

FREQUENTLY ASKED QUESTIONS

FAQ: Frequently Asked Questions



What will I be able to do after the injections?

Hopefully you will attain a greater level of functionality. We often note patients return to a high degree of physical activity once their pain generators have been treated with the minimally invasive procedures offered here at our multidisciplinary pain clinic. Patients also report an overall improvement in their mood, sleep, and energy level.

Are there any restrictions?

None. Usually after 24-48 hours of light activity, we advocate increasing your level of physical activity as tolerated to normal levels after your interventional procedures at the pain clinic.

Where are the services located?

Wounded Warrior Services range from inpatient in the hospital treatment to outpatient services that are given in the Interventional Pain Clinic and some services in the Wounded Warrior Clinic.

How can I get these services?

If you are a Wounded Warrior that needs pain treatment as an outpatient, you will require a referral to the Pain Clinic from a PCM or other physician that states you are a WW and why you are being treated



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FAQ: Frequently Asked Questions (Cont.)



What side effects should I be concerned about when taking medications?

We hand out a list of side effects to watch out for while on different pain medications.

We are often able to improve patients pain complaints so much that they rarely require a significant amount medication post interventional treatments in our pain clinic.

Who are the POCs for the Wounded Warrior Pain Care Initiative (WWPCI)?

The POC for the WWPCI are Dr. James Houston, Dr. Aubrey Verdun and the Interventional Pain Clinic for clinical issues and questions. For the program management department please contact for the WWPCI are Ron Madison-Ronald.Madison@med.navy.mil and Amy Osik-Amy.Osik@med.navy.mil.

