

THE NCCOSC VISION

- Improve the psychological health of Sailors and Marines
- Improve the diagnosis and treatment of post-traumatic stress disorder (PTSD) and other stress injuries
- De-stigmatize psychological health issues by educating service members about stress injuries so they will seek assistance when needed
- Use sound medical knowledge to assist providers, caregivers and line leaders to identify and address psychological health issues
- Increase the ability of leaders at all levels to make informed psychological health decisions
- Champion the Navy-wide effort to build psychological resilience throughout the naval force



WWW.NCCOSC.NAVY.MIL

NCCOSC is a directorate of the Navy Bureau of Medicine and Surgery (BUMED) and is located at Naval Medical Center San Diego. It works in close collaboration with the Navy's line-owned and line-led Operational Stress Control (OSC) program, and is an active participant in developing a Navy-wide program that is consistent with the mandates of the Department of Defense for matters related to the health of service members.



NAVAL CENTER FOR COMBAT &
OPERATIONAL STRESS CONTROL (M95)
34960 BOB WILSON DRIVE
SUITE 400
SAN DIEGO, CA 92134

NAVY BUREAU OF MEDICINE AND SURGERY

Follow us on:



WWW.NCCOSC.NAVY.MIL



Improving the psychological health of Sailors and Marines through comprehensive programs that educate, build resilience and promote best practices in the treatment of combat and operational stress injuries.

WWW.NCCOSC.NAVY.MIL

NAVAL CENTER FOR COMBAT & OPERATIONAL STRESS CONTROL

THE 21ST CENTURY NAVY AND MARINE CORPS are charged with protecting the vital interests of the United States in an increasingly unpredictable world.

Sailors and Marines face new challenges that carry new levels of operational stress — combat deployments, peacekeeping and humanitarian missions, disaster relief and homeland security. The stress translates to military families, too, as they adapt to their service member's new role.

The Naval Center for Combat & Operational Stress Control (NCCOSC) is dedicated to meeting the psychological health needs of our most important assets — our Sailors and Marines — through a commitment to stress prevention, stress identification and stress treatment.



WHAT NCCOSC PROVIDES

- Psychological Health Pathways (PHP), standardized clinical programs that ensure coordinated, evidence-based, high-quality healthcare
- Evidence-based curricula and training programs for Navy mental health providers, line leaders and warriors at all levels
- Stress-identification materials and resilience-building information for different communities within the Navy and Marine Corps
- Science-based evidence to aid in the accurate diagnosis and administration of effective treatments for military-related stress disorders
- An electronic database to improve tracking of wounded warriors treated at military hospitals and clinics
- Research support to military and civilian clinicians who lack the time, experience or funding to explore new methods of care and to aid in the analysis, writing and publishing of results
- A website and newsletter to expand awareness of psychological health issues and provide easy-to-understand information
- Research assistance to Navy medicine in the many aspects of mental health issues
- An annual conference, sponsored by the Navy Bureau of Medicine and Surgery (BUMED), on the most important issues involved in combat and operational stress
- Subject-matter expert support to senior leadership and congressional inquiries

Promoting Psychological Health
in Today's
Navy and Marine Corps

Please note: NCCOSC does not provide patient treatment or offer medical advice. Individuals are encouraged to contact their healthcare providers for medical information or services.