

**F CO 229<sup>TH</sup> MI BN**

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**F CO**



**NEVER QUIT**

**SOLDIER'S WELCOME  
BOOKLET**

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# Table of Contents

Welcome to Foxtrot.....	I
General Information .....	1
SCHOOL HOUSE - GENERAL.....	1
SCHOOL HOUSE OPPORTUNITIES.....	1
EVENTS AND ACTIVITIES.....	2
BUSES.....	2
MST PASSES.....	2
Directory.....	3
HOUSING / FAMILY SERVICES .....	3
MEDICAL SUPPORT AGENCIES .....	4
RELIGIOUS SERVICES .....	5
SUPPORT AGENCIES .....	6
DINING & LODGING.....	8
RECREATION .....	9
MISCELLANEOUS AGENCIES.....	10
Forms.....	13
TDY/PCS CHECKLIST .....	14
AMERICAN RED CROSS NOTIFICATION FORM .....	15
EMERGENCY INFORMATION FORM .....	16
TDY OPTIONS.....	17
ACRONYMS.....	18



# Welcome to Foxtrot

Foxtrot Company was activated on the 12<sup>th</sup> of April in 1984 by the 7<sup>th</sup> Infantry Division at Fort Ord, in the 193rd Infantry Brigade, under the 29<sup>th</sup> Military Intelligence Battalion. The following year the Battalion's primary mission was the defense of the Panama Canal, and the Battalion distinguished itself during Operation Just Cause in 1988-89, earning the Army Superior Unit Award for exceptionally meritorious performance of duty while in support of the United States Army South, the United States Southern Command, and the Joint Task Force-Panama. During the campaign, the unit consistently provided timely and accurate intelligence required to formulate and implement contingency plans, policies and operations critical to national security and United States interests in the highly volatile Latin American region.

Today Foxtrot's mission is to train highly capable linguists in support of the conflicts of today, and the conflicts of tomorrow. Our soldiers currently train in Persian-Farsi, Pashto, Dari, Urdu, and Indonesian. These languages comprise some of the most difficult and fast-paced languages at the Defense Language Institute Foreign Language Center. You will learn your languages alongside the Marine Corp, the Navy, the Air Force, and sometimes civilians. Your teachers are either native speakers of that language, or have a proficiency level of a native from the respective countries of those languages. For the many months ahead you will be challenged time and time again, but as the Foxtrot Company motto goes:

***NEVER QUIT!***



# 1

## General Information

### SCHOOL HOUSE - GENERAL

- MacBook and iPad are for official use only
- Fast-paced and very demanding
- Motivation and effort are paramount
- Study Ahead
- Families can visit at lunch

### SCHOOL HOUSE OPPORTUNITIES

#### **Class Break**

1 Week

Informed of Dates at Beginning of Course

#### **Linguist of the Quarter**

Based Upon Grades, Top of Class, Recommendation from Team Leader and Department Head

#### **End of Course Awards**

Based upon Grades, Performance, Volunteer Hours and/or Leadership Roles.



## EVENTS AND ACTIVITIES

### Intramural Sports

Basketball	Late January
Soccer	Early April
Softball	Mid-June
Flag Football	Late August
Volleyball	Late October

### Quarterly

Commander's Cup

### Annually

Language Day  
Safety Day

## BUSES

<b>Morning:</b>	0645-0745
<b>Midday:</b>	1050-1300
<b>Afternoon:</b>	1500-1715

<b>Red Route:</b>	Upper to Mid POM
<b>Blue Route:</b>	Upper to Lower POM
<b>Green Route:</b>	Mid to Lower POM

## MST PASSES

### Transit Ticket Office

Bldg 614, Rm 119  
(831) 242-759  
[www.mst.org](http://www.mst.org)

Only student commuters qualify for free passes, use it or lose it.

Resident students ride for half price on all lines

Dependents qualify for discounted basic passes (\$25/month) and MTS super passes (\$100/month)





## Directory

### HOUSING / FAMILY SERVICES

#### Family Child Care

M-F 0800-1700

Bldg 4260, OMC

(831) 242-6904

[www.armyfcc.com](http://www.armyfcc.com)

#### Housing Services Office

M-F 0745-1645

Bldg 4250, OMC

(831) 242-7979

#### Middle School and Teen Program

M, Tu & Th 1500-2000  
W 1300-2000  
F 1500-2200  
Sat 1200-1800

Bldg 4283, OMC

(831) 242-7821

#### School Break

M-F 0630-1800

#### Monterey Road Child Development Center

M-F 0630-1800

Bldg 7683, OMC

(831) 583-1050/105

#### Parent Central Services

Bldg 4260, OMC

(831) 242-7765

[www.facebook.com/PresidioCYSS](http://www.facebook.com/PresidioCYSS)



**Porter Youth Center**

Bldg 4283, OMC

(831) 242-7821

**School Age Services**

Bldg 4283, OMC

M, Tu, Th 1430-1800

(831) 242-7823

W 1300-1800

**School Liaison Office**

Bldg 4260, OMC

M-F 0800-1700

(831) 242-6904

**Social Work Services/ Family Advocacy**

Bldg 4260, OMC

(831) 242-7589

**Women, Infants & Children**

(831) 393- 3251

**MEDICAL SUPPORT AGENCIES**

**Army Substance Abuse Program**

Bldg 257, POM

(831) 242-6936

**Army Medical Clinic**

Bldg 422, POM

On Duty:

(831) 242-5741

Off Duty:

(866) 772-9939

**Dental Clinic**

Bldg 423, POM

M-F 0700-1600

(831) 242-5612

Off Duty:

(831) 242-5119

**Pediatric Clinic**

(831) 242-5743

Off Duty:

(831) 647-3424



**Wellness Center**

Bldg 454, POM

(831) 242-4328

**Tri-Care**

Bldg 4260, OMC

(888) 874- 9378

**Veterinary Treatment Facility**

Bldg 4380, OMC

M-F 0800-1200 & 1330-1500

(831) 242- 7718

**RELIGIOUS SERVICES**

**Presidio of Monterey Chapel**

Bldg 325, Stillwell Road

(831) 242-5281/5233

Protestant

1100 Sunday Service

Catholic

1700 Saturday Mass  
0900 Sunday Mass  
Confession before and after mass

1200 Tue, Thu & Holy Days Munakata Hall, Bldg 610, Rm 134

Latter Day Saints

1400 Sunday Meeting

Muslim

Chapel Activities Center, Bldg 324, Rm 215

1215-1245 Friday Prayer Meeting

Jewish

No Service until further notice, local services are held at:

Chabad of Monterey  
Congregation B'nai Torah  
Congregation Beth Israel

(831) 643-2770  
(831) 357-1818  
(831) 624-2015





**ORD Military Community Chapel**

Bldg 4280, General Jim Moore Blvd.

Protestant

0900 Sunday Service  
0920 Children's Church

Wednesday Family Night

Studies available for adults, teens, and ages 4-11

1800 Dinner  
1900 Bible Study

Catholic

1100 Sunday Mass  
1200 Wed & Friday Mass  
Confession before and after Masses or by appointment

Religious Education

0930-1045 Preschool-8<sup>th</sup> Grade, CCD; Grades 9<sup>th</sup>-12<sup>th</sup>, Confirmation classes

Youth Ministries/ Young Life

1800-2000  
Monday- High School Outreach

1800-2000  
Wednesday- Middle and High School Youth Bible Study (dinner included)

**SUPPORT AGENCIES**

**Alteration Shop**

Bldg 660, POM

M-F 1000-1800 (831) 899-2838  
Sat 1000-1500

**Army Emergency Relief Fund**

Bldg 4260, Rm 101, OMC

M-F 0800-1600 (831) 242-5501



**DLI Barber**

Bldg 660, POM

M-F 0900-1900  
Sat & Sun 0900-1600

(831) 372-0520

**Finance Office**

Bldg 616, Taylor Hall, Rm 127, POM

M-F 0730-1600

(831) 242-4785

**Furniture Avenue**

Bldg 4235, OMC

Tu-St 1000-1800

(831) 393-1202

**GNC**

Bldg 660, POM

M-F 1000-2000  
Sat & Sun 1000-1800

(831) 662-9433

**Laundry/Dry Cleaning**

Bldg 660, POM

M-F 1000-1800  
Sat 1000-1500

(831) 655-0918

**OMC Barber Shop**

Bldg 4235, OMC

M-F 1000-1800  
Sat 0900-1800  
Sun 1100-1500

(831) 899-1075

**OMC Beauty Salon**

Bldg 4235, OMC

M-W 1000-1800  
Thu & Fri 0900-1800  
Sat 0900-1700

(831) 899-3198

**ORD Commissary**

Bldg 4240, OMC

Tu & W 0900-1900  
Th 1000-2000  
F&St 0900-1900  
Su 1000-1800

(831)242-7668

**OMC Laundromat**

Bldg 4227, OMC

Daily 0800-2100



**OMC Laundry/Cleaners**

Bldg 4235, OMC

M-F 1000-1800  
St 1000-1700

(831) 899-2838

**OMC Post Exchange**

Bldg 4235, OMC

Tu-St 1000-1900  
Su 1000-1800

(831) 899-2336

[www.shopmyexchange.com](http://www.shopmyexchange.com)

**POM Post Exchange**

Bldg 660, POM

Tu-St 1000-1900  
Su 1000-1800

(831) 647-9602

[www.shopmyexchange.com](http://www.shopmyexchange.com)

**Purple Cactus**

Bldg 660, POM

M-F 1000-1300 & 1500-1800  
St & Su 1000-1600

(831) 648-9016

**Troop Store**

Bldg 660, POM

M-F 1000-2100  
St & Su 1000-1800

**DINING & LODGING**

**Army Lodging**

Bldg 366, POM

Daily 0800-1900

(831) 645-1199

[www.pomlodging.com](http://www.pomlodging.com)

**Belas D-FAC**

**Combs D-FAC**

**Einstein Bros Bagels**

Bldg 517, POM

M-F 0700-1400

(831) 372-2234



## **JAVA Café**

Hobson Bldg 843, POM

M-Th 0700-1300 (831) 242-7353

F 0700-0100

St 0700-1200

Mid-POM Bldg 632, POM

M-F 0700-1500 (831) 242-7123

Lower-POM Soldier's Field-POM

M-F 0700-1300 (831) 242-3274

## **Papa John's**

Bldg 660, POM

Daily 0900-2200 (831) 646-1111

## **Subway**

Bldg 660, POM

M-F 0700-1000 (831) 656-9209

St & Su 0800-1000

## **RECREATION**

### **BOSS**

Bldg 228, POM

BOSS Advisor (831) 242- 6449

[www.facebook.com/PresidioBOSS](http://www.facebook.com/PresidioBOSS)



**Hobson Student Activity Center**

M-Th 1500-2200 Bldg 843, POM  
F 1500-1800  
St 1100-0130 (831) 242-5447  
Sun 1100-1800  
  
www.pom-hsac.com

**Outdoor Recreation**

M-F 0900-1400 & 1500-1800 Bldg 228, POM  
(831) 242-5506  
  
www.pom-odr.com  
www.facebook.com/Presidio/OD

**Price Fitness Center**

M-F 0500-2100 Bldg 842, POM  
Sat-Sun 0800-1300 (831) 242-5641/5557  
  
www.facebook.com/Presidio/PFC

**Transportation Services**

M-F 0800-1600 Bldg 4512, OMC

**MISCELLANEOUS AGENCIES**

**A & A Automotive**

M-F 0800-1730 Bldg 4220, OMC  
Sat Appointment Only (831) 394-1444

**AA Degree Office**

**Aiso Library**

M-Th 0745-2100 Bldg 517, POM  
F 0745-1645 (831) 242-5572  
Sat 1200-1700  
Su 1230-2100



**Army Community Service**

Bldg 4260, OMC

M-F 0745-1645

(831) 242-7660

[www.pom-accs.com](http://www.pom-accs.com)

**Army One Source**

[www.armyonesource.com](http://www.armyonesource.com)

**ID Cards**

Bldg 616, Taylor Hall, Rm 111, POM

M-F 0745-1300 1400-1600

(831) 242-5949

<https://rapids-appointment.dmdc.osc.mil>

**Education Center**

Bldg 630, POM

(831) 242-5325

**Legal Services**

Bldg 358, POM

(831) 242-5084

**Photo Lab**

DA and Passport photos only

Bldg 517, POM

By appointment only

(831) 242-5249

**POM Police Department**

Bldg 4468, OMC

24/7

911

Records

(831) 242-7851

M-F 0800-1300 & 1400-1700

**Post Office**

Bldg 517, POM

M & F 0800-1300 & 1400-1530

Tu-Th 0900-1300 & 1400-1600

**OMC Gas Station**

Bldg 4220, OMC

Mon-Sat 0700-1900

Sun 1000-1800



**Sexual Assault Response Program**

Bldg 4260, OMC

24 hr Crisis Line

(831) 915-2351

**Transportation Office**

Bldg 517, POM

M-F 0830-1245 & 1400-1600

HHG in-bound

(831) 242-5096

HHG out-bound

(831) 242-5330





Forms





## APPENDIX C

## TDY/PCS CHECKLIST

- Marriage Certificate
- Birth Certificates of all family members
- Divorce Papers
- Death Certificates
- Current Passports
- Citizenship/Naturalization Papers
- Adoption Papers
- Insurance Policies
- Real Estate Documents
- Loan Agreement Papers
- Current list of immediate next of kin & trusted friends (include phone numbers and addresses)
- Most recent LES
- Allotments (correct amount, name, address, account number)
- Social Security Number for each family member
- Access to a checking account
- Enough money to manage household while you are gone
- Emergency Data Card updated in Military Personnel Record
- Current Wills (for both spouses)
- Orders
- Copy of Emergency Data Card
- List of all credit cards and account numbers
- Federal and state income tax returns (last 5 years)
- Current Power of Attorney
  - General
  - Special
  - Medical
- Current DBIDS ID cards for all family members
- Driver's License
- Up-to-date car title and registration
- Up-to-date immunization records for family including pets



(Soldier should distribute copies to parents and family)

Dear family,

If you need to contact me quickly or require my presence at home, you must contact the American Red Cross (ARC) at **1-877-272-7337** before I can receive permission to come home. A message from the ARC is required for me to get the necessary documents for transport and for leave authorization.

The following is information the local Red Cross will need to contact me:

My full name: \_\_\_\_\_

My rank: \_\_\_\_\_ My social security number: \_\_\_\_\_

My duty station: \_\_\_\_\_

My duty phone number: \_\_\_\_\_

\_\_\_\_\_

My mailing address: \_\_\_\_\_

My residence address: \_\_\_\_\_

My telephone number: \_\_\_\_\_

My e-mail address: \_\_\_\_\_

The American Red Cross will also request detailed information on the nature of the emergency. You need to know the name and address of the doctor and hospital. A statement signed by the doctor detailing why I am needed home must be written. I realize in case of death or critical illness in the family you will want to contact me directly, but you must also contact the ARC to authorize and expedite my travel arrangements. You can call the ARC 24 hours a day. There is no charge for this service.

Please place this document in your telephone book so you can find it easily in case you need to contact me. This procedure applies at all times. Please write down the local American Red Cross chapter location and telephone numbers in your community so it will be available in an emergency.

Local ARC address: \_\_\_\_\_

Local ARC telephone number: \_\_\_\_\_

Signed: \_\_\_\_\_



APPENDIX E

EMERGENCY INFORMATION FORM

(Soldier should leave a copy of this form with spouse and send a form to parents and family)

My full name: \_\_\_\_\_

My rank: \_\_\_\_\_ My social security number: \_\_\_\_\_

My company: \_\_\_\_\_ My platoon: \_\_\_\_\_

Company Commander: \_\_\_\_\_

\_\_\_\_\_

Phone number: \_\_\_\_\_

First Sergeant: \_\_\_\_\_

Phone number: \_\_\_\_\_

Platoon Sergeant: \_\_\_\_\_

Phone number: \_\_\_\_\_

Squad Leader: \_\_\_\_\_

Phone number: \_\_\_\_\_

FRG Contact Person: \_\_\_\_\_

Phone number: \_\_\_\_\_

Chaplain: \_\_\_\_\_

Phone number: \_\_\_\_\_



## TDY OPTIONS

### 1. TDY EN ROUTE

- You will attend your AIT (Goodfellow or Fort Huachuca) and continue to your final PCS station
- Option is available for both married and single soldiers

#### Pros:

- You clear DLI at time of departure to AIT installation

#### Cons:

- Monthly travel vouchers with receipts must be submitted to finance at AIT installation and final voucher at PCS installation once you arrive
- If your graduation/report date changes the financial burden is on you to change your airline tickets accordingly

### 2. TDY AND RETURN

- You will attend your AIT (Goodfellow AFB or Fort Huachuca) and return to DLI for out-processing
- Option is available for SM's who have command sponsorship and whose PCS installation is OCONUS and married Soldiers.

#### Pros:

- You will receive an estimated travel distribution monthly with no need to submit monthly vouchers
- If your graduation/report date changes the CTO takes care of all of the financial burden
- You can finish PCS process/out-processing when you return to DLI

#### Cons:

- You must submit all receipts/vouchers once you return to DLI including FSA



## Common Army Acronyms

1SG	First Sergeant
AAR	After Action Review
AAFES	Army and Air Force Exchange Service
ACU	Army Combat Uniform
APFT	Army Physical Fitness Test
AR	Army Regulation
ARNG	Army National Guard
ASIST	Applied Suicide Intervention Skills Training
ASU	Army Service Uniform
ATRRS	Army Training Requirements and Resources System
BRM	Basic Rifle Marksmanship
CLS	Combat Life Saver
CO	Commanding Officer
CQ	Charge of Quarters
CSM	Command Sergeant Major
DA	Department of the Army
DEERS	Defense Eligibility Enrollment Reporting System
DLIFLC	Defense Language Institute, Foreign Language Center
DOD	Department of Defense
FM	Field Manual
FRG	Family Readiness Group
FTX	Field Training Exercise
HQ	Headquarters
IAW	In Accordance With
IET	Initial Entry Training
IG	Inspector General
IPFU	Improved Physical Fitness Uniform
MEDPROS	Medical Protection System
MOS	Military Occupational Specialty
MWR	Morale, Welfare, and Recreation
NCO	Noncommissioned Officer
NLT	No Later Than
OMC	Ord Military Community
POM	Presidio of Monterey
POV	Privately Owned Vehicle
PRT	Physical Readiness Training
PSG	Platoon Sergeant
PT	Physical Training
PULHES	Physical, Upper, Lower, Hearing, Eyes, Psychiatric
PX	Post Exchange
SHARP	Sexual Harassment Assault Response and Prevention
SQI	Skill Qualification Identifier
TR	TRADOC Regulation
TRADOC	U.S. Army Training and Doctrine Command
TRICARE	Triservice Medical Care
UCMJ	Uniform Code of Military Justice
WTBD	Warrior Tasks and Battle Drills
XO	Executive Officer

