

KIDS!

GET READY TO bug out!

Emergencies happen. Sometimes that means you have to be ready to leave or evacuate – to “bug out.” Follow the steps to help your family get ready for the unexpected.



1 Step 1: Be Informed

Emergencies come in many forms. Learn about possible weather, manmade, and terrorist emergencies by visiting the Ready Navy website at www.ready.navy.mil with your parents. Find tips that will help your family be ready. Talk about things that may affect your area.



Tornado



Flood



Hurricane



Power Outage



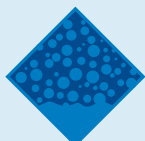
Chemical Spill



Volcano



Fire



Earthquake



Radiation Leak



Terrorism



Winter Storm



Heat Wave

Circle the hazards you hear about in the news:



2 Step 2: Make a Plan

By taking action before an emergency happens, you and your family can be ready. A plan helps you know where to go, what to do, and what to take in the event of an emergency. Talk with your parents and make a plan for your family. Learn about shelters and evacuation routes.

Pick two meeting places in case you are not together when an emergency happens.

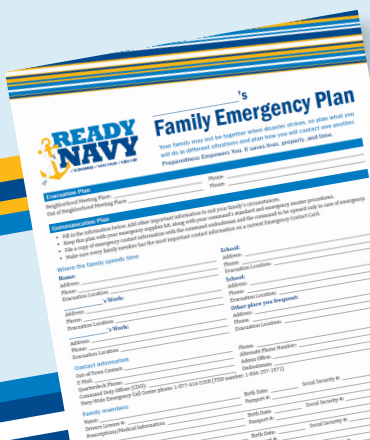
One inside the neighborhood: _____

One outside the neighborhood: _____

Pick an out-of-town contact (someone you can all call to check in with) such as Grandma, Grandpa, Aunt, or Uncle.

Out-of-town contact name: _____

Out-of-town contact phone #: _____



You can find contact cards in the family emergency plan template at www.read.navy.mil.



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Step 3: Build a "Bug Out" Bag



With some hazards, you may need to find safety inside. With others, you may need to evacuate or "bug out." Power could go out and stores may be closed. You should have enough food, water, and important supplies for every family member for at least three days. Build your own "Bug Out" bag. Complete the "Bug Out" bag word search to find items that you should include.



Family Emergency Plan
 Emergency Contact Name: Mrs. Sailor
 Telephone: 555-123-5000
 Out of State Contact Name: 711 America
 Telephone: 555-242-9223
 Nearest Hospital Name: Elementary School
 Telephone: 555-291-1234
 Next of Kin/Nearest Relative Name: Shirley's 1127A
 Telephone: 555-123-1234
SEE US AT YOUR LOCAL EMERGENCY TRAINING



- WATER
- FOOD
- MANUAL CAN OPENER
- FIRST AID KIT
- PRESCRIPTION MEDICINES
- MOIST TOWLETTES
- GARBAGE BAGS
- FLASHLIGHT
- BATTERY POWERED RADIO
- EXTRA BATTERIES
- WRENCH
- MAPS
- FAMILY PLAN
- COMMUNICATION CARD
- GAMES
- SNACKS
- WHISTLE
- BAND AIDS



B S R X B A M A N U A L C A N O P E N E R F P
 L K T I E P D B O T Q K O S F C F D R A T R P
 C M U S F C F J Y N I O M A R Q Z U S Q E M R
 F O O D T M M U N I C N M S J I R E Z B H G E
 T I M L W R E N C H R I U F N Q M D W F O F S
 U S A A R Q D Z O N L C N B L A I W H R I L C
 A T F K E B H S C Y L C I G G T R S I E N J R
 M T Y M X F T R P U Z E C V O O W R S A T C I
 A O E G T K I L G A U T A K K L E Q T D H M P
 F W A O R P A O H W H I T Z M T U G L Y A S T
 Y E S M A N P U Z E N H I I A S Y R E N F P I
 M L F Q B A T T E R Y P O W E R E D R A D I O
 B E B V A B T J Y H A C N U F D O O G V Q R N
 G T G F T G H J C D P S C S M C X A H Y G J M
 E T V C T E G O B A N D A I D S T N U A S U E
 H E K N E S I A E I K V R B K I O Q R R F M D
 A S I U R W L E N R D O D G V E K B E T B U I
 C F E M I M H H R W W G Y Y J E A N R D G A C
 G Y G D E A S Q S Z Q K N L V G L L T M V F I
 I F I R S T A I D K I T O M E T X S N V A Y N
 W O E V B S L J S O B D K B R N K C T X N P E
 Q A B O W M F Y T T S N A C K S Q L J S O T S
 G D H T F Q S A H E G G O O D V Y S F N L J L
 R A F Q Z E G O M E S S X Q K N L V M I T O N

