



DEPARTMENT OF THE ARMY
INDIANA JOINT FORCES HEADQUARTERS NATIONAL GUARD
2002 SOUTH HOLT ROAD
INDIANAPOLIS, INDIANA 46241-4839

REPLY TO
ATTENTION OF

NGIN-PEH-A

February 17, 2016

MEMORANDUM FOR: NGIN-PEH-A

SUBJECT: Height and weight statement for _____

1. This memorandum is to confirm that _____ DOES / DOES NOT exceed his/her screening weight or body fat percentage for his/her age group. His/Her current height is ____ and weight is ____ as of DATE COMPLETED.

2. DA Form 5500-R (Body Fat Content Worksheet MALE) is enclosed, if applicable.
OR
DA Form 5501-R (Body Fat Content Worksheet FEMALE) is enclosed, if applicable.

3. _____ does not meet / meets the standards set forth in AR 600-9, dated 01 AUG 2006.

4. POC is _____.

SIGNATURE BLOCK

COMMANDING