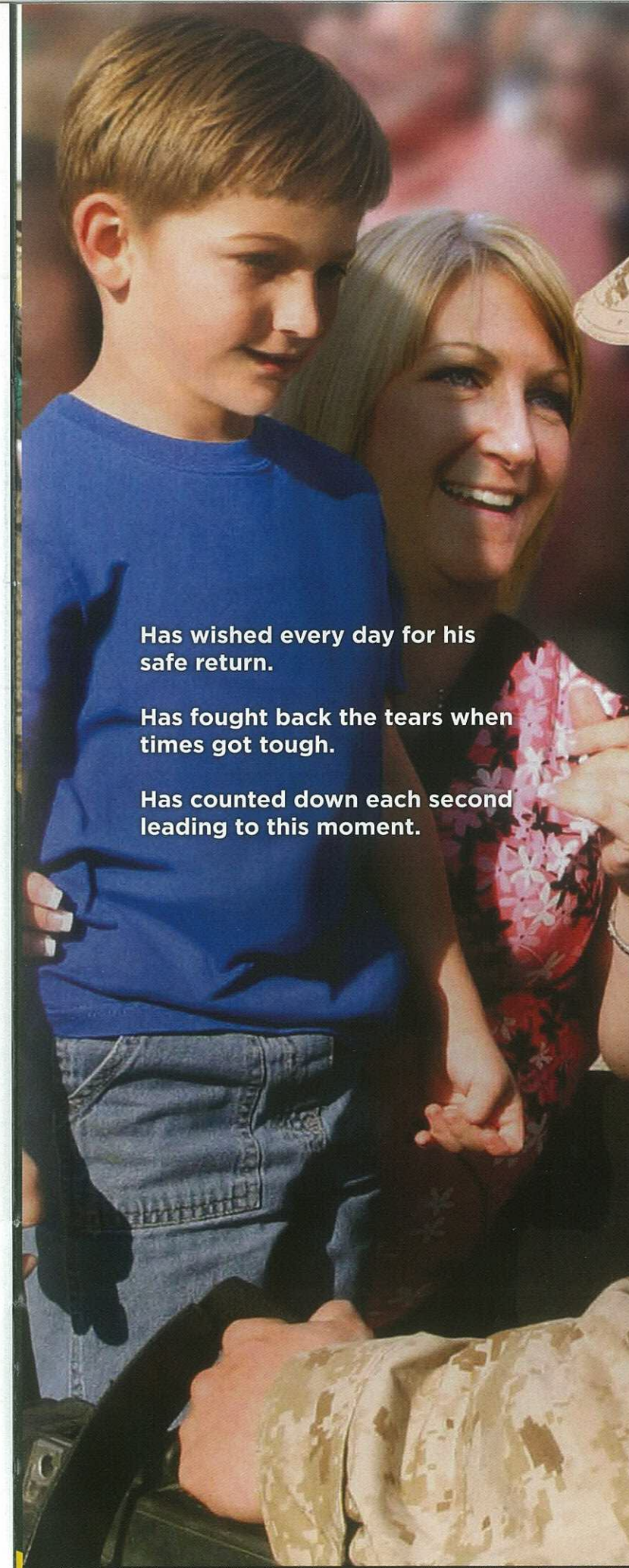
The purpose of the PHOP is to provide early identification and clinical assessment of Marine Reservists returning from deployment who are at risk of not having their stress injuries identified and treated in an expeditious manner. One of the goals of the PHOP is to facilitate a "culture of support for psychological health" where Reserve members and leaders understand that psychological health is essential to overall health and performance. Another goal of the program is to improve the overall psychological health of USMC Reservists and their families, and to identify long-term strategies to improve psychological health support services for them.

Marines that are referred to the program can be screened for behavioral health issues, medically referred, and provided a road to recovery. Outreach members will follow each referred Reservist through to the resolution of that member's case, whether it is return to Active Reserve status, or resolution through the Disability Evaluation System. Referrals can be made by anyone, such as the Reservist, unit commanders, family members, or service members. Referrals can be made to any of the PHOP sites listed below either in person or by phone. PHOP provides assistance to Reservists through:

- Behavioral Healthcare Screenings.
- Assisting members and families in identifying psychological health issues that may require services or intervention.
- Providing resources to assist with issues.
- Providing outreach telephone calls to all identified Marine Forces Reservists returning from deployment within the past six months.
- Assisting referred Marine Forces Reservists with the Line of duty determination process.
- Maintaining 24/7 phone/e-mail on-call service to respond to inquiries and referrals.

There are six regions throughout the U.S., and any region can refer to the nearest center where the caller lives. Each regional site is staffed by Licensed Social Workers and these Licensed Social Workers provide services within their respective regions to all 50 states plus Puerto Rico and Washington, D.C.

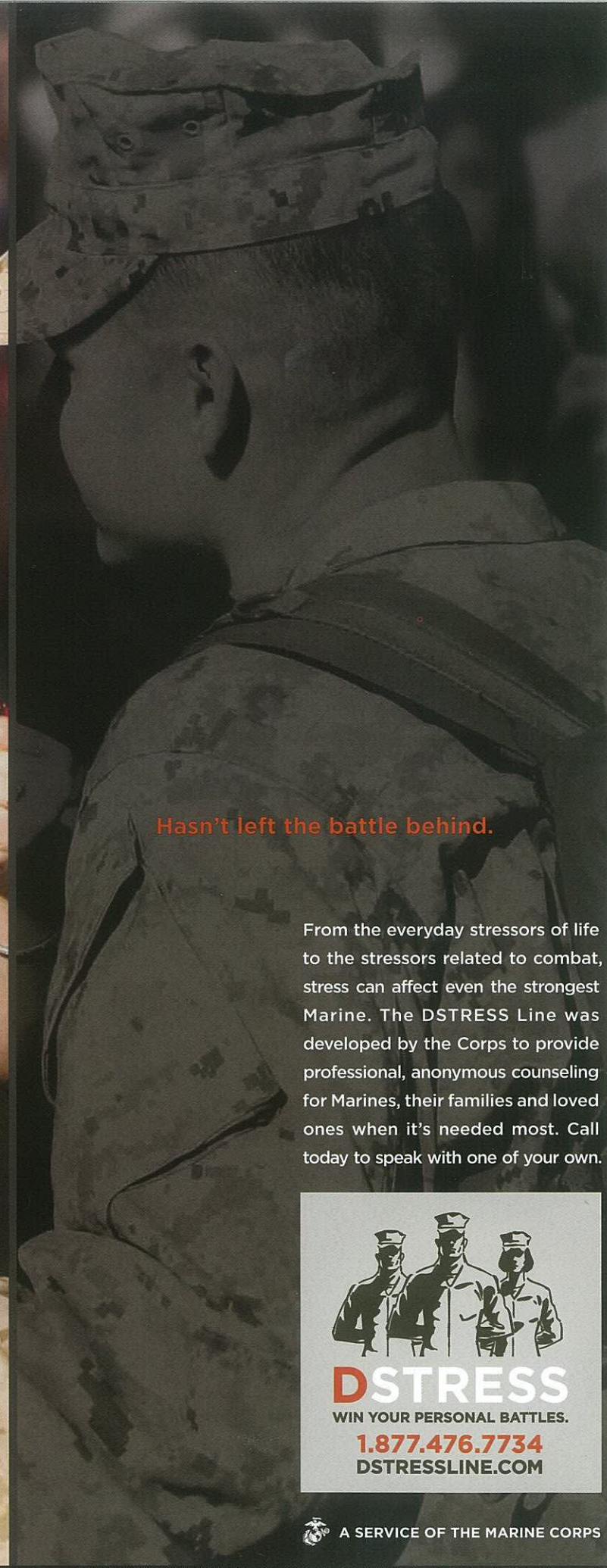
REGION	LOCATIONS	PHONE NUMBERS
Atlantic	HQ Co. (-), H&S BN, 4th MLG (Marietta, GA)	678-655-7177/ 678-688-7179
Mid West	24th Marine Regiment (Kansas City, MO)	816-843-3675/ 816-843-3678
North East	25th Marine Regiment (Devens, MA)	978-796-2306/ 978-796-3633
North West	4th LSB, H&S Co. (-) (Ft. Lewis, WA)	253-477-2611/ 253-477-2612
South	HQ, MARFORRES (New Orleans, LA)	504-678-6188/ 504-678-6186
South West	23rd Marine Regiment (San Bruno, CA)	650-244-9806, ext. 1007/ ext. 1503



Has wished every day for his safe return.

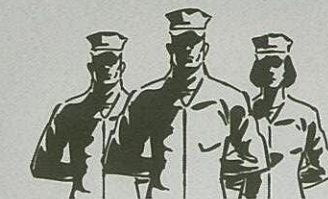
Has fought back the tears when times got tough.

Has counted down each second leading to this moment.



Hasn't left the battle behind.

From the everyday stressors of life to the stressors related to combat, stress can affect even the strongest Marine. The DSTRESS Line was developed by the Corps to provide professional, anonymous counseling for Marines, their families and loved ones when it's needed most. Call today to speak with one of your own.



DSTRESS
WIN YOUR PERSONAL BATTLES.
1.877.476.7734
DSTRESSLINE.COM

A SERVICE OF THE MARINE CORPS

COMBAT OPERATIONAL STRESS CONTROL

Combat Operational Stress Control focuses on leadership-based prevention and intervention strategies and tools to enhance force preservation, mission readiness, and the long-term health and well-being of Marines and their families. Promoting resilience and ensuring that individuals get the help they need through training products such as briefs and workshops, interactive Internet resources, videos, lessons learned and implementation of other best practices.

Major COSC activities include:

Marine Operational Stress Training is a series of online briefs that inform leaders, Marines and families of important COSC issues during pre-deployment, deployment and post-deployment. These can be viewed at www.usmc-mccs.org/cosc and www.manpower.usmc.mil/cosc.

Operational Stress Control and Readiness: Stress impacts all people in some way, and when the impact reduces readiness, addressing it early allows Marines to get back to full readiness quicker. OSCAR trains teams of leaders, Marines, medical and religious ministry personnel at the unit level to recognize and assist Marines impacted by combat and operational stress problems as early as possible. OSCAR also embeds mental health assets into infantry divisions and regiments throughout the deployment cycle.

Behavioral Health Surveillance System: The Deployment Health Assessment and the Post-Deployment Health Reassessment, which is taken several months after returning from deployment, promote early identification of deployment stress problems affecting personal and unit readiness.

Reserve Component Personnel: Selected Marine Corps Reserve Marines and Individual Ready Reserve Marines returning from deployment are contacted by a licensed clinician from the Psychological Health Outreach Program team once a month for three months. The goal is to identify combat operational stress problems early, to ensure that deactivated Marines are successfully reintegrated with their families and communities and made aware of resources available to assist them. IRR Marines are contacted periodically for an additional nine months by Marine Corps Mobilization Command.

Marine Corps Behavioral Health Information Network: BIHN is a Web-based clearinghouse for the latest printed and electronic information for Marines and families concerning behavioral health. These free educational materials will assist units and installation support services in their efforts to educate the military community about building resiliency, recognizing stress reactions and determining the need for help. The materials include brochures, wallet cards, posters, workbooks, Quick Series and DVDs delivered to your location. Visit <http://bhin.usmc-mccs.org>

- One resource of the BIHN is the **Leaders Guide for Managing Marines in Distress**, a tool to help leaders and Marines control as many unnecessary stressors as possible. It covers 16 high-risk, low-frequency issues that leaders face, including combat stress, financial problems, mental health problems, substance abuse, and others with what to look for, what to do and not to do and how to follow up.

USMC Mental Health Summits: The summits bring together subject matter experts and Marine Corps leaders to identify best practices and determine the way ahead for COSC and other behavioral health programs affecting Marines and family members.

Outreach to other Services and activities: COSC regularly presents and receives program information from other services and organizations regarding potential best practices.

Military One Source: Services are available 24/7 365 days a year and are free. Information on deployment topics, and referral for confidential counseling is available. Continental U.S.: 1-800-342-9647, Outside Continental U.S.: *1-800-342-96447 for (Access codes can be found online), Collect: 484-530-5908

Combat Operational Stress Continuum for Marines

READY (Green)	REACTING (Yellow)	INJURED (Orange)	ILL (Red)
<ul style="list-style-type: none"> • Good to go • Well trained • Prepared • Fit and tough • Cohesive units, ready families 	<ul style="list-style-type: none"> • Distress or impairment • Mild, transient • Anxious or irritable • Behavior change 	<ul style="list-style-type: none"> • More severe or persistent distress or impairment • Leaves lasting evidence (personality change) 	<ul style="list-style-type: none"> • Stress injuries that don't heal without intervention • Diagnosable <ul style="list-style-type: none"> • PTSD • Depression • Anxiety • Addictive Disorder
Leader Responsibility → Individual Responsibility		Individual Responsibility → Chaplain & Medical Responsibility	

HQMC COSC
www.manpower.usmc.mil/cosc
www.usmc-mccs.org/cosc

Photo by Cpl. Tyler J. Hlavac



MARINE FORCES RESERVE

Marine Forces Reserve is the headquarters command for approximately 100,000 Reserve Marines and 186 Reserve Training Centers located throughout the United States and U.S. territories.

The U.S. Marine Corps Reserve continues to be an integral element of the Total Force Marine Corps. It shares the legacy of deployment and an expeditionary mindset that has dominated Marine Corps culture, ethos and thinking since its inception more than two centuries ago.

The Marine Reserve team possesses capabilities across the full spectrum of military operations; from humanitarian assistance and disaster relief support to the most potent combat forces in the world. Since overseas contingency operations began nearly a decade ago, the Marine Corps Reserve has remained continuously engaged in combat operations in Iraq and Afghanistan, as well as in regional security cooperation and crisis prevention activities in support of the various geographical combatant commanders. This operational tempo has built a momentum among its war fighters and a depth of experience throughout the ranks that is unprecedented in generations of Marine Corps Reservists. Today's Marine Corps Reserve is more highly trained, capable, and battle-tested than at any time since the Korean War.

Marine Forces Reserve, the largest command in the Corps, has four major subordinate commands: the 4th Marine Division, 4th Marine Aircraft Wing, 4th Marine Logistics Group and Marine Corps Mobilization Command. The Marine Corps Reserve can potentially source 6,000 Marines annually at a 1:5 deployment-to-dwell ratio as programmed in the Force Generation Model. This model enables Reservists to strike the critical balance between family, civilian career and service to the Nation. The vision for Marine Forces Reserve is to be the Nation's premier Operational Reserve, seamlessly integrating with the active forces, enhancing the operational reach and endurance of the Marine Corps... always capable of fighting and winning.

Marine Forces Reserve's motto, "Ready, Relevant, Sustainable," articulates the necessary actions required to provide a sustainable force for the long-term defense of our nation.

Photo by Capt. Keith A. Stevenson/Marine Forces Reserve Combat Camera



4TH MARINE DIVISION

Fourth Marine Division is the largest ground combat element in the Marine Corps and is comprised of approximately 22,000 Marines across 42 states.

The 4th Marine Division provides a commander with the personnel and equipment to conduct infantry, artillery and mechanized operations.

Activated on Aug. 16, 1943, elements of this unit were plunged into several famous World War II campaigns including the Marshall Islands, Saipan, Tinian and Iwo Jima.

After peace was declared in 1945, 4th Marine Division was the first Marine division selected to return to the United States. It was deactivated at Marine Corps Base Camp Pendleton, Calif., on Nov. 28, 1945. On Feb. 16, 1966, a headquarters nucleus of the division was reactivated at Camp Pendleton, and its colors were uncased June 23, 1966.

During Operations Desert Shield and Desert Storm, numerous units were mobilized and deployed to the Persian Gulf region. These units provided combat personnel and combat support that contributed to the victory of the allied forces.

The 4th Marine Division's primary mission is to provide trained combat and combat support personnel and units to augment and reinforce the Corps' active component in time of war or national emergency; and to have the capability to reconstitute the entire division, if required. They also maintain the ability to conduct amphibious assaults and security operations.

Three infantry regiments make up the division's fighting backbone: the 23rd, 24th, and 25th. This team is reinforced by the 14th Marine Artillery Regiment, 4th Combat Engineer Battalion and 4th Reconnaissance Battalion. The division is further strengthened by the 4th Tank Battalion (reinforced), 4th Assault Amphibian Battalion and 4th Light Armored Reconnaissance Battalion (Reinforced.)

To remain ready for mobilization, 4th Marine Division participates in approximately 60 annual training exercises in locations around the globe. Some of these exercises include training in desert, jungle, mountain, urban and cold weather environments.

Photo by Lance Cpl. Nana Dannsaappiah



4TH MARINE AIRCRAFT WING

The 4th Marine Aircraft Wing is composed of Marine Aircraft Groups: MAGS 41 and 49. The aircraft groups are supported by Marine Wing Support Group 47 and Marine Air Control Group 48.

At its inception, Marine Reserve Aviation consisted of a few men with obsolete aircraft. World War II saw the activation of 1,278 Reservists who fought in the Pacific skies and supported ground operations.

Currently, there are approximately 6,600 Marines assigned to 4th Marine Aircraft Wing. Their rotary-wing assets include the CH-53E Super Stallion, CH-46E Sea Knight, AH-1W Super Cobra and the UH-1N Huey.

The fixed-wing aircraft are the F/A-18A Hornet, UC-12 King Air, UC-35C Citation, F-5 Tiger II, KC-130 Hercules and the RQ-7B Shadow unmanned aircraft.

The 4th Marine Aircraft Wing's mission is to organize, train and equip individual Marines and combat-ready groups, squadrons and air defense control units to augment and reinforce the active component. They continue to strive toward seamless integration with active units in order to serve as part of the total force.

As well as participating in approximately 25 theater security cooperation exercises and humanitarian service missions annually, Marines and units of the 4th Marine Aircraft Wing have deployed in support of Operations Iraqi and Enduring Freedom, making this unit an integral part of the Operational Reserve and Marine Corps Total Force.

The strength of 4th Marine Aircraft Wing lies in the highly trained and motivated Marines who work behind the scenes performing all the necessary duties that keep the aircraft safely operating. From the mechanics, ordnance specialists, air traffic controllers and fire and rescue personnel, safety is everyone's responsibility and one these Marines take very seriously.

It is this mindset that allows the 4th Marine Aircraft Wing to maintain its high operational tempo and outstanding safety record.

Photo by Sgt. Lydia M. Davey



4TH MARINE LOGISTICS GROUP

The 4th Marine Logistics Group organizes trains and equips combat service support units and detachments capable of providing augmentation and reinforcement to the Active component logistics combat element in support of Marine Air Ground Task Force Operations, contingency operations and other requirements as directed inside and outside the United States.

4th MLG's functional capabilities lie in six main areas: maintenance, supply, transportation, medical services, dental care and engineering support. This enables 4th MLG to task organize while providing distributed combat service support capabilities in multiple theaters simultaneously.

The 4th Force Service Support Regiment headquarters was activated Feb. 6, 1966, at the Armed Forces Reserve Center in Midland, Texas. In January 1968, the headquarters relocated to the Marine Reserve Training Center in Orlando, Fla., then to the Navy and Marine Corps Reserve Center in Atlanta, Ga., in 1971.

In May 1976, the unit was redesignated as the 4th Force Service Support Group, Fleet Marine Force. The headquarters remained in Atlanta for 10 years, and then moved to Marietta, Ga., in 1987. The Flag of the 4th MLG has been located in New Orleans since February 1992.

The group consists of Headquarters and Service Battalion, 4th Maintenance Battalion, 4th Supply Battalion, 6th Engineer Support Battalion, 4th Landing Support Battalion, 6th Motor Transport Battalion, 6th Communications Battalion, 4th Medical Support Battalion, 4th Dental Battalion and two forward commands located on the East and West coasts.

The diversified command is comprised of more than 10,000 Marines and Sailors in more than 60 locations across the United States, with more than 150 military occupational specialties represented.

These Marines and Sailors hone their skills by participating in a multitude of exercises throughout the United States and around the globe in addition to providing combat service support capabilities for overseas contingency operations.

Photo by Master Sgt. Peter C. Walz



MARINE CORPS MOBILIZATION COMMAND

This year marks the 45th anniversary of the Marine Corps Mobilization Command. It was during the opening stages of the United States involvement in Vietnam that the precursor of MOBCOM underwent a series of name changes, though its initial mission to provide total administrative support for Individual Ready Reserve Marines continues.

The primary mission of MOBCOM is to provide "Ready Marines." MOBCOM defines readiness to mean that it can contact IRR Marines in order to ensure they are administratively and medically capable of immediate activation for deployment in support of global operations. This is accomplished through MOBCOM's IRR Engagement Strategy by the method of contacting, administratively screening and offering limited Military Occupational Specialty annual training opportunities. Prior to 2010, all of this was executed solely by MOBCOM. But due to the 2005 Base Realignment and Closure directed relocation of the command from Kansas City, Mo., to New Orleans, and the simultaneous Marine Forces Reserve directed reorganization, the IRR Engagement Strategy is currently executed in conjunction with the assistance of the MarForRes Installation Personnel Administrative Center.

The IRR is composed primarily of former active component or Reserve Marines who have not completed their eight year contractual Military Service Obligation, or have completed their MSO and remain in the Ready Reserve voluntarily.

IRR Marines may muster annually for administrative screening purposes or be recalled to active duty. This is a secondary MOBCOM mission. MOBCOM screens approximately 10,000 IRR Marines annually through two types of large scale administrative musters (MOBCOM hosted and jointly hosted by MOBCOM and Veterans Affairs hospitals) and smaller musters conducted by local Peacetime/Wartime Support Teams. IRR obligations and Reserve opportunities are presented at these musters, specifically information on how IRR Marines can continue to serve actively in the Marine Corps in a Reserve capacity.

As part of MOBCOM's mission to provide ready Marines, MOBCOM is the operational sponsor for the Readiness Support Program, which supports MarForRes units and IRR Marines through the P/WSTs located at Reserve centers throughout the United States. The P/WST Marines are IMA Marines that drill at a determined SMCR unit location but are not members of the unit before activation. During a unit activation, the P/WST takes over the administration of the site and leadership of all remaining Reserve Marines. During peacetime, the P/WST contacts, screens, and leads the local IRR population. Five command-screened colonels lead groupings of P/WSTs, divided along MARFORRES unit and Major Subordinate Command lines. MOBCOM's main duty is to provide training and operational direction and administrative and logistical support to these teams during peacetime.

Photo by Lance Cpl. Nana Dannaappiah



MOBCOM prepares IRR Marines and their families for potential mobilization and assists them with mobilization, deployment, redeployment and transition as legislated in the National Defense Authorization Act for 2008. In keeping with the popularly termed Yellow Ribbon Reintegration Program, MOBCOM conducts and directs Marines and family members to many services and opportunities available to them throughout the entire deployment cycle. MOBCOM civilians and service members are particularly involved in providing these services through musters and Returning Warrior Weekends, which are conducted in coordination with the Navy Reserve, as well as other events, which are coordinated with the Army Reserve. Additionally, MOBCOM has a Family Readiness Team. The purpose of the Family Readiness Team is to educate, support, and empower the IRR Marine and family regardless of activation status, ensuring a ready family and Marine. The IRR FRO cares for over 52,000 Marines and 134,646 family members worldwide. The focus of the IRR FRO program is Reserve oriented but also leans forward to coordinate and support the Active Duty unit in receipt of our Individual Augments.

Another secondary mission of MOBCOM is as the program manager for Mobilization Training Units. MTU Marines are IRR Marines who drill as a unit earning unpaid reserve retirement credit. The training/medical readiness standards remain the same as with IMA/SMCR. MTU Marines may elect SGLI coverage but must pay their own premiums. Similar to IMA and SMCR Marines, MTU Marines are evaluated on their performance since they are actively participating in the Reserves.

The last secondary mission, prior to 2010, was MOBCOM fulfilling the role as the sole administrative provider for Individual Mobilization Augmentee Marines. Currently, like the IES, this mission is currently executed jointly by MOBCOM and the MarForRes IPAC. IMA Marines are paid drilling Reserve Marines that perform duty in support of the active component in individual billets on an active duty unit's Table of Organization and Equipment. Typically the drill schedule has more flexibility than a drilling Selected Marine Corps Reserve unit since drills are scheduled on an individual vice unit basis. IMA Marines are required to maintain annual training/medical readiness just like SMCR unit Marines since both are categories of the Selected Reserve.

The support MOBCOM provides helps Marine Forces Reserve mobilize rapidly and efficiently, as was proven in Operations Desert Shield, Desert Storm, Iraqi Freedom and Enduring Freedom.

Marine Forces Reserve Phone Directory

- MARINE FORCES RESERVE
- 4TH MARINE LOGISTICS GROUP
- 4TH MARINE AIRCRAFT WING
- 4TH MARINE DIVISION

COLOR KEY

ALABAMA

Support Co. (-), Anti-Terrorism Bn.
Co. E (-), Anti-Terrorism Bn.
HQ, Anti-Terrorism Bn.
Phone: 205-426-0555

Btry. K, 2d Bn., 14th Marines
Phone: 256-213-9683/9784

3d Force Recon. Co.
Phone: 251-402-5211

4th Ground Sensor Plt, H&S Co., ISB
Phone: 251-344-6206 ext. 249/251

Co. L., 3d Bn., 23d Marines
Phone: 334-272-8843

ALASKA

Co. D (-), Anti-Terrorism Bn.
Phone: 907-552-7106

ARKANSAS

Co. I, 3d Bn., 23d Marines
Phone: 501-771-4323/24

ARIZONA

Bulk Fuel Co. C, 6th ESB
Phone: 623-856-2405

Bulk Fuel Co. A (-), 6th ESB
Phone: 520-405-6298

VMFT-401, MAG-41
Phone: 928-269-2708

CALIFORNIA

HQ, 4th Force Recon. Co.
Phone: 510-814-1600

Det. 2, Bulk Fuel Co. A, 6th ESB
Phone: 661-325-2797

4th MLG Forward West
Phone: 760-725-6017/9683

Co. A, 4th Tank Bn.
Phone: 760-725-0297

3d Civil Affairs Group
Phone: 760-725-9681

Intelligence Production Team 3, Co. A, ISB
Phone: 858-537-8053

Human Exploitation Platoon, Co. A, ISB
Phone: 858-537-8147

HQSVC Co., 4th LAR Bn.
Phone: 760-725-4989

Co. A, 4th LAR Bn.
Reserve Supt. Unit
Phone: 760-725-7291

3d LSM Plt. (Rein.), 1st Beach and Terminal Operations Co., 4th LSB
Phone: 925-825-1775/1778

Intelligence Production Team 2, Co. A, ISB
Phone: 925-875-4549/4564

HMM-764, MAG-41
Phone: 661-275-1995

Landing Support Co. B (Rein.), 4th LSB
Phone: 209-969-0946

3d Air-Naval Gunfire Liaison Co.
Phone: 323-980-7315

Co. G, 2d Bn., 23d Marines
Phone: 562-795-2394

H&S Co., 2d Bn., 23d Marines
Phone: 626-398-0295

Btry. N, 5th Bn., 14th Marines
Phone: 562-695-1981

Weapons Co., 2d Bn., 23d Marines
Phone: 805-982-3311

Motor T Maint. Co., 4th Maint. Bn.
Phone: 916-387-7123/24

HQ Co., 23d Marines
Co. E, 2d Bn., 23d Marines
Phone: 650-244-9806

MWSS-473 (-), MWSG-47
Det. A, MWCS-48, (Fwd)
Phone: 858-577-4197

Site Support, 4th Marine Air Wing
Phone: 858-267-6803

Det. 1, Medical Logistics Co., 4th Supply Bn.
Phone: 858-537-8107

H&S Co. (-), 4th Medical Bn., 4th MLG
Phone: 858-537-8130

HQ, Co. A, ISB
Phone: 858-537-8108

All Source Fusion Plt., Co. A, ISB
Phone: 619-524-0176

Counterintel/Human Intel Section, Co. A, ISB
Phone: 858-537-8148

HQ, 4th Tank Bn.
Phone: 858-537-8123

BTO Co. A (-), 4th LSB
Phone: 408-690-8528

HQ Btry., 5th Bn., 14th Marines
Btry. O, 5th Bn., 14th Marines
Phone: 562-626-6190

Co. D, 4th Tank Bn.
Phone: 760-830-0966

COLORADO
MACS-23 (-), MACG-48
Phone: 303-807-0204

TAOC Det., MACS-23
Phone: 303-677-6251

HQ, Co. B, ISB
Phone: 720-847-7683

All Source Fusion Plt., Co. B, ISB (JRIC)
Phone: 720-847-7682

Imagery Interpretation Plt., Co. B, ISB
Phone: 720-847-6359

Human Support Team 1., Co. B, ISB
Phone: 720-847-7685

Btry. Q, 5th Bn., 14th Marines
Phone: 720-847-7859

CONNECTICUT
Det. 1, Direct Support Motor T Co. B (-), 6th
Phone: 203-395-5272

Co. C, 1st Bn., 25th Marines
Phone: 860-747-1643

DELAWARE

Bulk Fuel Co. B, 6th ESB
Phone: 302-494-2764 ext. 202

FLORIDA

Human Support Team 2, Co. C, ISB
Phone: 305-628-5173 ext. 177

Det. 4 (TOW/SCT Plts), H&S Co., 4th Tank Bn.
Phone: 305-628-5173

Co. B (-), 4th AAV Bn.
Phone: 904-714-7421/22

Det., H&S Co. (-), 4th Medical Bn.
Phone: 407-240-5939 ext. 1721

Direct Support Motor T Co. A (-) (Rein.), 6th Motor T Bn.
Phone: 407-782-2980

Intelligence Production Team 2, Co. C, ISB
Phone: 407-816-6512

Marine Air Wing Training Support Group
Phone: 850-452-8762

2d & 3d Plt., Co. E (-), Anti-Terrorism Bn.
Phone: 850-574-3147

H&S Co., 4th Assault Amphibian Bn.
Phone: 813-805-7020

4th Air-Naval Gunfire Liaison Co.
Phone: 561-683-4443

Det. 2, Electronic Maint. Co., 4th Maint. Bn.
Det., Comm. Co., HQ Bn., 4th MarDiv
Phone: 317-923-1584/1992

Det. 1, Comm. Co., H&S Bn., 4th MLG
Phone: 765-688-4404

Engineer Co. B, 6th ESB
Phone: 574-233-8616

Co. K (-), 3d Bn., 24th Marines
Phone: 812-235-8636

MAG 49 Det. A
Phone: 240-857-4073

4th Combat Engineer Bn.
Phone: 410-444-6200/01/0933

Engineer Supt. Co., 4th CEB
Phone: 410-444-6200/01

Co. B, 4th LAR Bn.
Phone: 301-619-7136

Engineer Supt. Co., 4th CEB
Phone: 410-444-6200/01

Co. B, 4th LAR Bn.
Phone: 301-619-7136

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Phone: 410-444-6200/01

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Phone: 410-444-6200/01

Co. B, 4th LAR Bn.
Phone: 301-619-7136

Engineer Supt. Co., 4th CEB
Phone: 410-444-6200/01

Co. B, 4th LAR Bn.
Phone: 301-619-7136

IDAHO

Co. C, 4th Tank Bn.
Phone: 208-422-6276

ILLINOIS

H&S Co., 2d Bn., 24th Marines
Human Support Team 2, Co. B, ISB
Phone: 773-539-6464

Intelligence Production Team 2, Co. B, ISB
Phone: 888-892-6225 ext. 5965

Co. F (-), Anti-Terrorism Bn.
Phone: 337-593-0351

HQ, Marine Forces Reserve
Phone: 504-678-6014

HQ Bn., 4th Marine Division
Phone: 504-678-0736/8223

HQ, 4th Marine Aircraft Wing
Phone: 504-678-1210

HQ, 4th Marine Logistics Group
Phone: 504-678-4976/4986

HQ, Intelligence Support Battalion
Phone: 504-678-1757

MarForRes Band New Orleans
Phone: 504-678-2373

Environmental Svcs. Div.
Phone: 504-678-6014

Det. 3, Supply Co., 4th Supply Battalion
Phone: 504-678-4976

INDIANA
Det. 2, Electronic Maint. Co., 4th Maint. Bn.
Det., Comm. Co., HQ Bn., 4th MarDiv
Phone: 317-923-1584/1992

Det. 1, Comm. Co., H&S Bn., 4th MLG
Phone: 765-688-4404

Engineer Co. B, 6th ESB
Phone: 574-233-8616

Co. K (-), 3d Bn., 24th Marines
Phone: 812-235-8636

MAG 49 Det. A
Phone: 240-857-4073

4th Combat Engineer Bn.
Phone: 410-444-6200/01/0933

Engineer Supt. Co., 4th CEB
Phone: 410-444-6200/01

Co. B, 4th LAR Bn.
Phone: 301-619-7136

Engineer Supt. Co., 4th CEB
Phone: 410-444-6200/01

Co. B, 4th LAR Bn.
Phone: 301-619-7136

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Phone: 410-444-6200/01

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Phone: 410-444-6200/01

Co. B, 4th LAR Bn.
Phone: 301-619-7136

Engineer Supt. Co., 4th CEB
Phone: 410-444-6200/01

Co. B, 4th LAR Bn.
Phone: 301-619-7136

Engineer Supt. Co., 4th CEB
Phone: 410-444-6200/01

HQ, Det. C, MAG-49
Phone: 504-678-3115

H&S Co., 3d Bn., 23d Marines
Phone: 504-697-9350

Intelligence Production Team 3, Co. B, ISB
Phone: 720-847-3411/4685

Co. B, 1st Bn., 23d Marines
Phone: 318-747-0795

Co. F (-), Anti-Terrorism Bn.
Phone: 337-593-0351

HQ, Marine Forces Reserve
Phone: 504-678-6014

HQ Bn., 4th Marine Division
Phone: 504-678-0736/8223

HQ, 4th Marine Aircraft Wing
Phone: 504-678-1210

HQ, 4th Marine Logistics Group
Phone: 504-678-4976/4986

HQ, Intelligence Support Battalion
Phone: 504-678-1757

MarForRes Band New Orleans
Phone: 504-678-2373

Environmental Svcs. Div.
Phone: 504-678-6014

Det. 3, Supply Co., 4th Supply Battalion
Phone: 504-678-4976

MAINE
Co. A (-), 1st Bn., 25th Marines
Phone: 207-721-9037

MARYLAND
VMR Det. Andrews
Phone: 240-857-4281

MAG 49 Det. A
Phone: 240-857-4073

4th Combat Engineer Bn.
Phone: 410-444-6200/01/0933

Engineer Supt. Co., 4th CEB
Phone: 410-444-6200/01

Co. B, 4th LAR Bn.
Phone: 301-619-7136

Engineer Supt. Co., 4th CEB
Phone: 410-444-6200/01

Co. B, 4th LAR Bn.
Phone: 301-619-7136

Engineer Supt. Co., 4th CEB
Phone: 410-444-6200/01

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Phone: 410-444-6200/01

Co. B, 4th LAR Bn.
Phone: 301-619-7136

Engineer Supt. Co., 4th CEB
Phone: 410-444-6200/01

Co. C, 1st Bn., 24th Marines
Phone: 517-321-2970

HQ, MWSS-47
Det. B, MWSS-471, MWSS-47
Phone: 586-307-4113

H&S Co., 1st Bn., 24th Marines
Phone: 586-239-2535

Co. B, 1st Bn., 24th Marines
Phone: 989-754-1442

MINNESOTA

MWSS-471 (-), MWSS-47
Phone: 612-713-4813

Military Police Co., HQ Bn.
Phone: 612-726-1313/14

MISSISSIPPI

Co. C, Anti-Terrorism Bn.
Phone: 601-352-1350

3rd Plt., Co. A, 4th AAV Bn.
Phone: 228-871-3101

MISSOURI

H&S Co., 3d Bn., 24th Marines
Phone: 314-263-6204/5

HQ Co., 24th Marines
Phone: 586-239-2535

Marine Corps Mobilization Command
Phone: 1-800-255-5082/816-843-3001

NBC Defense Plt., 4th MLG
Phone: 816-843-3572

Weapons Co., 3d Bn., 24th Marines
Phone: 417-869-2857 ext. 27

MONTANA

2d & 3d Plt., Co. D (-), Anti-Terrorism Bn.
Phone: 406-373-8406

NEBRASKA

Eng. Maint. Co. (-), 4th Maint. Bn.
Phone: 402-453-8807

NEVADA

Wpns. Plt., Co. F, 2d Bn., 23d Marines
Phone: 702-632-1505/6

Bulk Fuel Trans. Plt., General Supt. Motor T Co., 6th Motor T Bn.
Phone: 702-632-1518

3d Plt., Co. B, Anti-Terrorism Bn. Scout/ Sniper Plt., Anti-Terrorism Bn.
Phone: 775-972-4998/99

4th Combat Engineer Bn.
Phone: 410-444-6200/01/0933

Engineer Supt. Co., 4th CEB
Phone: 410-444-6200/01

Co. B, 4th LAR Bn.
Phone: 301-619-7136

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Co. B, 4th LAR Bn.
Phone: 301-619-7136

Engineer Supt. Co., 4th CEB
Phone: 410-444-6200/01

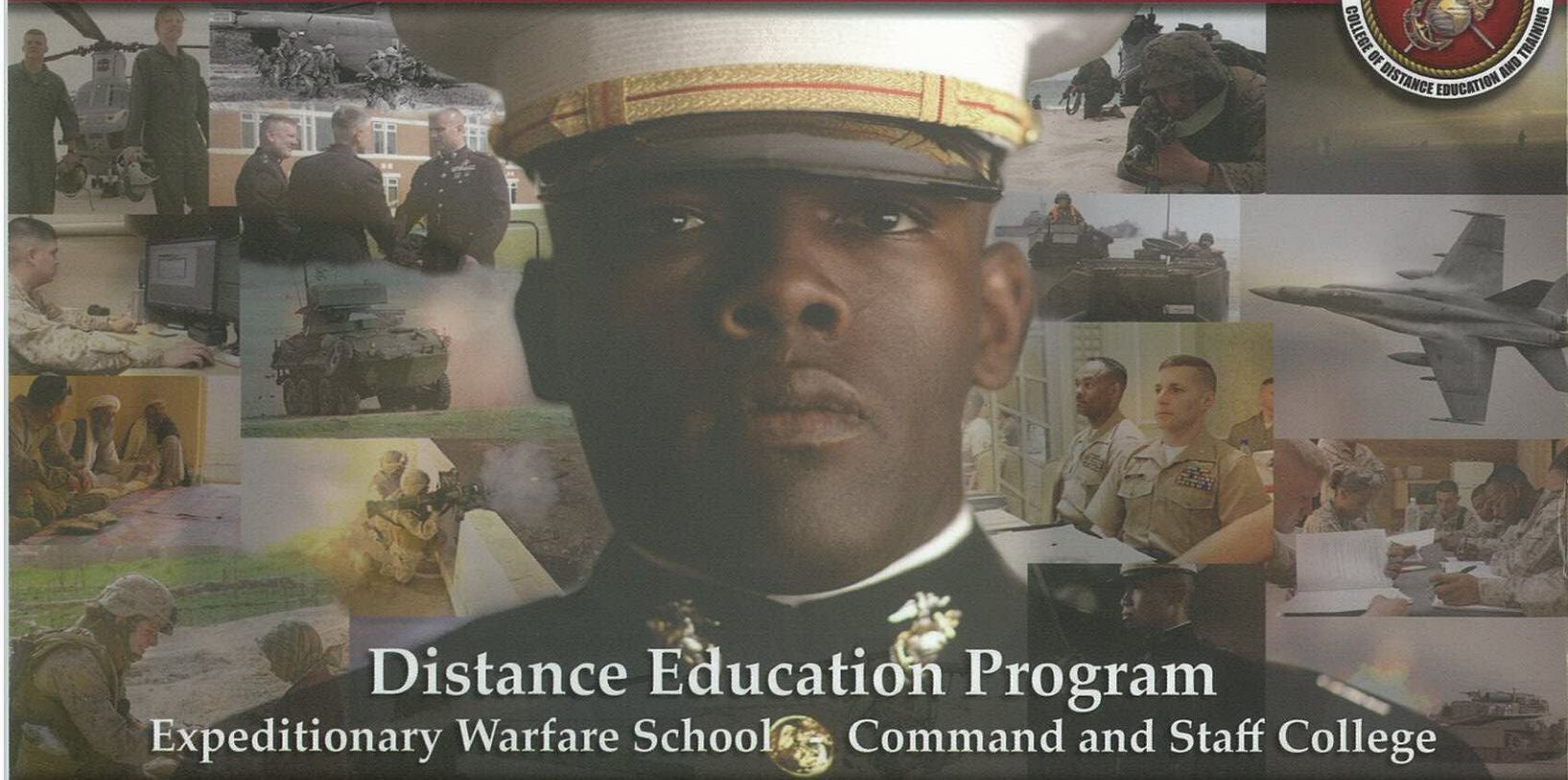


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