Background

The Naval Center for Combat & Operational Stress Control (NCCOSC) is tasked by the Navy Bureau of Medicine and Surgery (BUMED) to develop the Psychological Health Pathways (PHP) to meet the Military Health System objectives for a best-practice psychological health treatment and care management system.

PHP Overview

PHP provides a standardized framework for core clinical and care management processes. PHP supports evidence-based care using a comprehensive, interdisciplinary approach to care management. Clinics are able to expand upon PHP to meet individual patient and clinic needs. PHP is implemented in a phased approach according to the needs and resources of Military Treatment Facilities and clinics.

PHP Foundation

PHP has three interdependent pillars, which work together to standardize how Wounded, Ill and Injured service members receive care, regardless of location.

  1- Clinical Pathway - The Clinical Pathway is a set of standardized clinical practices from the initial collection of demographics and screening measures through the final transition from care. Treatment is both standardized and individualized, allowing for consistent, high-quality care.

  2- Care Management - The foundation of PHP, Care Management facilitates patient advocacy, education, tracking, reporting and timely access to providers and resources. Care Management ensures overall coordination and continuity of care.

  3- Data Management - PHP Data Management provides well-coordinated, centralized and innovative data capture. PHP uses a standard assessment process to routinely collect patient demographics, validated self-report outcome measures and clinical treatment reviews. These data will help inform treatment planning and progress, programmatic evaluation, resource allocation and population health questions.

PHP Goals

- Standardization of core clinical and care management processes
- Improved continuity, coordination and collaboration between and across disciplines, clinics and Military Treatment Facilities
- Initial and ongoing provider training and improved access to evidence-based treatments
- An interdisciplinary team approach to psychological healthcare
- A comprehensive Web-based patient-tracking tool