



NAVAL CENTER  
**COOSC**  
COMBAT & OPERATIONAL STRESS CONTROL

NCCOSC STRATEGIC PLAN FY2014





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**Background:** Operations Iraqi and Enduring Freedom exposed the challenging and previously hidden costs of war – the costs borne by individual service members and their families. In an effort to mitigate these, a series of high level commissions in 2007 examined the DOD and VA systems of care for wounded warriors and made sweeping recommendations for change. The vast majority of these recommendations concerned the two “signature” wounds of the wars: Traumatic Brain Injury (TBI) and Posttraumatic Stress Disorder (PTSD).

The DOD and VA health systems renewed their commitment to provide world class care and embarked on an unprecedented effort to overhaul the system of care for TBI and PTSD with five strategic goals:

- 1) Provide timely access to comprehensive care.
- 2) Provide evidence based and consistently excellent quality of care.
- 3) To improve transition and coordination of care across DOD, VA and the civilian care network.
- 4) Promote the use of consistent and effective screening, tracking and monitoring practices.
- 5) To strengthen psychological health, promote resilience and reduce stigma associated with care through prevention, outreach, education and training.

The Naval Center for Combat & Operational Stress Control (NCCOSC) was stood up in 2008 to help achieve these goals.

### **NCCOSC Vision**

The Navy and Marine Corps premier center for psychological force readiness.

### **NCCOSC Mission**

Naval Center for Combat & Operational Stress Control (NCCOSC) improves the psychological health of Sailors and Marines through comprehensive programs that educate service members, decrease stigma, build resilience, aid research, and promote best practices in the treatment of combat and operational stress injuries. NCCOSC initiatives are innovative, informed by science, and provide measurable, wide-reaching results.

## GUIDING PRINCIPLES

- **Excellence:** We strive for excellence by providing measurable value through innovative and relevant initiatives.
- **Collaboration:** We collaborate by actively seeking engagement and partnerships that both eliminate redundancies and optimize impact.
- **People:** We are passionate experts who honor the patriotism and sacrifices of our Sailors and Marines and are steadfast in our commitment to their well-being.

**Discussion:** NCCOSC has created a strategic plan, and identified three goals and corresponding objectives that will guide the center in achieving its mission throughout FY2014. The plan's success will be measured by a series of predefined output and outcome metrics. The plan's goals and objectives are as follows:

**Goal 1: Create a culture of psychological health to strengthen the ready fighting force.**

- Objective 1.1:** Increase collaboration between NCCOSC partners and stakeholders.
- Objective 1.2:** Promote positive self-care, peer support and patient care by implementing the Caregiver Occupational Stress Control (CgOSC) program.
- Objective 1.3:** Enhance readiness through resilience-enriched OSC training initiatives.
- Objective 1.4:** Advance the awareness of psychological health information, resources and tools.
- Objective 1.5:** Improve psychological health by supporting stigma reduction efforts.

**Goal 2: Advance the quality and delivery of mental healthcare**

- Objective 2.1:** Improve the Navy Mental Healthcare System through PHP Phase I Pilot implementation at San Diego, Camp Lejeune, and Portsmouth, which comprises 60 percent of the MHS.
- Objective 2.2:** Improve the Navy Mental Healthcare System through PHP Phase II Pilot implementation at remaining sites INCONUS, which will comprise 80 percent of the MHS.
- Objective 2.3:** Improve the Navy Mental Healthcare System through PHP Phase III Pilot implementation at OCONUS sites, which will comprise 100 percent of the MHS.
- Objective 2.4:** Improve clinical care and scientific understanding through research facilitation and dissemination.

**Goal 3: Optimize the impact of programs and projects through evaluation and process improvement.**

- Objective 3.1:** Evaluate the value and impact of existing initiative and projects.
- Objective 3.2:** Identify desired impact and value of all new initiatives.
- Objective 3.3:** Demonstrate center's value through marketing and external reviews.
- Objective 3.4:** Improve processes through systematic evaluations.