



Resources for the DCoE January 2016 Psychological Health Webinar

Scientific Reviews of Recent Studies on the Treatment of Posttraumatic Stress Disorder

The [National Center for PTSD](#) is a Department of Veterans Affairs database designed to research and educate on trauma and PTSD. They work to assure the latest research findings help those exposed to trauma.

The National Institutes of Health sponsors a registry and results database, [Clinical Trials](#). This database supports public and private studies of human participants conducted around the world.

The [Institute of Medicine](#) is a division of the National Academies of Sciences, Engineering, and Medicine. The Academies are private, nonprofit institutions providing independent, objective analyses. They aim to help those in the government and private sectors make informed decisions about health care by providing evidence based results.

The [National Institute of Mental Health](#) is 1 of 27 institutes or centers within the National Institutes of Health. Its goal is to transform the understanding and treatment of mental illness via scientifically astute research and innovative thinking with hopes of finding ways for prevention, treatment, recovery, and reintegration of individuals with mental illness.

The [International Society for Traumatic Stress Studies](#) is dedicated to sharing research, clinical strategies, public policy, and theoretical formulations on trauma worldwide.

1. Agency for Healthcare Research and Quality (AHRQ). *Comparative Effectiveness Review on PTSD Treatments* (<http://effectivehealthcare.ahrq.gov/search-for-guides-reviews-and-reports/?pageaction=displayproduct&productid=1444>).
2. Watts, B.V., Schnurr, P., Mayo, L., & Friedman, M.J. (2013). *Meta-Analysis of the Efficacy of Treatments for Posttraumatic Stress Disorder*. *The Journal of Clinical Psychiatry*, 74(6); 541-550. DOI: 10.4088/JCP.12r08225 .

3. Steenkamp, M., Litz, B.T., Hoge, C.W., & Marmar, C. (2015). [Psychotherapy for Military- Related PTSD: A Review of Randomized Clinical Trials](#). *The Journal of the American Medical Association*, 314(5); 489-500. DOI: 10.1001/jama.2015.8370
4. Frost, N.D., Laska, K.M., & Wampold, B.E. (2014). [The Evidence for Present- Centered Therapy as a Treatment for Posttraumatic Stress Disorder](#). *The Journal of Traumatic Stress*, 27(1); 1-8. DOI: 10.1002/jts.21881
5. Ronconi, J.M., Shiner, B., & Watts, B.V. (2015). [A Meta- Analysis of Depressive Symptom Outcomes in Randomized, Controlled Trials for PTSD](#). *The Journal of nervous and Mental Disease*, 203(7); 522-529. DOI: 10.1097/NMD.0000000000000322
6. Raji, C., Willeumier, K., Taylor, D., & Amen, D.G. (2015). [Functional Neuroimaging with Default Mode Network Regions Distinguishes PTSD from TBI in a Military Veteran Population](#). *Brain Imaging and Behavior*, 9(3); 527- 534. DOI: 10.1007/s11682-015-9385-5
7. VA/DoD Clinical Practice Guidelines (<http://www.healthquality.va.gov/guidelines/MH/ptsd/>)