

# HONORS

RETIREMENT ★ SERVICES ★ NEWSLETTER

## Keep Alert

As of the date of this publication, Department of Defense (DoD) installations, including Fort McCoy, no longer will accept non-enhanced driver's licenses from Minnesota, Illinois, Missouri, New Mexico and Washington State as proof of identity. This ban is a consequence of the REAL ID Act of 2005.

### What is the REAL ID?

Passed by Congress in 2005, the REAL ID Act enacted the 9/11 Commission's recommendation that the federal government set standards for the issuance of sources of identification, such as driver's licenses. The act established minimum security standards for state-issued driver's licenses and identification cards and prohibits Federal agencies from accepting for official purposes licenses and identification cards from states that do not meet these standards. States have made considerable progress in meeting this key recommendation of the 9/11 Commission and every state has a more secure driver's license today than before the passage of the act.

Additionally, on January 8, 2016, the secretary of Homeland Security announced the following timetable for the implementation of the REAL ID Act for air travel:

- **Effective immediately**, the Department of Homeland Security will conduct outreach to educate the traveling public about the timeline below, and continue engagements with states to encourage compliance with REAL ID standards.
- **Starting July 15, 2016**, TSA, in coordination with airlines and airport stakeholders, will begin to issue web-based advisories and notifications to the traveling public.
- **Starting December 15, 2016**, TSA will expand outreach at its airport checkpoints through signage, handouts, and other methods.
- **Starting January 22, 2018**, passengers with a driver's license issued by a state that still is not compliant with the REAL ID Act (and has not been granted an extension) will need to show an alternative form of acceptable identification for domestic air travel to board their flight. Passengers with driver's licenses issued by a state that is compliant



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## Office Of The Commander

Dear Team Members and Families,

Thank you for your service and support of your Families. The nation is grateful for your service and dedication to protect the freedoms all Americans enjoy.

The military continues to support Service Members and Families for life through Fort McCoy's Soldier for Life – Retirement Services Office (SFL-RSO). Here at Fort McCoy, Mitzi Hinton (SGM, retired Army) leads the effort. This office supports three Retiree Activity Offices and eight Midwest Area Retiree Councils throughout a five-state area. These offices and councils serve as a vital link for the military Retiree community by providing updates on benefits and entitlements, agency information, and support to activities at Fort McCoy, such as the Retiree Appreciation Day (RAD) in September, as well as RADs and other Retiree activities in the surrounding states.

Our goal at Fort McCoy is to preserve the services provided by Fort McCoy to our Retirees and Families, remain a relevant source for information and service, and stand ready to provide support. In addition to Fort McCoy's "Honors" Retirement Services Newsletter, the Army publishes "Echoes" three times a year as an official means to communicate with Retired Soldiers/Families from the national level. The Fort McCoy SFL-RSO always stands ready to assist with answering your questions and addressing your concerns. Call 800-452-0923, or send email to [usarmy.mccoy.imcom-central.mbx.dhr-rso@mail.mil](mailto:usarmy.mccoy.imcom-central.mbx.dhr-rso@mail.mil)

Thank you for your service and dedication to America's freedom.

FORT MCCOY – TOTAL FORCE TRAINING CENTER

Sincerely,

DAVID J. PINTER, SR.  
Colonel, U.S. Army  
Commanding



Col. David J. Pinter, Sr.

### DISCLAIMER

Articles for the HONORS do not necessarily reflect the position of the Department of the Army, or Fort McCoy, WI. The material in this newsletter was provided by a number of sources. Sources are identified wherever possible, and materials are checked to be as accurate as possible at the time of printing.

The Soldier for Life - Retirement Services Office (SFL-RSO) publishes the Retirement Services Newsletter in accordance with AR 600-8-7.

The SFL-RSO is located in Building 35, Fort McCoy, WI. While it is recommended that you contact the office for an appointment prior to visiting, walk-ins are welcomed. The toll-free phone number is 1-800-452-0923; locally 608-388-3716 and emails can be sent to: [usarmy.mccoy.imcom-central.mbx.dhr-rso@mail.mil](mailto:usarmy.mccoy.imcom-central.mbx.dhr-rso@mail.mil)

**The mailing address is:**  
**Soldier for Life - Retirement Services Office**  
**35 South M Street**  
**Fort McCoy, WI 54656-5152**



# Letter From the Editor:

## Greetings to the Fort McCoy Retiree/Survivor Community!

This year we welcome Fort McCoy Garrison Commander, Col. David J. Pinter Sr., who took command March 11, 2016 and the newly formed Military Retiree Council in the Racine, WI area.

The 2016 edition of the HONORS newsletter marks my third year as your Soldier for Life - Retirement Services Officer. I've had the opportunity to meet and assist many of you in person, by email, or telephone. As always, it is my goal to provide thorough and effective service regarding military retirement-related matters to the entire Fort McCoy Retiree/Survivor community.

The HONORS newsletter is intended to provide Retirees and their Families in the Fort McCoy service area with relevant information about important points of contact and updates to benefits and entitlements. Every effort is made to ensure that the articles included in HONORS are both informative and accurate as of the publication date. As an annual newsletter however, changes may occur after the date of publication.

Your comments on the newsletter are valued and encouraged: I always am looking for ways to improve. Please send your comments by mail to Soldier for Life - Retirement Service Office, 35 South M Street, Fort McCoy, WI 54656-5152 or by email to [usarmy.mccoy.imcom-central.mbx.dhr-rso@mail.mil](mailto:usarmy.mccoy.imcom-central.mbx.dhr-rso@mail.mil)

As with each edition of HONORS, I hope you find the information contained within to be enjoyable and meaningful. THANK YOU FOR YOUR SERVICE!



**Mitzi S. Hinton**  
**Soldier for Life-Retirement Services Officer**  
**Fort McCoy, WI 54656**

## Newsletter & other information available on the internet .....

*HONORS is an annual publication published each summer. It is distributed to all Army Retirees in receipt of retired pay, gray-area Retirees and Army surviving spouses residing in Wisconsin, Michigan, Minnesota, Iowa and the 32 northern-most counties of Illinois. HONORS also is available on the Fort McCoy website at [www.mccoy.army.mil](http://www.mccoy.army.mil), then selecting Retirees, and then Soldier for Life-Retirement Services. This website also offers additional information on many other Retiree issues. Please use this site and feel free to share it with Retirees from other services.*



[www.mccoy.army.mil](http://www.mccoy.army.mil)

## How Do I Change My Mailing Address for HONORS?

Mailing addresses for HONORS are obtained from the same sources as those used for mailing of Army Echoes. Please refer to the following if you need to change your address:

- Retirees entitled to retired pay should: mail changes to DFAS, U.S. Military Retirement Pay, P.O. Box 7130, London, KY 40742-7130; call 1-800-321-1080; or fax to 1-800-469-6559.
- Surviving spouses in receipt of survivor benefit pay should: mail changes to DFAS, U.S. Military Annuitant Pay, P.O. Box 7131, London, KY 40742-7131; call 1-800-321-1080; or fax to 1-800-982-8459.
- Retirees entitled to retired pay and survivor annu-

itants also can access and make changes to their accounts online at [www.dfas.mil](http://www.dfas.mil) and selecting the icon "My Pay." If you have a PIN, you can access your account and make the appropriate change. If you do not have a PIN, request one, and a temporary PIN will be mailed to you. The temporary PIN is good for initial access, and you will be prompted to establish a permanent pin. For those who have computer access this is the suggested means.

- Retired reservist not yet age 60 should: mail changes to: U.S. Army Human Resources Command, ATTN: AHRC-PDP-TR, 1600 Spearhead Division Ave. Dept. 482, Fort Knox, KY 40122-5402 or call 1-888-276-9472.

# Military Installations in the Midwest★★★★★★★★★★★★★★★★★★★★

Many recreational activities, services, and opportunities are available at any of the military installations in the Midwest. Following is a list of contact telephone numbers and Internet sites for those installations within the Fort McCoy service area.

## Fort McCoy, Wisconsin

<http://mccoy.armymwr.com>

The following extensions begin 608-388-

Post Operator	2222
Army Community Service	3505
Auto Skills Center	3013
Commissary	3542
Legal Office	8751
Leisure Travel Services	3011
McCoy's Community Club	2065
MWR Car Wash	3213
Pine View Campground	3517
Post Exchange	4343
Recreation Center	3213
Rumpel Fitness Center	2290
Ski Chalet	2260

## Great Lakes Naval Station, Illinois

[www.mwrgl.com](http://www.mwrgl.com)

Unless otherwise indicated the following extensions begin 847-688-

Base Operator	3500
Base Exchange	847-578-6104
Commissary	2644
Information/Tickets/Travel	3537
Legal Office	3805
Marina/Rental Center	5417
MWR	2110
RV Park	6675
Samuel Adams Brew Club	6946
Willow Glen Golf Course	4593

## Rock Island Arsenal, Illinois

[www.riamwr.com](http://www.riamwr.com)

The following extensions begin 309-782- unless otherwise indicated

Post Operator	6001
Army Community Service	0829
Auto Skills Center	8631
Cannon Falls Driving Range	0090
Commissary	4614
Fitness Center	6787
Health Benefit Adviser	0800
Outdoor Recreation	8630
Legal Office	1433
Leisure Travel Services	5890
Post Exchange	309-788-4940

## Selfridge Air National Guard Base, Michigan

[www.detroitarsenalfmwr.com](http://www.detroitarsenalfmwr.com)

The following extensions begin 586-239- unless otherwise indicated

Post Operator	586-307-4011
Base Exchange	0960
Benefit Mulligan's Dining/ Catering	2337
Commissary	5570
FMWR	586-282-0992
Golf Course	4653
Health Benefit Adviser	586-282-5273
Legal Office	4078
Retiree Activity Office	5580



# Midwest Area Retiree Councils ★★★★★★★★★★★★★★★★★★★★★★★★★★★★★★★★★★★

Retiree Councils serve as a vital link for the Retiree community. The Councils provide an avenue for suggestions and recommendations to reach the proper level in the chain of command. The Councils also plan and implement programs/Retiree Appreciation Days (RADs) to provide up-to-date information about benefits and entitlements to the retired community. The RADs are open to all Retirees from all branches of service. Fort McCoy currently supports eight Midwest Retiree Area Councils. These area councils are subordinate to the Fort McCoy Main Council, and each has representation on the main council.

Area councils are located in Illinois, Iowa, Michigan, Minnesota, and Wisconsin. Although these councils are sponsored by Fort McCoy, membership is open to Retirees from all services. Council contact numbers are listed below. Please feel free to contact any council if you have issues to discuss or if you are interested in serving as a member.

Main and Area Council membership applications are available by contacting the Fort McCoy Soldier for Life - Retirement Services Office at 608-388-3716 or via email at [usarmy.mccoy.imcom-central.mbx.dhr-rso@mail.mil](mailto:usarmy.mccoy.imcom-central.mbx.dhr-rso@mail.mil)

Being a member of a council offers Retirees an opportunity to stay involved with Retiree benefits and activities. It provides a valuable link through the chain-of-command and is a means of giving back to the Retiree community. Area councils rely on Retirees in their local community to be effective, and new members are always welcome. Vacancies exist in each of the Fort McCoy-sponsored councils, so don't be shy! The Duluth Area Council especially is in need of new members and would be glad to hear from you. Midwest Retiree Area Councils sponsored by Fort McCoy are listed below with contact numbers for the chairperson or Retiree Activity Office:

**Midwest Area Councils sponsored by Fort McCoy and contact numbers for the Chairperson or Retiree Activity Office are listed below:**

<b>Des Moines Area Council</b>	<b>515-277-6113</b>
<b>Duluth/Superior Area Council</b>	<b>715-398-3152</b>
<b>Lower Michigan Area Council</b>	<b>586-239-5580</b>
<b>Quad Cities Area Council</b>	<b>563-508-5123</b>
<b>Racine Area Council</b>	<b>262-886-9612</b> <b>ext. 113</b>
<b>Fort Sheridan Area Council</b>	<b>847-266-2475</b>
<b>Twin Cities Area Council</b>	<b>763-516-2931</b>
<b>Wisconsin Area Council</b>	<b>414-630-2484</b>

In addition, assistance for Retirees is available at the following Retiree Activity Offices:

**Chicago, IL – Monday-Friday, 9 A.M. - NOON**

Fort Sheridan  
847-266-2475

**Chicago, IL – Monday-Friday, 9 A.M. – 3 P.M.**

Arlington Heights Army Reserve Center  
Email – [usrao2@gmail.com](mailto:usrao2@gmail.com)  
800-741-4650, ext. 7625 or 847-506-7625

**Madison, WI – Tuesday & Thursday, 7:30 A.M. – 11:30 A.M.**

2400 Wright St.  
Email – [widma.retiree@wisconsin.gov](mailto:widma.retiree@wisconsin.gov)  
800-335-5147, ext. 3115

**Milwaukee, WI – Tuesday & Wednesday, 10:00 A.M. – 2:00 P.M.**

1835 East Grange Avenue  
414-944-8212

**Minneapolis, MN – Monday-Friday, 10:00 A.M. – 2:00 P.M.**

Minneapolis Airport, Bldg. 727  
612-713-1517

**Racine, WI – Monday-Friday, 9:00 A.M. – 3:00 P.M.**

6216 Washington Ave., Suite G  
Email – [rac.racine@gmail.com](mailto:rac.racine@gmail.com)  
262-886-9612 ext. 113

**Selfridge, MI – Tuesday-Friday, 9:00 A.M. – 3:00 P.M.**

Selfridge Air National Guard Base  
44195 Jefferson Ave., Bldg. 835  
Email – [selfrao@yahoo.com](mailto:selfrao@yahoo.com)  
[www.detroitarsenalfmwr.com/community/rso.htm](http://www.detroitarsenalfmwr.com/community/rso.htm)  
586-239-5580





The Federal Long Term Care Insurance Program™



**The Federal Long Term Care Insurance Program Delivers Value to Military Families**

Since its launch in 2002, the Federal Long Term Care Insurance Program (FLTCIP) has offered active and retired members of the uniformed services and their Families, the opportunity to take control of their future long-term care needs. Designed to be both flexible and affordable for a range of budgets, the program has grown to be the largest of its kind in the nation, with more than 273,000 enrollees. When enrollees are asked why they value the FLTCIP, the following reasons typically top the list.

**Flexibility: A choice of care settings and providers**

The FLTCIP can give enrollees confidence that, if a long-term care event occurs, their insurance will help reimburse for care in the setting of their choice, whether at home, in an assisted living facility, or in a nursing home. Both formal care from licensed professionals and informal care provided by friends and Family members are covered. Benefits for informal caregivers who are Family members are limited to 500 days in your lifetime. To be eligible for reimbursement as an informal caregiver, a Family member must not have been living in your home at the time you became eligible for benefits.

In fact, coverage for informal care has been a hallmark of the program from the start. By reimbursing friends and Family members who serve as caregivers, the FLTCIP makes it possible for enrollees to remain at home and avoid or postpone entering a facility. The importance of what's called "aging in place" (and receiving care from a familiar individual) is evident in the FLTCIP's claim history. Informal, home-based care is—and has always been—the number one choice of enrollees receiving benefits.

**Freedom: Helping to preserve independence**

The program can be especially attractive to individuals who value their independence and who may worry about relying on a spouse or children should they need care. Having such coverage helps spouses maintain their current lifestyle and minimizes the financial and emotional sacrifices adult children are often asked to make when a long-term care event occurs.

**Protection: Helping to safeguard retirement savings and assets**

Another key to the program's success is its ability to help protect retirement income and savings from the high cost of care. Families who have experienced a long-term care event know that services can be expensive, and that costs continue to escalate. For instance, three years of care at home with a health aide, in an assisted living facility, or in a nursing home can range from \$88,920 to more than \$248,000.

**Take the Next Step Today**

To learn more about the FLTCIP's comprehensive benefits and features or to find out information on cost of care in your area, visit [www.LTCFEDS.com](http://www.LTCFEDS.com)

For personalized assistance, call **1-800-LTC-FEDS** (1-800-582-3337) **TTY** 1-800-843-3557 to speak with a program consultant. They are available to answer any questions you may have and can walk you step-by-step through the plan design and application process.





## Did You Know?

In accordance with AR 600-8-7, Retirement Services Program, installation/garrison Retiree councils meet annually to evaluate issues and concerns that the installation commander and council chairperson determine are appropriate for discussion by the chief of staff of the Army Retiree Soldier Council at its annual meeting.

Your Retiree-related vital issues and concerns are important to us. We want to hear your Retiree-related concerns as well as your Retiree-related good news! Please take a few minutes to let your voice be heard using one of the following points of contact:

Email:  
Fort McCoy Soldier for Life - Retirement Services Office:  
usarmy.mccoy.imcom-central.mbx.dhr-rso@mail.mil

Phone:  
Toll-Free 1-800-452-0923  
Local 608-388-3716



## Keep Alert

### What is the REAL ID?

*(Continued from page 1)*

with REAL ID (or a state that has been issued an extension) still will be able to use their driver's licenses or identification cards.

- **Starting October 1, 2020**, every air traveler will need a REAL ID-compliant license, or another acceptable form of identification, for domestic air travel.

This timetable recognizes that some states must change their laws to comply with the REAL ID Act. It is also designed to provide an opportunity for members of the public to learn more about the implications of not having a REAL ID-compliant license, and so that individuals have an ample opportunity to replace their pre-REAL ID licenses with new compliant licenses or to obtain another acceptable form of identification.

#### What do I need to do if I am visiting a federal facility or a military base?

Starting October 10, 2015, visitors seeking access to military bases and almost all federal facilities using their state-issued driver's licenses or identification cards must present proper identification issued by REAL ID-compliant states or a state that has received an extension. When planning a visit to a federal facility or military base, visitors should contact the facility to determine what identification will be accepted.

Service members, Family members, DoD employees and federal employees with the DoD common access card, DoD uniformed services identification and privileges cards, federal personal identification verification cards or transportation workers identification credentials are not affected as these cards are authorized in DoD policy to facilitate physical access to installations.

#### Why are some states still not compliant? Isn't this law?

REAL ID is a mandate on federal agencies, restricting the circumstances under which they may accept state-issued driver's licenses and identification cards for official purposes. Participation by states is voluntary, although federal agencies are prohibited from accepting driver's licenses or identification cards from noncompliant states for official purposes (e.g., boarding aircraft, accessing federal facilities, and entering nuclear power plants).

For more information, refer to [www.dhs.gov/real-id-public-faqs](http://www.dhs.gov/real-id-public-faqs) or contact the Fort McCoy Physical Security Office at 608-388-8445.









telephone:

**HELPFUL TELEPHONE NUMBERS**

<b>AKO Help Desk</b>	<b>866-335-2769</b>	<b>National Archives &amp; Records Administration (NARA)</b>	<b>866-272-6272</b>
<b>Arlington National Cemetery</b>	<b>703-607-8585</b>	<b>National Cemetery Scheduling Office</b>	<b>800-535-1117</b>
<b>Army Hotels</b>	<b>877-711-8326</b>	<b>Naval Ophthalmic Support &amp; Training Activity (NOSTRA - Military Eyeglasses)</b>	<b>757-887-7600</b>
<b>Army Recreation Centers</b>		<b>Retiree Mobilization</b>	<b>888-276-9472</b>
<b>Hale Koa Hotel, Hawaii</b>	<b>800-367-6027</b>	<b>Social Security Administration</b>	<b>800-772-1213</b>
<b>Edelweiss Lodge, Germany</b>	<b>011-49-8821-9440</b>	<b>TRICARE North Region</b>	<b>877-874-2273</b>
<b>Dragon Hill, Korea</b>	<b>011-822-7918-222</b>	<b>TRICARE South Region</b>	<b>800-444-5445</b>
<b>Shades of Green, Florida</b>	<b>888-593-2242</b>	<b>TRICARE West Region</b>	<b>877-988-9378</b>
<b>Armed Forces Retirement Homes Washington D.C. and Gulfport, MS (for general information)</b>	<b>800-422-9988</b>	<b>TRICARE for Life</b>	<b>866-773-0404</b>
<b>Combat Related Special Compensation</b>	<b>866-281-3254</b>	<b>Thrift Savings Plan (TSP)</b>	<b>877-968-3778</b>
<b>DEERS Verification (Update I.D. Records)</b>	<b>800-538-9552</b>	<b>Other Military Retired Affairs Offices</b>	
<b>Defense Finance &amp; Accounting Office (DFAS-Retired &amp; Annuitant pay issues)</b>	<b>800-321-1080</b>	<b>Air Force Service Center</b>	<b>800-525-0102</b>
<b>Delta Dental (Retiree Dental Program)</b>	<b>888-838-8737</b>	<b>Coast Guard Pay &amp; Personnel Center</b>	<b>800-772-8724</b>
<b>Express Scripts (Mail Order Pharmacy)</b>	<b>877-363-1303</b>	<b>Marine Corps Reserve</b>	<b>800-255-5082</b>
<b>Federal Long Term Care Insurance</b>	<b>800-582-3337</b>	<b>Navy Personnel Service Center</b>	<b>866-827-5672</b>
<b>Soldier for Life - Retirement Services Office (Fort McCoy)</b>	<b>800-452-0923</b>	<b>Regional Commissaries</b>	
<b>Human Resource Command -Fort Knox</b>	<b>888-276-9472</b>	<b>Crane NSWC, IN</b>	<b>812-854-3297</b>
<b>Leisure Travel</b>	<b>800-927-6343</b>	<b>Ellsworth AFB, SD</b>	<b>605-385-4364</b>
<b>myPay Customer Service</b>	<b>888-332-7411</b>	<b>Fort McCoy, WI</b>	<b>608-388-3542</b>
<b>Medicare Information</b>	<b>800-772-1213</b>	<b>Grand Forks, AFB, ND</b>	<b>701-747-3083</b>
		<b>Great Lakes, IL</b>	<b>847-688-2644</b>
		<b>Harrison Village, IN</b>	<b>317-610-7202</b>
		<b>Minot AFB, ND</b>	<b>701-723-4559</b>
		<b>Offutt AFB, NE</b>	<b>402-294-6782</b>
		<b>Rock Island, IL</b>	<b>309-782-4614</b>
		<b>Scott AFB, IL</b>	<b>618-212-3898</b>
		<b>Selfridge ANGB, MI</b>	<b>586-239-5570</b>
		<b>Veterans Affairs</b>	<b>800-827-1000</b>

★★

**★★★★ Military Trivia ★★★★★**

**The United States Military is one the Most Educated Industries in the World. Compared to the population of the United States, more service members have also attended some college compared to their typical 18- to 24-year-old counterparts.**

## ID Card Facilities/DEERS

Following is a listing of ID Card facilities within the Fort McCoy Midwest region. It was compiled from information available on the RAPIDS Site Locator website [www.dmdc.osd.mil/rsl](http://www.dmdc.osd.mil/rsl). Please remember that ID card support may not be available at all sites due to unit deployment. It is suggested that you call a site prior to traveling to ensure that their office is currently doing ID cards and to determine their operating procedures.

### Illinois

Site Name	City	Service	Phone
Armed Forces Reserve Center	Forest Park	USAR	708-209-2600
182 MSS	Peoria	ANG	309-633-5181
183 MSS	Springfield	ANG	217-757-1308
416 ENCOM	Darien	USAR	630-739-7509
85th Division	Arlington Heights	USAR	847-506-7616
AG HQ State	Springfield	ARNG	217-761-3443
Navy Operation Support Center (NOSC)	Chicago	USNR	847-688-3760
Navy Operation Support Center (NOSC)	Decatur	USNR	217-875-1733
Navy Operation Support Center (NOSC)	Peoria	USNR	309-697-5755
NTC Great Lakes	Great Lakes	USN	847-688-5550
Rock Island Arsenal	Rock Island	USA	309-782-0596
Scott AFB	Scott AFB	USAF	618-256-8897
126 ARW	Scott AFB	ANG	618-222-5708
932nd AW	Scott AFB	USAF	618-229-7531
USACE (CAC Only)	Champaign	USA	217-373-6751

### Iowa

Site Name	City	Service	Phone
132 MSS	Des Moines	ANG	515-261-8530
103 ESC	Ft. Des Moines	USAR	515-362-3614
AG HQ State	Johnston	ARNG	515-252-4728
649th RSG	Cedar Rapids	USAR	319-297-8688
USAR Center	Dubuque	USAR	563-556-2255
67th Troop Command	Iowa City	ARNG	515-331-5603
2nd BCT 334th	Boone	ARNG	515-432-5079

### Michigan

Site Name	City	Service	Phone
1/84th Division	Livonia	USAR	734-367-2425
110 FWMSS Battle Creek	Battle Creek	ANG	269-969-3216
Battle Creek Naval USMC	Battle Creek	USMC	269-968-9216
127 Wing Selfridge ANGB	Selfridge ANGB A	NG	586-239-4516



AG HQ State	Lansing	ARNG	517-481-9879
Camp Grayling	Grayling	ARNG	989-344-6100
Defense Logistics Agency	Battle Creek	DLA	269-961-7002
Navy Operation Support Center (NOSC)	Saginaw	USNR	989-754-3091
USA Garrison Detroit	Warren	USA	586-282-5941
USCG Air Station Traverse City	Traverse City	USCG	231-922-8227
USCG Grand Haven	Grand Haven	USCG	616-850-2517
927 ARW AF Res	Mt. Clemens	AFR	586-239-5473
USA Tank Command	Warren	USA	586-282-8074
AG HQ	Ishpeming	ARNG	906-485-2532
AG HQ (Dep 1)	Wyoming	ARNG	616-249-2615

**Minnesota**

Site Name	City	Service	Phone
148 FW	Duluth	ANG	218-788-7212
934 AW	*MSP-ARS	USAFR	612-713-1085
Navy Operation Support Center (NOSC)	*MSP-ARS	N-M	612-713-4671
372nd EN BDE	*MSP-ARS	USAR	612-467-7648
133rd AW	St. Paul	ANG	612-713-2041
AG HQ State	St. Paul	ARNG	651-282-4579
Camp Ripley	Little Falls	ARNG	320-616-2728
367th Engineer Bn	St. Joseph	USAR	320-363-1505
HQ 1-151 FA	Montevideo	USAR	320-269-9284
	Mankato	ARNG	507-389-6219

**Wisconsin**

Site Name	City	Service	Phone
115 FSS	Madison	ANG	608-245-4468
128th ARW	Milwaukee	ANG	414-944-8245
157th MEB	Milwaukee	ARNG	414-961-8685
AG HQ State	Madison	ARNG	608-242-3420
AG HQ WIS (deployable)	Chippewa Falls	ARNG	715-720-3400
Fort McCoy	Fort McCoy	USA	608-388-4563
Navy Operation Support Center (NOSC)	Green Bay	USNR	920-336-2444
Navy Operation Support Center (NOSC)	Milwaukee	USNR	414-744-9764

\*Minneapolis-St. Paul Air Reserve Station formerly known as Fort Snelling, MN.



★★★★ Military Trivia ★★★★★

**Antarctica and Australia are the only two continents that have never been the site of a major military conflict.**



## Managing your TRICARE



# Good dental health and good overall health go hand in hand

*With its emphasis on diagnostic and preventive care, the TRICARE Retiree Dental Program can help you avoid bigger problems down the road.*

Did you know that more than 120 different diseases are first detected in the mouth? And that going for your annual dental exams actually can help in detecting heart disease, diabetes, pancreatic cancer and more? In fact, swollen gums, mouth ulcers, dry mouth and excessive gum problems can often be signs of bigger health problems. The good news is that most dental diseases actually are preventable.

The TRICARE Retiree Dental Program (TRDP) was created and designed with this in mind. When seeing a network dentist, TRDP enrollees have the peace of mind of knowing that they get two annual exams, two cleanings (or three for Type 1/Type 2 diabetics) and an X-ray covered at 100 percent—with no out-of-pocket costs. This allows enrollees to recoup almost all of their annual premiums **and** ensures their dental and overall health is being well cared for.

Here are some other reasons why more than 1.5 million current enrollees find the TRDP to be such a good value and an important partner in their health:

- As soon as your enrollment takes effect, you're covered for routine services, fillings, root canals, gum surgery, oral surgery and dental accidents. After 12 months of continuous enrollment, you'll get crowns, dentures, dental implants, braces and more.
- The TRDP offers a large nationwide network of dentists to help you save money on your covered dental care. To find a network dentist near you, use the "Find a Dentist" link at [trdp.org](http://trdp.org).
- Network dentists have agreed to accept reduced fees for covered services—there are no surprise costs beyond the expected cost share and deductible, where applicable.
- Each enrollee gets a generous \$1,300 annual maximum, a \$1,200 annual dental accident maximum, and a \$1,750 lifetime maximum for braces.

- The TRDP coordinates benefits with other dental plans, allowing you to maximize your coverage under both plans and reduce or even eliminate your out-of-pocket dental costs.

Visit [trdp.org](http://trdp.org) to enroll, and choose the method that works best for you. Enroll online using the Quick Link to the Beneficiary Web Enrollment (BWE) site, or print an application from the TRDP website and mail it to Delta Dental along with the correct prepayment amount.

After enrolling, you're encouraged to register for the online Consumer Toolkit®, where you can verify your program eligibility; review your benefits, coverage levels, and remaining maximums and deductibles; check on the status of your processed claims and claim payments; and sign up for paperless (electronic) Explanation of Benefits statements.

Your oral health plays a big role in your overall well-being and quality of life. Enroll in the TRDP today—and enjoy regular, affordable dental care that's essential for your lifelong health and peace of mind.



*The website makes it easy to get all the information you need online at your convenience.*



# UPCOMING RADS

## RETIREE APPRECIATION DAYS

- ★ **Des Moines/Altoona, IA**  
**August 18, 2016**  
Prairie Meadows Race Track and Casino  
7:45 A.M. – 3:00 P.M.  
(Sign in begins at 7:45 A.M.)  
515-277-6113  
russaegggers@aol.com  
**Pre-Registration is required**  
**- form included**
  
- ★ **Twin Cities, MN**  
**August 19, 2016**  
8:00 A.M. – 4:00 A.M.  
507-961-1177  
(Sign in begins at 8:00 A.M.)  
National Guard Armory & Community Center  
Rosemount, Minnesota  
**Pre-Registration is required**  
**- form included**
  
- ★ **Fort McCoy, WI**  
**September 9, 2016**  
Bldg. 905 (8:00 A.M. – noon)/Bldg. 90 – Benefit Fair (noon - 3:00 P.M.)  
7:00 A.M. – 3:00 P.M.  
(Sign in begins at 7:00 A.M.)  
800-452-0923  
usarmy.mccoy.imcom-central.mbx.dhr-rso@mail.mil  
**Pre-registration is required**  
**- form included**

- ★ **Selfridge ANGB, MI**  
**September 24, 2016**  
Joint Dining Facility Building 164  
8:00 A.M. – 3:30 P.M.  
586-239-5580  
selfrao@yahoo.com  
**Pre-registration required**  
**- form included**
  
- ★ **Twin Cities, MN**  
**September 24, 2016**  
Mystic Lake Casino - Hotel  
7:30 A.M. – 4:00 P.M.  
612-713-4664 or 612-713-1517  
Call for registration information
  
- ★ **Twin Ports/Duluth, MN**  
**September 30, 2016**  
Black Bear Carlton Casino  
8:00 A.M. – 1:00 P.M.  
715-398-3152  
twinportsrad@gmail.com  
**Pre-registration is required**  
**- form included**

- ★ **Rock Island, IL**  
**October 15, 2016**  
Rock Island Arsenal  
Heritage Hall, Bldg 60  
8:30 A.M. – 12:30 P.M.  
(Sign begins at 7:30 A.M.)  
563-508-5123  
**Pre-registration is required**  
**- form included**

*RADS are held to benefit you.*

*Please plan to attend in your area.*



### ★★★★ Military Trivia ★★★★★

The branches of the U. S. Armed Forces were established as follows:

- U.S. Army – June 14, 1775**
- U.S. Navy – October 13, 1775**
- U.S. Marines – November 10, 1775**
- U.S. Coast Guard – August 4, 1790**
- U.S. Air Force – September 18, 1947**





# Retiree Appreciation Day (RAD)

## Registration Form

Please use the following RAD registration form to register for any of the Midwest RADs at Fort McCoy, Duluth, Twin Cities, Selfridge, Des Moines, and Rock Island. **Please complete your individual information and then follow the specific instructions for the RAD of your choice.** Advance registration is required for each of these RADs. Please note that you **will not** receive Registration Confirmation for your selected RAD.

Please complete and mail this registration early.

Name \_\_\_\_\_ Guest Names \_\_\_\_\_

Rank \_\_\_\_\_ Service from which you retired \_\_\_\_\_ Total Number Attending \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ E-Mail \_\_\_\_\_

**Circle the RAD you will be attending and follow the specific instructions.**

Twin Cities      Des Moines      Fort McCoy      Selfridge      Twin Ports/Duluth      Rock Island

**Des Moines, IA – August 18, 2016**, 7:45 A.M. – 3:00 P.M. Prairie Meadows Racetrack & Casino, Meadows Hotel Skinner Ballroom, Altoona, IA. Sign in begins at 7:45 A.M. followed by the program at 8:45 A.M. A registration fee of \$15 is required to cover coffee, buffet lunch and gratuities. Make checks payable to “Central Iowa Military Retiree Council” and include with your registration. **Submit registration no later than August 12, 2016** and is limited to the first 200 attendees. For additional information call 515-277-6113.

**Mail Registration to: Retiree Appreciation Day**  
 1055 63rd St.  
 Des Moines, IA 50311

**Twin Cities, MN – August 19, 2016**, 8:00 A.M. – 4:00 P.M. National Guard Armory and Community Center, 13885 South Roberts Trail, Rosemount, MN 55068. Sign-in begins at 8:00 A.M. followed by the program at 9:00 A.M. Please return registration form with \$16 per person to pay for facilities, a morning snack and lunch. Make checks payable to Twin Cities Army Retiree Council and **mail no later than August 8, 2016**. The conference facility auditorium is limited to 300. All reservations beyond 300 will be returned. Additional information is available by calling 507-961-1177.

**Mail Registration to: Retiree Appreciation Day**  
 1330 East Burns Valley Road, Apt. 302  
 Winona, MN 55987

**Fort McCoy, WI – September 9, 2016**, 7:00 A.M. – 3:00 P.M. Sign in begins in Bldg. 905 at 7:00 A.M. followed by the program at 8:00 A.M. The afternoon Benefit Fair will be held in Bldg. 90 and run from noon – 3:00 P.M. I will have lunch on post YES NO (Please Circle One) at McCOY's for a reasonable price. Coffee, water and donuts will be available during the morning session. For additional information please call, 800-452-0923. **Submit registration no later than September 2, 2016.** You may also submit your registration via email at usarmy.mccoy.imcom-central.mbx.dhr-rso@mail.mil

**Mail Registration to: Retirement Service Office**  
 35 South M St.  
 Fort McCoy, WI 54656-5152

Tear along dotted line and mail. REGISTER EARLY TO ENSURE PARTICIPATION.

**Selfridge ANGB, MI – September 24, 2016**, 8:00 A.M. – 3:30 P.M. 127th MI ANG Dining Facility, Bldg. 164, Selfridge ANGB, MI 48045. Additional information is available by contacting the Selfridge ANGB Retiree Activity Office at 586-239-5580. **Submit registration no later than September 12, 2016**, but please register as early as possible as registration is limited to the first 600 attendees. You may also submit your registration via email to selfrao@yahoo.com.

Mulligans will serve a continental breakfast in the morning and a hot buffet-style lunch at noon for \$12 per person. If interested, please include a check with your registration or send a separate check if you register by email. Make checks payable to FMCLMRBC. Your cancelled check will be your receipt.

**Mail Registration to: Retiree Activities Office**

P.O. Box 450045  
Selfridge ANGB, MI 48045

**Twin Ports/Duluth, MN – September 30, 2016**, 8:00 A.M. – 1:00 P.M. Black Bear Carlton Casino, Twin Ports, MN. There is no registration fee, and coffee and refreshments will be provided. For additional information please call 715-398-3152 or email twinsportrad@gmail.com. **Submit registration no later than September 23, 2016.**

**Mail Registration to: Retiree Appreciation Day**

4221 East 2nd St.  
Superior, WI 54880

**Rock Island Arsenal, IL – October 15, 2016**, 8:30 A.M. – 12:30 P.M. Sign in begins at 7:30 A.M. in Heritage Hall, Bldg. 60, followed by the program at 8:30 A.M. A photo I.D. is required for ALL personnel to access the installation. If you need a new/updated I.D. Card, call 309-782-0596 for an appointment. **Submit registration no later than October 7, 2016.** Registrations can be email to qcmrad@gmail.com. Additional information is available by calling 563-508-5123.

**Mail Registration to: Retiree Appreciation Day**

2648 West 36th St.  
Davenport, IA 52806-5223





# Just So You Know? ★★★

## Types of Retirement

Retirement Type	Basic Eligibility	Determination Criteria	Application Process
Regular Retirement	Completed 20 years of active service.	Based on salary and service information submitted by member's branch of service.	Visit the Soldier for Life-Retirement Services Office website below for complete details: <a href="http://soldierforlife.army.mil/retirement">http://soldierforlife.army.mil/retirement</a> or call 1-888-276-9472
Reserve Retirement	Completed 20 years of qualifying service; attained the eligibility age.	Based on salary and service information submitted by member's branch of service.	Visit the U.S. Army Human Resources Command website below for complete details: <a href="https://www.hrc.army.mil/tagd/reserve%20component%20retirements">https://www.hrc.army.mil/tagd/reserve%20component%20retirements</a> or call 502-613-8950
Temporary Disability Retirement List (TDRL)	Temporary disability rating, placed on retirement rolls by member's branch of service (max. of 5 years).	Based on disability determination by branch of service. Based on salary and service information submitted by member's branch of service.	Visit the U.S. Army Human Resources Command website below for complete details (TDRL & PDRL): <a href="https://www.hrc.army.mil/tagd/temporary%20disability%20retired%20list%20tdrl%20frequently%20asked%20questions">https://www.hrc.army.mil/tagd/temporary%20disability%20retired%20list%20tdrl%20frequently%20asked%20questions</a> or call 1-888-276-9472
Permanent Disability Retirement List (PDRL)	Permanent disability rating, placed on retirement rolls by member's branch of service.	Based on disability determination by branch of service. Based on salary and service information submitted by member's branch of service.	Visit the U.S. Army Human Resources Command website below for complete details (TDRL & PDRL): <a href="https://www.hrc.army.mil/tagd/temporary%20disability%20retired%20list%20tdrl%20frequently%20asked%20questions">https://www.hrc.army.mil/tagd/temporary%20disability%20retired%20list%20tdrl%20frequently%20asked%20questions</a> or call 1-888-276-9472
1993-2001 Temporary Early Retirement Authority (TERA)	At least 15 but less than 20 years of active service between 1993 and 2001. This program ended effective September 2002, and any future use must be approved by Congress.	Based on number of Soldiers needed to maintain force readiness. Based on salary and service information submitted by member's branch of service. Based on the legislation governing this special program.	Visit the U.S. Army Human Resources Command website below for complete details (TDRL & PDRL): <a href="https://www.hrc.army.mil/tagd/temporary%20disability%20retired%20list%20tdrl%20frequently%20asked%20questions">https://www.hrc.army.mil/tagd/temporary%20disability%20retired%20list%20tdrl%20frequently%20asked%20questions</a> or call 1-888-276-9472
2012-2018 Temporary Early Retirement Authority (TERA)	At least 15 but less than 20 years of active service between 2012 and 2018. This program is expected to end Dec. 31, 2018. Any future use must be approved by Congress.	Based on number of Soldiers needed to maintain force readiness. Based on salary and service information submitted by member's branch of service. Based on the legislation governing this special program.	Visit the U.S. Army Human Resources Command website below for complete details: <a href="https://www.hrc.army.mil/Milper/14-308">https://www.hrc.army.mil/Milper/14-308</a> or call 502-613-6447 (Officers) 502-613-6732 (Enlisted) 703-607-0460 (National Guard Officers)





# Benefit Information ★★★★★★★★★★★★★★★★★★★★★★★★★★★★★★★★★★★★★★★

## Benefits By State

	ILLINOIS	IOWA	MICHIGAN	MINNESOTA	WISCONSIN
<b>Veteran Homes</b>	<p>*Anna Veterans Home Anna 618-833-6302</p> <p>*LaSalle Veterans Home LaSalle 815-223-0303 ext. 222</p> <p>*Manteno Veterans Home Manteno 815-468-6281</p> <p>*Quincy Veterans Home Quincy 217-222-8641</p> <p>*All locations are managed by the Illinois Department of Veterans Affairs</p>	<p>Iowa Veterans Home Marshalltown 641-752-1501</p>	<p>Grand Rapids Home for Veterans Grand Rapids 616-364-5389</p> <p>D.J. Jacobetti Home for Veterans Marquette 906-226-3576</p>	<p>Minnesota Veterans Homes are located in the following 5 cities:</p> <p>*Minneapolis 612-548-5700</p> <p>*Hastings 651-438-8500</p> <p>*Silver Bay 218-226-6300</p> <p>*Luverne 507-283-1100</p> <p>*Fergus Falls 218-736-0400</p> <p>*All locations are managed by the Minnesota Department of Veterans Affairs</p>	<p>*Chippewa Falls 715-720-6775</p> <p>*King 715-258-5586</p> <p>*Union Grove 262-878-6700</p> <p>*All locations are managed by the Wisconsin Department of Veterans Affairs</p>
<b>Veteran Cemeteries</b>	<p>Sunset Cemetery Quincy 217-222-8641</p>	<p>Iowa Veterans Cemetery (at Van Meter) Adel 515-996-9048</p>	<p>Grand Rapids Home for Veterans Cemetery Grand Rapids 616-364-5344</p>	<p>Minnesota State Veteran Cemetery Little Falls 320-616-2527</p>	<p>*Southern Wisconsin Veteran Memorial Cemetery Union Grove 262-878-5660</p> <p>*Northern Wisconsin Veteran Memorial Cemetery Spooner 715-635-5360</p> <p>*Central Wisconsin Veterans Memorial Cemetery King 715-256-5000</p> <p>*All locations are managed by the Wisconsin Department of Veterans Affairs</p>



# HONORS

Military Personnel Division  
ATTN: IMMC-HRM-P  
2187 South J. Street  
Fort McCoy, Wisconsin 54656-5150

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of Illinois, Iowa, Michigan, Minnesota  
& Wisconsin**



# STILL SERVING