



WALTER REED NATIONAL MILITARY MEDICAL CENTER

Exceptional Family Member Program
8901 Wisconsin Avenue
4th floor, America Building
Bethesda, Maryland 20889

Criteria for Enrollment in EFMP

Medical Enrollment:

1. Chronic Medical Conditions requiring follow-up support more than once a year or specialty care (if care beyond the level of family practice is needed, then the patient should be enrolled).
2. Mental Health Conditions which meet any of the below conditions:
 - Current and chronic (greater than 6 months) mental health conditions
 - A history of inpatient or intensive outpatient mental health services within the last 5 years
 - Mental health conditions which require intensive (greater than one visit monthly for the last 6 months). This includes medical care from any provider (including primary care).
3. Asthma which meets any of the below conditions:
 - Scheduled use of inhaled and anti-inflammatory agents and/or bronchodilators
 - History of emergency room use or clinic visits for acute asthma exacerbations within the last year
 - History of hospitalization for asthma within the past 5 years
4. A diagnosis of ADHD which meets any of the below conditions:
 - A co-morbid psychological diagnosis
 - Requires multiple medications, psycho-pharmaceuticals (other than stimulants) or does not respond to normal doses of medication
 - Requires management and treatment by a mental health provider (psychiatrist, psychologist or other)
 - Requires Individualized Educational Plan or use of behavioral management staff
 - *ADD/ADHD which can be managed solely by a Primary Care Provider with no assistance does NOT need to be enrolled
5. Requires adaptive equipment or assistive technology (wheelchair, hearing aids, home oxygen therapy, communication devices, etc)
6. Requires environmental or architectural considerations (limited steps, wheelchair accessibility, air conditioning)
7. Special conditions:
 - All cancer patients must be enrolled for at least 5 years after remission
 - All patients with autism or autism spectrum disorders must be enrolled

Educational Enrollment:

This is required if a family member has, or requires, an Individualized Family Service Plan (IFSP), Individual Educational Plan (IEP), or is receiving Early Intervention (EI) services (for children under 3 years of age).

Please contact Ms. Laurel Ragland (laurel.a.ragland.civ@mail.mil) at 301-400-1688, or Ms. Anne Francis (annie.l.francis.civ@mail.mil) at 301-295-4092 if you have further questions. The EFMP office is happy to review cases on an individual basis to determine if EFMP enrollment is needed.