

# Army Public Health Nursing

## Welcome...

Army Public Health Nurses (APHNs) promote, protect, optimize, and preserve the health and abilities of our Soldiers and military communities through the delivery of the Public Health Essential Services to individuals, families, and groups.

### OUR MISSION:

Provide essential Public Health Nursing services in field and garrison environments.

### OUR VISION:

Ready and fit Soldiers prospering in healthy military communities.



## Ten Essential Public Health Services Provided by APHN...

### 1. Monitor Health Status

- ◆ Performs community & rapid health assessments
- ◆ Monitors Disease Non-Battle Injury
- ◆ Identifies vulnerable populations Problems

### 2. Diagnose & Investigate Health Problems

- ◆ Plans, investigates & responds to public health emergencies
- ◆ Gathers, analyzes & investigates data regarding actual or potential threats to human health (communicable diseases, chronic diseases, injuries, etc.)
- ◆ Recommends individual, unit & community level control measures inform & educate

### 3. Inform & Educate

- ◆ Develops, coordinates/implements health education and health promotion activities
- ◆ Supports health & risk communication activities

### 4. Mobilize Communities To Address Health Problems

- ◆ Establishes partnerships with community members to address community health needs

### 5. Develop Policies & Plans

- ◆ Contributes to public health policy
- ◆ Participates in strategic health planning

### 6. Support & Inform Regulations that Protect & Ensure Public Health Safety

- ◆ Review & assure compliance with regulations/laws that support military health & mission

### 7. Link People to Needed Health Services

- ◆ Provides targeted health services (e.g., for TB, STD, HIV & other public health conditions)
- ◆ Serves as a consultant regarding available civilian & military resources in the community

### 8. Assure a Competent Public Health Workforce

- ◆ APHNs meet licensure, educational & competency requirements

### 9. Evaluate Health Services

- ◆ Evaluates the effectiveness, accessibility, quality of public health services & progresses towards program goals

### 10. Foster Research for New Insights & Innovative Solutions to Health Problems

- ◆ Supports community-based, public health nursing & other population oriented health research



## Education Required To Be An Army Nurse...

A Bachelor of Science in Nursing is required to be an Army nurse. Course subjects generally include:

- ◆ Anatomy & Physiology
- ◆ Pharmacology
- ◆ Chemistry
- ◆ Psychology
- ◆ Sociology
- ◆ Disease/Injury Management
- ◆ Nursing Care Across the Life-span
- ◆ Family Health
- ◆ Health Promotion
- ◆ Nutrition
- ◆ Health Education
- ◆ Records Documentation



## How Do I Become An Army Public Health Nurse (APHN)?

If you are interested in becoming an Army Public Health Nurse after obtaining your Bachelor of Science in Nursing, you will need to attend the attend Army Occupation Code (66B) Producing Course and the Principles of Military Preventive Medicine Course (6A-F5). Course subjects generally include:

- ◆ Community, Family, Individual Assessment
- ◆ Rapid Health Assessment
- ◆ Epidemiology
- ◆ Military Reportable Conditions
- ◆ Family Advocacy
- ◆ Military Population Health Education
- ◆ Mass Vaccination Program Management
- ◆ Humanitarian Assistance
- ◆ Public Health Emergency Response
- ◆ Risk Communication
- ◆ Military Environmental/Occupational Health
- ◆ Public Health Case Management

## Advanced Degrees & Training Available To APHNs...

### Civilian Graduate Degrees

- ◆ Master of Science in Nursing (MSN) and/or Master of Public Health (MPH)
  - ◆ Health Policy/Management\*
  - ◆ Behavioral Science/Health Education\*
  - ◆ Public Health/Nursing Informatics\*
  - ◆ Emergency Preparedness\*
  - ◆ Epidemiology\*
  - ◆ Family & Community Health\*
  - ◆ Health Behavior & Education\*
- ◆ Environmental/ Population Health\*
- ◆ Community/Public Health\*
- ◆ Management\* Biostatistics\*
- ◆ Doctorates in Nursing, Public Health, etc. (e.g., PhD, DNSc, DrPH)

### Preventive Medicine Senior Leadership Course (6A-F6)

- ◆ Preventive Medicine Programming
- ◆ Resource Management
- ◆ Operational Risk Management

### \*Specialization

## Other Educational Training Opportunities for APHNs...

- ◆ Base Camp Assessment
- ◆ Climatic Injuries
- ◆ Epidemiology o Hearing Conservation
- ◆ Health Promotion o Water Quality
- ◆ Biological Threat o Civil Affairs Response
- ◆ Vaccination Programs
- ◆ Humanitarian Assistance
- ◆ Nutrition
- ◆ Occupational Health o Environmental
- ◆ Field Training Compliance
- ◆ Family Advocacy
- ◆ Legal Aspects of Preventive Medicine

## For More Information...

Contact us at  
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