

Fort George G. Meade Community Council

Nov. 19, 2015

Our mission to provide the required infrastructure, a safe and secure community, and a quality of life that enable Fort Meade to be the Center of Excellence in Information, Intelligence and Cyber.

We are the Army's Home



Due Outs

Issue	Response/Plan	Status
When is the Tree Lighting for 2015?	The Tree Lighting is scheduled for Dec 11 at 5 p.m.	Closed
Is the Walter Reed shuttle pick up spot relocating?	Yes. The new location is the 2700 block of Reece Rd. near the PNC Bank.	Closed



INSTALLATION CALENDAR HIGHLIGHTS

November

• 19 Nov: CC (EARLY)

19 Nov: Native American Indian

Heritage Observance

• 21 Nov: Run Series – Turkey Trot

26 Nov: Thanksgiving Feast –

DFAC and Club Meade

26-29 Nov: Thanksgiving

Weekend

• 30 Nov- 4 Dec: Fall Clean up

November 2015						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	33					

November

Native American Heritage
Military Family Appreciation Month
Warrior Care Month

Ms. Mary Staab/IMME-PL/301-677-6213/622/mary.a.staab.civ@mail.mil



INSTALLATION CALENDAR HIGHLIGHTS

December

Drinking Drugged Distracted Driving (3D) Prevention Month Campaign

• 3 Dec: Monthly Prayer Breakfast

• 9 Dec: 1AD-E Colors Casing Ceremony

• 9 Dec: The US Army Field Band Holiday

Concert

• 11 Dec: Installation Tree Lighting

• 12 Dec: Run Series: Reindeer Run

• 17-18 Dec: Applied Suicide Intervention

Skills Training (ASIST)

• 31 Dec: New Year's Eve at Lanes

December 2015						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

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INSTALLATION CALENDAR HIGHLIGHTS

January

• 1 -4 Jan: New Year's Weekend

• 7 Jan: Monthly Prayer Breakfast

• 14 Jan: Martin Luther King, Jr (MLK)

Observance

• 15-18 Jan: MLK Holiday Weekend

• 21-22 Jan: Applied Suicide Intervention

Skills Training (ASIST)

• 25 Jan: Tax Center Ribbon Cutting

• 28 Jan: Community Council

January 2016						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

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DFMWR – BOD

THANKSGIVING BUFFET

Thursday, Nov 27 at Club Meade

1st Seating: 11 a.m. – 1 p.m.

2nd Seating 2:30 – 4:30 p.m.

Member \$21.95, Non Member - \$26.95 Children 3 – 10 are 1/2 price, Under 3 Eat Free

Call 301-677-6969 for Reservation Let Us Do the Dishes For You!

Visit FTMEADEMWR.COM For More Details



DFMWR – BODHealthy Base Initiative

- Fort Meade is 1 of 14 pilot sites (DoD wide) chosen to participate in the Healthy
 Base Initiative (HBI). Part of Operation Live Well, its Vision is "A system and culture
 that improves readiness while lowering cost by reducing obesity and tobacco use".
- Demonstration project concluded as of June 2015. Data from the project is being complied for final reporting. Fort Meade continues to execute a number of programs initiated under HBI. IMCOM is looking at ways to implement some of the best practices developed through HBI across the Army
- 24 Hour Fitness: Work has begun, estimate time of completion is Dec 7-14.
- Fitness Equipment: New Fitness Equipment to include 16 treadmills and 1 powermill has been delivered. Upon finalization of the electrical upgrades to the facility, the equipment will be fully operational.



DFMWR - CRD

Turkey Trot

- 5K run and one mile walk
- November 21, 8 a.m. at
 Murphy Field House

Reindeer Run

- 5K run and one mile walk
- December 19, 8 a.m. at
 Murphy Field House

- Pre-registration online fees are \$15 per person, \$45 per family/group (3-6) or \$85 per group (7-10)
- Race day registration fees are \$ 25 per person, \$60 per family/group (3-6)
- Register online at <u>www.ftmeademwr.com</u> and the day of the event from 7 to 7:50 a.m.
- For more information, call 301-677-7916



DFMWR - CRD

- Holiday Concert: The U.S. Army Field Band
 - Annual Sound the Bells! Concert Band & Soldiers Chorus
 - Wednesday, Dec 9 at 7 p.m.
 - Fort Meade High School Auditorium
 - Event is open to the public and free of charge
 - For more information, call 301-677-7785/3579.



DFMWR - CYSS

Career Opportunities

- Seeking individuals to fill entry level Child and Youth
 Program Assistant positions with flexible hours starting at \$12.15 per hour
- Family members who are interested in working with children and youth ages 6 weeks to 18 years old are encouraged to apply. Requirements: 18+ years, H.S. diploma, lift 40 lbs
- Job announcement is open on a continuous basis at <u>www.usajobs.gov</u> or call 301-677-6660 (NAF Human Resources Office) for more information on how to apply



DFMWR - CYSS

Winter Sports Volunteer Coaches

- Seeking eligible persons above the age of 21, who meet background check criteria for Futsal, Basketball, Wrestling and Volleyball
- Please call 301-677-1179 for more information or visit www.ftmeademwr.com

Breakfast with Santa

- Saturday, Dec 12 at Club Meade 8-11 a.m.
- Seating begins at 8 a.m. for reserved seating; open seating begins at 9 a.m.
- \$13.50 (ages 12-adult) \$7.50 (ages 5-11) FREE (ages 0-4)
- Please call 301-677-1437 for more information

SUSTINE SUSTIN

DFMWR - ACS

301-677-5590

- Family Advocacy Program FAP Center, 2462 85th Medical Bn Ave
 - Babies Bootcamp Nov 20 and Jan 22, 8:30 a.m.-3:30 p.m.
 - Daddy and Me 1st and 3rd Monday, 5-6 p.m.
 - Single Parent Support Group Open House
 - School Age Services, Dec 14, 5:30-7 p.m.
- Exceptional Family Member Program (EFMP)
 - Busting the Holiday Blues Dec 4, Noon-1 p.m., ACS
 - Holiday Party -Dec 10, 5:30-7:30 p.m., Potomac Place Community Center
 Open to enrolled EFMs of any branch. Call to register.
- Home Buying Seminar Dec 15, 9 a.m.-12 p.m., ACS
 - To register: www.fortmeadeacs.checkappointments.com



Fleet and Family Support Center

- Life Skills, 9-11 a.m.
 - Dec 1, Stress Mgmt
 - Dec 2, Anger Mgmt
 - Dec 8, Time Mgmt.
 - Dec 15, Effective Comm.
 - Dec 16, Building Health Rel.
- Common Sense Parenting
 - Dec 7, 9-10 a.m.,Help children's success in school
- Joint Employment Classes,
 - CRC Bldg. 830, 9 a.m.-12 p.m.
 - Dec 1, Resume Writing
 - Dec 8, 10 Steps to Federal Job

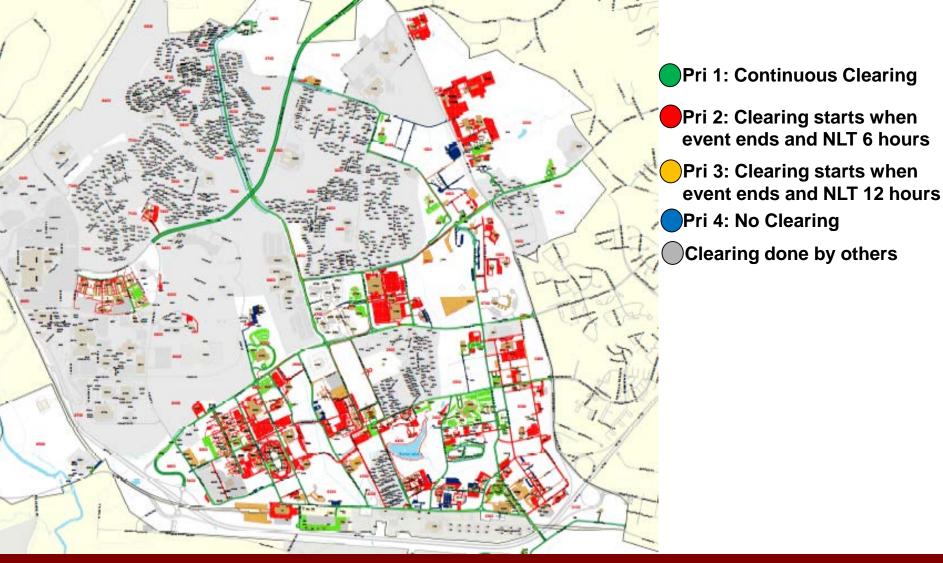
- 15 Dec, Interviewing Skills
- Joint Financial Readiness Classes
 - Dec 1, Dollars & Sense, 9 a.m.-12 p.m.
 - Dec 8, TSP, 9-11 a.m.
- Focus Group, 301-677-9040
- Ms. Latrice Williams-Washington
 - Dec 8, Men's 1:30-2:30 p.m.
 - Dec 15, Women's 2:30-3:30 p.m.

These focus groups target active duty military, military dependent, DOD civilians. Each session will cover sexual assault prevention-related topics. Participants increase knowledge about the influence of popular culture and attitudes on norms and beliefs regarding sexual violence.

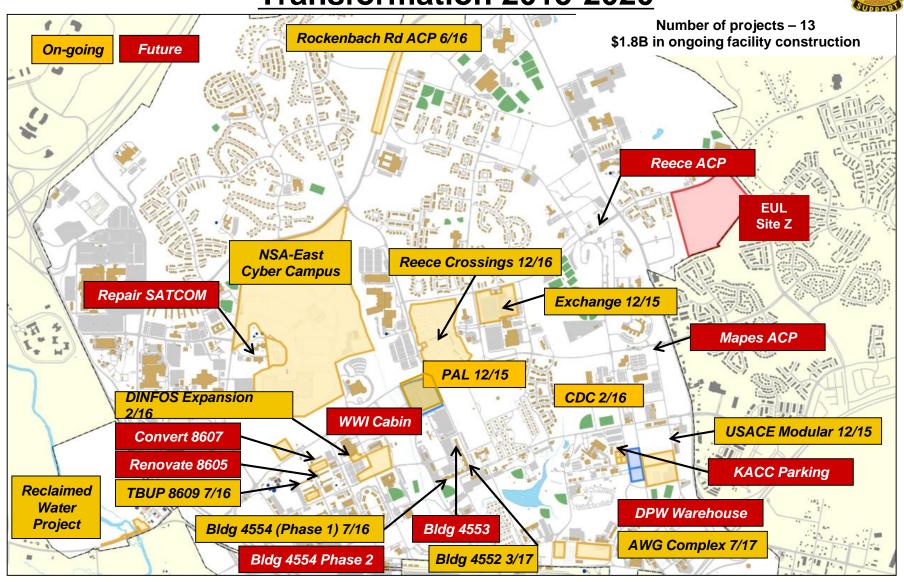
Call to register at 301-677-9014/17







Transformation 2015-2020



Fort Meade and State Roadway Projects



Unfunded FGGM MILCON Road Projects

* Reece Rd/ACP at MD 175 (\$19.5M)

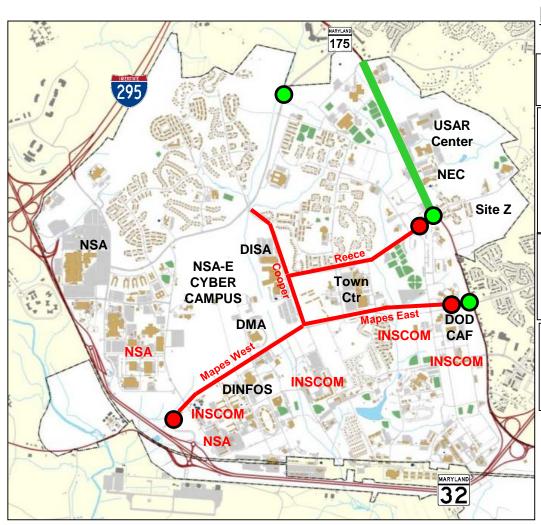
* Mapes Rd East/ACP at MD 175 (\$26M)

Cooper Ave Middle Section (\$5.6M)

Mapes Rd West/ACP at MD 32 (\$19.45M)

Total \$70.55M

* Pending funding through the FY16 NDAA mark-up process



MD State Funded Road Projects

Rockenbach ACP \$14.6M, completion '16

MD 175 Disney to Reece \$10M TIGER Grant \$36.6M State/Federal Formula Funding Advertise June '16 Completion est '20

MD 175 @ Reece Rd Intersection \$14.1M, started '14 Completion est '17

MD 175 @ Mapes Rd Intersection \$14.1M, started '14 Completion est '17

IPL 1



Housing

- Holiday Event
- Curbside Trash Pick-Up
- Snow Plan



Directorate of Emergency Services

- Community Oriented Police Notices
 - No longer will be distributed
- Holiday Safety
 - Home and away safety
- Iwatch
 - See something Say something (iwatcharmy.org)
- Winter Driving Tips:
 - Decrease vehicle speed during inclement weather
 - Increase following distance of vehicles to your front
 - Start your driving trips earlier to give your more time



Installation Safety Office (ISO)

Autumn Safety







Holiday Safety



 Hazard Reporting (301 677 2396) or visit our web site



www.ftmeade.army.mil/staff/iso/safety.html





Directorate of Human Resources

Fort Meade Voting Assistance Program

References:

AR 608-20, dated 22 APR 14 Army Voting Assistance Program 2016 Army Voting Action Plan 2016 ALARACT 006/2014







Directorate of Human Resources

CRITICAL DATES:

- ➤ Feb 1, 2016 May 31, 2016: Urge access to the FVAP website (<u>www.fvap.gov</u>). Training assistance available upon request.
- ➤ June 27, 2016 July 5 2016: "Armed Forces Voters Week" to motivate absentee voters to participate in mid-term elections.
- ➤ Sept 26, 2016 Oct 3, 2016: Encourage all UOCAVA voters to vote and mail their absentee ballots during this week. (In most states, the registration and request for absentee ballot must be completed early in October).
- ➤ Nov 6,2016: GENERAL ELECTION.



Directorate of Human Resources

Contact Information:

Sarah C. A. Ballard

HR Specialist/Acting IVAO

DHR, MPD

2234 Huber Rd. Room 108

Fort Meade, MD 20755

Office: 301-677-2506 DSN: 622

sarah.c.ballard.ctr@mail.mil



USO of Metropolitan Washington-Baltimore

- Located at 8612 6th Armored Cavalry (Across from the Mapes Gas Station)
- Open 9 a.m. 9 p.m., 365 days a year
- Serves Active Duty Military, Reserve Members, National Guard, and their dependents
- New Center Supervisor Shawn Sabia
 - Key goal: to improve communication with Fort Meade community
- New USO Lounge
 - Opened Oct 1 at the Baltimore MEPS here on Fort Meade



USO of Metropolitan Washington-Baltimore

- Holiday Programs
 - Turkey For Troops 300 Military Families on Ft Meade
 Served on Nov 16
 - Project Elf on Dec 10
 - Zoo Lights Dec 11
- Ongoing Programs
 - Supermarket Sweeps (3rd Thursday of the month)
 - Spouse Break-Fast (4th Friday of the month/3rd Friday in Nov and Dec)
 - YUM Lunches (2nd and 4th Wednesday of the month)
 - Movie Night (Every Tuesday)



Kimbrough Ambulatory Care Center

- Today Is the Great American Smokeout!!!
 - Tobacco Cessation is available through KACC by calling the 301-677-8800/8278 for an Appointment.
 - Education can be given to Units/Organizations by calling Public Health Nursing at 301-677-8993.
 - Ucanquit2.org is a great online resource for quitting.
- Coming in 2016 Kimbrough Ambulatory Care Center will become a Tobacco Free Campus.







- Behavioral Health Services for children ages 2 17 and their families.
- Locations in Odenton and Columbia. 443-923-7508
- Variety of concerns:
 - Tantrums, toileting, sleep, noncompliance
 - Defiance, school/peer problems, family conflict
 - Fear/anxiety, sadness/depression
 - Military specific (separations, relocations)
- Network providers (TRICARE Prime and US Family Health Plan)
- Therapists with training in military culture



Kennedy Krieger Institute/ Kennedy Krieger Institute Behavioral Psychology

- Traditional in-person individual and family therapy
 - Weekly/biweekly 1-hour sessions in one of our clinics
 - Evening appointments available
- Military Family Interactive Network MFIN (www.milfaminternet.org)
 - Rapid response from psychologist regarding concerns
 - Behavioral 'tune-ups' that may not require in-person therapy (needing 2 to 3 sessions)
 - Ideal for behavior problems of younger children (sleeping, toileting, tantrums, not listening)
 - Uses Skype-like technology to connect family from home to therapist in clinic



The Exchange

November:

- First Anniversary / Ribbon Cutting Ceremony
 - Nov 20, 10 a.m.
- Wine Seminar
 - Nov 20, 4-7 p.m.
- Black Friday
 - Nov 27, 4 a.m.Heavenly Ham
 - Nov 17 Dec 24

- Christmas Trees
 - Nov 27
- Game Stop Midnight Opening
 - Star Wars
 - Nov 17

December:

- Super Saturday Deals and Giveaways
 - Every Saturday in December



FORT MEADE COMMISSARY

- Feds Feed Families our 2015, campaign results.
 DeCA collects 1.6M pounds, chalking up a 64-percent increase in donation.
- Use your commissary Gift Cards to support troops over the holidays.
- Commissary Value brands celebrates 1st year of extra savings. "Orange is the new green"



Public Affairs

- Follow Us on Social Media
 - Twitter: @FtMeadeMD
 - Instagram: Instagram.com/FtMeadeMedia
 - Text alerts: Text "follow ftmeadealert" to 40404
- We Want your pictures Please post your best family photos to Facebook and tag us on Instagram and Twitter



Have A Great Day!

Next Meeting : Jan - 28, 2016