

IS IT A SICK DAY?

TALK DIRECTLY
TO A REGISTERED
NURSE 24/7

1-800-TRICARE
874-2273
OPTION 1



NURSE
ADVICE LINE

Medical advice ■ Pediatric issues ■ Help when traveling
Deciding if you need to see a doctor ■ Finding urgent or emergency care
Scheduling same-day or next-day appointments at military hospital or clinics

If you have an emergency, call 911 or go to the nearest emergency room

