

Are You Next?

***Expect the Unexpected
Wear Your Life Jacket***

www.CorpsLakes.us/AreYouNext

**Many drowning victims
never intended to be
in the water!**



US Army Corps
of Engineers®

Expect the Unexpected Wear Your Life Jacket

- A slip or fall overboard can happen to anyone.
- Wearing a life jacket buys time for you to be rescued.
- It takes an average of 60 seconds for an adult to drown, and just 20 seconds for a child.
- A strong swimmer averages 10 minutes to put on a life jacket after entering the water.
- Regardless of how well you swim, you could have to fight for your life due to unexpected conditions such as waves, current, exhaustion or injury.
- A fellow swimmer can help you when you encounter the unexpected, so never swim alone.
- Swimming abilities are likely to decrease with age, so don't overdo it.
- If you won't wear a life jacket for yourself, wear it for those who love you.

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The U.S. Army Corps of Engineers is the Nation's leading provider of outdoor recreation. Have fun at a Corps lake near you but remember... Expect the Unexpected!

