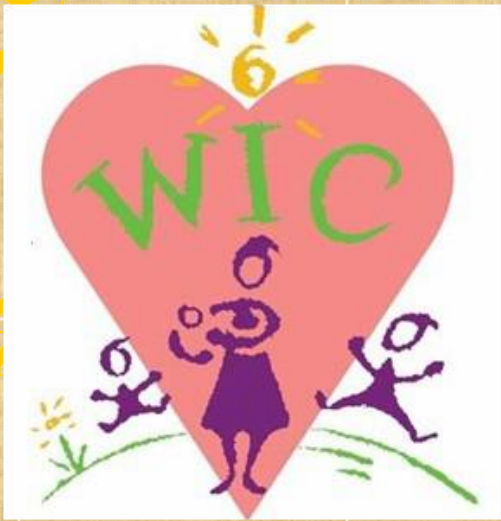


Maryland WIC

Better Nutrition Brighter Future



First Thursday of Each Month

9am-12pm

For An Appointment

Call 301-319-4087

Fleet and Family Support Center

NSA Bethesda

Does your food budget need a boost?

ARE YOU:

- A pregnant woman?
- A new mother?
- Have infants or children under 5 years old?
- A Montgomery or Prince George's County Resident?

THEN:

- Come meet a WIC representative.
- Get your questions answered.
- Get a pre-certification to enroll in the WIC program.
- Gross income, family size, and military deductions will be considered for eligibility

For more information contact:
Ursula Rocha, RNC
New Parent Support Program
301-319-4087
usn.bethesda.nsabethesdamd.
list.NNMC-FFSC@mail.mil
(Subject line "WIC")



NSA BETHESDA
FLEET & FAMILY
SUPPORT CENTER