



## **Sexual Assault Care Services:**

- Provide initial and follow-up evaluation and counseling services to victims of sexual assault.
- Ensure clients are connected to appropriate services.
- Completes clinical assessments.
- Referral for Services
- Victim Advocate
- Sexual Assault Care - Provider

## **Sexual Assault Program Located at:**

Department of Social Work  
Bldg 2255, 52nd & 761st Tank Battalion Rd.  
Fort Hood, Texas 76544  
(254) 288-6474 x- 249

## **Hours of Operation:**

Monday - Friday  
7:30 a.m. – 4:30 p.m.



## **Deciding to Seek Help:**

Many who have experienced sexual assault find that a counselor offers compassion and help. A counselor is trained to address your emotional needs. Some find that they can more easily discuss their assault with a professional who has worked with other survivors.

Support groups are helpful recovery tools for many survivors. You may develop a supportive network with others who have had experiences similar to your own. Many survivors find support groups a valuable part of their healing process. A support group may be an alternative or addition to one-on-one counseling.

## **What You May Be Feeling:**

Survivors of sexual assault experience a wide range of reactions. Some have said that after an assault their emotions go up and down or from one extreme to another. If you have been assaulted, your reactions are your own way of coping with the crime that has been committed against you. There is no standard response to sexual assault. You may experience a few, none, or all of the following:

- Shock and numbness
- Loss of control
- Fear
- Guilt and self-blame
- Isolation
- Vulnerability
- Distrust
- Sexual fear
- Anger
- Disruption of daily activities

**If you have experienced any of these feelings, please call us at:  
(254) 288-6474 x 249**