



Resources and References for the DCoE February 2014 Psychological Health Webinar

Smoking Cessation: Policy and Research as it Relates to Evidence-based Practices in the Military and Veteran Health Care Settings

Resources

[Best Practices for Comprehensive Tobacco Control Programs - 2014](#), a Centers for Disease Control and Prevention publication, is an evidence-based manual that describes an effective integrated programmatic structure that provides guidance with planning and establishing effective tobacco control programs in each state.

[State Tobacco Activities Tracking and Evaluation \(STATE\) System](#) is an interactive application that compiles and displays current and historical state-level tobacco use, prevention, and control data. STATE interactive maps provide adult and youth cigarette use data, cigarette excise tax rates and reports-by-type that include behavior, demographic, economic, environment, funding, health consequences and costs, and legislation topics.

[Treating Tobacco Use and Dependence: 2008 Update](#) is an updated version of the Treating Tobacco Use and Dependence Clinical Practice Guideline (2000).

[Stay Quit Coach](#), a mobile application, provides benefits of quitting and risks of smoking information, tools to help manage smoking triggers, and the ability to track progress toward smoking cessation goals.

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