

## Welcome to CRDAMC's Same Day Surgery Unit

This brochure is designed to provide basic information regarding what to expect before, during, and after your surgical procedure. We hope to ensure that you have been thoroughly informed prior to your day of surgery.

Our department offers the convenience of one-stop service and quality care by a highly skilled medical team. We are committed to making your experience as convenient and comfortable as possible. Our licensed medical professionals demonstrate expertise by providing compassionate care every day.



## Before Surgery:

- Call 254-288-8650 after 4 p.m. the day prior to your surgery for your arrival time.
- DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT unless previously instructed.
- Shower the night before and/or the morning of the surgery.
- Check with your physician if you have further concerns.
- Please call your clinic if you are unable to keep any of your appointments.



## Same Day Surgery Contact Information:

**Phone: 254-288-8650**

**Fax: 254-288-8973**

[www.crdamc.amedd.army.mil](http://www.crdamc.amedd.army.mil)

Carl R. Darnall Army Medical Center  
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**ARMY MEDICINE**  
Serving To Heal...Honored To Serve



## Same Day Surgery

Ambulatory Procedure Unit  
Surgical Processing Center

**DARNALL**  
ARMY MEDICAL CENTER



## Our patients' testimonials...

“The service was great. The process was smooth and informative. I was very comfortable with the staff and their professionalism.”

“The personalized and caring attitude of the staff far exceeds that of other area hospitals. I wish there was a better word than excellent-OUTSTANDING! Awesome.”

“My daughter had surgery there yesterday and I have never been more impressed with a staff of people! Everyone went out of their way to make her feel comfortable both before and after the surgery. They really pulled out all the stops to keep her from being scared. I feel so blessed to have had all of them working on my child. I will be singing their praises to everyone I know and I hope you will too!”

## Surgical Processing

- Located on the 3rd floor near the main elevators.
- Appointments are scheduled 1-3 days prior to your scheduled procedure and may take 2-3 hours so plan accordingly.
- You will be interviewed by a registered nurse and anesthesia provider. They will review your medical records and discuss any concerns.
- Tests such as, X-Rays, Labs, and EKG will be completed at this time.
- Orthopedic patients will see Physical Therapy to receive instruction and discuss post-operative therapy.
- Pregnant women may need to visit the Labor & Delivery unit on the 2nd floor.
- Please follow preoperative instructions provided to you during this appointment.
- We ask that you adhere to these instructions to ensure optimal health both preoperatively and postoperatively.



## Day of Surgery

- Report to the nurse's station on the 3rd floor 1-2 hours prior to surgery.
- Check-in includes a quick review of your medical record, vital signs, and obtaining hospital attire.
- Leave all valuables at home. Only your picture ID card will be needed.
- An escort will be required to drive you home prior to discharge.
- Make prior arrangements for family members due to limited space.
- Maintain a quiet and calm environment to enhance all patients' recovery.
- Tests such as, X-Rays, Labs, and EKG may be required.
- Generally one person is allowed to remain with you until you go into the OR.
- After your procedure and a short stay in the Post Anesthesia Care Unit you will return to Same Day Surgery for recovery and discharge home or admission to inpatient ward.

