



Resources and References for the DCoE February 2015 Telehealth and Technology Webinar

Clinical Benefits of Telehealth Technology in Behavioral Health Care

Resources

The American Psychological Association's Task Force on Telepsychology identified unique opportunities and challenges that technology brings to the provision of clinical care and published "[Guidelines for the Practice of Telepsychology](#)" in 2013.

- American Psychological Association. Guidelines for the practice of telepsychology. 2013; Retrieved from <http://www.apa.org/practice/guidelines/telepsychology.aspx>
- American Telemedicine Association. Practice guidelines for video-based online mental health services. 2014; Retrieved from <http://www.americantelemed.org/resources/standards/ata-standards-guidelines>

The [National Center for Telehealth & Technology \(T2\)](#) is a component center of the Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury (DCoE).

- National Center for Telehealth & Technology. DoD Telemental Health Guidebook, Second Edition. 2013; Retrieved from <http://t2health.dcoe.mil/sites/default/files/TMH-Guidebook-Dec2013.pdf>

The mission of T2 is to lead the innovation of health technology solutions for psychological health and traumatic brain injury, and deliver tested, valued health solutions that improve the lives of our nation's warriors, veterans, and their families.

- [T2 Mood Tracker](#)
- [Breathe2Relax](#)
- [PTSD Coach](#)
- [Virtual Hope Box](#)
- [CBT-i Coach](#)
- [Concussion Coach](#)

Our vision is world-class health care and optimized health in the DoD through effective leveraging of behavioral science and technology.



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- American Telemedicine Association. Practice guidelines for video-based online mental health services. 2013; Retrieved from [Http://www.americantelemed.org/docs/defaultsource/standards/practice-guidelines-for-video-based-online-mental-health-services.pdf](http://www.americantelemed.org/docs/defaultsource/standards/practice-guidelines-for-video-based-online-mental-health-services.pdf)
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