

# ROCCO DINING FACILITY

Bldg 2745 Schofield Rd

Subject to Change Without Notice

Closed - Weekends & Holidays

Green=Healthier, Yellow=eat moderately

Red=Eat less

Breakfast Weekdays: 0615-0815

Lunch Weekdays: 1100-1300

Dinner Weekdays: 1700-1900

Sunday, August 28, 2016	Monday, September 26, 2016	Tuesday, September 27, 2016	Wednesday, September 28, 2016	Thursday, September 29, 2016	Friday, September 30, 2016	Saturday, October 1, 2016
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
<b>CLOSED</b>	<b>ONION SOUP</b>	MEXICAN ONION CORN SOUP	KNICKERBOCKER SOUP	ASIAN STIRN3:N46 FRY SOUP	CREAM OF BROCCOLI SOUP	<b>CLOSED</b>
	TOMATO SOUP	TORTELLINI SOUP	CHICKEN VEGETABLE SOUP	CREAM OF MUSHROOM SOUP	MINISTRONE SOUP	
	VEGETABLE LASAGNA	VEGETABLE BURRITOS	VEGETABLE PIZZA	VEGETABLE PIZZA	ITALIAN PASTA & BROCCOLI	
	VEAL PARMESAN	TAMALE PIE	SAUERBRATEN	HONEY GINGER CHICKEN BREAST	BBQ SPARERIBS	
	ROAST PORK TENDERLOIN	CHICKEN & DUMPLINGS	LEMON BAKED FISH	MEAT LOAF	BEEF STIR FRY	
	MONGOLIAN BBQ	CAJUN ROAST BEEF	OVEN BAKED CHICKEN	BARBECUED PORK CHOPS	BOMBAY CHICKEN	
	HERBED BAKED CHICKEN	GRILLED KNOCKWURST	ORIENTAL STEAK	GREEK LEMON TURKEY PASTA	ROAST PORK TENDERLOIN	
	RICE W/ PARMESAN CHEESE	LYONNAISE RICE	STEAMED RICE	PORK FRIED RICE	POTATOES AU GRATIN	
	HACIENDA POTATOES	COTTAGE FRIED POTATOES	COTTAGE FRIED POTATOES	LYONNAISE POTATOES	TOSS GREEN RICE	
	PEAS WITH ONIONS	PEAS AND CARROTS	CLUB SPINACH	SQUASH AND CARROT MEDLEY	FRIED CABBAGE	
	BRUSSELS SPROUTS POLONAISE	BROCCOLI COMBO	CALICO CORN	ASPARAGUS	CORN COMBO	
	CHICKEN GRAVY	BROWN GRAVY	BROWN GRAVY	BROWN GRAVY	CHICKEN GRAVY	
	HOT ROLLS	HOT ROLLS	HOT ROLLS	HOT ROLLS	CORN BREAD	
	BROCCOLI SALAD	MEXICAN COLE SLAW	GERMAN TOMATO SALAD	MACARONI SALAD	PASTA SALAD	
	ITALIAN STYLE PASTA SALAD	SPINACH SALAD	MIXED FRUIT SALAD	KIMCHEE SALAD	POTATO SALAD	
	MARINATED BLACK BEAN SALAD	PICKLED BEETS & ONIONS SALAD	PASTA SALAD	PICKLED GREEN BEAN SALAD	COUNTRY STYLE TOMATO SALAD	
	COTTAGE CHEESE & PEACH Salad	COTTAGE CHEESE & PEARS SALAD	COTTAGE CHEESE & PINEAPPLE SALAD	COTTAGE CHEESE & APRICOT SALAD	COTTAGE CHEESE & FRUIT COCKTAILS SALAD	
	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	
	APPLE PIE	CHERRY PIE	LEMON MERINGUE PIE	PECAN PIE	SWEET POTATO PIE	
	CRISPY MARSHMALLOW SQUARES	SUGAR COOKIES	DOUBLE CHOCOLATE Chip Cookies	PEANUT BUTTER COOKIES	CHEWY NUT BARS	
	LEMON POUND CAKE	GERMAN CHOCOLATE CAKE	ORANGE CAKE	FLORIDA LEMON CAKE	GINGERBREAD CAKE	
	VANILLA PUDDING	BREAD PUDDING	TAPIOCA PUDDING	VANILLA PUDDING	BREAD PUDDING	
	BREADED CHICKEN BREAST	TAQUITOS	BURRITOS	FISHWICH	HOT WINGS	

Dinner	Dinner	Dinner	Dinner	Dinner
CHEESE TORTELLINI W/ ALFREDO SAUCE	CHEESE RAVIOLI W/MARINARA Sauce	VEGETABLE PIZZA	CHEESE MANICOTTI W/ ALFREDO SAUCE	POTATO FRITTATA
PASTA W/ ITALIAN SAUSAGE	CHICKEN RANCHERO	SWEDISH MEATBALLS	HERBED BAKED FISH	PORK CHOPS WITH MUSHROOM GRAVY
HONEY LEMON CHICKEN BREAST	CHINESE FIVE SPICE CHICKEN	CANONESE SPARERIBS	SALISBURY STEAK	SPAGHETTI W/ MEAT SAUCE
PEPPER STEAK	MEAT LOAF	BAKED CHICKEN & RICE	SWEET AND SOUR PORK	GRILLED HAM STEAK
PORK CHOPS WITH APPLE RINGS	SHRIMP SCAMPI	WHITE FISH WITH MUSHROOM	BAKED CHICKEN AND NOODLES	CAJUN BAKE FISH
HACIENDA POTATOES	MASHED POTATOES	RED BEANS AND RICE	STEAMED RICE	ROSEMARY ROASTED POTATO WEDGES
SHRIMP FRIED RICE	JASMINE RICE	O'BRIEN POTATOES	OVEN BROWN	FILIPINO RICE
LYONNAISE CARROTS	WINTER MIXED VEGETABLES	HONEY DIJON VEGETABLES	OKRA AND TOMATO GUMBO	MIXED VEGETABLE
SPROUTS SUPERBA	ASPARAGUS	BROCCOLI POLONAISE	CORN COMBO	BEETS IN ORANGE-LEMON SAUCE
CHICKEN GRAVY	GRAVY	BROWN GRAVY	BROWN GRAVY	BROWN GRAVY
HOT ROLLS	GARLIC BREAD	HOT ROLLS	HOT ROLLS	TOASTED GARLIC BREAD
BROCCOLI SALAD	MEXICAN COLE SLAW	GERMAN TOMATO SALAD	MACARONI SALAD	PASTA SALAD
ITALIAN STYLE PASTA SALAD	SPINACH SALAD	MIXED FRUIT SALAD	KIMCHEE SALAD	POTATO SALAD
MARINATED BLACK BEAN SALAD	PICKLED BEETS & ONIONS SALAD	PASTA SALAD	PICKLED GREEN BEAN SALAD	COUNTRY STYLE TOMATO SALAD
COTTAGE CHEESE & PEACH Salad	COTTAGE CHEESE & PEARS SALAD	COTTAGE CHEESE & PINEAPPLE SALAD	COTTAGE CHEESE & APRICOT SALAD	COTTAGE CHEESE & FRUIT COCKTAILS SALAD
FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN
GLILLED CHICKEN BREAST	EGG ROLLS	CRISPITOS	FISHWICH	HOT WINGS

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Breakfast Weekdays: 0615-0815

Monday, October 3, 2016	Tuesday, October 4, 2016	Wednesday, October 5, 2016	Thursday, October 6, 2016	Friday, October 7, 2016	Saturday, October 8, 2016
CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
BEEF BARLEY SOUP	SPANISH SOUP	CHICKEN GUMBO SOUP	ASIAN STIR FRY SOUP	CREAM OF BROCCOLI SOUP	
CHICKEN CORN CHOWDER	CREAM OF POTATO SOUP	TOMATO RICE SOUP	CREAM OF MUSHROOM SOUP	MINISTRONE SOUP	
MUSHROOMS TORTELLINI W/MARINARA	CHEESE MANICOTTI W/ MARINARA	VEGETABLE BURRITOS	VEGETABLE PIZZA	ITALIAN PASTA & BROCCOLI	
LASAGNA	BEEF FAJITAS	GRILLED BRATWURST	HONEY GINGER CHICKEN BREAST	BBQ SPARERIBS	
BLACKENED CATFISH	CHICKEN & DUMPLINGS	HAMBURGER YAKISOBA	MEAT LOAF	BEEF STIR FRY	
MAMBO PORK ROAST	ROAST BEEF	SPARERIBS AND SAUERKRAUT	BARBECUED PORK CHOPS	BOMBAY CHICKEN	
SWEDISH MEATBALLS	VEAL PAPRIKA	CHICKEN CORDON BLEU	GREEK LEMON TURKEY PASTA	ROAST PORK TENDERLOIN	
POTATO AU GRATIN	MEXICAN RICE	ROASTED PEPPER POTATOES	PORK FRIED RICE	POTATOES AU GRATIN	
ISLANDER'S RICE	MASHED POTATOES	RICE PILAF	LYONNAISE POTATOES	TOSS GREEN RICE	
CORN ON COB	PEAS W/ CELERY	SUCCOTASH	SQUASH AND CARROT MEDLEY	FRIED CABBAGE	
SEASAME GLAZED GREEN BEANS	CAULIFLOWER PRAMESAN	CALICO CABBAGE	ASPARAGUS	CORN COMBO	
BROWN GRAVY	BROWN GRAVY	CHICKEN GRAVY	BROWN GRAVY	CHICKEN GRAVY	
HOT ROLLS	HOT ROLLS	HOT ROLLS	HOT ROLLS	CORN BREAD	
BROCCOLI SALAD	MEXICAN COLE SLAW	GERMAN TOMATO SALAD	MACARONI SALAD	PASTA SALAD	
ITALIAN STYLE PASTA SALAD	SPINACH SALAD	MIXED FRUIT SALAD	KIMCHEE SALAD	POTATO SALAD	
MARINATED BLACK BEAN SALAD	PICKLED BEETS & ONIONS SALAD	SEASHELL PASTA SALAD	PICKLED GREEN BEAN SALAD	COUNTRY STYLE TOMATO SALAD	
COTTAGE CHEESE & PEACH SALAD	COTTAGE CHEESE & PEARS SALAD	COTTAGE CHEESE & PINEAPPLE SALAD	COTTAGE CHEESE & APRICOT SALAD	COTTAGE CHEESE & FRUIT COCKTAILS SALAD	
FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	
APPLE PIE	CHERRY PIE	LEMON MERINGUE PIE	PECAN PIE	SWEET POTATO PIE	
BUTTERSOTCH BROWNIES	CHOCOLATE CHIP COOKIES	OATMEAL RAISIN COOKIES	PEANUT BUTTER COOKIES	CHEWY NUT BARS	
BANANA CAKE	CARROT CAKE	DEVIL'S FOOD CAKE	FLORIDA LEMON CAKE	GINGERBREAD CAKE	
RICE PUDDING	BUTTERSOTCH PUDDING	CHOCOLATE PUDDING	VANILLA PUDDING	BREAD PUDDING	
GLILLED CHICKEN BREAST	EGG ROLLS	CRISPITOS	FISHWICH	HOT WINGS	

Dinner	Dinner	Dinner	Dinner	Dinner
CAULIFLOWER POTATO AND CURRY	PASTA PRIMAVERA	SPAGHETTI W/ MARINARA SAUCE	CHEESE MANICOTTI W/ ALFEDO SAUCE	POTATO FRITTATA
PIZZA	MEXICAN BAKED CHICKEN BREAST	SAUERBRATEN	HERBED BAKED FISH	PORK CHOPS WITH MUSHROOM GRAVY
HONEY LEMON CHICKEN BREAST	PASTA W/ ITAL SAUSAGE & PEPPERS	APPLE GLAZED CORNED BEEF	SALISBURY STEAK	SPAGHETTI W/ MEAT SAUCE
PEPPER STEAK	TURKEY LOAF	COUNTRY STYLE STEAK	SWEET AND SOUR PORK	GRILLED HAM STEAK
GRILLED PORK CHOPS	GINGER POT ROAST	LEMON BAKED FISH	BAKED CHICKEN AND NOODLES	CAJUN BAKE FISH
SPICY BROWN RICE PILAF	NOODLES JEFFERSON	POTATOES AND HERBS	STEAMED RICE	ROSEMARY ROASTED POTATO WEDGES
HACIENDA POTATOES	O'BRIEN POTATOES	GARLIC CHEESE POTATOES	OVEN BROWN	FILIPINO RICE
BRUSSELS SPROUTS PARMESAN	HACIENDA CORN AND BLACK BEANS	TANGY SPINACH	OKRA AND TOMATO GUMBO	MIXED VEGETABLE
GLAZED CARROTS	HERBED BROCCOLI	CREOLE SUMMER SQUASH	CORN COMBO	BEETS IN ORANGE-LEMON SAUCE
BROWN GRAVY	TURKEY GRAVY	COUNTRY GRAVY	BROWN GRAVY	BROWN GRAVY
CORN BREAD	HOT ROLLS	HOT ROLLS	HOT ROLLS	TOASTED GARLIC BREAD
BROCCOLI SALAD	MEXICAN COLE SLAW	GERMAN TOMATO SALAD	MACARONI SALAD	PASTA SALAD
ITALIAN STYLE PASTA SALAD	SPINACH SALAD	MIXED FRUIT SALAD	KIMCHEE SALAD	POTATO SALAD
MARINATED BLACK BEAN SALAD	PICKLED BEETS & ONIONS SALAD	SEASHELL PASTA SALAD	PICKLED GREEN BEAN SALAD	COUNTRY STYLE TOMATO SALAD
COTTAGE CHEESE & PEACH SALAD	COTTAGE CHEESE & PEARS SALAD	COTTAGE CHEESE & PINEAPPLE SALAD	COTTAGE CHEESE & APRICOT SALAD	COTTAGE CHEESE & FRUIT COCKTAILS SALAD
FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN
GLILLED CHICKEN BREAST	EGG ROLLS	CRISPITOS	FISHWICH	HOT WINGS

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Breakfast Weekdays: 0615-0815

Lunch Weekdays: 1100-1300

Dinner Weekdays: 1700-1900

Sunday, October 9, 2016	Monday, October 10, 2016	Tuesday, October 11, 2016	Wednesday, October 12, 2016	Thursday, October 13, 2016	Friday, October 14, 2016	Saturday, October 15, 2016
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
<b>CLOSED</b>	BEEF NOODLE SOUP	MEXICAN ONION CORN SOUP	OLD FASHIONED BEAN SOUP	PEPPER POT SOUP	TEXAS CHICKEN TORTILLA SOUP	<b>CLOSED</b>
	SPILT PEA SOUP	TOMATO SOUP	CHICKEN VEGETABLE SOUP	CHICKEN EGG DROP SOUP	SHRIMP GUMBO SOUP	
	VEGETABLE EGG ROLLS	VEGETABLE STUFFED PEPPERS	TURKEY NUGGET	POTATO & CURRY	PASTA PRIMAVERA	
	VEAL PARMESAN	TACO	JAEGERSCHNITZEL	CHINESE FIVE SPICE CHICKEN	SOUTHERN FRIED CATFISH	
	PARMESAN FISH	CHICKEN FAJITAS	SZECHEWAN CHICKEN	BBQ BRISKETT	GRILLED STEAK	
	BBQ CHICKEN	GRILLED SALMON FILLETS	ROAST TURKEY	SHRIMP JAMBALAYA	OVEN FRIED CHICKEN	
	BRAISED BEEF AND NOODLES	CHILI CONQUISTADOR	TERIYAKI BEEF STRIPS	PORK SCHNITZEL	FRIED SHRIMP	
	SPROUTS SUPERBA	SOUTHWESTERN RICE	ITALIAN ROASTED POTATOES WEDGES	STEAM RICE	RED BEANS AND RICE	
	LYONNAISE CARROTS	REFRIED BEANS WITH CHEESE	GINGER RICE	HACIENDA POTATOES	MACARONI AND CHEESE	
	RISSOLE POTATOES	SPANISH STYLE BEANS	ASPARAGUS	SOUTH MEDLEY	SOUTHERN STYLE GREENS	
	NUTTY RICE AND CHEESE	SOUTH OF THE BORDER BROCCOLI	CAULIFLOWER AU GRATIN	CARROT AND CELERY AMANDINE	SOUTHERN FRIED OKRA	
	CHICKEN GRAVY	TOMATO GRAVY	TURKEY GRAVY	CHICKEN GRAVY	BROWN GRAVY	
	TOASTED GARLIC BREAD	CORN BREAD	HOT ROLLS	HOT ROLLS	CORN BREAD	
	BROCCOLI SALAD	MEXICAN COLE SLAW	GERMAN TOMATO SALAD	MACARONI SALAD	PASTA SALAD	
	ITALIAN STYLE PASTA SALAD	SPINACH SALAD	MIXED FRUIT SALAD	KIMCHEE SALAD	POTATO SALAD	
	MARINATED BLACK BEAN SALAD	PICKLED BEETS & ONIONS SALAD	PASTA SALAD	PICKLED GREEN BEAN SALAD	COUNTRY STYLE TOMATO SALAD	
	COTTAGE CHEESE & PEACH SALAD	COTTAGE CHEESE & PEARS SALAD	COTTAGE CHEESE & PINEAPPLE SALAD	COTTAGE CHEESE & APRICOT SALAD	COTTAGE CHEESE & FRUIT COCKTAILS SALAD	
	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	
	APPLE PIE	CHERRY PIE	LEMON MERINGUE PIE	PECAN PIE	SWEET POTATO PIE	
	DOUBLE CHOCOLATE CHIP COOKIES	LEMON COOKIES	HERMITS	SNICKERDOODLE COOKIES	OATMEAL COOKIES	
	ORANGE CAKE	MARBLE CAKE	PEANUT BUTTER CAKE	PINEAPPLE UPSIDE DOWN CAKE	SPICE CAKE	
	BUTTERSOTCH PUDDING	CHOCOLATE PUDDING	VANILLA PUDDING	BREAD PUDDING	TAPIOCA PUDDING	
	BREADED CHICKEN BREAST	TAQUITOS	BURRITOS	PHILLY STEAK	BREADED DRUMETTES	

Dinner	Dinner	Dinner	Dinner	Dinner
VEGETABLE CURRY W/RICE	CHEESE TORTELLINI W/MARINARA	VEGETABLE LASAGNA	MUSHROOMS TORTELLINI W/MARINARA	VEGETABLE LASAGNA
CHICKEN & ITALIAN VEGETABLE PASTA	MEXICAN BAKED CHICKEN BREAST	BEEF STROGANOFF	ORIENTAL TUNA PATTIES	ROAST BEEF
SWISS STEAK WITH BROWN GRAVY	TURKEY POT PIE	PORK CHOP SUEY	SEAFOOD NEWBURG	BAKED FISH WITH GARLIC BUTTER
SHRIMP JAMBALAYA	GRILLED FISH WITH MINT AND HONEY	HERBED BAKED CHICKEN	MAMBO PORK ROAST	BAKED CHICKEN AND NOODLES
BBQ PORK LOIN	PORK CHOPS WITH APPLE RINGS	ORIENTAL STEAK	SWEDISH MEATBALLS	PORK ADOBO
SCALLOPED POTATOES	LYONNAISE RICE	BOILED PASTA	POTATO AU GRATIN	PORK FRIED RICE
SICILIAN BROWN RICE AND VEGETABLES	COTTAGE FRIED POTATOES	SPICY BROWN RICE PILAF	WILD RICE	O'BRIEN POTATOES
CALICO CORN	PEAS AND CARROTS	CALICO CORN	CORN ON COB	HACIENDA CORN AND BLACK BEANS
HERBED GREEN BEANS	CAULIFLOWER AU GRATIN	GREEN BEANS WITH MUSHROOM	SEASAME GLAZED GREEN BEANS	HERBED BROCCOLI
CREAM ONION GRAVY	BROWN GRAVY	BROWN GRAVY	BROWN GRAVY	CHICKEN GRAVY
HOT ROLLS	HOT ROLLS	HOT ROLLS	HOT ROLLS	HOT ROLLS
BROCCOLI SALAD	MEXICAN COLE SLAW	GERMAN TOMATO SALAD	MACARONI SALAD	PASTA SALAD
ITALIAN STYLE PASTA SALAD	SPINACH SALAD	MIXED FRUIT SALAD	KIMCHEE SALAD	POTATO SALAD
MARINATED BLACK BEAN SALAD	PICKLED BEETS & ONIONS SALAD	PASTA SALAD	PICKLED GREEN BEAN SALAD	COUNTRY STYLE TOMATO SALAD
COTTAGE CHEESE & PEACH SALAD	COTTAGE CHEESE & PEARS SALAD	COTTAGE CHEESE & PINEAPPLE SALAD	COTTAGE CHEESE & APRICOT SALAD	COTTAGE CHEESE & FRUIT COCKTAILS SALAD
FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN
BREADED CHICKEN BREAST	TAQUITOS	BURRITOS	PHILLY STEAK	BREADED DRUMETTES

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Sunday, October 16, 2016		Monday, October 17, 2016		Tuesday, October 18, 2016		Wednesday, October 19, 2016		Thursday, October 20, 2016		Friday, October 21, 2016	
Lunch		Lunch		Lunch		Lunch		Lunch		Lunch	
<b>CLOSED</b>		BEEF BARLEY SOUP	SPANISH SOUP	CHICKEN GUMBO SOUP	ASIAN STIR FRY SOUP	TURKEY VEGETABLE SOUP					<b>CLOSED</b>
		CHICKEN CORN CHOWDER	CREAM OF POTATO SOUP	TOMATO RICE SOUP	CREAM OF MUSHROOM SOUP	MINISTRONE SOUP					
		POTATO FRITTATA	SPINACH & GARLIC TORTELLINI	CHEESE RAVIOLI W/ MARINARA	VEGETABLE CURRY W/RICE	CHEESE TORTELLINI W/ AFREDO SAUCE					
		PASTA W/ ITALIAN SAUSAGE	ENCHILADAS	APPLE GLAZED CORNED BEEF	TERIYAKI BEEF STRIPS	MEATLOAF					
		HONEY LEMON CHICKEN BREAST	ROAST PORK TENDERLOIN	CREOLE FISH FILLETS	SALISBURY STEAK	SPAGHETTI W/ MEATBALL					
		PEPPER STEAK	MONGOLIAN BBQ	COUNTRY STYLE STEAK	SWEET AND SOUR PORK	BAKED HAM					
		PORK CHOPS WITH APPLE RINGS	SAVORY BAKED CHICKEN	CHILI MACARONI W/CHEESE	BRAISE BEEF AND NOODLES	ONION-LEMON BAKED FISH					
		HACIENDA POTATOES	NOODLES JEFFERSON	POTATOES AND HERBS	BROWN RICE WITH TOMATOES	MASHMALLOW SWEET POTATOES					
		SHRIMP FRIED RICE	BROWN RICE	GARLIC CHEESE POTATOES	LYONNAISE POTATOES	HOPPING JOHN					
		LYONNAISE CARROTS	HACIENDA CORN AND BLACK BEANS	TANGY SPINACH	SQUASH AND CARROT MEDLEY	FRENCH FRIED OKRA					
		SPROUTS SUPERBA	HERBED BROCCOLI	CREOLE SUMMER SQUASH	ORIENTAL STIR FRY CABBAGE	FRIED CABBAGE WITH BACON					
		CHICKEN GRAVY	TURKEY GRAVY	COUNTRY GRAVY	BROWN GRAVY	BROWN GRAVY					
		HOT ROLLS	HOT ROLLS	HOT ROLLS	HOT ROLLS	CORN BREAD					
		BROCCOLI SALAD	MEXICAN COLE SLAW	GERMAN TOMATO SALAD	MACARONI SALAD	PASTA SALAD					
		ITALIAN STYLE PASTA SALAD	SPINACH SALAD	MIXED FRUIT SALAD	KIMCHEE SALAD	POTATO SALAD					
		MARINATED BLACK BEAN SALAD	PICKLED BEETS & ONIONS SALAD	PASTA SALAD	PICKLED GREEN BEAN SALAD	COUNTRY STYLE TOMATO SALAD					
		COTTAGE CHEESE & PEACH SALAD	COTTAGE CHEESE & PEARS SALAD	COTTAGE CHEESE & PINEAPPLE SALAD	COTTAGE CHEESE & APRICOT SALAD	COTTAGE CHEESE & FRUIT COCKTAILS SALAD					
		FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN					
		APPLE PIE	CHERRY PIE	LEMON MERINGUE PIE	PECAN PIE	SWEET POTATO PIE					
		OATMEAL CHOCOLATE CHIP COOKIES	PEANUT BUTTER BROWNIES	CHOCOLATE CHIP COOKIES	BUTTERSOTCH BROWNIES	OATMEALS RAISIN COOKIES					
		YELLOW CAKE	ANGEL FOOD CAKE	BANANA CAKE	CARROT CAKE	DEVIL'S FOOD CAKE					
		CHOCOLATE PUDDING	VANILLA PUDDING	BREAD PUDDING	TAPIOCA PUDDING	RICE PUDDING					
		GLILLED CHICKEN BREAST	EGG ROLLS	CRISPITOS	FISHWICH	HOT WINGS					

Dinner		Dinner		Dinner		Dinner		Dinner	
ITALIAN PASTA & BROCCOLI	POTATO & CHEDDAR PIEROGIES W/ MARIN	CHEESE ENCHILADAS	VEGETABLE EGG ROLLS	VEGETABLE STUFFED PEPPERS					
PIZZA	FIESTA CHICKEN	CREOLE PORK STEAK	FRENCH FRIED FISH PORTIONS	BAKED STUFFED SALMON					
BLACKENED CATFISH	CHICKEN & DUMPLINGS	HAMBURGER YAKISOBA	PORK CHOP SUEY	CAJUN ROAST BEEF					
OVEN FRIED CHICKEN FILLETS	ROAST BEEF	SPARERIBS AND SAUERKRAUT	CHICKEN BREAST IN ORANGE SAUCE	PINEAPPLE CHICKEN					
BBQ MEATBALLS	VEAL PAPRIKA	CHICKEN CORDON BLEU	GREEK LEMON TURKEY PASTA	ITALIAN STYLE VEAL STEAKS					
POTATOES AU GRATIN	MEXICAN RICE	ROASTED PEPPER POTATOES	STEAMED RICE	ROSEMARY ROASTED POTATO WEDGES					
ISLANDER'S RICE	MASHED POTATOES	RICE PILAF	OVEN BROWN	WILD RICE					
CORN ON THE COB	PEAS W/ CELERY	SUCCOTASH	OKRA AND TOMATO GUMBO	MIXED VEGETABLE					
GREEN BEANS WITH MUSHROOMS	CAULIFLOWER PRAMESAN	CALICO CABBAGE	CORN COMBO	CAULIFLOWER AU GRATIN					
BROWN GRAVY	BROWN GRAVY	CHICKEN GRAVY	BROWN GRAVY	BROWN GRAVY					
HOT ROLLS	HOT ROLLS	HOT ROLLS	HOT ROLLS	HOT ROLLS					
BROCCOLI SALAD	MEXICAN COLE SLAW	GERMAN TOMATO SALAD	MACARONI SALAD	PASTA SALAD					
ITALIAN STYLE PASTA SALAD	SPINACH SALAD	MIXED FRUIT SALAD	KIMCHEE SALAD	POTATO SALAD					
MARINATED BLACK BEAN SALAD	PICKLED BEETS & ONIONS SALAD	PASTA SALAD	PICKLED GREEN BEAN SALAD	COUNTRY STYLE TOMATO SALAD					
COTTAGE CHEESE & PEACH SALAD	COTTAGE CHEESE & PEARS SALAD	COTTAGE CHEESE & PINEAPPLE SALAD	COTTAGE CHEESE & APRICOT SALAD	COTTAGE CHEESE & FRUIT COCKTAILS SALAD					
FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN					
GLILLED CHICKEN BREAST	EGG ROLLS	CRISPITOS	FISHWICH	HOT WINGS					

# ROCCO DINING FACILITY

Bldg 2745 Schofield Rd

Breakfast Weekdays: 0615-0815		Lunch Weekdays: 1100-1300		Closed - Weekends & Holidays		Dinner Weekdays: 1700-1900		Red=Eat less	
Subject to Change Without Notice									
Sunday, October 23, 2016	Monday, October 24, 2016	Tuesday, October 25, 2016	Wednesday, October 26, 2016	Thursday, October 27, 2016	Friday, October 28, 2016	Saturday, October 29, 2016			
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch			
<b>CLOSED</b>	<b>ONION SOUP</b>	MEXICAN ONION CORN SOUP	KNICKERBOCKER SOUP	<b>PEPPER POT SOUP</b>	TEXAS CHICKEN TORTILLA SOUP	<b>CLOSED</b>			
	TOMATO SOUP	TORTELLINI SOUP	CHICKEN VEGETABLE SOUP	CHICKEN EGG DROP SOUP	SHRIMP GUMBO SOUP				
	VEGETABLE LASAGNA	VEGETABLE BURRITOS	VEGETABLE PIZZA	ITALIAN PASTA & BROCCOLI	POTATO & CHED PIEROGIES W/ MARINARA				
	<b>VEAL PARMESAN</b>	TAMALE PIE	<b>SAUERBRATEN</b>	SWEET AND SOUR PORK	<b>SOUTHERN FRIED CHICKEN</b>				
	BEEFBALLS STROGANOFF	CHICKEN & DUMPLINGS	LEMON BAKED FISH	SEAFOOD NEWBURG	BLACKENED CATFISH				
	<b>SOUTHERN FRIED CATFISH FILLETS</b>	CAJUN ROAST TENDERLION OF BEEF	OVEN BAKED CHICKEN	MAMBO PORK ROAST	GRILLED STEAK				
	HERBED BAKED CHICKEN BREAST	<b>GRILLED KNOCKWURST</b>	ORIENTAL STEAK	<b>SWEDISH MEATBALLS</b>	FRIED SHRIMP				
	RICE W/ PARMESAN CHEESE	LYONNAISE RICE	STEAM RICE	POTATO AU GRATIN	MACARONI AND CHEESE				
	HACIENDA POTATOES	COTTAGE FRIED POTATOES	COTTAGE FRIED POTATOES	ISLANDER'S RICE	GLAZED SWEET POTATO				
	PEAS WITH ONIONS	PEAS AND CARROTS	<b>CLUB SPINACH</b>	JAPANESE VEGETABLE STIR FRY	SOUTHERN STYLE GREENS				
	BRUSSELS SPROUTS POLONAISE	BROCCOLI COMBO	CALICO CORN	HARVARD BEETS	FRIED CABBAGE				
	<b>CHICKEN GRAVY</b>	<b>BROWN GRAVY</b>	<b>BROWN GRAVY</b>	NATURAL PAN GRAVY	BROWN GRAVY				
	HOT ROLLS	HOT ROLLS	HOT ROLLS	HOT ROLLS	HOT ROLLS				
	BROCCOLI SALAD	MEXICAN COLE SLAW	GERMAN TOMATO SALAD	MACARONI SALAD	PASTA SALAD				
	ITALIAN STYLE PASTA SALAD	SPINACH SALAD	MIXED FRUIT SALAD	KIMCHEE SALAD	POTATO SALAD				
	MARINATED BLACK BEAN SALAD	PICKLED BEETS & ONIONS SALAD	PASTA SALAD	<b>PICKLED GREEN BEAN SALAD</b>	COUNTRY STYLE TOMATO SALAD				
	COTTAGE CHEESE & PEACH SALAD	COTTAGE CHEESE & PEARS SALAD	COTTAGE CHEESE & PINEAPPLE SALAD	COTTAGE CHEESE & APRICOT SALAD	COTTAGE CHEESE & FRUIT COCKTAILS SALAD				
	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	SWEET POTATO PIE				
	APPLE PIE	CHERRY PIE	LEMON MERINGUE PIE	PECAN PIE	HERMITS				
	CRISPY MARSHMALLOW SQUARES	SUGAR COOKIES	DOUBLE CHOCOLATE CHIP COOKIES	LEMON COOKIES	PEANUT BUTTER CAKE				
	LEMON POUND CAKE	GERMAN CHOCOLATE CAKE	ORANGE CAKE	MARBLE CAKE	BUTTERSCOTCH PUDDING				
	VANILLA PUDDING	BREAD PUDDING	TAPIOCA PUDDING	RICE PUDDING	BREADED DRUMETTES				
	<b>BREADED CHICKEN BREAST</b>	TAQUITOS	BURRITOS	PHILLY STEAK	EGG ROLLS				

Dinner	Dinner	Dinner	Dinner	Dinner
PASTA PRIMAVERA	SPAGHETTI W/ MARINARA SAUCE	<b>CHEESE MANICOTTI W/ ALFEDO SAUCE</b>	POTATO FRITTATA	SPINACH & GARLIC TORTELLINI MARINARA
CHICKEN TETRAZZINI	<b>TACO</b>	JAEGERSCHNITZEL	TERIYAKI STEAK	PORK CHOPS WITH MUSHROOM GRAVY
PARMESAN FISH	BEEF FAJITAS	SZECHWAN CHICKEN	HOT AND SPICY CHICKEN	SPAGHETTI W/ MEAT SAUCE
BBQ CHICKEN	GRILLED SALMON FILLETS	ROAST TURKEY	HERBED BAKED FISH	<b>GRILLED HAM STEAK</b>
SWISS STEAK WITH BROWN GRAVY	CHILI CONQUISTADOR	TERIYAKI BEEF STRIPS	<b>SALISBURY STEAK</b>	CAJUN BAKE FISH
SPROUTS SUPERBA	SOUTHWESTERN RICE	ITALIAN ROASTED POTATOES WEDGES	STEAMED RICE	ROSEMARY ROASTED POTATO WEDGES
LYONNAISE CARROTS	REFRIED BEANS WITH CHEESE	GINGER RICE	OVEN BROWN	FILIPINO RICE
RISSOLE POTATOES	SPANISH STYLE BEANS	ASPARAGUS	OKRA AND TOMATO GUMBO	MIXED VEGETABLE
NUTTY RICE AND CHEESE	SOUTH OF THE BORDER BROCCOLI	<b>CAULIFLOWER AU GRATIN</b>	CORN COMBO	BEETS IN ORANGE-LEMON SAUCE
<b>CHICKEN GRAVY</b>	<b>TOMATO GRAVY</b>	TURKEY GRAVY	BROWN GRAVY	BROWN GRAVY
TOASTED GARLIC BREAD	CORN BREAD	HOT ROLLS	HOT ROLLS	TOASTED GARLIC BREAD
ITALIAN STYLE PASTA SALAD	MEXICAN COLE SLAW	GERMAN TOMATO SALAD	MACARONI SALAD	PASTA SALAD
MARINATED BLACK BEAN SALAD	SPINACH SALAD	MIXED FRUIT SALAD	KIMCHEE SALAD	POTATO SALAD
COTTAGE CHEESE & PEACH SALAD	PICKLED BEETS & ONIONS SALAD	PASTA SALAD	<b>PICKLED GREEN BEAN SALAD</b>	COUNTRY STYLE TOMATO SALAD
FRUIT FLAVORED GELATIN	COTTAGE CHEESE & PEARS SALAD	COTTAGE CHEESE & PINEAPPLE SALAD	COTTAGE CHEESE & APRICOT SALAD	COTTAGE CHEESE & FRUIT COCKTAILS SALAD
<b>BREADED CHICKEN BREAST</b>	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN
	TAQUITOS	BURRITOS	PHILLY STEAK	BREADED DRUMETTES

# ROCCO DINING FACILITY

Bldg 2745 Schofield Rd

Subject to Change Without Notice

Closed - Weekends & Holidays

Green=Healthier, Yellow=eat moderately

Red=Eat less

Breakfast Weekdays: 0615-0815

Lunch Weekdays: 1100-1300

Dinner Weekdays: 1700-1900

Sunday, October 30, 2016	Monday, October 31, 2016	Tuesday, November 1, 2016	Wednesday, November 2, 2016	Thursday, November 3, 2016	Friday, November 4, 2016	Saturday, November 5, 2016
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Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
<b>CLOSED</b>	<b>BEEF BARLEY SOUP</b> <b>CHICKEN CORN CHOWDER</b> <b>VEGETABLE STUFFED PEPPERS</b> <b>BAKED ITALIAN SAUSAGE</b> <b>CHALUPA</b> <b>CHICKEN FAJITAS</b> <b>DIJON BAKED PORK CHOPS</b> <b>JEFFERSON NOODLES</b> <b>ROASTED PEPPER POTATOES</b> <b>SWEET PEAS</b> <b>ORIENTAL STIR-FRY CABBAGE</b> <b>BROWN GRAVY</b> <b>HOT ROLLS</b> <b>BROCCOLI SALAD</b> <b>ITALIAN STYLE PASTA SALAD</b> <b>MARINATED BLACK BEAN SALAD</b> <b>COTTAGE CHEESE &amp; PEACH SALAD</b> <b>FRUIT FLAVORED GELATIN</b> <b>APPLE PIE</b> <b>CONGO BARS</b> <b>STRAWBERRY CAKE</b> <b>BREAD PUDDING</b> <b>GLILLED CHICKEN BREAST</b>	<b>MENU NOT AVAILABLE</b>	<b>MENU NOT AVAILABLE</b>	<b>MENU NOT AVAILABLE</b>	<b>MENU NOT AVAILABLE</b>	<b>CLOSED</b>

Dinner	Dinner	Dinner	Dinner	Dinner
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<b>CHEESE TORTELLINI W/ AFREDO SAUCE</b> <b>PASTA W/ ITALIAN SAUSAGE</b> <b>HONEY LEMON CHICKEN BREAST</b> <b>PEPPER STEAK</b> <b>PORK CHOPS WITH APPLE RINGS</b> <b>HACIENDA POTATOES</b> <b>SHRIMP FRIED RICE</b> <b>LYONNAISE CARROTS</b> <b>SPROUTS SUPERBA</b> <b>CHICKEN GRAVY</b> <b>HOT ROLLS</b> <b>BROCCOLI SALAD</b> <b>ITALIAN STYLE PASTA SALAD</b> <b>MARINATED BLACK BEAN SALAD</b> <b>COTTAGE CHEESE &amp; PEACH SALAD</b> <b>FRUIT FLAVORED GELATIN</b> <b>GLILLED CHICKEN BREAST</b>
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