

Alcohol Related Issues

Agency: Adolescent Support and Counseling Services (ASACS)

Service: Identification and Referral

Eligibility: 12-18 year old family member students (under age 15 requires parental consent)

Contact: Patch Barracks, Bldg 2312 DSN: 430-8237/7041, Civ: 0711-680-8237/7041

Website: <http://www.asacs.org/>

Agency: Army Substance Abuse Program/Employee Assistance (ASAP)

Service: Unit Awareness Prevention Training

Eligibility: Active Duty, Civilians, and Family Members

Contact: Panzer Kaserne, Bldg 2948, 2nd floor DSN: 431-2530/2743/2835, Civ: 07031-15-2530/2743/2835

Website: <http://www.stuttgart.army.mil/asap.html>

Agency: Army Substance Abuse Program/Employee Assistance (ASAP)

Service: Employee Assistance Program (EAP)

Eligibility: Civilians

Contact: Panzer Kaserne, Bldg 2948, 2nd floor DSN: 431-2530/2743/2835, Civ: 07031-15-2530/2743/2835

Website: <http://www.stuttgart.army.mil/asap.html>

Agency: Army Substance Abuse Program/Employee Assistance (ASAP)

Service: Heidelberg Alcoholics Anonymous Meetings

Contact: Panzer Kaserne, Bldg 2948, 2nd floor DSN: 431-2530/2743/2835, Civ: 07031-15-2530/2743/2835

Eligibility: Active Duty, Civilians, and Family members

Website: <http://www.stuttgart.army.mil/asap.html>

Agency: Army Substance Abuse Program/Employee Assistance (ASAP)

Service: Alcohol Drug Abuse Prevention Training (ADAPT)

Eligibility: Active Duty, Civilians, and Family members

Contact: Panzer Kaserne, Bldg 2948, 2nd floor DSN: 431-2530/2743/2835, Civ: 07031-15-2530/2743/2835

Website: <http://www.stuttgart.army.mil/asap.html>

Agency: Behavioral Health Services

Service: Alcohol and Substance Abuse Program Clinical Consultant

Eligibility: Commanders and Health Care Providers

Contact: Bldg 2300, Patch Barracks DSN: 430-2858 CIV 0711-680-2858

Website: https://ermc.amedd.army.mil/stuttgart/services.cfm?MTFinfo_id=151

Anger Management

Agency: Adolescent Support and Counseling Services (ASACS)

Service: Identification and Referral

Eligibility: 3-18 year old family member students (under age 15 requires parental consent)

Contact: Patch Barracks, Bldg 2312 DSN: 430-8237/7041, Civ: 0711-680-8657/7041

Website: <http://www.asacs.org/>

Agency: Child Youth School Services (CYSS)

Service: ACS Kid's Group

Eligibility: School Age Services children only

Contact: Panzer Kaserne, Building 2915 DSN 431-3362;(07031)-15-3362

Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service/>

Agency: Army Community Services (ACS)

Service: Anger Management

Eligibility: Active Duty, Family Members, Retirees, Civilians

Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362

Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service/>

Agency: Army Community Services (ACS)

Service: Domestic Violence Prevention

Eligibility: Active Duty, Family Members, Retirees, Civilians

Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362

Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service/>

Agency: Behavioral Health Services (BHS)

Service: Mental Health Consultation Services

Eligibility: Active Duty, Family Members, Civilians, Retirees

Contact: Bldg 2300, Patch Barracks DSN: 430-2858 CIV 0711-680-2858

Website: https://ermc.amedd.army.mil/stuttgart/services.cfm?MTFinfo_id=151

Army Continuing Education System (ACES)

Agency: Army Continuing Education System (ACES)

Services: Post-Secondary Education and German Headstart courses

Eligibility: Adult Service Members, Family Members, and civilians

Location: Army Education Center, Panzer Building 2915 DSN: 431-2558 CIV: 07031-15-2558

Website: <http://www.stuttgart.army.mil/DHR/Adult%20Education.html>

Assertiveness Training

Agency: Army Community Services (ACS)

Service: Family Advocacy Program

Eligibility: Active Duty, Family Members, Retirees, Civilians

Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362

Website: <http://www.stuttgartmwr.com/acs/>

Attention Deficit Disorder (ADD)

Agency: Educational Development Intervention Services (EDIS)

Service: EDIS Related Services

Eligibility: Active Duty, Family Member, Civilians, Retirees

Contact: Patch Barracks, Building 2300 DSN: 430-2835, (07031)-15-2835

Website: https://ermc.amedd.army.mil/stuttgart/services.cfm?MTFinfo_id=150

Agency: Child, Youth, and School Services (CYSS)

Services: Schools Liaison Office (SLO)

Eligibility: Active Duty, Family Members, DA Civilians, Retirees, Local Nationals.

Location: Patch Barracks, Bldg 2347, Stuttgart DSN: 430-7465 CIV: 0711-680-7465

Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/about-cys-services>

Agency: Behavioral Health Services (BHS)

Service: Child and Adolescent Psychiatry

Eligibility: Active Duty, Family Members, Civilians, and Retirees

Contact: Bldg 2300, Patch Barracks DSN: 431-2751, Civ: 07031-15-2751

Website: https://ermc.amedd.army.mil/stuttgart/services.cfm?MTFinfo_id=151

Blended Families

Agency: Army Community Services (ACS)

Service: Coping with Separation, Divorce & Blended Families

Eligibility: Active Duty, Family Members, Retirees, Civilians

Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362

Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

Breast Feeding

Agency: Army Community Services (ACS)

Service: New Parent Education & Support Program

Eligibility: For Parents Who are Expecting and/or have Children Up to 3 Years of Age (moms & dads)

Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362

Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

Agency: Women-Infants-Children-Overseas (WIC-O)

Service: Nutritional Counseling & Supplemental Foods

Eligibility: Pregnant, breastfeeding, and post partum women and children under 5 years old

Contact: Panzer, Building 2915 DSN: 431-3351, 07031-15-3351

Website: <http://www.tricare.mil/Welcome/SpecialPrograms/WICOverseas.aspx>

Career Transition Services

Agency: Army Career and Alumni Program (ACAP)

Service: TAP Employment Workshop, Resume Writing Seminars (Civilian and Federal)

Eligibility: Retiring & Separating Service Members or DoD Civilians and their Family Members

Contact: Panzer Kaserne, Building 2915 - Room 416 DSN: 431.2191/2192; Civ: 07031.15.2191/2192

Website: <http://www.stuttgart.army.mil/ATP/ACAP.html>

Agency: Army Continuing Education System (ACES)

Services: Post-Secondary Education and German Headstart courses

Eligibility: Adult Service Members, Family Members, and civilians

Contact: Army Education Center, Panzer Building 2915 DSN: 431-2558 CIV: 07031-15-2558

Website: <http://www.stuttgart.army.mil/DHR/Adult%20Education.html>

Child Abuse & Neglect

<p>Agency: Behavioral Health (BHS) Service: Social Work Service Eligibility: Active Duty , Family Members, Civilians, Retirees Contact: Bldg 2300, Patch Barracks DSN: 431-2751, Civ: 07031-15-2751 Website: https://ermc.amedd.army.mil/stuttgart/services.cfm?MTFinfo_id=151</p>
<p>Agency: Child, Youth, and School Services Services: Educational Liaison/School Services Eligibility: Active Duty, Family Members, DA Civilians, Retirees, Local Nationals. Contact: Bldg 2347, Stuttgart DSN: 430-7465 CIV: 0711-680-7465 Website: http://stuttgart.armymwr.com/europe/stuttgart/programs/about-cys-services</p>
<p>Agency: Behavioral Health/Social Work Services (BHS)/(SWS) Service: Family and/or Individual counseling Eligibility: Active Duty, Family Members, Local Nationals, Civilians, Retirees Contact: Panzer Kaserne, Bldg. 2996 DSN: 431-2697, Civ: 07031-15-2697 Website: https://ermc.amedd.army.mil/stuttgart/services.cfm?MTFinfo_id=151</p>
<p>Children: Rearing</p>
<p>Agency: American Red Cross (ARC) Service: Babysitter Training Eligibility: Active Duty, Family Members, Retirees, Civilians, and Local Nationals Contact: Panzer Bldg 2915 DSN: 431-2812; (07031)-15-2812 After hours: 431-2334; (0703) 115334 Website: http://www.redcross.org/</p>
<p>Agency: American Red Cross (ARC) Service: Healthy Pregnancy, Healthy Baby Eligibility: Active Duty, Family Members, Retirees, Civilians, Local Nationals Contact: Panzer Bldg 2915 DSN: 431-2812; (07031)-15-2812 After hours: 431-2334; (0703) 115334 Website: http://www.redcross.org/</p>
<p>Agency: Army Community Services (ACS) Service: Family Advocacy Program Eligibility: Active Duty, Family Members, Retirees, Civilians Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362 Website: http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service</p>
<p>Agency: Army Community Services (ACS) Service: New Parent Education & Support Program NOT JUST FOR 1ST TIME PARENTS Eligibility: For Parents Who are Excepting and/or have Children Up to 3 Years of Age (moms & dads) Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362 Website: http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service</p>

Agency: Army Community Services (ACS)
Service: Parenting Skills
Eligibility: Pregnant women, families, single parents
Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362
Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

Agency: Army Community Services (ACS)
Service: Emergency Placement Care
Eligibility: Active Duty, Family Members, Retirees, Civilians
Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362
Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

Agency: Army Community Services (ACS)
Service: Single Parent Support
Eligibility: Active Duty, Family Members, Civilians
Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362
Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

Agency: Army Community Services (ACS)
Service: Child Abuse Prevention
Eligibility: Active Duty, Family Members, Retirees, Civilians
Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362
Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

Agency: Army Community Services (ACS)
Service: Child Lures
Eligibility: Family Members grades 1-12
Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362
Website: <http://www.stuttgartmwr.com/acs/>

Agency: Child and Youth Services (CYS) Child Development Centers (CDC)
Service: Full day care, hourly care, part-day preschool, special openings, parent education programs
Eligibility: Children ages 6 weeks through 5 years old
Contact: Patch Barracks Building 2347 second floor DSN: 430-7480; 0711-680-7480

Agency: Child and Youth Services (CYS)
Service: Family Child Care
Eligibility: Children ages 4 weeks through middle school
Schedule: Open year round
Contact: Patch Barracks, Building 2347 second floor DSN: 430-7480; 0711-680-7480
Website:

Agency: Child and Youth Services (CYS)
Service: School Age Services
Eligibility: Elementary school children
Contact: Patch Barracks, Building 2347 second floor DSN: 430-7480; 0711-680-7480
Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/about-cys-services>

Agency: Educational Development Intervention Services (EDIS)
Service: EDIS Related Services
Eligibility: Active Duty, Family Member, Civilians, Retirees
Contact: Panzer Kaserne, Building 2996 DSN: 431-2697, (07031)-15-2697
Website: https://ermc.amedd.army.mil/stuttgart/services.cfm?MTFinfo_id=150

Agency: Behavioral Health Service (BHS)
Service: Psychology Service
Eligibility: Active Duty , Family Members, Civilians, Retirees
Contact: Bldg 2300, Patch Barracks DSN: 431-2751, Civ: 07031-15-2751
Website: https://ermc.amedd.army.mil/stuttgart/services.cfm?MTFinfo_id=151

Children: Special Needs

Agency: Army Community Services (ACS)
Service: Exceptional Family Members, Children With Special Needs
Eligibility: Active Duty, Family Members, Retirees, Civilians
Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362
Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

Agency: Child, Youth, and School Services
Services: Educational Liaison/School Services
Eligibility: Active Duty, Family Members, DA Civilians, Retirees, Local Nationals.
Contact: Bldg 2347, Stuttgart DSN: 430-7465 CIV: 0711-680-7465
Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/about-cys-services>

Agency: Educational Development Intervention Services (EDIS)
Service: Early Intervention Services
Eligibility: Children 0-3 years of age of Active Duty, Family Members, Civilians, Retirees
Contact: Panzer Kaserne, Building 2996 DSN: 431-2697, (07031)-15-2697
Website: https://ermc.amedd.army.mil/stuttgart/services.cfm?MTFinfo_id=150

Agency: Behavioral Health Services (BHS)
Service: Psychology Service
Eligibility: Active Duty , Family Members, Civilians, Retirees
Contact: Bldg 2300, Patch Barracks DSN: 431-2751, Civ: 07031-15-2751
Website: https://ermc.amedd.army.mil/stuttgart/services.cfm?MTFinfo_id=151

Cholesterol

Agency: Army Wellness Center
Service: Multiple Health Concerns, Screenings and Counseling
Eligibility: Active Duty, Family Members, Retirees, Civilians, Local Nationals
Contact: Patch, Building 2337 DSN: 430-4073; (07031) 15-4073
Website: https://ermc.amedd.army.mil/stuttgart/services.cfm?MTFinfo_id=152

Agency: Nutrition Care Division (NCD)
Service: Nutrition Counseling
Eligibility: Active Duty, DM, Civilians, Local Nationals, Retirees
Contact: Patch, Building 2337 DSN: 430-7322, Civ: 07031- 15-7322
Website: https://ermc.amedd.army.mil/stuttgart/services.cfm?MTFinfo_id=152

Community Safety

Agency: American Red Cross (ARC)

Service: Slips, Trips & Falls

Eligibility: AD, Family Members, Retirees, CIV, LN

Contact: Panzer Bldg 2915 DSN: 431-2812; (07031)-15-2812 After hours: 431-2334; (0703) 115334

Website: <http://www.redcross.org/>

Agency: Army Community Services (ACS)

Service: Child Lures

Eligibility: Family Members grades 1-12

Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362

Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

Agency: Behavioral Health Services (BHS)

Service: Group Therapy

Eligibility: Active Duty, Family Members, Civilians, Retirees

Contact: Bldg 2300, Patch Barracks DSN: 431-2751, Civ: 07031-15-2751

Website: https://ermc.amedd.army.mil/stuttgart/services.cfm?MTFinfo_id=151

Agency: Safety Office (OES)

Service: Safety assessments, Inspections, and evaluation and Traffic Safety Training

Contact: Panzer Kaserne, Bldg 2948, 3rd floor DSN: 431-; 3134Civ: (07031)-15-3134

Website: <http://www.stuttgart.army.mil/Safety/Safety.html>

Conflict Resolution

Agency: Adolescent Support Counseling Service (ASACS)

Service: Life Skills Course

Eligibility: At-Risk Youth, 12-18 years of age

Contact: Patch Barracks, Bldg 2312 DSN: 430-8237/7041, Civ: 0711-680-8237/7041

Website: <http://www.asacs.org/>

Agency: Child Youth and School Services (CYSS)

Service: ACS Kid's Group

Eligibility: School Age Services children only

Contact: Bldg 2347, Stuttgart DSN: 430-7465 CIV: 0711-680-7465

Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/about-cys-services>

Agency: Army Community Services (ACS)

Service: Army Family Team Building

Eligibility: Active Duty, Family Members

Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362

Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

Agency: Religious Support Office/Family Life Chaplains (RSO)

Service: Conflict Resolution

Eligibility: Active Duty, Family Members, Retirees, Civilians, Local Nationals

Contact: Panzer Bldg 2948 DSN: 431-3079, (07031)-15-3079

Website: <http://www.stuttgart.army.mil/RSO/RSO.html>

Agency: Behavioral Health Service (BHS)
Service: Mental Health Consultation Services
Eligibility: Active Duty, Family Members, Civilians, Retirees
Contact: Bldg 2300, Patch Barracks DSN: 431-2751, Civ: 07031-15-2751
Website: https://ermc.amedd.army.mil/stuttgart/services.cfm?MTFinfo_id=152

Couples Counseling

Agency: Religious Support Office/Family Life Chaplains (RSO)
Service: Couple's Counseling
Eligibility: Active Duty, Family Members, Retirees, Civilians, Local Nationals
Contact: Panzer Bldg 2948 DSN: 431-3079, (07031)-15-3079
Website: <http://www.stuttgart.army.mil/RSO/RSO.html>

Agency: Behavioral Health Services (BHS)
Service: Marital Counseling
Eligibility: Active Duty, Family Members, Civilians, Retirees
Contact: Bldg 2300, Patch Barracks DSN: 431-2751, Civ: 07031-15-2751
Website: https://ermc.amedd.army.mil/stuttgart/services.cfm?MTFinfo_id=152

Agency: Social Work Services (SWS)
Service: Marital Counseling
Eligibility: Couples
Contact: Bldg 2300, Patch Barracks DSN: 431-2751, Civ: 07031-15-2751
Website: https://ermc.amedd.army.mil/stuttgart/services.cfm?MTFinfo_id=152

CPR Training

Agency: American Red Cross (ARC)
Service: Adult, Infant & Child CPR
Eligibility: AD, Family members, Retirees, CIV, LN
Contact: Panzer Bldg 2915 DSN: 431-2812; (07031)-15-2812 After hours: 431-2334; (0703) 115334
Website: <http://www.redcross.org/>

Crisis Intervention

Agency: Army Community Services (ACS)
Service: Army Family Team Building
Eligibility: Active Duty, Family Members
Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362
Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

Agency: Better Opportunities For Single Soldiers
Services: Activities for single service members
Eligibility: Single Service members and married service members
Contact: Bldg 2331 Patch DSN: 431-2774 CIV: 07031 15 2774
Website: n/a

Agency: Army Substance Abuse Program (ASAP)/Employee Assistance Program (EAP)
Service: Unit Awareness Prevention Training
Eligibility: Active Duty, Civilians
Contact: Panzer Kaserne, Bldg 2948, 2nd floor DSN: 431-2530/2743/2835, Civ: 07031-15-2530/2743/2835
Website: <http://www.stuttgart.army.mil/asap.html>

Agency: Army Substance Abuse Program (ASAP)/Employee Assistance Program(EAP)
Service: Employee Assistance Program (EAP)
Eligibility: Civilians
Contact: Panzer Kaserne, Bldg 2948, 2nd floor DSN: 431-2530/2743/2835, Civ: 07031-15-2530/2743/2835
Website: <http://www.stuttgart.army.mil/asap.html>

Agency: Religious Support Office/Family Life Chaplains (RSO)
Service: Spiritual Fitness
Eligibility: All soldiers and family members and DoD civilians
Contact: Panzer Bldg 2948 DSN: 431-3079, (07031)-15-3079
Website: <http://www.stuttgart.army.mil/RSO/RSO.html>

Agency:Behavioral Health Services (BHS)
Service: Mental Health Consultation Services
Eligibility: Active Duty, Family Members, Civilians, Retirees
Contact: Bldg 2300, Patch Barracks DSN: 431-2751, Civ: 07031-15-2751
Website: https://ermc.amedd.army.mil/stuttgart/services.cfm?MTFinfo_id=151

Agency: Social Work Services (SWS)
Service: Family and/or Individual counseling
Eligibility: Men, women & Children
Contact:
Website: https://ermc.amedd.army.mil/stuttgart/services.cfm?MTFinfo_id=151

Deployment Readiness

Agency: American Red Cross (ARC)
Service: Emergency Messaging
Eligibility: AD, FM, CIV, Retirees
Contact: Panzer Bldg 2915 DSN: 431-2812; (07031)-15-2812 After hours: 431-2334; (0703) 115334
Website: <http://www.redcross.org/>

Agency: Better Opportunities For Single Soldiers
Services: Activities for single service members
Eligibility: Single Service members And Married service members who are in the area can participate.
Contact: Bldg 2331 Patch DSN: 431-2774 CIV: 07031 15 2774
Website: n/a

Agency: Army Community Services (ACS)
Service: Financial Readiness
Eligibility: Active Duty, Family Members, Retirees, Civilians
Contact: Panzer Kaserne, Building 2915 DSN 431-3362;(07031)-15-3362
Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

Agency: Army Community Services (ACS)
Service: Army Family Team Building
Eligibility: Active Duty, Family Members
Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362
Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

Agency: Army Community Services (ACS)
Service: Army Community Service Overview
Eligibility: Family Members, Active Duty, Civilians
Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362
Website:

Agency: Army Community Services (ACS)
Service: Personal Deployment Readiness
Eligibility: Family Members, Active Duty, Civilians
Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362
Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

Agency: Army Community Services (ACS)
Service: Coping with Separation & Deployment
Eligibility: Family Members, Active Duty, Civilians
Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362
Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

Agency: Army Community Services (ACS)
Service: Financial Preparation for Deployment
Eligibility: Family Members, Active Duty, Civilians
Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362
Website:

Agency: Army Community Services (ACS)
Service: Key Caller Training
Eligibility: Family Members, Active Duty
Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362
Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

Agency: Religious Support Office/Family Life Chaplains (RSO)
Service: Spiritual Fitness
Eligibility: All soldiers and family members and Dodd civilians
Contact: Panzer Bldg 2948 DSN: 431-3079, (07031)-15-3079
Website: <http://www.stuttgart.army.mil/RSO/RSO.html>

Agency: Dental Clinic (DENT)
Service: Dental Services
Eligibility: Active Duty, Family Members, Civilians, Retirees (priority to Active Duty)
Contact: Patch Barracks, Bldg 2300 DSN: 430-8626/8627, Civ: 0711-680-8626/8627
Website:

Agency: Behavioral Health (BHS)
Service: Psychology Service
Eligibility: Active Duty , Family Members, Civilians, Retirees
Contact: Bldg 2300, Patch Barracks DSN: 431-2751, Civ: 07031-15-2751
Website: <https://ermc.amedd.army.mil/stuttgart/index.cfm>

Agency: Occupational Health (OH)
Service: Worksite Safety, Pregnancy Surveillance
Eligibility: Active Duty & Civilians
Contact: Panzer Kaserne, Bldg 2948 DSN: 431- 2050; (07031)-15-2050
Website: <http://phc.amedd.army.mil/organization/phcreur/Pages/default.aspx>

Depression

Agency: Behavioral Health Services (BHS)
Service: Group Therapy
Eligibility: Active Duty, Family Members, Civilians, Retirees
Contact: Bldg 2300, Patch Barracks DSN: 431-2751, Civ: 07031-15-2751
Website: https://ermc.amedd.army.mil/stuttgart/services.cfm?MTFinfo_id=151

Agency: Better Opportunities For Single Soldiers
Services: Activities for single service members
Eligibility: Single Service members And Married service members who are in the area can participate.
Contact: Bldg 2331 Patch DSN: 431-2774 CIV: 07031 15 2774
Website: n/a

Domestic Violence

Agency: Army Community Services (ACS)
Service: Family Advocacy Program
Eligibility: Active Duty, Family Members, Retirees, Civilians
Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362
Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

Agency: Army Community Services (ACS)
Service: Prevention of Domestic Violence
Eligibility: Active Duty, Family Members, Retirees, Civilians
Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362
Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

Agency: Behavioral Health Services (BHS)
Service: Psychology Service
Eligibility: Active Duty , Family Members, Civilians, Retirees
Contact: Bldg 2300, Patch Barracks DSN: 431-2751, Civ: 07031-15-2751
Website: <https://ermc.amedd.army.mil/stuttgart/index.cfm>

Agency: Social Work Services (SWS)

Service: Family, Parent and/or Individual counseling

Eligibility: Families

Contact: Bldg 2300, Patch Barracks DSN: 431-2751, Civ: 07031-15-2751

Website: https://ermc.amedd.army.mil/stuttgart/services.cfm?MTFinfo_id=151

Agency: Social Work Services (SWS)

Service: Men's Group/Women's Group

Eligibility: Men, women & Children

Contact: Bldg 2300, Patch Barracks DSN: 431-2751, Civ: 07031-15-2751

Website: https://ermc.amedd.army.mil/stuttgart/services.cfm?MTFinfo_id=151

Drug Related Issues

Agency: Adolescent Support and Counseling Services (ASACS)

Service: Identification and Referral

Eligibility: 3-18 year old family member students (under age 15 requires parental consent)

Contact: Patch Barracks, Bldg 2312 DSN: 430-8237/7041, Civ: 0711-680-8657/7041

Website: <http://www.asacs.org/>

Agency: Better Opportunities For Single Soldiers

Services: Activities for single service members

Eligibility: Single Service members And Married service members who are in the area can participate.

Contact: Bldg 2331 Patch DSN: 431-2774 CIV: 07031 15 2774

Website: n/a

Agency: Child, Youth, and School Services

Services: Educational Liaison/School Services

Eligibility: Active Duty, Family Members, DA Civilians, Retirees, Local Nationals.

Contact: Bldg 2347, Stuttgart DSN: 430-7465 CIV: 0711-680-7465

Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/about-cys-services>

Agency: Army Substance Abuse Program(ASAP)/Employee Assistance (EAP)

Service: Unit Awareness Prevention Training

Eligibility: Active Duty, Civilians

Contact: Panzer Kaserne, Bldg 2948, 2nd floor DSN: 431-2530/2743/2835, Civ: 07031-15-2530/2743/2835

Website: <http://www.stuttgart.army.mil/Command/asap.html>

Agency: Army Substance Abuse Program(ASAP)/Employee Assistance (EAP)

Service: Employee Assistance Program (EAP)

Eligibility: Civilians

Contact: Panzer Kaserne, Bldg 2948, 2nd floor DSN: 431-2530/2743/2835, Civ: 07031-15-2530/2743/2835

Website: <http://www.stuttgart.army.mil/asap.html>

Agency: Army Substance Abuse Program(ASAP)/Employee Assistance (EAP)
Service: Narcotics Anonymous Meetings
Eligibility: Active Duty, Civilians, and Family members
Contact: Panzer Kaserne, Bldg 2948, 2nd floor DSN: 431-2530/2743/2835, Civ: 07031-15-2530/2743/2835
Website: <http://www.stuttgart.army.mil/asap.html>

Agency: Army Substance Abuse Program(ASAP)/Employee Assistance Program (EAP)
Service: Alcohol Drug Abuse Prevention Training (ADAPT)
Eligibility: Active Duty, Civilians, and Family members
Contact: Panzer Kaserne, Bldg 2948, 2nd floor DSN: 431-2530/2743/2835, Civ: 07031-15-2530/2743/2835
Website: <http://www.stuttgart.army.mil/asap.html>

Agency: Behavioral Health Services
Service: Alcohol and Substance Abuse Program Clinical Consultant
Eligibility: Commanders and Health Care Providers
Contact: Bldg 2300, Patch Barracks DSN: 431-2751, Civ: 07031-15-2751
Website: <https://ermc.amedd.army.mil/stuttgart/index.cfm>

English as a Second Language (ESL)

Agency: Army Community Services (ACS)
Service: ESL Program
Eligibility: Non-English speaking community members
Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362
Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

Agency: Child, Youth, and School Services
Services: Educational Liaison/School Services
Eligibility: Active Duty, Family Members, DA Civilians, Retirees, Local Nationals.
Contact: Bldg 2347, Stuttgart DSN: 430-7465 CIV: 0711-680-7465
Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/about-cys-services>

Equal Employment Opportunity (EEO)

Agency: USAG Stuttgart EEO Office
Service: EEO Training, Complaints Processing, Special Emphasis Program,
Eligibility: DA Civilians
Contact: Bldg 2307, Patch Barracks DSN: 430-5213/5256 CIV: 0711-680-5213/5256
Website: <http://www.stuttgart.army.mil/EEO/EEO.html>

Exceptional Family

Agency: Army Community Services (ACS)
Service: Exceptional Family Members, Children With Special Needs
Eligibility: Active Duty, Family Members, Retirees, Civilians
Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362
Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

Agency: Educational Development Intervention Services (EDIS)
Service: Early Intervention Services
Eligibility: Children 0-3 years of age of Active Duty, Family Members, Civilians, Retirees
Contact: Panzer Kaserne, Building 2996 DSN: 431-2697, (07031)-15-2697
Website: <https://ermc.amedd.army.mil/stuttgart/index.cfm>

Agency: Educational Development Intervention Services (EDIS)
Service: EDIS Related Services
Eligibility: Active Duty, Family Member, Civilians, Retirees
Contact: Panzer Kaserne, Building 2996 DSN: 431-2697, (07031)-15-2697
Website: <https://ermc.amedd.army.mil/stuttgart/index.cfm>

Family Issues/Support Services

Agency: Adolescent Support and Counseling Services (ASACS)
Service: Identification and Referral
Eligibility: 3-18 year old family member students (under age 15 requires parental consent)
Contact: Patch Barracks, Bldg 2312 DSN: 430-8237/7041, Civ: 0711-680-8657/7041
Website: <http://www.asacs.org/>

Agency: American Red Cross (ARC)
Service: Babysitter Training
Eligibility: AD, Family Members, Retirees, CIV, LN
Contact: Panzer Bldg 2915 DSN: 431-2812; (07031)-15-2812 After hours: 431-2334; (0703) 115334
Website: <http://www.redcross.org/>

Agency: American Red Cross (ARC)
Service: Emergency Messaging
Eligibility: AD, FM, CIV, Retirees
Contact: Panzer Bldg 2915 DSN: 431-2812; (07031)-15-2812 After hours: 431-2334; (0703) 115334
Website: <http://www.redcross.org/>

Agency: Army Community Services (ACS)
Service: New Parent Education & Support Program
Contact: Panzer Kaserne, Building 2915 DSN: 431-3362; (07031)-15-3362
Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

Agency: Army Community Services (ACS)
Service: Youth Boost
Eligibility: At-Risk Youth
Contact: Panzer Kaserne, Building 2915 DSN: 431-3362; (07031)-15-3362
Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

Agency: Army Community Services (ACS)
Service: Coping with Separation, Divorce & Blended Families
Eligibility: 3-18 year old family member students (under age 15 requires parental consent)
Contact: Panzer Kaserne, Building 2915 DSN: 431-3362; (07031)-15-3362
Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

<p>Agency: Army Community Services (ACS) Service: Prevention of Child Abuse Eligibility: Active Duty, Family Members, Retirees, Civilians Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362 Website: http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service</p>
<p>Agency: Army Community Services (ACS) Service: Prevention of Domestic Violence Eligibility: Active Duty, Family Members, Retirees, Civilians Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362 Website: http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service</p>
<p>Agency: Army Community Services (ACS) Service: Army Family Team Building Eligibility: Active Duty, Family Members Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362 Website: http://www.stuttgartmwr.com/acs/</p>
<p>Agency: Religious Support Office(RSO)/Family Life Chaplains (FLC) Service: Building Strong & Ready Families Eligibility: Active Duty and Family Members Contact: Panzer Bldg 2948 DSN: 431-3079, (07031)-15-3079 Website:http://www.stuttgart.army.mil/RSO/RSO.html</p>
<p>Agency: Religious Support Office/Family Life Chaplains (RSO) Service: Spiritual Fitness Contact: Panzer Bldg 2948 DSN: 431-3079, (07031)-15-3079 Website: http://www.stuttgart.army.mil/RSO/RSO.html</p>
<p>Agency: Religious Support Office/Family Life Chaplains (RSO) Chapel Sponsored Cadence International Service: Youth Retreats & Trips, Age specific problem solving counseling Eligibility: 6th-12th Grade Contact: Panzer Bldg 2948 DSN: 431-3079, (07031)-15-3079 Website: http://www.stuttgart.army.mil/RSO/RSO.html</p>
<p>Agency: Religious Support Office/Family Life Chaplains (RSO) Club Beyond "Club" Service: Chapel Outreach & Bible Studies to All Teens Eligibility: 6th-12th Grade Contact: Panzer Bldg 2948 DSN: 431-3079, (07031)-15-3079 Website: http://www.stuttgart.army.mil/RSO/RSO.html</p>
<p>Agency: Religious Support Office/Family Life Chaplains (RSO) Cadence International Service: Youth Small Group Bible Studies Eligibility: 6th-12th Grade Contact: Panzer Bldg 2948 DSN: 431-3079, (07031)-15-3079 Website:http://www.stuttgart.army.mil/RSO/RSO.html</p>

<p>Agency: Child and Youth Services Child, Youth and School Services (CYS) Child Development Centers (CDC)</p> <p>Service: Full day care, hourly care, part-day preschool, special openings, parent education programs</p> <p>Eligibility: Children ages 6 weeks through 5 years old</p> <p>Contact: Patch Barracks Building 2347 second floor DSN: 430-7480; 0711-680-7480,</p>
<p>Agency: Child and Youth Services Child, Youth and School Services (CYS) Outreach Services (CLEOs) (OS)</p> <p>Service: CYS Programs, child care, and activities</p> <p>Eligibility: All eligible children and families</p> <p>Contact: Patch Barracks Building 2347 second floor DSN: 430-7480; 0711-680-7480</p> <p>Website: http://stuttgart.armymwr.com/europe/stuttgart/programs/about-cys-services</p>
<p>Agency: Child and Youth Services (CYS) DELETE ALL Heidelberg Youth Services</p> <p>Service: School of the Arts</p> <p>Eligibility: Ages elementary to high school ages.</p> <p>Contact: Patch Barracks Building 2347 second floor DSN: 430-7480; 0711-680-7480</p> <p>Website: http://stuttgart.armymwr.com/europe/stuttgart/programs/about-cys-services</p>
<p>Agency: Child and Youth Services Child, Youth and School Services (CYS) Youth Services Sports Sports and Fitness</p> <p>Service: Sports Programs</p> <p>Eligibility: ages elementary to high school ages</p> <p>Contact: Patch Barracks Building 2347 second floor DSN: 430-7480; 0711-680-7480</p> <p>Website: http://stuttgart.armymwr.com/europe/stuttgart/programs/about-cys-services</p>
<p>Agency: Child and Youth Services Child, Youth and School Services (CYS) Heidelberg Youth Services Middle School/Teen</p> <p>Service: High School Open Recreation</p> <p>Eligibility: High School Age 6th-12th Grade</p> <p>Contact: Patch Barracks Building 2347 second floor DSN: 430-7480; 0711-680-7480</p> <p>Website: http://stuttgart.armymwr.com/europe/stuttgart/programs/about-cys-services</p>
<p>Agency: Child and Youth Services (CYS) Heidelberg Youth Services</p> <p>Service: Middle School Open Recreation</p> <p>Eligibility: Middle School Age</p> <p>Contact: Patch Barracks Building 2347 second floor DSN: 430-7480; 0711-680-7480</p> <p>Website: http://stuttgart.armymwr.com/europe/stuttgart/programs/about-cys-services</p>
<p>Agency: Child and Youth Services (CYS)</p> <p>Service: School Age Services</p> <p>Eligibility: Elementary school children 1st-5th Grade</p> <p>Contact: Patch Barracks Building 2347 second floor DSN: 430-7480; 0711-680-7480</p> <p>Website: http://stuttgart.armymwr.com/europe/stuttgart/programs/about-cys-services</p>
<p>Agency: Behavioral Health Services (BHS)</p> <p>Service: Child and Adolescent Psychiatry</p> <p>Eligibility: AD, FM, CIV, Retirees</p> <p>Contact: Bldg 2300, Patch Barracks DSN: 431-2751, Civ: 07031-15-2751</p> <p>Website: https://ermc.amedd.army.mil/stuttgart/services.cfm?MTFinfo_id=151</p>

Financial Counseling

Agency: Army Community Services (ACS)

Service: Financial Readiness

Eligibility: Active Duty, Family Members, Retirees, Civilians

Contact: Panzer Kaserne, Building 2915 DSN 431-3362; (07031)-15-3362

Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

First Aid Class

Agency: American Red Cross (ARC)

Service: First Aid/CPR/AED

Eligibility: AD, Family Members, Retirees, CIV, LN

Contact: Panzer Bldg 2915 DSN: 431-2812; (07031)-15-2812 After hours: 431-2334; (0703) 115334

Website: <http://www.redcross.org/>

Agency: American Red Cross (ARC)

Service: First Aid/CPR

Eligibility: AD, Family Members, Retirees, CIV, LN

Contact: Panzer Bldg 2915 DSN: 431-2812; (07031)-15-2812 After hours: 431-2334; (0703) 115334

Website: <http://www.redcross.org/>

Fitness

Agency: Child and Youth Services (CYS)

Service: CYS Programs, child care, and activities

Eligibility: All eligible children and families

Contact: Patch Barracks Building 2347 second floor DSN: 430-7480; 0711-680-7480

Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/about-cys-services>

Agency: Child and Youth Services (CYS) Youth Services Sports and Fitness

Service: Sports Programs

Eligibility: ages elementary to high school ages

Contact: Patch Barracks Building 2347 second floor DSN: 430-7480; 0711-680-7480

Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/about-cys-services>

Agency: Army Wellness Center

Service: Exercise testing and individualized exercise prescription

Eligibility: Active Duty, Family Members, Retirees, Civilians, Local Nationals

Contact: Patch, Building 2337 DSN: 430-4073; (07031) 15-4073

Website: <https://ermc.amedd.army.mil/stuttgart/>

Agency: Sports and Fitness (MWR)

Service: Stuttgart area Fitness centers

Eligibility: Active Duty, DM, Civilians, Local Nationals, Retirees

Contact: Patch Phone: 0711-680-5386, Panzer Phone: 07031-15-2724 Kelley Phone: 0711-729-2543 Robinson Phone: 0711-819-6317

Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/sports-fitness-centers>

Agency: Sports and Fitness (MWR)
Service: Stuttgart area Fitness Centers
Eligibility: Active Duty, DM, Civilians, Local Nationals, Retirees
Contact: Patch Phone: 0711-680-5386, Panzer Phone: 07031-15-2724 Kelley Phone: 0711-729-2543 Robinson Phone: 0711-819-6317
Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/sports-fitness-centers>

Agency: Sports and Fitness (MWR)
Service: Stuttgart area Fitness Centers
Eligibility: Active Duty, DM, Civilians, Local Nationals, Retirees
Contact: Patch Phone: 0711-680-5386, Panzer Phone: 07031-15-2724 Kelley Phone: 0711-729-2543
Robinson Phone: 0711-819-6317
Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/sports-fitness-centers>

Agency: Physical and Occupational Therapy (PT)
Service: Physical and Occupational Therapeutic Services
Eligibility: Active Duty
Contact: Patch Barracks Bldg. 2337 DSN: 430-6149, (07031)-15-6149
Website: <https://ermc.amedd.army.mil/stuttgart/index.cfm>

Gambling

Agency: Behavioral Health Services (BHS)
Service: Group Therapy
Eligibility: Active Duty, Family Members, Civilians, Retirees
Contact: Bldg 2300, Patch Barracks DSN: 431-2751, Civ: 07031-15-2751
Website: <https://ermc.amedd.army.mil/stuttgart/index.cfm>

Grief Counseling

Agency: Religious Support Office/Family Life Chaplains (RSO)
Service: Spiritual Fitness
Eligibility: All soldiers and family members and DoD civilians
Contact: 431-3079, (07031)-15-3079, Panzer Bldg 2948
Website: <http://www.stuttgart.army.mil/RSO/RSO.html>

Agency: Behavioral Health Services (BHS))
Service: Mental Health Consultation Services
Eligibility: Active Duty, Family Members, Civilians, Retirees
Contact: Bldg 2300, Patch Barracks DSN: 431-2751, Civ: 07031-15-2751
Website: <https://ermc.amedd.army.mil/stuttgart/index.cfm>

Agency: Social Work Services (SWS)
Service: Family and Adult Counseling
Eligibility: Families, couples, men and women
Contact: Bldg 2300, Patch Barracks DSN: 431-2751, Civ: 07031-15-2751
Website: <https://ermc.amedd.army.mil/stuttgart/index.cfm>

Hearing Conservation

Agency: Occupational Health (OH)
Service: Worksite Safety, Pregnancy Surveillance
Eligibility: Active Duty & Civilians
Contact: Panzer, Bldg. 2948, DSN 431-2050 (07031)- 15- 2050
Website: <http://phc.amedd.army.mil/organization/phcreur/Pages/default.aspx>

Heart Care

Agency: American Red Cross (ARC)
Service: Your Heart Matters
Eligibility: AD, Family Members, Retirees, CIV, LN
Contact: Panzer Bldg 2915 DSN: 431-2812; (07031)-15-2812 After hours: 431-2334; (0703) 115334
Website: <http://www.redcross.org/>

Agency: American Red Cross (ARC)
Service: Adult, Infant & Child CPR
Eligibility: AD, Family members, Retirees, CIV, LN
Contact: Panzer Bldg 2915 DSN: 431-2812; (07031)-15-2812 After hours: 431-2334; (0703) 115334
Website: <http://www.redcross.org/>

Agency: American Red Cross (ARC)
Service: First Aid/CPR/AED
Eligibility: AD, Family Members, Retirees, CIV, LN
Contact: Panzer Bldg 2915 DSN: 431-2812; (07031)-15-2812 After hours: 431-2334; (0703) 115334
Website: <http://www.redcross.org/>

Agency: Army Wellness Center
Service: Multiple Health Concerns, Screenings and Counseling
Eligibility: Active Duty, Family Members, Retirees, Civilians, Local Nationals
Contact: Patch, Building 2337 DSN: 430-4073; (07031) 15-4073
Website: <https://ermc.amedd.army.mil/stuttgart/index.cfm>

Agency: Army Wellness Center
Service: Healthy Heart
Eligibility: Active Duty, Family Members, Retirees, Civilians
Contact: DSN: 430-4073; (07031) 15-4073, Patch, Building 2337,
Website: <https://ermc.amedd.army.mil/stuttgart/index.cfm>

HIV/AIDS

Agency: Public Health Nursing/Preventive Medicine (PHN/PM)
Service: HIV/Aids Training
Eligibility: Active Duty, Family Members, Civilians, Retirees
Contact: Patch Barracks Bldg. 2300 DSN: 430-6871/9257, Civ: 07031-15-6871/9257
Website: <https://ermc.amedd.army.mil/stuttgart/index.cfm>

Hypertension

Agency: Army Wellness Center
Service: Multiple Health Concerns, Screenings and Counseling
Eligibility: Active Duty, Family Members, Retirees, Civilians, Local Nationals
Contact: Patch, Building 2337 DSN: 430-4073; (07031) 15-4073
Website: <https://ermc.amedd.army.mil/stuttgart/index.cfm>

Agency: Nutrition Care (NC)
Service: Nutrition Counseling
Eligibility: Active Duty, DM, Civilians, Local Nationals, Retirees
Contact: Patch, Building 2337 DSN: 430-7322, Civ: 07031- 15-7322
Website: <https://ermc.amedd.army.mil/stuttgart/index.cfm>

Injury Prevention

Agency: American Red Cross (ARC)
Service: Back Injury Prevention
Eligibility: AD, Family Members, Retirees, CIV, LN
Contact: Panzer Bldg 2915 DSN: 431-2812; (07031)-15-2812 After hours: 431-2334; (0703) 115334
Website: <http://www.redcross.org/>

Agency: Better Opportunities For Single Soldiers
Services: Activities for single service members
Eligibility: Single Service members And Married service members who are in the area can participate.
Contact: Bldg 2331 Patch DSN: 431-2774 CIV: 07031 15 2774
Website: n/a

Agency: Occupational Health (OH) USAPHC-PHRE
Service: Worksite health and safety, Pregnancy Surveillance, medical surveillance, worksite visits
Eligibility: Active Duty & Civilians
Contact: Panzer, Bldg. 2948, DSN 431-2050 (07031)- 15- 2050

Agency: Physical and Occupational Therapy (PT)
Service: Health Promotion Classes
Eligibility: Active Duty
Contact: Patch Barracks Bldg. 2337 DSN: 430-6149, (07031)-15-6149
Website: <https://ermc.amedd.army.mil/stuttgart/>

Agency: Safety Office (ISO)
Service: Safety assessments, Inspections, and evaluation and Traffic Safety Training
Eligibility: Active Duty, Family Members, Civilians, Retirees
Contact: Panzer Kaserne, Bldg 2948, 3rd floor DSN: 431-3134 Civ: (07031-153134)
Website: <http://www.stuttgart.army.mil/Safety/Safety.html>

Lactation Support

Agency: La Leche League (LLL)

Service: Breastfeeding Information and Support

Eligibility: Pregnant women who are interested in breastfeeding, breastfeeding mothers (and fathers), and health care providers who work with breastfeeding mothers and babies

Contact: (06201) 959176, (06201) 873548

Website:

http://www.lalecheliga.de/index.php?option=com_content&view=article&id=428&Itemid=168

Leadership, Morale

Agency: Army Community Services (ACS)

Service: Army Family Team Building

Eligibility: Active Duty, Family Members

Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362

Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

Agency: Better Opportunities For Single Soldiers

Services: Activities for single service members

Eligibility: Single Service members And Married service members who are in the area can participate.

Contact: Bldg 2331 Patch DSN: 431-2774 CIV: 07031 15 2774

Website: n/a

Agency: Army Community Services (ACS)

Service: Family Readiness Group Leader and Liaison Training

Eligibility: Family Members, Active Duty, Civilians

Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362

Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

Agency: Religious Support Office/Family Life Chaplains (RSO)

Service: Building Strong & Ready Families

Eligibility: Active Duty, Family Members, Retirees, Civilians, Local Nationals

Contact: Panzer Bldg 2948 DSN: 431-3079, (07031)-15-3079

Website:<http://www.stuttgart.army.mil/RSO/RSO.html>

Agency: Religious Support Office/Family Life Chaplains (RSO)

Service: Moral Leadership

Eligibility: Soldiers and leaders

Contact: Panzer Bldg 2948 DSN: 431-3079, (07031)-15-3079

Website: <http://www.stuttgart.army.mil/RSO/RSO.html>

Marital Counseling

Agency: Religious Support Office/Family Life Chaplains (RSO)

Service: Couple's Counseling

Eligibility: Active Duty, Family Members, Retirees, Civilians, Local Nationals

Contact: Panzer Bldg 2948 DSN: 431-3079, (07031)-15-3079

Website: <http://www.stuttgart.army.mil/RSO/RSO.html>

Agency: Behavioral Health Services (BHS)
Service: Marital Counseling
Eligibility: Active Duty, Family Members, Civilians, Retirees
Contact: Bldg 2300, Patch Barracks DSN: 431-2751, Civ: 07031-15-2751
Website: <https://ermc.amedd.army.mil/stuttgart/index.cfm>

Marital Difficulties

Agency: Army Community Services (ACS)
Service: Family Advocacy Program
Eligibility: Active Duty, Family Members, Retirees, Civilians
Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362
Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

Agency: Army Community Services (ACS)
Service: Couple's Communication & Relationship Building
Eligibility: Active Duty, Family Members, Retirees, Civilians
Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362
Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

Agency: Army Community Services (ACS)
Service: Prevention of Domestic Violence
Eligibility: Active Duty, Family Members, Retirees, Civilians
Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362
Website: <http://www.stuttgartmwr.com/acs/>

Military & Family Life Consultants

Agency: Army Community Service (ACS)
Services: Counseling; Description: Non-Medical Counseling Services.
Eligibility: individuals, couples, families, and groups.
Contact: Bldg. 2915, 2nd Floor, Panzer Kaserne. Phone: 49 (0)152.2248.3789; 49 (0)170.708.0715; 49 (0)160.9574.8279.
Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

Agency: Religious Support Office/Family Life Chaplains (RSO)
Service: Couple's Counseling
Eligibility: Active Duty, Family Members, Retirees, Civilians, Local Nationals
Contact: Panzer Bldg 2948 DSN: 431-3079, (07031)-15-3079
Website: <http://www.stuttgart.army.mil/RSO/RSO.html>

Agency: Behavioral Health Services (BHS)
Service: Marital Counseling
Eligibility: Active Duty, Family Members, Civilians, Retirees
Contact: Bldg 2300, Patch Barracks DSN: 431-2751, Civ: 07031-15-2751
Website: <https://ermc.amedd.army.mil/stuttgart/index.cfm>

Agency: Social Work Services (SWS)
Service: Marital Counseling
Eligibility: Couples
Contact: Bldg 2300, Patch Barracks DSN: 431-2751, Civ: 07031-15-2751
Website: <https://ermc.amedd.army.mil/stuttgart/index.cfm>

Men's Issues

Agency: Army Wellness Center
Service: Multiple Health Concerns, Screenings and Counseling
Eligibility: Active Duty, Family Members, Retirees, Civilians, Local Nationals
Contact: Patch, Building 2337 DSN: 430-4073; (07031) 15-4073
Website: <https://ermc.amedd.army.mil/stuttgart/index.cfm>

Agency: Behavioral Health Services (BHS)
Service: Mental Health Consultation Services
Eligibility: Active Duty, Family Members, Civilians, Retirees
Contact: Bldg 2300, Patch Barracks DSN: 431-2751, Civ: 07031-15-2751
Website: <https://ermc.amedd.army.mil/stuttgart/index.cfm>

New Parenthood

Agency: Army Community Services (ACS)
Service: New Parent Education & Support Program
Eligibility: For Parents Who are Expecting and/or have Children Up to 3 Years of Age (moms & dads)
Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362
Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

Agency: Army Community Services (ACS)
Service: Parenting Skills
Eligibility: Pregnant women, families, single parents
Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362
Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

Agency: Army Community Services (ACS)
Service: Emergency Placement
Eligibility: Active Duty, Family Members, Retirees, Civilians
Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362
Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

Agency: Army Community Services (ACS)
Service: Single Parent Support
Eligibility: Active Duty, Family Members, Civilians
Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362
Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

Newcomers Orientation

Agency: Army Community Services (ACS)
Service: Families Learning about Germany
Eligibility: Family members, civilians
Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362
Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

Agency: Child, Youth, and School Services
Services: Educational Liaison/School Services
Eligibility: Active Duty, Family Members, DA Civilians, Retirees, Local Nationals.
Contact: Bldg 2347, Stuttgart DSN: 430-7465 CIV: 0711-680-7465
Website: <http://stuttgart.armymwr.com/europe/stuttgart/>

Agency: Child, Youth and School Services (CYS)
Service: Stuttgart Youth Sponsorship Newcomers Orientation (SYNO)
Eligibility: Family members in grades 6th - 12th
Contact: Patch Barracks, Building 2347 second floor DSN: 430-7480;0711-680-7480
Website:<http://stuttgart.armymwr.com/europe/stuttgart/>

Nutrition Education

Agency: Army Community Services (ACS)
Service: New Parent Education & Support Program
Eligibility: For Parents Who are Excepting and/or have Children Up to 3 Years of Age (moms & dads)
Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362
Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

Agency: Dental Clinic (DENT)
Service: Dental Services
Eligibility: Active Duty, Family Members, Civilians, Retirees (priority to Active Duty)
Contact: Patch Barracks, Bldg 2300 DSN: 430-8626/8627, Civ: 0711-680-8626/8627
Website: n/a

Agency: Army Wellness Center
Service: New Parent Education & Support Program
Contact: Patch, Building 2337 DSN: 430-4073; (07031) 15-4073
Website:http://ermc.amedd.army.mil/landstuhl/services.cfm?MTFinfo_id=714

Agency: Sports and Fitness (MWR)
Service: Stuttgart area Fitness Centers
Eligibility: Active Duty, DM, Civilians, Local Nationals, Retirees
Contact: Patch Phone: 0711-680-5386, Panzer Phone: 07031-15-2724 Kelley Phone: 0711-729-2543 Robinson Phone: 0711-819-6317
Website: <http://www.stuttgartmwr.com>

Agency: Nutrition Care Division (NC)
Service: Nutrition Counseling
Eligibility: Active Duty, DM, Civilians, Local Nationals, Retirees
Contact: Patch, Building 2337 DSN: 430-7322, Civ: 07031- 15-7322
Website: http://ermc.amedd.army.mil/landstuhl/services.cfm?MTFinfo_id=714

Agency: Women-Infants-Children-Overseas (WIC-O)
Service: Nutritional Counseling & Supplemental Foods
Eligibility: Pregnant, breastfeeding, and post partum women and children under 5 years old
Contact: Panzer, Building 2915 DSN: 431-3351, 07031-15-3351
Website: <http://www.tricare.mil/Welcome/SpecialPrograms/WICOverseas.aspx>

Oral & Dental Health

Agency: Dental Clinic (DENT)
Service: Dental Services
Eligibility: Active Duty, Family Members, Civilians, Retirees (priority to Active Duty)
Contact: Patch Barracks, Bldg 2300 DSN: 430-8626/8627, Civ: 0711-680-8626/8627
Website: n/a

Parenting Skills

<p>Agency: Adolescent Support and Counseling Service (ASACS) Service: Identification and Referral Eligibility: 3-18 year old family member students (under age 15 requires parental consent) Contact: Patch Barracks, Bldg 2312 DSN: 430-8237/7041, Civ: 0711-680-8657/7041 Website: http://www.asacs.org/</p>
<p>Agency: American Red Cross (ARC) Service: Healthy Pregnancy, Healthy Baby Eligibility: AD, Family Members, Retirees, CIV, LN Contact: Panzer Bldg 2915 DSN: 431-2812; (07031)-15-2812 After hours: 431-2334; (0703) 115334 Website: http://www.redcross.org/</p>
<p>Agency: Army Community Services (ACS) Service: Family Advocacy Program Eligibility: Active Duty, Family Members, Retirees, Civilians Contact: DSN 431-3362;(07031)-15-3362 , Panzer Kaserne, Building 2915 Website: http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service</p>
<p>Agency: Army Community Services (ACS) Service: Parenting Skills Eligibility: Pregnant women, families, single parents Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362 Website: http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service</p>
<p>Agency: Army Community Services (ACS) Service: Emergency Placement Eligibility: Active Duty, Family Members, Retirees, Civilians Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362 Website: http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service</p>
<p>Agency: Army Community Services (ACS) Service: Single Parent Support Eligibility: Active Duty, Family Members, Civilians Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362 Website: http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service</p>
<p>Agency: Army Community Services (ACS) Service: Prevention of Child Abuse Eligibility: Active Duty, Family Members, Retirees, Civilians Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362 Website: http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service</p>
<p>Agency: Army Community Services (ACS) Service: Exceptional Family Members, Children With Special Needs Eligibility: Active Duty, Family Members, Retirees, Civilians Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362 Website: http://www.stuttgartmwr.com/acs/</p>

<p>Agency: Religious Support Office/Family Life Chaplains (RSO) Service: Couple's Counseling Eligibility: Active Duty, Family Members, Retirees, Civilians, Local Nationals Contact: Panzer Bldg 2948 DSN: 431-3079, (07031)-15-3079 Website: http://www.stuttgart.army.mil/RSO/RSO.html</p>
<p>Agency: Educational Development Intervention Services (EDIS) Service: Early Intervention Services Eligibility: Children 0-3 years of age of Active Duty, Family Members, Civilians, Retirees Contact: Panzer Kaserne, Building 2996 DSN: 431-2697, (07031)-15-2697 Website: http://ermc.amedd.army.mil/landstuhl/services.cfm?MTFInfo_id=714</p>
<p>Agency: Mental Health Services (MHS) Service: Child and Adolescent Psychiatry Eligibility: AD, FM, CIV, Retirees Contact: Bldg 2300, Patch Barracks DSN: 431-2751, Civ: 07031-15-2751 Website: http://ermc.amedd.army.mil/landstuhl/services.cfm?MTFInfo_id=714</p>
<p>Agency: Social Work Services (SWS) Service: Family, Parent and/or Individual counseling Eligibility: Two or one parent families, and blended families Contact: Bldg 2300, Patch Barracks DSN: 431-2751, Civ: 07031-15-2751 Website: http://ermc.amedd.army.mil/landstuhl/services.cfm?MTFInfo_id=714</p>
<p>Agency: Women-Infants-Children-Overseas (WIC-O) Service: Family, Parent and/or Individual counseling Contact: Panzer, building 2951 DSN: 431-3315, 07031-15-3315 Website: http://www.tricare.mil/Welcome/SpecialPrograms/WICOverseas.aspx</p>
<p>Pet Care/Veterinary Care</p>
<p>Agency: Veterinary Service: Veterinary care for pets/animals Contact: Panzer Building 2996 DSN: 431-2681 CIV: 07031-15-2681 Email: http://ervc.amedd.army.mil/clinics/STUclinic.html</p>
<p>Pregnancy</p>
<p>Agency: American Red Cross (ARC) Service: Healthy Pregnancy, Healthy Baby Eligibility: AD, Family Members, Retirees, CIV, LN Contact: Panzer, Bldg 2915 DSN: 431-2812; (07031)-15-2812 After hours: 431-2334; (0703) 115334 Website: http://www.redcross.org/</p>
<p>Agency: Better Opportunities For Single Soldiers Services: Activities for single service members Eligibility: Single Service members And Married service members who are in the area can participate. Contact: Bldg 2331 Patch DSN: 431-2774 CIV: 07031 15 2774 Website: n/a</p>

Agency: Army Community Services (ACS)
Service: New Parent Education & Support Program NOT JUST FOR 1ST TIME PARENTS
Eligibility: For Parents Who are Excepting and/or have Children Up to 3 Years of Age (moms & dads)

Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362

Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

Agency: Public Health Nursing/Preventive Medicine (PHN/PM)

Service: STD Counseling

Eligibility: Active Duty, Family Members, Civilians, Retirees

Contact: Patch Barracks Bldg. 2300 DSN: 430-6871/9257, Civ: 07031-15-6871/9257

Website: http://ermc.amedd.army.mil/landstuhl/services.cfm?MTFinfo_id=714

Agency: Occupational Health (OH)

Service: Worksite Safety, Pregnancy Surveillance

Eligibility: Active Duty & Civilians

Contact: Panzer, Bldg. 2948, DSN 431-2050 (07031)- 15- 2050

Website: <http://phc.amedd.army.mil/organization/phcreur/Pages/default.aspx>

Agency: Social Work Services (SWS)

Service: Individual counseling (unplanned pregnancy)

Eligibility: Women & Couples

Contact: Bldg 2300, Patch Barracks DSN: 431-2751, Civ: 07031-15-2751

Website: http://ermc.amedd.army.mil/landstuhl/services.cfm?MTFinfo_id=714

Agency: USACHPPMEUR-Department of Health Promotion & Wellness

Service: Pregnancy & Postpartum Soldier Fitness Exercise Leader Training

Eligibility: Active Duty Exercise Leaders

Contact: Landstuhl Bldg 3809 DSN: 486-7099, 06371-86-7099

Website: <http://phc.amedd.army.mil/organization/phcreur/oh/Pages/default.aspx>

Agency: Women-Infants-Children-Overseas (WIC-O)

Contact: Panzer, building 2951 DSN: 431-3315, 07031-15-3315

Website:<http://www.tricare.mil/Welcome/SpecialPrograms/WICOverseas.aspx>

Retiree Issues

Agency: Behavioral Health Services (BHS)

Service: Mental Health Consultation Services

Eligibility: Active Duty, Family Members, Civilians, Retirees

Contact: Bldg 2300, Patch Barracks DSN: 431-2751, Civ: 07031-15-2751

Website:http://ermc.amedd.army.mil/landstuhl/services.cfm?MTFinfo_id=714

Risk Management

Agency: Army Substance Abuse Program(ASAP)/Employee Assistance Program(EAP)

Service: Unit Awareness Prevention Training

Eligibility: Active Duty, Civilians

Contact: Panzer Kaserne, Bldg 2948, 2nd floor DSN: 431-2530/2743/2835, Civ: 07031-15-2530/2743/2835

Website: <http://www.stuttgart.army.mil/asap.html>

Agency: Army Substance Abuse Program (ASAP)/Employee Assistance (ASAP)
Service: Employee Assistance Program (EAP)
Eligibility: Civilians
Contact: Panzer Kaserne, Bldg 2948, 2nd floor DSN: 431-2530/2743/2835, Civ: 07031-15-2530/2743/2835
Website: <http://www.stuttgart.army.mil/asap.html>

Agency: Army Substance Abuse Program(ASAP)/Employee Assistance (EAP)
Service: Alcohol Drug Abuse Prevention Training (ADAPT)
Eligibility: Active Duty, Civilians, and Family members
Contact: Panzer Kaserne, Bldg 2948, 2nd floor DSN: 431-2530/2743/2835, Civ: 07031-15-2530/2743/2835
Website:<http://www.stuttgart.army.mil/asap.html>

Agency: Safety Office (ISO)
Service: Safety assessments, Inspections, and evaluation and Traffic Safety Training.
Eligibility: Active Duty, Family Members, Civilians, Retirees
Contact: Panzer Kaserne, Bldg 2948, 3rd floor DSN: 373-9082/5277; Civ: (06221) 17-9082/5277

Agency: Adolescent Support and Counseling Service (ASACS)
Service: Identification and Referral
Eligibility: 3-18 year old family member students (under age 15 requires parental consent)
Contact: Patch Barracks, Bldg 2312
DSN: 430-8237/7041, Civ: 0711-680-8657/7041
Website: <http://www.asacs.org/>

Self Care

Agency: Army Community Services (ACS)
Service: New Parent Education & Support Program NOT JUST FOR 1ST TIME PARENTS
Eligibility: For Parents Who are Excepting and/or have Children Up to 3 Years of Age (moms & dads)
Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362
Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

Agency: Public Health Nursing/Preventive Medicine (PHN/PM)
Service: HIV/Aids Training
Eligibility: Active Duty, Family Members, Civilians, Retirees
Contact: Patch Barracks Bldg. 2300 DSN: 430-6871/9257, Civ: 07031-15-6871/9257
Website: http://ermc.amedd.army.mil/landstuhl/services.cfm?MTFinfo_id=714

Agency: Public Health Nursing/Preventive Medicine (PHN/PM)
Service: STD Counseling
Eligibility: Active Duty, Family Members, Civilians, Retirees
Contact: Patch Barracks Bldg. 2300 DSN: 430-6871/9257, Civ: 07031-15-6871/9257
Website: http://ermc.amedd.army.mil/landstuhl/services.cfm?MTFinfo_id=714

Agency: Dental Clinic (DENT)
Service: Dental Services
Eligibility: Active Duty, Family Members, Civilians, Retirees (priority to Active Duty)
Contact: Patch Barracks, Bldg 2300 DSN: 430-8626/8627, Civ: 0711-680-8626/8627
Website: n/a

Agency: Army Wellness Center
Service: Self-care classes
Eligibility: Active Duty, Family Members, Civilians, Retirees
Contact: Patch, Building Bldg 2337 DSN: 430-4073; (07031) 15-4073
Website: http://ermc.amedd.army.mil/landstuhl/services.cfm?MTFinfo_id=714

Self Esteem

Agency: Adolescent Support And Counseling Service (ASACS)
Service: Life Skills Program
Eligibility: At-risk Youth
Contact: Patch Barracks, Bldg 2312 DSN: 430-8237/7041, Civ: 0711-680-8237/7041
Website: <http://www.asacs.org/>

Agency: Better Opportunities For Single Soldiers
Services: Activities for single service members
Eligibility: Single Service members And Married service members who are in the area can participate.
Contact: Bldg 2331 Patch DSN: 431-2774 CIV: 07031 15 2774
Website: n/a

Agency: Army Community Services (ACS)
Service: ACS Kid's Group
Eligibility: School Age Services children only
Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362
Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

Agency: Army Community Services (ACS)
Service: Prevention of Child Abuse
Eligibility: Active Duty, Family Members, Retirees, Civilians
Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362
Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

Agency: Army Community Services (ACS)
Service: Army Family Team Building
Eligibility: Active Duty, Family Members
Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362
Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

Agency: Behavioral Health Services (BHS)
Service: Mental Health Consultation Services
Eligibility: Active Duty, Family Members, Civilians, Retirees
Contact: Bldg 2300, Patch Barracks DSN: 431-2751, Civ: 07031-15-2751
Website: http://ermc.amedd.army.mil/landstuhl/services.cfm?MTFinfo_id=714

Single Parenting

Agency: Army Community Services (ACS)
Service: Single Parent Support
Eligibility: Active Duty, Family Members, Civilians
Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362
Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

Agency: Social Work Services (SWS)
Service: Family, Parent and/or Individual counseling
Eligibility: Two or one parent families, and blended families
Contact: Bldg 2300, Patch Barracks DSN: 431-2751, Civ: 07031-15-2751
Website: http://ermc.amedd.army.mil/landstuhl/services.cfm?MTFinfo_id=714

Spiritual Fitness

Agency: Religious Support Office/Family Life Chaplains (RSO)
Service: Spiritual Fitness
Eligibility: All soldiers and family members and DoD civilians
Contact: Panzer Bldg 2948 DSN: 431-3079, (07031)-15-3079
Website: <http://www.stuttgart.army.mil/RSO/RSO.html>

Sponsorship Assistance

Agency: Army Community Services (ACS)
Service: Families Learning about Germany
Eligibility: Family members, civilians
Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362
Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

STD Counseling

Agency: Public Health Nursing/Preventive Medicine (PHN/PM)
Service: STD Counseling
Eligibility: Active Duty, Family Members, Civilians, Retirees
Contact: Patch Barracks Bldg. 2300 DSN: 430-6871/9257, Civ: 07031-15-6871/9257
Website: http://ermc.amedd.army.mil/landstuhl/services.cfm?MTFinfo_id=714

Stress Management

Agency: Adolescent Support and Counseling Service
Service: Identification and Referral
Eligibility: 3-18 year old family member students (under age 15 requires parental consent)
Contact: Patch Barracks, Bldg 2312 DSN: 430-8237/7041, Civ: 0711-680-8657/7041
Website: <http://www.asacs.org/>

Agency: American Red Cross (ARC)
Service: Managing Stress
Eligibility: AD, Family Members, Retirees, CIV, LN
Contact: Panzer Bldg 2915 DSN: 431-2812; (07031)-15-2812 After hours: 431-2334; (0703) 115334
Website: <http://www.redcross.org/>

Agency: Army Community Services (ACS)
Service: ACS Kid's Group
Eligibility: School Age Services children only
Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362
Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

Agency: Army Community Services (ACS)
Service: Stress Management
Eligibility: Active Duty, Family Members, Retirees, Civilians
Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362
Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

Agency: Army Community Services (ACS)
Service: Prevention of Domestic Violence
Eligibility: Active Duty, Family Members, Retirees, Civilians
Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362
Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

Agency: Army Wellness Center
Service: Multiple Health Concerns, Screenings and Counseling
Eligibility: Active Duty, Family Members, Retirees, Civilians, Local Nationals
Contact: Patch, Building 2337 DSN: 430-4073; (07031) 15-4073
Website: http://ermc.amedd.army.mil/landstuhl/services.cfm?MTFinfo_id=714

Agency: Army Wellness Center
Service: Stress Management Room
Eligibility: Active Duty, Family Members, Retirees, Civilians, Local Nationals
Contact: Patch, Building 2337 DSN: 430-4073; (07031) 15-4073
Website: http://ermc.amedd.army.mil/landstuhl/services.cfm?MTFinfo_id=714

Agency: Army Wellness Center
Service: Stress Management Class w/biofeedback
Eligibility: Active Duty, Family Members, Retirees, Civilians, Local Nationals
Contact: Patch, Building 2337 DSN: 430-4073; (07031) 15-4073
Website: http://ermc.amedd.army.mil/landstuhl/services.cfm?MTFinfo_id=714

Agency: Behavioral Health Services (BHS)
Service: Group Therapy
Eligibility: Active Duty, Family Members, Civilians, Retirees
Contact: Bldg 2300, Patch Barracks DSN: 431-2751, Civ: 07031-15-2751
Website: http://ermc.amedd.army.mil/landstuhl/services.cfm?MTFinfo_id=714

Suicide Prevention

Agency: Religious Support Office/Family Life Chaplains (RSO)
Service: Suicide Prevention
Eligibility: Soldiers, families, DoD civilians
Contact: Panzer Bldg 2948 DSN: 431-3079, (07031)-15-3079
Website: <http://www.stuttgart.army.mil/RSO/RSO.html>

Agency: Behavioral Health Services (BHS)
Service: Suicide Prevention
Eligibility: AD, FM, CIV, Retirees
Contact: Bldg 2300, Patch Barracks DSN: 431-2751, Civ: 07031-15-2751
Website: http://ermc.amedd.army.mil/landstuhl/services.cfm?MTFinfo_id=714

Teen Issues

Agency: Adolescent Support and Counseling Services (ASACS)
Service: Identification and Referral
Eligibility: 3-18 year old family member students (under age 15 requires parental consent)
Contact: Patch Barracks, Bldg 2312 DSN: 430-8237/7041, Civ: 0711-680-8657/7041
Website: <http://www.asacs.org/>

Agency: Adolescent Support and Counseling Services (ASACS)
Service: Youth Boost
Eligibility: At-risk Youth
Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362
Website: <http://www.asacs.org/>

Agency: Army Community Services (ACS)
Service: ACS Kid's Group
Eligibility: School Age Services children only
Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362
Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

Agency: Religious Support Office/Family Life Chaplains (RSO) Youth Group- Cadence International
Service: Chapel Outreach & Bible Studies to All Teens
Eligibility: 6th-12th Grade
Contact: Panzer Bldg 2948 DSN: 431-3079, (07031)-15-3079

Agency: Religious Support Office/Family Life Chaplains (RSO) Youth Group- Cadence International
Service: Youth Small Group Bible Studies
Eligibility: 6th-12th Grade
Contact: Panzer Bldg 2948 DSN: 431-3079, (07031)-15-3079

Agency: Child and Youth Services (CYS) Youth Services
Service: High School Open Recreation
Eligibility: High School Age
Contact: Patch Barracks Building 2347 second floor DSN: 430-7480; 0711-680-7480
Website:

Agency: Child and Youth Services (CYS) Youth Services
Service: Middle School Open Recreation
Eligibility: Middle School Age
Contact: Patch Barracks, Building 2347 second floor DSN: 430-7480; 0711-680-7480
Website:

Agency: Behavioral Health Services (BHS)

Eligibility: AD, FM, CIV, Retirees

Contact: Bldg 2300, Patch Barracks DSN: 431-2751, Civ: 07031-15-2751

Website: http://ermc.amedd.army.mil/landstuhl/services.cfm?MTFInfo_id=714

Time Management

Agency: Army Community Services (ACS)

Service: Army Family Team Building

Eligibility: Active Duty, Family Members

Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362

Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

Tobacco Cessation

Agency: Dental Clinic (DENT)

Service: Dental Services

Eligibility: Active Duty, Family Members, Civilians, Retirees (priority to Active Duty)

Contact: Patch Barracks, Bldg 2300 DSN: 430-8626/8627, Civ: 0711-680-8626/8627

Website: N/A

Agency: Army Wellness Center

Service: Multiple Health Concerns, Screenings and Counseling

Eligibility: Active Duty, Family Members, Retirees, Civilians, Local Nationals

Contact: Patch, Building 2337 DSN: 430-4073; (07031) 15-4073

Website: http://ermc.amedd.army.mil/landstuhl/services.cfm?MTFInfo_id=714

Agency: Army Wellness Center

Service: Tobacco Cessation Classes

Eligibility: Active Duty, Family Members, Retirees, Civilians, Local Nationals

Contact: Patch, Building 2337 DSN: 430-4073; (07031) 15-4073

Website: http://ermc.amedd.army.mil/landstuhl/services.cfm?MTFInfo_id=714

Tobacco Cessation Facilitator Training

Agency: Army Public Health Nurse (APHN)

Service: Tobacco Cessation Classes

Eligibility: All ID Card Holdes

Contact: Patch Barracks Bldg. 2300 DSN: 430-6871/9257, Civ: 07031-15-6871/9257

Website: http://ermc.amedd.army.mil/landstuhl/services.cfm?MTFInfo_id=714

Travel Medicine

Agency: Public Health Nursing/Preventive Medicine (PHN/PM)

Contact: Patch Barracks Bldg. 2300 DSN: 430-6871/9257, Civ: 07031-15-6871/9257

Website:

Water Safety

Agency: American Red Cross (ARC)

Service: First Aid/CPR/AED

Eligibility: AD, Family Members, Retirees, CIV, LN

Contact: Panzer Bldg 2915 DSN: 431-2812; (07031)-15-2812 After hours: 431-2334; (0703) 115334

Website: <http://www.redcross.org/>

Weight Management

Agency: Army Wellness Center

Service: Multiple Health Concerns, Screenings and Counseling

Eligibility: Active Duty, Family Members, Retirees, Civilians, Local Nationals

Contact: Patch, Building 2337 DSN: 430-4073; (07031) 15-4073

Website: http://ermc.amedd.army.mil/landstuhl/services.cfm?MTFinfo_id=714

Agency: Army Wellness Center

Service: SLIM Weight Management

Eligibility: Active Duty, Family Members, Retirees, Civilians, Local Nationals

Contact: Patch, Building 2337 DSN: 430-4073; (07031) 15-4073

Website: <https://ermc.amedd.army.mil/stuttgart/index.cfm>

Agency: Army Wellness Center

Service: Mini-SLIM

Eligibility: Active Duty, Family Members, Retirees, Civilian, Local Nationals

Contact: Patch, Building 2337 DSN: 430-4073; (07031) 15-4073

Website: <https://ermc.amedd.army.mil/stuttgart/index.cfm>

Agency: Army Wellness Center

Service: Metabolic testing

Eligibility: Active Duty, Family Members, Retirees, Civilian, Local Nationals

Contact: Patch, Building 2337 DSN: 430-4073; (07031) 15-4073

Website: <https://ermc.amedd.army.mil/stuttgart/index.cfm>

Agency: Sports and Fitness (MWR)

Service: Stuttgart area Fitness Centers

Eligibility: Active Duty, DM, Civilians, Local Nationals, Retirees

Contact: Patch Phone: 0711-680-5386, Panzer Phone: 07031-15-2724 Kelley Phone: 0711-729-2543 Robinson Phone: 0711-819-6317

Website: <http://www.stuttgartmwr.com/>

Agency: Sports and Fitness (MWR)

Service: Stuttgart area Fitness Centers

Eligibility: Active Duty, DM, Civilians, Local Nationals, Retirees

Contact: Patch Phone: 0711-680-5386, Panzer Phone: 07031-15-2724 Kelley Phone: 0711-729-2543 Robinson Phone: 0711-819-6317

Website: <http://www.stuttgartmwr.com/>

Agency: Sports and Fitness (MWR)

Service: Stuttgart Area fitness Centers

Eligibility: Active Duty, DM, Civilians, Local Nationals, Retirees

Contact: Patch Phone: 0711-680-5386, Panzer Phone: 07031-15-2724 Kelley Phone: 0711-729-2543 Robinson Phone: 0711-819-6317

Website: <http://www.stuttgartmwr.com/>

Agency: Nutrition Care Division (NC)

Service: Nutrition Counseling

Eligibility: Active Duty, DM, Civilians, Local Nationals, Retirees

Contact: Patch, Building 2337 DSN: 430-7322, Civ: 07031- 15-7322

Website: <https://ermc.amedd.army.mil/stuttgart/index.cfm>

Agency: Physical and Occupational Therapy (PT)
Service: Health Promotion Classes
Eligibility: Active Duty
Contact: Patch Barracks Bldg. 2337 DSN: 430-6149, (07031)-15-6149
Website: <https://ermc.amedd.army.mil/stuttgart/index.cfm>

Agency: Women-Infants-Children-Overseas (WIC-O)
Service: Nutritional Counseling
Eligibility: Active Duty, Family Resource Groups
Contact: Panzer, building 2951 DSN: 431-3351, 07031-15-3351
Website: <http://www.tricare.mil/Welcome/SpecialPrograms/WICOverseas.aspx>

Agency: Women-Infants-Children-Overseas (WIC-O)
Service: Supplemental Foods
Eligibility: Pregnant, breastfeeding, and post partum women and children under 5 years old
Contact: Panzer, building 2951 DSN: 431-3351, 07031-15-3351
Website: <http://www.tricare.mil/Welcome/SpecialPrograms/WICOverseas.aspx>

Women's Issues

Agency: Army Community Services (ACS)
Contact: Panzer Kaserne, Building 2915 DSN: 431-3362;(07031)-15-3362
Website: <http://stuttgart.armymwr.com/europe/stuttgart/programs/army-community-service>

Agency: Army Wellness Center
Service: Multiple Health Concerns, Screenings and Counseling
Eligibility: Active Duty, Family Members, Retirees, Civilians, Local Nationals
Contact: Patch, Building 2337 DSN: 430-4073; (07031) 15-4073
Website: <https://ermc.amedd.army.mil/stuttgart/index.cfm>

Agency: Behavioral Health Services (BHS)
Service: Mental Health Consultation Services
Eligibility: Active Duty, Family Members, Civilians, Retirees
Contact: Bldg 2300, Patch Barracks DSN: 431-2751, Civ: 07031-15-2751
Website: <https://ermc.amedd.army.mil/stuttgart/index.cfm>

Worksite Ergonomics

Agency: American Red Cross (ARC)
Service: Ergonomics
Eligibility: AD, Family Members, Retirees, CIV, LN
Contact: Panzer Bldg 2915 DSN: 431-2812; (07031)-15-2812 After hours: 431-2334; (0703) 115334
Website: <http://www.redcross.org/>

Agency: Occupational Health (OH)
Service: Worksite Safety, Pregnancy Surveillance
Eligibility: Active Duty & Civilians
Contact: Panzer, Bldg. 2948, DSN 431-2050 (07031)- 15- 2050
Website: <http://phc.amedd.army.mil/organization/phcreur/Pages/default.aspx>

Worksite Safety

Agency: American Red Cross (ARC)

Service: Ergonomics

Eligibility: AD, Family Members, Retirees, CIV, LN

Contact: Panzer Bldg 2915 DSN: 431-2812; (07031)-15-2812 After hours: 431-2334; (0703) 115334

Website: <http://www.redcross.org/>

Agency: Occupational Health (OH)

Service: Worksite Safety, Pregnancy Surveillance

Eligibility: Active Duty & Civilians

Contact: Panzer, Bldg. 2948, DSN 431-2050 (07031)- 15- 2050

Website: <http://phc.amedd.army.mil/organization/phcreur/Pages/default.aspx>

Worksite Violence

Agency: American Red Cross (ARC)

Service: Workplace Violence Awareness

Eligibility: AD, Family Members, Retirees, CIV, LN

Contact: Panzer Bldg 2915 DSN: 431-2812; (07031)-15-2812 After hours: 431-2334; (0703) 115334

Website: <http://www.redcross.org/>

Agency: Army Substance Abuse Program(ASAP)/Employee Assistance (EAP)

Service: Unit Awareness Prevention Training

Eligibility: Active Duty, Civilians

Contact: Panzer Kaserne, Bldg 2948, 2nd floor DSN: 431-2530/2743/2835, Civ: 07031-15-2530/2743/2835

Website: <http://www.stuttgart.army.mil/asap.html>

Agency: Army Substance Abuse Program/Employee Assistance (ASAP)

Service: Employee Assistance Program (EAP)

Eligibility: Civilians

Contact: Panzer Kaserne, Bldg 2948, 2nd floor DSN: 431-2530/2743/2835, Civ: 07031-15-2530/2743/2835

Website: <http://www.stuttgart.army.mil/asap.html>