

The INTERPRETER

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Center for Information Dominance Unit Monterey

15 December 2011

In This Issue:

Welcome to the first issue of the first quarter (FY12) edition of *The Interpreter*, the quarterly CIDU Monterey newsletter.

This edition features contributions from CIDU Monterey staff and students.

Articles in this issue include: CID Stands Up Two Commands, written by Mr. Gary Nichols, CID PAO; *Master Chief's Corner* written by CIDU Monterey Command Master Chief CTICM Loren Bailey (page 2); our *Naval History* feature written by CTICM Gutierrez (page 3); a special farewell feature on CS1 Kugler (page 3); Out-and-About in Monterey written by CTI1(SG) Bryan LeBlanc (page 11), and numerous articles by students who make up the CIDU Public Affairs staff.

Other articles include: MCPON Visits Monterey Sailors (page 4); *Military Customs and Courtesies Corner* (page 5); CIDU Sailors Take Care of Their Own: CSADD (page 8); *Classroom Corner* (page 9); Investing in Stocks 101 (page 11), and more.

This edition of *The Interpreter* is truly a team effort to bring you the latest stories, photos and news events happening at the Center for Information Dominance Unit Monterey. Enjoy! ✕



CID Stands Up Two Commands



Lt. Cmdr. Thor Martinsen, commanding officer of CIDU Monterey, addresses guests and staff during the CIDU command establishment ceremony. (DoD photo by Steven L. Shepard)

In a move to make Navy Information Dominance training more effective, the Center for Information Dominance (CID) officially stood up two new commands Nov. 14.

The request for the new commands – the Center for Information Dominance Unit (CIDU) Corry Station and CIDU Monterey – was approved by the Secretary of the Navy (SECNAV) the Honorable Ray Mabus Oct. 31 and announced by Chief of Naval Operations Adm. Jonathan W. Greenert the same day.

According to the message from the CNO, the reason for the establishment of the new commands was in response to the “expanded size of the detachment and assigned cyber training mission.”

This action disestablishes the two largest detachments within the CID Domain: CID Detachment (DET) Corry Station and CID DET Monterey.

Annually, CID Unit Corry Station, based at Corry Station in Pensacola, Fla., is responsible for training approximately 9,000 Navy and Joint Cryptologists, Information Systems Technicians

and Information Warfare and Information Professional officers; while CID Unit Monterey, based at the Presidio in Monterey, Calif., is responsible for the training of approximately 1,200 Cryptologic Technicians (Interpretive) and Foreign Language Officers.

CID Commanding Officer Capt. Susan K. Cerovsky, during her remarks at the stand up ceremony for CID Unit Corry Station, compared the shore-based commands to that of a newly-commissioned ship.

“The plank owners here at CID Unit Corry Station and at CID Unit Monterey can be justifiably proud to be part of the fine unit that we’re about to establish,” she said.

Cerovsky then quoted former CNO Adm. Gary Roughead, who codified his philosophy on the personal attributes that prospective Navy commanding officers must possess: “All commanding officers and others in authority in the naval service are required to show in themselves a good example of virtue, honor,

Stand Up continued on page 2

STAND UP cont.

patriotism, and subordination; to be vigilant in inspecting the conduct of all persons who are placed under their command; to guard against and suppress all dissolute and immoral practices, and to correct, according to the laws and regulations of the Navy, all persons who are guilty of them; and to take all necessary and proper measures, under the laws, regulations, and customs of the naval service, to promote and safeguard the morale, the physical well-being, and the general welfare of the officers and enlisted persons under their command or charge.”

“These words have true meaning. We all need to believe in them. We all need to practice them,” Cerovsky said. “You are definitely in capable hands and I am most humble today to be able to pin Cmdr. Luciana Sung as one of my commanding officers within the Center for Information Dominance domain.”

In June 2011 Sung reported to Capt. Cerovsky as her executive officer and officer in charge of CID DET Corry Station.

“Today is a historical day and all of us are part of it,” Sung said at the conclusion of the ceremony. “We are now a command and you should be very proud. Thank you for all of your hard work and dedication.”

In January 2010 Lt. Cmdr. Thor Martinsen assumed duties as officer in charge of CID DET Monterey.

Like his instructors and their linguists-in-training, he is fluent in a second language. He has also seen several name changes at CID.

As the newly-appointed commanding officer of CID Unit Monterey, he welcomed friends and guests to the stand up ceremony at the Presidio. He also noted the command’s metamorphosis as both its name and focus has changed to adapt to its evolving mission.

“Our Navy presence at the Defense Language Institute dates back to February 1976, and while our name has changed multiple times during our 35 year history, our mission of training the very best Navy linguists and fleet-ready Sailors has remained consistent throughout. I am confident that this proud legacy of excellence will continue with our new command,” Martinsen said. “It has been a privilege to serve as the CID Detachment Monterey Officer in Charge, and it’s a great honor to be able to continue to serve as the first Commanding Officer of Center for Information Dominance Unit Monterey.”

CID is the Navy’s Learning Center that leads, manages, and delivers Navy and joint force training in Information Operations, Information Technology, Cryptology and Intelligence.



Lt. Cmdr. Thor Martinsen, commanding officer of CIDU Monterey, left, visits with Lt. Col. Kenneth Enney, commander of Marine Corps Detachment Monterey, following the CIDU Monterey command establishment ceremony. (DoD photo by Steven L. Shepard)

With a staff of nearly 1,300 military, civilian and contracted staff members, CID Corry Station oversees the development and administration of more than 168 courses at four commands, two detachments and 16 learning

sites throughout the United States and in Japan. CID Corry Station provides training for approximately 24,000 members of the U.S. Armed Services and allied forces each year. ✕

Master Chief's corner

WIN THE DAY

Attaining our goals two, three, or 10 months from now, is dependent on what we do in the here and now; today.

As you sit and read this, I’m sure the Oregon Ducks have been crowned 2012 Rose Bowl Champs in their decisive win over the Wisconsin Badgers. The Ducks made it to the Rose Bowl, and I am sure victory over Wisconsin, one day at a time.

Firstly, let me give credit where credit is due. WIN THE DAY is a philosophy used by University of Oregon head football coach, Chip Kelly. In 2010, Coach Kelly’s Ducks went nearly undefeated and ultimately met Auburn in the National Championship. Coach Kelly emphasizes to his players that they must “Win The Day”, a phrase the University of Oregon has “branded” as their own.

In a nutshell, your goals are reliant upon what you do today. You can’t worry about Tuesday until you take care of Monday. Not once in the 2010/11 season did Coach Kelly talk about conference titles or national championships. If he had his team at a morning practice they focused on “winning” that practice. When in the classroom Coach Kelly wants his players to “win”



that day. When his team has a day off the coach even wants them to win that, and maximize their off-time. Coach Kelly realizes that focusing your sights too far down-range have negative effects on the here and now.

When you string a series of “won” days together you reach your goals and attain success. You could even say the sum of those “won” days are greater than their whole.

Football is essentially a military operation; opposing forces square off,

CMC continued on page 3

CIDU BIDS FAREWELL TO STALWART SAILOR

CS1 KUGLER

Story by SN Erica Sanders, CIDU Monterey Public Affairs Staff

CS1 (SW/AW) Jason Kugler is a man of great character. Known throughout the command for being a fearless leader, he always demonstrated to his shipmates what it took to garner respect.

In 2010, Kugler was selected as CIDU Monterey's Senior Sailor of the Year, an accomplishment he is very proud of because it is one that he earned outside of his own community.

The endearing father-like image of Kugler, while at CIDU Monterey, soon became a reality with the

births of his two children. He notes this as being one (two) of his proudest moments, and is also grateful for "the opportunity to have an impact of positive influence on young Sailors and set an example for them."

So what does it take to be a leader?

In Kugler's eyes, a leader is "someone who is open to constructive criticism from both his superiors and subordinates... not reactive, but proactive."

When formulating one's own idea of a



leader, Kugler suggests that you take both negative and positive attributes and form your own perception of a leader and adds, "no matter what, somebody is going to have an impact on you."

Sadly, all good things must come to an end.

So as we reflect on the infinite hours of leadership and dedication that Kugler has brought to the command, we are comforted in the fact that he will move on to bigger and better

things.

Kugler gallantly departs with some golden words of wisdom for new shipmates: "Take full advantage of what the Navy has to offer. Wear the right uniform, follow orders, be on time, and always remember what makes a quality Sailor: being a team player."

Thank you, CS1, for your unwavering service to CIDU Monterey, the United States Navy, and our country. Fair winds and following seas! ✕

CMC cont.



attempt to take and defend territory, achieving strategic and tactical gains, which eventually break the opposition and result in victory.

So, we could easily apply Coach Kelly's philosophies to our own lives.

What is your National Championship game? Advancement, Sailor of the Year, Master Training Specialist, graduation, a degree, home ownership, the list is endless.

Whatever your trophy, win it one day at a time, one hour at a time, if necessary.

Apply these tried and true principles to your own lives and realize your true potential. WIN THE DAY, Shipmates!!

If there is a topic that you would like to know more information about, send an email to nathan.guimont@navy.mil for consideration

Naval History corner

Written by CTICM David Gutierrez

In the early 19th century, a book was published by a Naval Officer, named Alfred Thayer Mahan, which would forever change the way that the world perceived the use of naval power.

The book was titled "The Influence of Sea Power Upon History, 1660-1783" and this work championed the concept that countries with greater naval power will have greater worldwide impact. Mahan's book was considered revolutionary and, in turn, was translated into many languages. His teachings were embraced by naval strategists and militaries throughout the world.

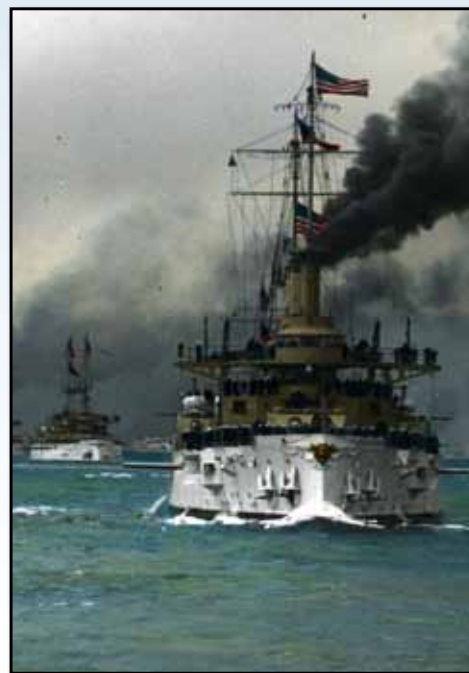
His theories drove the creation of President Roosevelt's Great White Fleet, which opened Japan's doors to the West, while simultaneously, opening their eyes to the importance of naval supremacy. Mahan's teachings fueled the colonization of Africa, and Asia in an effort for countries like the U.S., Russia, and Great Britain

"The Book Heard 'Round the World"

to lay claim to valuable resources and establish strategic bases around the globe.

Interestingly enough, it was Mahan who advocated that the United States obtain Hawaii and concentrate its naval fleet there as a hedge against Japanese eastward expansion; an expansion which can be directly correlated to Mahan's own influence on Japanese naval doctrine. Little did Mahan know when he published his book in 1890, that his own words would be the catalyst driving Japan and the United States on a collision course for supremacy in the Pacific; manifesting itself in the form of the Japanese attack on Pearl Harbor on December 7th, 1941- "a date which will live in infamy".

While Mahan's theories are no longer used as the cornerstone of naval doctrine, they're still widely respected and considered mandatory reading for naval officers and geostrategists around the world. ✕



The Great White Fleet

MCPON Visits Monterey Sailors

Story and photo by MCI(SW/AW) Nate Guimont
CIDU Monterey Public Affairs Officer



MCPON West answers questions from CIDU Monterey Sailors during an All Hands Call.

Master Chief Petty Officer of the Navy (MCPON) visited with Sailors assigned to Center for Information Dominance Unit (CIDU) Monterey during an all hands call Nov. 8.

"I was very impressed as I walked out this morning to see a sea of blue," said MCPON (SS/SW) Rick D. West. "You're looking good, you're looking sharp, and I appreciate that."

Nearly 650 Sailors from CIDU and Naval Post Graduate School attended the event.

"There's a lot of movement within our Navy," said West. "Our presence is forward deployed and our Sailors are out there doing the J-O-B. We're out there, we're engaged, and we're doing what we need to do as a Navy."

West spoke to the Sailors about the Navy's engagements around the world, the magnitude of commitment that is required of all Sailors, and his expectations of them.

"I expect all of you to be a little bit sharper, to walk with a little more spring in your step, to stay out of trouble, to stay focused, and don't lose this opportunity by getting yourself in trouble doing the wrong thing," said West.

After the all hands call, Sailors showed appreciation for West and taking the time to visit.

"I deeply appreciate him leading the call to visit the Defense Language Institute," said Seaman Oneka Borders. "I believe this is a training command with unique challenges that the MCPON was able to directly address."

"MCPON West was an amazing speaker," said Seaman Randy Cortes. "He was approachable, gave great advice, and brought the command together as a whole."

"The biggest thing I took away is how important my job is to the fleet," said Seaman Gheorghe Cornos. "It made me realize that the mission of CIDU is of such great importance that the MCPON himself came to visit and observe our training here." ✕

CIDU Sailors Reflect on Softball season

Story by SN Benjamin Rosen, CIDU Monterey Public Affairs Staff

Photos by MCI(SW/AW) Nate Guimont, CIDU Monterey Public Affairs Officer

On a brisk, somewhat sunny Monday afternoon, the Center for Information Dominance Unit (CIDU) Monterey's softball team lost to the Army's Foxtrot Company in the league semifinals. With that loss, the team closed out a tremendous 9-3-1 season with the league's third best record overall.

CIDU Monterey began the quarter finals with a game against Department of the Air force (DOA1). They leapt to a 9-0 lead in the first inning and never looked back. Seaman Gabriel Stecker and Seaman Bryce Summers batted in home runs, and Seaman Lucas McEldowney ended the game with a two-run homer in the third to make it 22-1.

"It takes defense and offense to win games, and this time we had the best offense we've had all season," said Seaman Apprentice Kevin Perez, of Clifton, New Jersey, who sat out the game with an injury sustained earlier in the season.

Unfortunately, CIDU Monterey's hitting streak would not last into the next game against Foxtrot Company. Foxtrot, which was handling Army's Alpha Company while CIDU Monterey played against DOA1, had bested CIDU Monterey in a closely fought game earlier in the season. Though surprised by the unexpected double header, the players of CIDU Monterey were nonetheless eager to avenge their prior loss.

CIDU Monterey began the game well as Master-at-Arms Second Class Matthew Prevatt and Seaman Bryce Summers both contributed home runs to the nine runs manufactured over five innings. However, it would not last. Neither CIDU Monterey's

defense nor the cheering Sailors who came to see the game could prevent Foxtrot's bats from confidently picking apart CIDU Monterey's defense. Similarly, CIDU Monterey's lineup was unable to sustain the machine gun-like scoring of the previous game.

Prevatt, who hails from San Pedro, Calif., and is the team's coach, summed the game's result up simply, "Any loss is a rough loss. We didn't hit. We had too many errors. We had one bad call. It's all right though."

"Their bats were just coming around and we were not really hitting as good as we did the first game," said Seaman Madison Terrar. "There is a guy in my class on the other team, and he talks a lot. It would have been nice to beat him, but it is what it is."

Though disappointed by the loss, the Sailors of the CIDU Monterey softball team remained positive about the overall outcome of the season. Moreover, those that will still be here at the Presidio next year were optimistic about next season.

"I'm converting over to CTI, so I'm coming over to a whole different field of operation," said Boatswain Mate Second Class John Steen, from Philadelphia, Penn., "Getting the chance to get a break from educational time and [compete in a setting like this], is tremendous... I'm just sorry the season is over."

"Next year, when softball starts up again, we should be able to put together a pretty competitive team again."

Next year's tryouts start in May. ✕



MILITARY CUSTOMS AND COURTESIES corner

Written by CTII(AW) David Jennings, NMT LPO

The ceremonial hoisting and lowering of the national ensign at Navy shore commands, and aboard ships, not underway, is known as morning and evening Colors. In the fleet, Colors occur at 0800 and sunset.

The U.S. Army, here at the Presidio of Monterey, conducts and observes Colors differently than the Navy. Morning Colors, or Reveille, occurs at 0700 each day. Evening Colors, or Retreat, takes place daily at 1700 and involves two distinct bugle calls; "Retreat", which signals the end of the official day, and "To the Colors", which is used to render honors to the nation and commands all the same courtesies as the National Anthem.

Sailors assigned to CIDU Monterey, on board the Presidio of Monterey, will take the following actions during Reveille and Retreat:

Reveille

In uniform, Sailors will cease movement, stand at attention, and will render a hand salute at the first note of Reveille and hold until the last note.

Retreat

In uniform, Sailors will cease movement and stand at parade rest for the duration of "Retreat". At the first note of "To the Colors", Sailors will snap to attention and render a hand salute and hold until the last note.

When not in uniform, follow the same directions as if you were in uniform, except you will not render a hand salute and you will also

Source: CIDDMONINST 5060 Colors Onboard POM



SN Chambers lowers the National Ensign after 'Retreat' and 'To the Colors' is played on board the Presidio of Monterey.

remove any civilian headgear.

Remember, always face the national ensign if it is visible; otherwise face toward the music. ✕

CIDU Sailors Volunteer at Local School

Story by SN Sarah Simpson, CIDU Monterey Public Affairs Staff

October 22 proved to be a rewarding day for military service members attending the Defense Language Institute (DLI), as they were given the opportunity to reach out to the community by lending a helping hand to beautify the grounds and facilities of Marshall Elementary School.

Marshall, located on Fort Ord, was holding a volunteer service event, where different charity groups could help make the school beautiful; from cleaning up the premises to painting new lines on the basketball courts, all so that the children could come back from the weekend to a fresh and like-new school.

For Seaman London Barrett, an avid volunteer at DLI, this volunteer event was more of a symbol of the unity of the military personnel and civilian's within the community of Monterey.

"I think it's nice for the community to see that the military comes out and actually works with

them, because there tends to be the stereotype that, 'Oh, the military is up there, and we're down here, and its two separate communities', but we aren't. We're part of the community, just like they are."

Volunteers from various charity organizations could be seen working together with military members, as though there were no distinction at all. Many were just glad to help the children of the community.

"It helps kids appreciate their school, if they can see that things are nicer," said Private First Class Asimony. "Hopefully, in the long run, it will teach them to keep things nice for themselves."

For the generous volunteers that donated their hard work and time to help make the facilities of Marshall Elementary School nicer, this event was a chance to reach out to the community, and for the children of Marshall, it will be a lesson of appreciation and an encouragement to learn. ✕

CCC corner

By CTIC(SW) Scott P. Ronco
Command Career Counselor

Did you know that you can not only start your Navy career here at DLI, but also earn an Associate of Arts degree in the process? The Defense Language Institute Foreign Language Center (DLIFLC) is fully accredited by the Accrediting Commission for Community and Junior Colleges (ACCJC) of the Western Association of Schools and Colleges (WASC) as a specialized post-secondary institution. DLIFLC has already issued over 5,000 degrees to former language training students. If you are not planning ahead to earn yours as well, you could miss out on not only a college education, but also a chance to advance ahead of your peers.

According to Navy policy, as explained in NAVADMIN 347/11, education points will be awarded for the highest degree held by a Sailor. An Associate's Degree will earn a Sailor 2 points, whereas a Baccalaureate degree or above earns 4 points towards your Navy-wide advancement exam final multiple score. What does this mean to you? Well, in a nutshell, all CTI's are able to earn at least 2 education points towards their E-4, E-5, and/or E-6 advancement exams. If you DON'T have that degree; well, you are behind the power curve, and potentially hampering your career advancement!

So, how does one earn a DLI Associates degree? By graduating a basic course at DLI, as well as successfully scoring a 2/2 1+ on your DLPT, you are 2/3 of your way to earning your degree. The last step will take a bit of work on your part. Potential graduates are required to have credits in the subjects of English Composition, College Math, Natural/Physical Science, Social Science and Technology. Credits for all of these subjects can be earned through CLEP/DANTES testing, which are offered for free through the National Testing Center at Brandman University in Monterey.

For more information, contact the Army Education office, or CTIC Ronco, Command ESO.

<http://www.dliflc.edu/aadegree-program2.html>. ✕

Keeping an eye on...

CIDU MONTEREY



view more CIDU Monterey photos at <http://www.flickr.com/photos/presidioofmonterey/collections/72157621136240562/>



CIDU Sailors Take Care of Their Own: CSADD

Story and photo by SN Benjamin Rosen, CIDU Monterey Public Affairs Staff

In a quiet classroom in the back of the Center for Information Dominance Unit (CIDU) Monterey's Kendall Hall, junior Sailors plan the entertainment of their shipmates.

This was no social club, but the CIDU Monterey chapter of the Coalition of Sailors against Destructive Decisions (CSADD).

Their goal is to combat their fellow Sailors' worst impulses and in doing so protect their careers and even their lives.

In June, CSADD was up-and-running in the Naval Mid-Atlantic Region, with the goal of finding a way to prevent Sailors from making poor choices.

Designed around junior Sailors helping one another, its members seek to lead by example.

CSADD officially started in October, as the Center for Information D o m i n a n c e D e t a c h m e n t

Monterey became its own new command, Center for Information Dominance Unit Monterey.

"We were looking to expanding past a drug- and alcohol-focused program, instead encompassing destructive decisions in general," said Seaman Cory Malinowski, CSADD Vice President. Malinowski, CSADD President Seaman Jade Gaimes, and the rest of the organization's members meet every Monday with Cryptologic Technician (Interpretive) First Class Eli Redstone and Cryptologic Technician (Interpretive) First Class Justin Heise, the CSADD manager and coordinator, to plan future events and coordinate strategies to reach more of our shipmates.

CSADD's primary weapons in combating poor decisions are its events such as its weekly barbeque or movie night, which aim to give Sailors studying at the Defense Language Institute Foreign

Language Center (DLIFLC), things to do in their off-duty hours in a positive environment.

These programs, along with trips out of town subsidized by fund-raising on behalf of CSADD, are all part of a coordinated effort to provide options to Sailors, especially those new to the command, beyond going

movie night to include films that are still showing in commercial theaters.

Beyond events on base, CSADD also coordinates trips out of town such as the Winchester Mystery House flashlight tour. CSADD kept the price of that trip to \$25 less than a similar trip offered by the Presidio of Monterey's Morale, Welfare, and Recreation office.

"For junior enlisted, that difference in price can be the difference between taking and not taking the trip," said Redstone.

"When I was in Masawa [Japan], when we would deploy, we would always get together and go do things together. In the Navy, that's how you take care of each other," said Heise. "When you're overseas, when you're away from your families, what do you do? You come together. This is just a way to start that with Sailors training at DLI. When you get here, there's a lot of people who are



CIDU Monterey Sailors, part of the CSADD committee, plan future events and coordinate strategies to reach more of their shipmates.

out and drinking to excess.

"We're targeting people who can't leave base, because we've found that it's the people who are most confined that are the ones most likely to break policy and drink under age or get in trouble," explained Redstone. "So we're offering things for the people who are in 'phase one' or 'phase two' liberty status [CIDU Monterey's newest arrivals] and can't leave base the way the other people can so they have the option to do things other than drink and cause trouble on the weekends."

CSADD recently hosted a showing of the film, "Captain America," at the Post Theater. They offered refreshments and sold tickets at prices far lower than those at the local multiplex.

"For whatever reason, the Post Theater on base had stopped playing movies," said Seaman Recruit Hannah Gryska. "So our movie night fills that gap."

CSADD is now trying to expand their

bored all the time because they don't know what to do. There are all kinds of things to do here. We're working on making those things available."

Of course, CSADD does more than host social functions; its other focus is training. Every month CSADD picks a different social issue to focus on, ranging from the effects of smoking, to stopping domestic violence. To do this, they focus on passing on relevant information and are working on establishing a video contest in which junior Sailors will make their own after-school-special-style videos to be presented in general military training (GMT) presentations.

"The program is going to be as strong as the Sailors at the command want it to be," concluded Heise. "If this is something they're interested in doing, if these are fun ideas, then they should come out to the meetings."

Indeed they should. ✕

CLASSROOM corner

Written by CTII(NAC) Caleb Walser, ME2 LCPO

Welcome to the Classroom Corner, a recurring column written by Military Language Instructors aimed at improving your classroom experience. This is a star to guide navigation through the stormy seas of language training.

While the most effective study techniques vary by personality and learning type of the individual student, almost every student falls in the trap of over-dependency on flashcards, which can prevent the learner from naturally progressing from single word comprehension to the sentence (and passage) level. Frankly, flashcards just aren't that fun. The following techniques are much more entertaining, and they have proven themselves repeatedly among generations of language students:

READING PRACTICE:
Using any number of

recording devices available to you, record yourself reading aloud passages from your textbooks. Listen to your recording, then access your DLI-issued iPod and listen to the recording of the native speaker reading/speaking the same text(s). Compare for differences in pronunciation, including inflection, tone, and speed. Repeat the process until your recording starts to sound like the native speaker's. This easy method is a sure way to improve both listening and reading comprehension, as well as speaking fluency.

JOURNALING: Every day, you should produce creative writing in the target language in a journal dedicated exclusively to this purpose. These entries can be about anything in your imagination, or even a way to vent the day's stresses, but for maximum effect, try to work in new vocabulary you were exposed to that

day. Submit your journal to your teaching team or MLI regularly for correction. This skill is active production, and it is important because it improves your vocabulary retention and reinforces grammar basics, while also helping you organize your thought process in the target language, which contributes heavily to speaking proficiency.

TRANSCRIPTION: This is probably the single most effective tool for rapid and total foreign language acquisition. Once a day, fully transcribe one of the listening passages available from your textbook/iPod, and then submit the script to your teaching team or



MLI. Although this process is arguably the most painful (at first), it gets easier with practice, and you will be surprised at how quickly and thoroughly your target language comprehension improves.

Transcription directly increases your listening and reading comprehension, and it plays a key role in recognizing and understanding both fundamental and advanced grammar concepts.

SLEEP: The pressure is on to learn your language at the demanding DLI pace, while meeting your military obligations. However, one of the skills you don't hear enough about is the importance of getting a full night's rest (6 to 8 hours). While a late-night cram session might save you on tomorrow's test, lack of sufficient sleep indisputably equates to a lack of long-term language retention. Actively manage your schedule in order to complete your duties and studying with enough time left over to recharge your mind.

Your MLIs are dedicated to helping you learn your language, Happy holidays! ✕

Festa Italia: I Love This Stuff

Story by SN Jessica White

CIDU Monterey Public Affairs Staff

Sailors contribute to the past, present and future of the Monterey community as they help with the 78th Annual Santa Rosalia Fisherman's Festival, a celebration and memorial of the culture and history of this special place.

The Italian food, drinks and entertainment are a memorial to the Sicilian fisherman that first settled here in this area and started the fishing industry and also to the fishermen that carry on their traditions today.

The military is such a huge part of the community in this area that it is only right that we should get out and celebrate the local flavor and assist the community with the food and festivities of celebrating its heritage.

Mr. Mike Miele is a local resident of Italian heritage from New York. He enjoys helping serve Italian food during the festival and coordinating volunteers.

"I've been helping with this festival for roughly five years," said Miele. "I'm Italian, but also it just gets me out meeting people... I like to be around people and I enjoy myself."

"The Festival, along with many other great volunteer opportunities, is an opportune way for military people to get involved in the community, but also to get to know each other, members from other service branches, and build camaraderie."

Miele explained how helpful the military is in assisting with the serving of the Italian food during the festival: "A few years back we didn't get them, it was a snafu. They didn't come down and we had to work a lot harder. This is easier. We trip over each other but it's still cool."

My husband and I both spent a morning buttering garlic bread, seasoning steaks, and enjoyed every minute of it, while also getting to know other volunteers who were serving in other branches of service and studying languages at DLI...not to mention the delicious food and bustle of the Italian people, music and entertainment.

It's easy to get caught up in our duties here, but don't forget to get out and enjoy the communities we have sworn to protect. ✕



Center for Information Dominance Unit Monterey is on Facebook

CHECK OUT WHAT'S HAPPENING!

<http://www.facebook.com/pages/Center-for-Information-Dominance-Unit-Monterey/164082463687245>

CIDU Sailors Volunteer at Laguna Seca Rolex Memorial

Story and photos by SN Christopher D. Moore, CIDU Monterey Public Affairs Staff

Early morning fog covers everything in the majestic hills of the Laguna Seca Raceway for the 37th year.

This event draws crowds from all over the world, and today, the Navy is proud to send service members to join alongside Airmen and Soldiers alike, to aid the Vietnam Veterans of Monterey County (VVMC).

Bo Cisyk invited us into the ticket tent early in the morning and quickly warmed us up to our first volunteer experience and the chill of Monterey with a plethora of donuts and hot drinks. Soon after, competitors and fans began to come through the gates.

Cisyk is the president of the VVMC, an independent group of Vietnam veterans that support other veterans through emergency funds, scholarships to local colleges, and food distribution through independent fundraising.

Laguna Seca is one of the largest fundraisers that the VVMC put on.

Cisyk explained that VVMC still need a lot of help with this event, as well as many others.

One of the greatest hurdles for the veterans is finding volunteers to work events, because they are not nationally affiliated.

However, the VVMC have many opportunities for Sailors to join in and help out those returning from war. As the volunteers from this event found out, it can really be a



fun experience.

"I came to the event today so I could get off base," said Seaman Jordan Allan. "I wanted to see some cool cars and have something better to do than going out and partying."

"I'm really glad that I came because I got to talk to veterans and hear awesome stories about their lives in the service and the things that they had experienced, plus, I got to see some amazing cars and races, as well as meeting some fellow Sailors that were really cool."

Allan expressed that he plans to continue to volunteer for as many events as he can.

As the fog rolled out, the sun came shining through, and CIDU Monterey's color guard did an excellent job ushering in the start to the races with our national anthem and a ceremonial fly over by an F-18 squadron.

The day was an absolute blast with plenty of opportunities to help, see some amazing cars, and enjoy another lovely day in Monterey with a few good men and women. ✕

CIDU Sailors Volunteer at Local Auto Auction

Story and photo by SN Jessica White, CIDU Monterey Public Affairs Staff

The Russo and Steele Collector Automobile Auction is one of many great volunteer opportunities which Sailors at the Center for Information Dominance Unit (CIDU) Monterey can get involved during their time in Monterey.

The auction is an event that not only displays beautiful, vintage automobiles but also has a message behind the auction, which many Sailors make a special connection.

Russo and Steele was founded to inspire all types of automobile enthusiasts to show off their vehicles and keep participants involved in an event created by and for its employees.

Similarly, CIDU Monterey wants to help its Sailors get the best experience possible while serving their country, and encourages them to be involved in various endeavors throughout their schooling. Just as the founder of this

auction did years ago, the Navy seeks to inspire and encourage passion and commitment to the mission and community enrichment alike.

Many Sailors here at CIDU Monterey have shown a desire to be involved in the community by lending a helping hand to those in need.



"I love helping out the community," said Seaman Alyssa Abbott. "It's a lot of fun and it was a pleasure to work around the historic cars."

Abbott also mentioned that Sailors can mix their personal interests with their passion for the Navy and its mission to help the local

community.

Seaman Jeremy Seals, who also helped out with the car auction said, "I always enjoyed the car shows that went on every month in my hometown, so I took advantage of this opportunity to help out and get the chance to see a lot of really cool cars."

Sailors can find common interests and help out with a variety of volunteer events, even if the reason is simple.

"I enjoy volunteering and I like pretty cars," said Seaman Sharon Kinney.

All Sailors can find things that they enjoy getting involved in, and the Navy is always encouraging them to follow

through with their passions, interests, and put them to good use.

By volunteering, Sailors not only enrich communities and the charities they help support, but also enrich their own lives through the experience of helping others. ✕

PERSONAL FINANCIAL MANAGEMENT PROGRAM

By *CTIC(SW) Andrea Hurley, Command Financial Specialist*

What do you think about when you think about investing? Do I have enough money right now to start? How do I start? What should I invest in? How do I know when to cash out or buy more? Really, no one can answer these questions for you, but the aim of your CFS team is to improve your financial knowledge and your confidence. There are many different ways to invest your money or you may prefer to simply save your surplus in a safe account making minimal dividends. This article will focus on buying stock. Look for more information about other methods in the POW and future articles.

According to Jim Cramer of the CNBC show *Mad Money*, investing in the stock market provides a realistic - if risky - way to make a little money. He lists seven important items to consider when investing in stocks.

- 1) Diversify your portfolio to avoid losing everything on one type of stock.
- 2) Do your homework. Own only as much stock as you are capable of researching. It's reasonable to consider investing in up to five different types of stock. This will ensure you are properly diversified while allowing you a sufficient amount of time to regularly read up on the companies and follow their quarterly reports.
- 3) Buy into companies you know well.

4) Own at least one mineral, oil, or gold stock. Precious resources are just getting more and more precious; you might as well benefit from that.

5) Invest in at least one large, stable, S&P 500 type of company. Look for a well-established company with a history of paying out dividends, which are usually quarterly contributions the company pays you, just for owning stock.

6) It's okay to be risky when you're young and have time to recover. It's when you reach fifty that you should consider being more cautious.

7) Get out while it's good. Set a goal for your investment and if it reaches that number, pull out or pocket some of the money. What keeps going up is probably going to come down eventually and it's impossible for you to know when. It's tempting to stick it out for more, but being greedy could backfire.

If you budget your money and determine you have a surplus that you want to invest in stocks, take these tips into consideration and you should be golden.

For further information, look to the plethora available on the internet, at your bank/credit union, magazines, newspapers, etc. Good luck!

Jim Cramer, "Too Stressed to Invest?", *Women's Health*, May 2011, Pg 98. ✕

INEXPENSIVE THINGS TO DO IN MONTEREY

By *SN Jessica White, CIDU Monterey Public Affairs Staff*

If you enjoy shopping and the movies...

Bus #69 goes from the Presidio on the weekends to the Del Monte Center. This bus will also take you out to "The Dunes" shopping center in Marina, which features stores such as Kohls, REI, Target, Old Navy, Best Buy, Michael's, Bed Bath and Beyond, etc.

If you enjoy the outdoor activities...

MST Bus #22 goes to Downtown Carmel: Crossroads Shopping Center, Point Lobos, Andrew Molera State Park, and Pfeiffer Big Sur State Park. The bus picks up from the Downtown MST Transit Center or the Del Monte Center.

You can walk to the MST Transit Center from the Presidio; out Franklin Gate and down the hill. Turn right on Alvarado and go a couple blocks, MST is on the left hand side.

Big Sur State Park has some breathtaking views and great hiking trails. Also, MWR rents out bicycles by the day for a very inexpensive rate. You can enjoy the 18 mile trail that runs along the coast (if you go out Taylor or Pvt Bolio Gates and go towards the water you will run into this trail). It runs from Lover's Point in Pacific Grove for 18 miles north along the water.

You can also rent kayaks from MWR for a reasonable rate, which are a great deal of fun to put out in the bay and get up close and personal with the sea otters and seals. Just don't get too close to the sea lions because I've heard that they are actually pretty quick and they will chase you.

If you like food...

The Farmers market is always an enjoyable event with a variety of inexpensive ethnic food stands and a vast array of fresh fruits and vegetables. The atmosphere is a lot of fun if you just need a few minutes away from the homework. The market is open on Tuesday nights from 1600-2000 at the bottom of Franklin hill on Alvarado Street.

If its just a nice walk you're looking for...

The Monterey public beach is well within walking distance from the Presidio. Go out Franklin gate and down the hill. Once past Alvarado, take a left on any side street and you will run into the beach. Fisherman's Wharf is always a great place to get a little shopping done or get a bite to eat. You can also walk along the trail up to Cannery Row (about 1 mile), where there are more shops and restaurants to enjoy. ✕

Out and About: Rosicrucian Museum

Story and photo by
CTII(SG) Bryan LeBlanc

The Rosicrucian museum in San Jose, Calif., has one of the largest collections of ancient Egyptian artifacts in the nation, with items such as mummies and many examples of art from the time period.

The location is in a rural area adjacent to a high school campus and affords easy opportunities for parking. Admission is \$9, but with military ID, you can receive a dollar off. Photography is allowed, as long as your flash is turned off, and they are closed Monday and Tuesday.

The over 4,000 artifacts in the museum are wide and varied, from statues of gods and pharaohs, to various models of ancient Egyptian sites.

What I thought was most impressive was the mummified humans under a glass case that you can get, one might say, face to face with, like the one in the photo seen below, as well as various mummified animals.

Standing in front of the main doors, with lion statues lining the walkway to either side, it's polished brass doors and Egyptian columns on both sides, under the sunlight of the immaculate San Jose weather, one can easily forget the year is 2011 AD, not BCE. After touring the museum, be sure to leave enough time to walk through the grounds on site as well, it's a very peaceful and tranquil area.

After the museum, which has four floors and can take you anywhere from an hour to several hours, you'll be located not too far away from a most notable establishment, Santana Row, where you can find a huge mall, as well as really nice restaurants. If you're a San Jose Sharks fan, you'll possibly run into one of their players, as many live in the area.

I recommend making a day of it, starting with the museum and ending with some shopping along Santana Row, with dinner to follow. ✕



Egyptian Hieroglyphics

Featured Student



Name: CTI2 Nicholas Polen

DOB: April 1980

Hometown: Springfield, OH

Date of CIDU Monterey Arrival: August 2010

Personal Interests: Guns, old cars, classical music, kicking butt, solitude

Favorite Quote: "Your will, not mine." Matthew 26:39 - "weaintnevergotityet!" (Larry Polen)

Why did you join the Navy? I joined the Navy at the age of 26, the day after earning my Bachelor's degree in Political Science. I enlisted in the Navy to fulfill a patriotic duty and to hopefully utilize my education. I encourage young Sailors to understand that the Navy is neither a job nor a career, but a lifestyle which fosters great benefits, sometimes at great cost. Embrace that lifestyle, shipmates, and do something great!

Featured Staff



Name: YNC(AW/SW) Jeffrey Steele

Working Title: N1 LCPO

DOB: March 1982

Hometown: Bakersfield, CA

Date of CIDU Monterey Arrival: April 17, 2010

Describe Your Position and Duties: I provide admin support to all assigned staff and student personnel.

Personal Interests: Spending time with my family, whether it's camping, playing sports or catching the latest Disney movie.

Favorite Quote: "Don't hide your light underneath a bucket, let it shine." Ms. Andrea Dutra

Tell Us Something About Yourself: I've earned both Associates and Bachelor's degrees with little out of pocket expense by utilizing the Navy's college programs, such as TA and CLEP. I've always been proud to say that I'm serving in the world's finest Navy. The best part of that service is the people I've had the pleasure to serve with. This, in my opinion, is what makes each tour enjoyable and memorable.

Featured Civilian



Name: Andrea Dutra

Working Title: Mail/File Clerk - CO/CMC Writer

DOB: May 1971

Hometown: Ingolstadt, Germany

Date of CIDU Monterey Arrival: January 3, 2011

Describe Your Position and Duties: I am responsible for answering and screening the Commanding Officer's telephone calls as well as his incoming mail. I schedule his meetings and perform a variety of other administrative duties.

Personal Interests: Riding my bike, doing fun activities with family and friends, taking college classes (my nerdy side!), paddle-boarding (new), travelling to see our families in Germany and Brazil.

Favorite Quote: "When one door closes another opens. But often we look so long, so regretfully upon the closed door, that we fail to see the one that has opened for us." (Helen Keller)

Tell Us Something About Yourself: I first came to Monterey in 2000 for 3 months of training at the Monterey Institute for International Studies. There, I fell in love with the

beauty of the central coast - and my husband Marcelo. After travelling back and forth between Germany and the U.S. for 3 years, I finally decided to make Monterey my new home in Fall 2003. I'm happy I made this decision, to have married my husband and to have our adorable son Rafael "Schnuckiputz"... and certainly to have been offered the job at CIDU Monterey.