

# Pregnancy Warning Signs



## What are the warning signs?

- **Bright red vaginal bleeding** of any kind, heavy enough to necessitate wearing a pad
- Severe or continual **abdominal pain**
- Severe **vomiting** for more than 24 hours
  - Not able to keep any food or fluids down
  - Urine dark yellow-orange
  - Urinating less than 5 times in 24 hours
- Signs of a **bladder infection**
  - Urinating very frequently (more than usual in pregnancy)
  - Feeling like your bladder is very full, but only passing a few drops of urine
  - Pressure, pain or burning when you urinate
- **Dizziness or fainting**
- **Fever** greater than 100.4 degrees F for 2 days
- Any blow or **trauma to your abdomen**
  - **Car accident**
  - **Fall**
- Any **fluid** leaking from your vagina

## When should I seek care *immediately*?

- Vaginal bleeding
  - With abdominal pain
  - Heavy, greater than 1 pad per hour
  - With the passage of tissue or clots
- Severe abdominal pain
  - Not relieved by a bowel movement or passing gas

## When should I call *ASAP* ?

- If your blood type is Rh negative or you are unsure of your blood type
  - Call your doctor/nurse midwife for **any bleeding during pregnancy**
  - All Rh negative mothers should receive RhoGam if any bleeding has occurred
  - At 28 weeks, all Rh negative mothers should receive RhoGam even if no bleeding has occurred

## If I am less than 20 weeks pregnant, where do I go in an emergency?

- During business hours, call your doctor/nurse midwife
- Go to the Emergency Room if:
  - The problem cannot wait until the next working day (for example, on a weekend or holiday)
  - Do not go to Labor and Delivery prior to 20 weeks unless directed to do so by hospital staff