

Subject: ALARACT 253/2009 - SUICIDE INTERVENTION SKILLS TRAINING
Originator: DOD, ARMY, ORGANIZATIONS, DA PENTAGON TELECOMMUNICATIONS(UC), ALARACT
RELEASE AUTHORITY(UC)
DTG: 151903Z Sep 09 Precedence: Priority DAC: General
To: /C=US/O=U.S. GOVERNMENT/OU=DOD/OU=AUTODIN PLAS/OU=AIG 6-AZ/OU=ALARACT

THIS MESSAGE HAS BEEN SENT BY THE PENTAGON TELECOMMUNICATIONS CENTER ON BEHALF OF DA
WASHINGTON DC//DAPE-MPA//

SUBJECT: SUICIDE INTERVENTION SKILLS TRAINING

1. REFERENCES:

A. AR 600-63, ARMY HEALTH PROMOTION DATED 07 MAY 2007 B. DA PAM 600-24, SUICIDE PREVENTION AND PSYCHOLOGICAL AUTOPSY DATED 30 SEP 1998 C. VCSA ARMY SUICIDE PREVENTION TASK FORCE TASK NUMBER PE 6.4.2: MAINTAIN THE STAFFING LEVELS REQUIRED FOR THE MINIMUM OF TWO APPLIED SUICIDE INTERVENTION SKILLS TRAINING (ASIST) CERTIFIED TRAINERS AT EACH INSTALLATION, MAJOR SUBORDINATE COMMANDS, ARMY RESERVE COMMANDS, AND STATE / TERRITORY JFHQ TO CONDUCT ASIST TRAINING FOR SUBORDINATE UNITS.

2. THE PURPOSE OF THIS ALARACT MESSAGE IS TO INFORM COMMANDERS THAT THE G1 HAS APPROVED THE ASK, CARE, ESCORT (ACE) AND ASIST BY LIVINGWORKS EDUCATION, INC AS THE SUICIDE PREVENTION / INTERVENTION TRAINING FOR THE ARMY.

A. THE ACE PROGRAM IS TARGETED AS A PEER-TO-PEER PROGRAM WHEREBY BATTLE BUDDIES AND FIRST-LINE SUPERVISORS LEARN BASIC INTERVENTION SKILLS TO MANAGE PERSONNEL AT RISK OF SUICIDE. ACE STANDARDIZED TRAINING AND AWARENESS MATERIALS ARE DOWNLOADABLE FROM THE US ARMY CENTER FOR HEALTH PROMOTION AND PREVENTIVE MEDICINE WEBSITE AT: [HTTP://CHPPM-
WWW.APGEA.ARMY.MIL/](http://CHPPM-WWW.APGEA.ARMY.MIL/).

B. ASIST 2-DAY WORKSHOP IS TARGETED FOR ALL GATEKEEPERS (SEE AR 600-63 AND DA PAM 600-24) AND GREEN TAB LEADERS. TRAINER CERTIFICATION IS ACQUIRED THROUGH THE ASIST TRAINING FOR TRAINERS (T4T) COURSE, WHICH IS PRESENTED IN A FIVE- DAY WORKSHOP LED BY MASTER TRAINERS. CERTIFIED ASIST TRAINERS OBTAIN THE NECESSARY SKILLS TO CONDUCT THE TWO-DAY, SKILLS-BUILDING WORKSHOPS TO THE TARGETED POPULATION ABOVE. FOR MORE INFORMATION ON ASIST, VISIT [HTTP://WWW.LIVINGWORKS.NET/AS.PHP](http://WWW.LIVINGWORKS.NET/AS.PHP).

3. BE ADVISED THAT BASED ON POLICY CONTAINED IN THE REVISION OF AR 600-63, PUBLICATION OF WHICH IS IMPENDING AS DEFINED IN AR 25-30 (PARA. 2-3 A.(2)) (CY093Q), INSTALLATIONS, STATES AND TERRITORIES, AND RESERVE SUPPORT CENTERS ARE REQUIRED TO MAINTAIN THE APPROPRIATE NUMBER OF CERTIFIED SUICIDE INTERVENTION SKILLS TRAINERS ON STAFF FOR GATEKEEPER AND GREEN TAB LEADER TRAINING. THE REVISED DA PAM 600-24, ALSO IMPENDING PUBLICATION, STATES THAT A MINIMUM OF TWO CERTIFIED SUICIDE INTERVENTION SKILLS TRAINERS IS REQUIRED TO EFFECTIVELY CONDUCT SUICIDE INTERVENTION SKILLS TRAINING.

4. AN IMPLEMENTATION TIMELINE, AVAILABILITY OF TRAINERS, FUNDING REQUIREMENTS, A TARGET DATE FOR HAVING ASIST-CERTIFIED TRAINING TEAMS AT ALL MANDATED COMMANDS/LOCATIONS, AND GUIDANCE WITH REGARD TO LOCAL/INSTALLATION OVERSIGHT OF SUICIDE PREVENTION TRAINING EFFORTS WILL BE PROVIDED UNDER SEPARATE COVER.

5. BASED ON POLICY CONTAINED IN THE REVISION OF AR 600-63 (PUBLICATION IMPENDING, AS NOTED PREVIOUSLY), COMMANDERS ARE REQUIRED TO IDENTIFY REQUIREMENTS FOR THE EXECUTION OF THESE TRAINING PROGRAMS.

6. POC ARE MR. WALTER MORALES, (703) 571-5576, E-MAIL WALTER.MORALES@CONUS.ARMY.MIL, MR. TED BARNES (TRAINING COORDINATOR), TED.BARNES@CONUS.ARMY.MIL AND MS. JUDY MILLER, (703) 571-3450, E-MAIL JUDITH.A.MILLER@CONUS.ARMY.MIL

7. THIS MESSAGE HAS BEEN APPROVED BY ARMY G-1.

8. EXPIRATION DATE IS 1 SEP 2010.