IMPACT OF MILITARY LIFE **ON CHILDREN OVER TIME**



The **Department of Defense** Military Family Life Project found:

Children who maintain a strong connection with their deployed parent benefit in the following ways:

23% easier to reconnect after the deployment

fewer behavior problems at home and school

fewer attachment problems (for example, being clingy, demanding, afraid or impatient)

When children experience easier reconnections, the spouse of the deployed member is:

30% more satisfied with the military way of life

30% more likely to support staying on active duty

More months away on deployment = worse reconnections with children

Most Active Duty families do not have difficulty reconnecting after deployment

> **Fewer child** behavior problems = easier reconnections after deployment









The Military Life Family Project, sponsored by the Department of Defense, was created to understand the impact of multiple deployments and permanent change-of-station moves on Active Duty military families over years of combat operations. Data were collected from the same military spouses over three years.