



# On your way to PREPAREDNESS

You prepare for school by studying. You prepare for sports by practicing.  
How do you prepare for emergencies?  
Follow the maze below and learn about preparedness on the way!



**Get a kit**

Build an emergency supply kit that meets your needs (food, clothing, shelter, medical aid) for at least three days.

**Be informed**

What kind of emergencies can happen in your area?

What are the three steps to getting prepared?

**Make a plan**

With your family:  
Make and practice your family emergency plan.

Think about potential emergencies in your area and the places you and your family might be.

Choose emergency contacts and a meeting place.



Color it.  
Cut it out.  
Wear it proudly!