



Joint Task Force National Capital Region Medical **DIRECTIVE**

NUMBER 1010.03
MAY 11 2012

J-3B

SUBJECT: Health Promotion and Disease/Injury Prevention

References: See Enclosure

1. PURPOSE. In accordance with the authority in References (a) through (d), this Directive cancels and reissues Reference (e) to:

a. Establishes policy and responsibilities for health promotion, disease and injury prevention, and population-based health within the Joint Task Force National Capital Region Medical (JTF CapMed).

b. Establishes the JTF CapMed requirement to implement health promotion, disease and injury prevention programs, and population-based health to improve and sustain military readiness and the health, fitness, and quality of life of military personnel, JTF CapMed personnel, and other beneficiaries.

c. Acknowledges that individual health status is greatly dependent upon family and community health, and community health is intensely affected by the collective behaviors, attitudes, knowledge, and beliefs of community members.

d. Supports the achievement and sustainment of a constantly fit and ready force and healthy populations, at home and abroad, in peacetime and in conflict.

2. APPLICABILITY. This Directive applies to JTF CapMed Headquarters, Fort Belvoir Community Hospital (FBCH), Walter Reed National Military Medical Center (WRNMMC) [hereafter, FBCH and WRNMMC are referred to as Medical Treatment Facilities (MTFs)], and the Joint Pathology Center.

3. POLICY. It is JTF CapMed policy to:

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a. As directed in DoD Directive 1010.10 (Reference (f)), support the achievement of the Department of Health and Human Services' "Healthy People 2020" (Reference (g)) goals and objectives throughout the JTF CapMed.

b. Place emphasis on the Leading Health Indicators in Reference (g):

- (1) Physical Activity
- (2) Overweight and Obesity
- (3) Tobacco Use
- (4) Substance Abuse
- (5) Responsible Sexual Behavior
- (6) Mental Health
- (7) Injury and Violence
- (8) Environmental Quality
- (9) Immunization
- (10) Access to Health Care

c. Enhance mission readiness, unit performance, and the health and fitness of military personnel, beneficiaries, and civilian employees through the creation of a culture within the JTF CapMed that values health and fitness and empowers individuals and organizations to actualize those values and achieve optimal health.

d. Provide effective, integrated, and comprehensive health promotion programs, disease and injury prevention programs, and population-based health programs throughout the JTF CapMed.

e. Provide healthy environments for JTF CapMed personnel and visitors.

4. RESPONSIBILITIES

a. JTF CapMed Director, Clinical Healthcare and Business Operations (J-3B). The Director, J-3B shall:

(1) Ensure the integration of the health promotion process, to include needs assessment, program planning, implementation, and evaluation, in order to provide comprehensive and integrated health promotion, disease and injury prevention, and population-based health programs.


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(2) Seek opportunities to coordinate among and within all military departments to identify gaps and eliminate unnecessary redundancies in programs and services to meet the goals and objectives as set forth in Reference (g).

b. MTF Commanders and the JPC Director. MTF Commanders and the JPC Director, under the signature officials designated to provide overall supervision pursuant to section 192 of title 10, United States Code (Reference (h)), shall develop and implement health promotion, disease and injury prevention, and population-based health plans and programs for their civilian and military employees in accordance with this Directive.

5. RELEASABILITY. UNLIMITED. This Directive is approved for public release and is available on the Internet from the JTF CapMed Web Site at: www.capmed.mil.

6. EFFECTIVE DATE. This Directive is effective immediately.


STEPHEN L. JONES
Major General, U. S. Army
Acting Commander

Enclosure
References

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ENCLOSURE

REFERENCES

- (a) Deputy Secretary of Defense Memorandum, “Establishing Authority for Joint Task Force – National Capital Region/Medical (JTF CapMed) and JTF CapMed Transition Team (Unclassified),” September 12, 2007
- (b) Deputy Secretary of Defense Action Memorandum, “Civilian and Military Personnel Management Structures for the Joint Task Force National Capital Region – Medical,” January 15, 2009
- (c) Comprehensive Master Plan for the National Capital Region Medical, April 23, 2010
- (d) Supplement to the Comprehensive Master Plan for the National Capital Region Medical, August 31, 2010
- (e) JTF CAPMED-D 1010.03, “Health Promotion and Disease/Injury Prevention,” October 13, 2011 (hereby cancelled)
- (f) DoD Directive 1010.10, “Health Promotion and Disease/Injury Prevention,” August 22, 2003
- (g) U.S. Department of Health and Human Services, “Healthy People 2020,” December 2010
- (h) Section 192 of title 10, United States Code