

MRT/ RTA Candidate Application

Applicant Information:

Name: _____ Currently Employed: Y / N
Address: _____ MOS/ National Guard Job Title: _____
City: _____ Work Phone:_(_____) _____
State & Zip: _____ Cell Phone:_(_____) _____
Email Address: _____ [@us.army.mil](mailto:_____@us.army.mil)

Resilience: The ability to grow and thrive in the face of challenges and bounce back from adversity or hardship

Why do you want to attend the Resilience Course? _____

Give an example of how you have used Resilience in your life. (ex. While my significant other was on deployment, I strengthened my family ties and exercised regularly while I awaited their return) _____

Pick one of your character strengths and explain how it helped you to overcome a challenging situation.(Organizational skills, Integrity, Work Ethic, etc.) _____

As a Leader, what do you feel are some of the biggest challenges that you face with your soldiers? _____

Following Section to be completed by Command

Why are you recommending this soldier to attend the Resilience Course?

1SG Contact Information

Name: _____
Cell Phone: _(_____)_____
Work Phone: _(_____)_____
Email Address: _____@us.army.mil

Commander Contact Information

Name: _____
Cell Phone: _(_____)_____
Work Phone: _(_____)_____
Email Address: _____@us.army.mil
Sign and Date: _____

*Resilience Coordinator may contact Command team with any questions/ concerns

