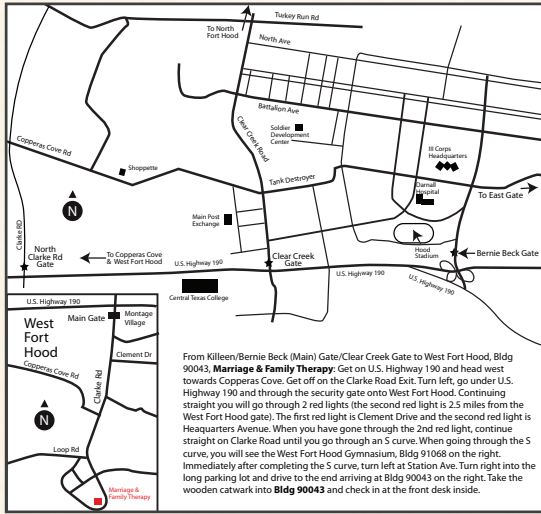


Marriage & Family Therapy



Hours of Operation

Monday-Friday 7:30 a.m. - 4:30 p.m.

Marriage & Family Therapy

Bldg 90043

West Fort Hood, TX 76544

Darnall Emergency Room 288-8113
 Darnall Information Desk 288-8000
 VA Liaison 287-3917/3919
 Family Violence Hotline..... 287-CARE
 Fort Hood Chaplains 287-CHAP
 Legal Assistance..... 287-7901
 Military Police..... 287-5019
 New Parent Support..... 287-2286
 Deployment Stress Hotline (non-emergency)
 535-4497

Child Abuse and Neglect Texas Child Protective Services

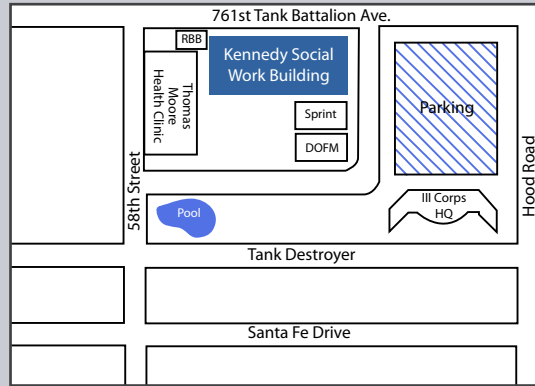
24 Hour Hotline 1-800-252-5400

Spouse Abuse

Families in Crisis 654-8309

24 Hour Hotline 1-888-799-7233

Social Work



Hours of Operation

Monday-Friday 7:30 a.m. - 4:30 p.m.

Department of Social Work

Bldg 2255

52nd St & 761st Tank Battalion

Fort Hood, TX 76544-4752

Social Work Services..... 288-6474

Family Advocacy Program

Sexual Assault Care Coordination

DSW Care Manager Program..... 535-4497

Medical Social Work 553-1888

Marriage & Family Therapy 288-5626

Local Police Departments

Killeen Police 501-8800

Copperas Cove 547-4272

Harker Heights 299-7600

Belton 933-5840

Temple 298-5500

Lampasas..... (512) 556-6235



Carl R. Darnall Army Medical Center
 Public Affairs & Marketing Office
 Fort Hood, Texas 76544

FH MDA HO 224 (Rev)
 1 November 2009

DARNALL

ARMY MEDICAL CENTER



Strengthening the Military Family

Department of Social Work



Strengthening the military family...

...through a variety of social and mental health services including counseling, advocacy, support, case management, mental health screenings, information and referrals, education, outreach, briefings, community support, and command consultation to ensure health, well-being and mission readiness in support of our Nation.

The Department of Social Work has 5 major programs:

- Social Work Care Manager Program
- Sexual Assault Program
- Family Advocacy Program (FAP)
- Marriage and Family Therapy (MFT) Services
- Medical Social Work

The Department of Social Work and the Military Readiness Mission

Commanders often need assistance in obtaining help for troubled Soldiers. In many cases, this also includes assisting family members. Helping the whole family allows soldiers to focus on their military duties.

The Department of Social Work can assist unit commanders by providing guidance and assistance to ensure mission readiness.

Additionally, the Department of Social Work actively participates in the NCOPD/OPD program by providing unit-level training on the Family Advocacy Program and other services available.

Social Work Care Manager Program:

The mission of the Care Manager Program is to focus on providing help to Soldiers and Families who experience stress related to frequent deployments and the Global War on Terrorism. Services Include:

- Pre, post, and during deployment stress support
- Individual, couples, children and group counseling
- Post traumatic Stress Disorder (PTSD) and Anger Management group counseling
- Women's PTSD Group
- PTSD Support for Family Members

- PTSD and Traumatic Brain Injury (TBI) Rehabilitation Group
- Sleep Hygiene Group
- Workshops (along with ACS) and briefings on how to handle stress related to parenting and other family concerns when the spouse returns from deployment.
- Professional consultation to Family Readiness Groups on how to best help Families adversely affected by deployments.
- Assisting Soldiers to learn how to re-connect and reintegrate into the non-combat environment.

Sexual Assault Program:

The mission of the Sexual Assault Program is to provide help for victims of sexual assault and ensure they receive timely and efficient medical care and other resources. Services include:

- Individual Counseling
- Group Counseling
- Resource coordination
- Victim Advocacy services

Family Advocacy Program (FAP):

The mission of FAP is to identify, prevent and treat incidents of child and spouse abuse. Services include:

- Treatment for both victims and offenders
- Conflict Resolution group counseling
- Anger management
- Therapeutic Parenting
- Parent Awareness group
- Resource coordination
- Victim Advocacy Services

Marriage and Family Therapy Services:

The mission of the Marriage and Family Therapy Program is to provide help for couples and families to resolve their difficulties and maintain a healthy relationship. Additionally, we work with the couple to decrease stress within the home, to improve communication, identify parenting conflicts, role conflicts, infidelity issues, and to help resolve conflicts concerning deployments. Services Include:

- Couples and family counseling
- Parent Education (how to listen and talk to children; types of appropriate discipline).
- Unit/Command Briefings on how to help Families promote resiliency and learn effective coping skills during stressful war-time conditions.

Medical Social Work program:

The mission of the Medical Social Work Program is to provide support related to hospitalization and post-hospitalization needs, serious injury, chronic disease, disability, or terminal illness. Services Include:

- Discharge planning
- Identification of appropriate resources for the patient and family to ease the transition from hospitalization to homecare
- Individual, family counseling, and group counseling to help with adjustment problems or stressful life changes due to the patient's medical needs.

Our services help Soldiers and Families to improve their ability to cope more effectively with stress, anger, and other emotion. Soldiers and Families learn how to make better decisions, improve problem solving skills, enhance positive self-esteem/self worth, how to take responsibility for one's actions, and ways to strengthen healthy relationships.

Traditional Services

The Department of Social Work also provides a wide variety of individual, marital, and family counseling services appropriate to the specific needs of our clientele.

Services are available to all active duty Soldiers, retirees, and immediate family members. In specific cases, clients may be referred to civilian providers through the TRICARE health system.

Clients may be self-referred, command-referred or medically-referred for Social Work Services by any professional within the health care system.



Strengthening the Military Family