

## Marriage & Family Therapy Services

- Marital & Couples Therapy
- Family Therapy
- Parent Education
- Support for couples and families dealing with life stressors & transitions
- Improving relationships & decreasing stress

## Eligible Recipients

Active-duty service members and their family members who desire to improve their relationships



<b>Military One Source</b>	1-800-342-9647
<b>Army Wounded Warrior Program</b>	1-800-237-1336
<b>Wounded Soldier &amp; Family Hotline</b>	1-800-948-8523
<b>Deployment Stress Careline</b>	535-4497
<b>Military Family Life Consultants</b>	288-0400
<b>Military Severely Injured Joint Support Group</b>	1-888-774-1361
<b>Nationwide Resource Referral Line</b>	211
<b>Fort Hood Post Information</b>	287-1110
<b>Fort Hood Chaplains</b>	287-CHAP (2427)
<b>Chaplain Family Life Training Center</b>	288-1757
<b>Army Community Services Information and Referral (ACS)</b>	287-4ACS
<b>Veterans Administration Benefits Office</b>	288-3700

Bldg 90043, Clark Road  
West Fort Hood, TX

Phone: 254-288-2605/2610  
Fax: 254-618-8599

Carl R. Darnall Army Medical Center  
Public Affairs & Marketing Office  
Fort Hood, Texas 76544

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Department of Social Work

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**Marriage &  
Family Therapy**



[www.crdamc.amedd.army.mil/](http://www.crdamc.amedd.army.mil/)

## Counselors in the Marriage and Family Therapy Clinic assist military couples and families in cultivating healthy relationships.

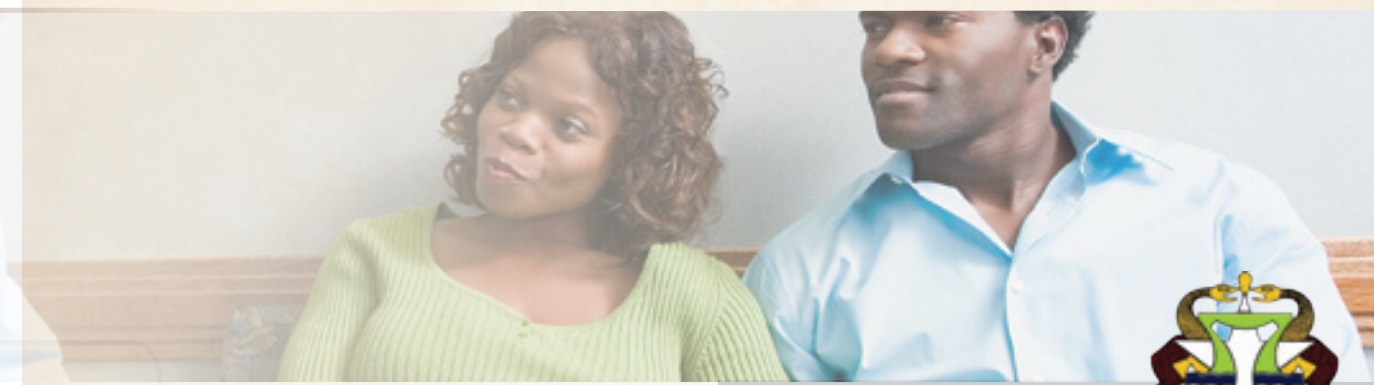
We offer a safe place free of judgement or blame. Where military couples and families can address and work through issues that affect their ability to maintain healthy relationships.



### Common Issues That Affect Couples and Families

- Communication
- Infidelity
- Conflict over parenting
- Intimacy
- Deployments
- Depression
- Anxiety
- Change
- Housing/Moving
- Fighting Unfairly
- Financial Stress
- Change/Adjustments

**Marriage and Family  
Therapy Clinic.....  
(254) 288-2605/2610**



### Three Ways You Can Help

- Recognize signs of stress and anxiety.
- Take action early. Seek support through the Marriage and Family Clinic.
- Be open to communicating with us and your family.

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