Daily Caregiver Activity Log *Monday*

Use this log to record everything you – or other care providers - do each day, for the next two weeks, to assist your veteran. Include both physical (e.g. dressing, bathing, etc.) and oversight (e.g. reminding veteran to do something, calming veteran during episodes of anxiety, etc.) caregiving activities. This log will help ensure you include all your loved ones needs as you complete the Contingency Care Plan.

Start Time	**Stop Time**	**Activity** *(describe caregiver actions)*	**Who**

Additional Notes			

Daily Caregiver Activity Log *Tuesday*

Use this log to record everything you – or other care providers - do each day, for the next two weeks, to assist your veteran. Include both physical (e.g. dressing, bathing, etc.) and oversight (e.g. reminding veteran to do something, calming veteran during episodes of anxiety, etc.) caregiving activities. This log will help ensure you include all your loved ones needs as you complete the Contingency Care Plan.

Start Time	**Stop Time**	**Activity** *(describe caregiver actions)*	**Who**

Additional Notes			

Daily Caregiver Activity Log *Wednesday*

Use this log to record everything you – or other care providers - do each day, for the next two weeks, to assist your veteran. Include both physical (e.g. dressing, bathing, etc.) and oversight (e.g. reminding veteran to do something, calming veteran during episodes of anxiety, etc.) caregiving activities. This log will help ensure you include all your loved ones needs as you complete the Contingency Care Plan.

Start Time	**Stop Time**	**Activity** *(describe caregiver actions)*	**Who**

Additional Notes			

Daily Caregiver Activity Log *Thursday*

Use this log to record everything you – or other care providers - do each day, for the next two weeks, to assist your veteran. Include both physical (e.g. dressing, bathing, etc.) and oversight (e.g. reminding veteran to do something, calming veteran during episodes of anxiety, etc.) caregiving activities. This log will help ensure you include all your loved ones needs as you complete the Contingency Care Plan.

Start Time	**Stop Time**	**Activity** *(describe caregiver actions)*	**Who**

Additional Notes			

Daily Caregiver Activity Log *Friday*

Use this log to record everything you – or other care providers - do each day, for the next two weeks, to assist your veteran. Include both physical (e.g. dressing, bathing, etc.) and oversight (e.g. reminding veteran to do something, calming veteran during episodes of anxiety, etc.) caregiving activities. This log will help ensure you include all your loved ones needs as you complete the Contingency Care Plan.

Start Time	**Stop Time**	**Activity** *(describe caregiver actions)*	**Who**

Additional Notes			

Daily Caregiver Activity Log *Saturday*

Use this log to record everything you – or other care providers - do each day, for the next two weeks, to assist your veteran. Include both physical (e.g. dressing, bathing, etc.) and oversight (e.g. reminding veteran to do something, calming veteran during episodes of anxiety, etc.) caregiving activities. This log will help ensure you include all your loved ones needs as you complete the Contingency Care Plan.

Start Time	**Stop Time**	**Activity** *(describe caregiver actions)*	**Who**

Additional Notes			

Daily Caregiver Activity Log *Sunday*

Use this log to record everything you – or other care providers - do each day, for the next two weeks, to assist your veteran. Include both physical (e.g. dressing, bathing, etc.) and oversight (e.g. reminding veteran to do something, calming veteran during episodes of anxiety, etc.) caregiving activities. This log will help ensure you include all your loved ones needs as you complete the Contingency Care Plan.

Start Time	**Stop Time**	**Activity** *(describe caregiver actions)*	**Who**

Additional Notes			